

# Rearing Strategies for Dairy Heifers

A Thesis Presented for the Degree of Doctor of Philosophy

by

Hazel Costigan

Department of Science



Waterford Institute of Technology



AGRICULTURE AND FOOD DEVELOPMENT AUTHORITY

<sup>1</sup>*Dept. of Science,  
Waterford Institute of  
Technology,  
Cork Rd,  
Waterford,  
Co. Waterford*

<sup>2</sup>*Animal and Grassland  
Research and Innovation  
Centre, Teagasc, Moorepark,  
Fermoy,  
Co. Cork*

## Supervisors

<sup>1</sup>Dr. Siobhán Walsh

<sup>2</sup>Dr. Emer Kennedy

**Submitted to Waterford Institute of Technology,  
September, 2021**

1 **Declaration**

2

3 **Title:** Rearing strategies for dairy heifers

4 **Name:** Hazel Costigan

5 **Student ID Number:** 13316236

6 **Supervisors:** Dr. Siobhán Walsh and Dr. Emer Kennedy

7

8

9 **Declaration:**

10 *“I hereby declare that this Doctoral Research Degree Thesis is entirely my own work and*  
11 *that it has not been submitted for any other academic award, or thereof, at this or any*  
12 *other education establishment”*

13

14 *Hazel Costigan*

15 \_\_\_\_\_

16 **Hazel Costigan**

17 **Acknowledgements**

18 I would like to acknowledge all of those who made the completion of this thesis  
19 a reality. I wish to acknowledge the fantastic opportunity afforded to me to complete this  
20 thesis at both the Animal & Grassland Research and Innovation Centre at Teagasc  
21 Moorepark and Waterford Institute of Technology. I would like to thank Dr. Pat Dillon,  
22 the Head of Centre, for the facilities and resources made available to me. I would also  
23 like to acknowledge the Teagasc Walsh Scholarship program and the Department of  
24 Agriculture, Food, and the Marine for funding my research under the MultiRepro project  
25 (15/S/696).

26 I would like to express sincere thanks to my research supervisor Dr. Emer  
27 Kennedy for her guidance and support, both during trial work and in the writing of this  
28 thesis; you knew exactly when I needed tough love and when to give me praise and  
29 encouragement. From teaching me how to do snips in your back garden with baby  
30 Aoibheann to preparing me for interviews on the floor of your sitting room with baby  
31 Muireann, you have certainly taught me the value of hard work and dedication. I hope  
32 that someday I will be as passionate about my job as you are about yours. I would also  
33 like to sincerely thank my WIT supervisor, Dr. Siobhán Walsh, for always supporting me  
34 from afar, particularly at the end in helping me get this thesis over the line. It was so  
35 reassuring to know that your help and expertise were a text or a phone call away. I think  
36 that, together, the three of us made a fantastic team, and I am confident that my career in  
37 agriculture is promising with both Emer and Siobhán as my mentors.

38 A massive thank you to Ricki, Willie, Cora, James, Finn, Eugene, Mark, and Pa  
39 on the Dairygold Research Farm in Kilworth; without a doubt, the first three years of my

40 Ph.D. were the most enjoyable, and that was due to all the laughs we had, both in Kilworth  
41 and Mitchelstown. I would like to mention Ricki Fitzgerald and Willie Hennessy in  
42 particular; there was no job too big or too small, and you were always so kind and patient  
43 despite the huge disruption to your jobs because of my trial work. Thanks to all the  
44 placement students who have helped me over the years but especially Chloe, Justin, Peter,  
45 Richie, and Aidan. You made my life a lot easier and gave me lots to laugh about along  
46 the way, and for that, I will be eternally grateful.

47         A special thanks to all of the staff in the grassland laboratory, in particular  
48 Michelle, Andy, and Pat, for all their help with my trial work over the years. I really tried  
49 to shake things up with the calf, and heifer intake runs, but you took it in your stride, and  
50 always with a smile and a few laughs along the way. Thank you also to Luc Delaby for  
51 coming on board with my project in my hour of need. Your statistical wisdom and your  
52 enthusiasm for my research were very much appreciated.

53         To Orlaith, Fionnuala, Alison, and Ellen thank you for making this experience so  
54 enjoyable for me. You were always there for me when I needed cheering up and even  
55 more so when there was something to celebrate. How lucky am I to have made such  
56 fabulous friends with similar interests (i.e., agriculture, Chinese food, prosecco, antipasti,  
57 cocktails and hot tubs). The industry is lucky to have the contribution of such fantastic  
58 women in agriculture.

59         To all the Ph.D. students in Moorepark past and present, but particularly Orlaith,  
60 Fionnuala, Alison, Ellen, Sarah, Caitlin, Brid, Aisling, Katie, Sophie, Tasha, Mossy,  
61 David, Ben, Johnny, thank you so much for all the help, support, and laughs over the past

62 four years. Thank you also for making the dreaded trek out to Mitchelstown to help with  
63 intake runs.

64 Eibhan, thank you from the bottom of my heart for all your love and support,  
65 especially over the past four years. From all your help with trial work and statistics, to  
66 giving me lots to look forward to every weekend, and everything in between, I could not  
67 have done it without you. I look forward to making it up to you over the next few years.

68 To Mam, Dad, Edel, and Ciarán, thank you for all your support and for your  
69 willingness to help me in any way you could. Mam and Dad, thank you for showing me  
70 the value of hard work from a young age and instilling in me a love of farming. You have  
71 provided me with every opportunity in life and, without both of you, I would not be where  
72 I am today. To Granny and Maggie, thank you for all the prayers you have said and the  
73 candles you have lit for me over the past four years. Thanks also to Grandad, who  
74 probably sparked my interest in calves in the first place; although he unfortunately never  
75 got the chance to see me graduate as a “doctor of calves,” I am sure he has been looking  
76 down on me all this time.

77 **Abstract**

78 Replacement heifer rearing is one of the most important tasks on a dairy farm due to the  
79 cost it incurs and the potential benefits that may arise in terms of heifer growth and  
80 performance thereafter. A successful heifer rearing strategy prioritizes DMI, BW, and  
81 frame size of the heifer; however, consideration must also be given to the way in which  
82 a heifer is managed. Therefore, the aim of this thesis was to establish the effect of different  
83 heifer rearing strategies on aspects of pasture-based heifer growth. An experimental field  
84 study was carried out to investigate the effect of weaning age (eight or 12 weeks) and  
85 post-weaning feeding regime (high or low) on the DMI, growth performance, and  
86 reproductive efficiency of pasture-based heifers of different breed groups. Results in  
87 Chapters 3, 4, 5, and 6 indicated that although heifer DMI, BW, and frame size differed  
88 with breed group, they were highly susceptible to the post-weaning feeding regime,  
89 irrespective of weaning age. This finding has positive practical significance for pasture-  
90 based dairy farmers as it indicates that post-weaning feed management can be  
91 manipulated to ensure that weight-for-age targets are achieved. Pasture-based heifer DMI  
92 throughout the rearing period was quantified in Chapter 3, and the resulting data were  
93 used to create an equation to predict the DMI of HF and JE using BW as a proxy.

94 An accurate DMI prediction equation will assist pasture-based dairy farmers in  
95 optimizing pasture allowances and thus increasing the efficacy of pasture utilization. In  
96 Chapter 4, an equation was created to determine the growth trajectory of pasture-based  
97 HF and JE; this equation showed that pasture-based heifer growth was sigmoidal in shape.  
98 Furthermore, the use of this equation to create additional weight-for-age targets for  
99 pasture-based heifers will optimize heifer growth prior to the commencement of the

100 breeding season. A separate equation was created in Chapter 6 to predict heifer BW using  
101 a series of LBM; this facilitates the monitoring of heifer growth in the absence of a  
102 weighing scale. Findings in Chapter 5 suggested that growth pattern throughout the  
103 rearing period is an important determinant of reproductive performance, the efficiency of  
104 which was impeded when feed allowance fluctuated between the pre and post-weaning  
105 periods and when heifers were ahead of target BW at breeding.

106           Furthermore, by using an external dataset of 1,323 heifers across 2,924 parity one  
107 to three calving events, the associations between AFC and BW at first calving of pasture-  
108 based heifers were quantified. Findings indicated that BW at first calving had a greater  
109 impact on performance in the lactating herd than that of age. Moreover, BW at first  
110 calving has the potential to negate the suboptimal performance that is often associated  
111 with a younger AFC. The findings in this thesis highlight the importance of management  
112 decisions on the performance of dairy heifers.

---

113	<b>Table of Contents</b>	
114	<b>Declaration</b> .....	<b>ii</b>
115	<b>Acknowledgements</b> .....	<b>iii</b>
116	<b>Abstract</b> .....	<b>vi</b>
117	<b>List of Abbreviations</b> .....	<b>xii</b>
118	<b>List of Tables</b> .....	<b>xiv</b>
119	<b>List of Figures</b> .....	<b>xviii</b>
120	<b>Chapter 1: Introduction</b> .....	<b>1</b>
121	<b>Chapter 2: Literature Review</b> .....	<b>9</b>
122	2.1 Pre-Weaning Calf Management .....	10
123	2.3 Post-Weaning Heifer Management .....	27
124	2.4 Dry Matter Intake .....	36
125	2.5 Heifer Growth.....	42
126	2.6 Weight-for-Age Targets .....	45
127	2.7 Fertility .....	48
128	2.8 Calving at 24 Months .....	53
129	2.9 The Effect of Body Weight at First Calving on Future Production .....	57
130	2.10 Fertility .....	59
131	2.11 Milk Production.....	61



---

132	<b>Chapter 3: Using body weight to develop equations to predict the dry matter</b>	
133	<b>intake of pasture-based heifers reared using different strategies .....</b>	<b>69</b>
134	3.1 Abstract .....	70
135	3.2 Introduction .....	70
136	3.3 Materials and Methods .....	72
137	3.4 Results .....	83
138	3.5 Discussion .....	89
139	3.6 Conclusion.....	94
140	<b>Chapter 4: The Development of Standard Body Weight Curves to Reflect the</b>	
141	<b>Growth Pattern of Pasture-Based Holstein-Friesian and Jersey Heifers ....</b>	<b>95</b>
142	4.1 Abstract .....	96
143	4.2 Introduction .....	96
144	4.3 Materials and Methods .....	99
145	4.4 Results .....	106
146	4.5 Discussion .....	112
147	4.6 Conclusion.....	117
148	<b>Chapter 5: The Effect of Weaning Age and Post-Weaning Feeding Rate on</b>	
149	<b>Growth and Fertility of Pasture-Based Holstein-Friesian and Jersey Dairy</b>	
150	<b>Heifers .....</b>	<b>118</b>
151	5.1 Abstract .....	119
152	5.2 Introduction .....	120

---

153	5.3 Materials and Methods .....	121
154	5.4 Results .....	130
155	5.5 Discussion .....	137
156	5.6 Conclusion.....	143
157	<b>Chapter 6: Short Communication: The Development of Equations to Predict</b>	
158	<b>Live-Weight from Linear Body Measurements of Pasture-Based Holstein-</b>	
159	<b>Friesian and Jersey Dairy Heifers .....</b>	<b>145</b>
160	6.1 Abstract .....	146
161	6.2 Introduction .....	146
162	6.3 Materials and Methods .....	147
163	6.4 Results .....	153
164	6.5 Discussion .....	156
165	6.6 Conclusion.....	158
166	<b>Chapter 7: The Associations Between Age and Body Weight at First Calving in</b>	
167	<b>Spring-Calving Holstein-Friesian Dairy Cows with Productive Performance</b>	
168	<b>.....</b>	<b>159</b>
169	7.1 Abstract .....	160
170	7.2 Introduction .....	161
171	7.3 Materials and Methods .....	163
172	7.4 Results .....	171
173	7.5 Discussion .....	180

174	7.6 Conclusion.....	187
175	<b>Chapter 8: Summary, Implications and Further Research .....</b>	<b>188</b>
176	<b>Chapter 9: References.....</b>	<b>198</b>
177	<b>Chapter 10: List of Outputs .....</b>	<b>252</b>
178	10.1 Papers Published in Peer-Reviewed Scientific Articles .....	253
179	10.2 Conference Proceedings .....	258
180	10.3 Technical Publications .....	261
181	10.4 Magazines/Podcasts.....	267
182	10.5 Open Days .....	272

---

**183 List of Abbreviations**

184	12w	12-Week Weaned
185	8w	8-Week Weaned
186	ADF	Acid Detergent Fibre
187	ADG	Average Daily Gain
188	AFC	Age at First Calving
189	AI	Artificial Insemination
190	APT	Adequate Passive Transfer
191	bBW	Birth Body Weight
192	BCS	Body Condition Score
193	BL	Body Length
194	BV	Body Volume
195	BW	Body Weight
196	CCC	Concordance Correlation Coefficient
197	CFS	Calving to First Service
198	CP	Crude Protein
199	DHA	Daily Herbage Allowance
200	DM	Dry Matter
201	DMD	Dry Matter Digestibility
202	DMI	Dry Matter Intake
203	EBI	Economic Breeding Index
204	FCE	Feed Conversion Efficiency
205	FPT	Failure Passive Transfer
206	H	High Post-Weaning Feeding Regime
207	HF	Holstein-Friesian

---

208	HG	Heart Girth
209	ICBF	Irish Cattle Breeding Federation
210	Ig	Immunoglobulins
211	IgA	Immunoglobulin A
212	IgG	Immunoglobulin G
213	IgM	Immunoglobulin M
214	JE	Jersey
215	L	Low Post-Weaning Feeding Regime
216	LBM	Linear Body Measurements
217	MR	Milk Replacer
218	MS	Milk Solids
219	MSD	Mating Start Date
220	MSPE	Mean Square Prediction Error
221	NDF	Neutral Detergent Fibre
222	OM	Organic Matter
223	RMSE	Root Mean Square Error
224	RMSPE	Root Mean Squared Prediction Error
225	RPE	Relative Prediction Error
226	SCC	Somatic Cell Count
227	SCS	Somatic Cell Score
228	TMR	Total Mixed Ration
229	WH	Withers Height
230	WM	Whole Milk

---

231	<b>List of Tables</b>	
232	Table 2.1: Body weight (BW) targets for growing heifers with different birth weights to	
233	achieve optimum body weight at first calving, adapted from Troccon (1993).....	47
234	Table 2.2: Fertility traits in the Irish national dairy herd. Adapted from ICBF (2020a).	50
235	Table 3.1: The effect of post-weaning feeding regime (high or low) on pre-grazing	
236	herbage mass, pre and post-grazing sward height, herbage, concentrate and total daily	
237	feed allowance during dry intake matter estimation periods in the first and second grazing	
238	season. ....	85
239	Table 3.2: The effect of post-weaning feeding regime (high or low) on the chemical	
240	composition of grass offered to heifers during dry matter estimation periods in the first	
241	and second grazing season, and over-winter period.....	85
242	Table 3.3: Effect of weaning age (Pre), post-weaning feeding regime (Post), the	
243	interaction between weaning age and post-weaning feeding regime (Pre*Post), and breed	
244	on the body weight (kg) of Holstein-Friesian (HF) and Jersey (JE) heifers. ....	86
245	Table 3.4: Effect of weaning age (Pre), post-weaning feeding regime (Post), the	
246	interaction between weaning age and post-weaning feeding regime (Pre*Post), and breed	
247	on the dry matter intake (kg) of Holstein-Friesian (HF) and Jersey (JE).....	86
248	Table 3.5: Comparison between the measured and predicted dry matter intake (kg) of	
249	pasture-based Holstein-Friesian (HF) and Jersey (JE) heifers using within herd validation	
250	.....	88

---

251	Table 3.6: Non-linear equations to predict dry matter intake using body weight (BW; kg)	
252	of pasture-based Holstein-Friesian (HF) and Jersey (JE) heifers.....	89
253	Table 4.1: The effect of post-weaning feeding regime (high or low) on pre-grazing	
254	herbage mass, pre and post-grazing sward height, herbage, concentrate and total daily	
255	feed allowance during the first and second grazing season. ....	107
256	Table 4.2: The effect of post-weaning feeding regime (high or low) on the chemical	
257	composition of grass offered to heifers in the first and second grazing season.....	108
258	Table 4.3: Effect of weaning age (Pre), post-weaning feeding regime (Post), the	
259	interaction between weaning age and post-weaning feeding regime (Pre*Post), and breed	
260	on body weight (kg) of Holstein-Friesian (HF) and Jersey (JE) heifers at standardized	
261	ages from one to 11 months of age. ....	109
262	Table 4.4: Effect of weaning age (Pre), post-weaning feeding regime (Post), the	
263	interaction between weaning age and post-weaning feeding regime (Pre*Post), and breed	
264	on body weight (kg) of Holstein-Friesian (HF) and Jersey (JE) heifers at standardized	
265	ages from 12 to 24 months of age. ....	109
266	Table 5.1: Effect of weaning age (Pre), post-weaning treatment (Post), the interaction	
267	between Pre*Post, and breed on body weight (BW; kg), average daily gain (ADG;	
268	kg/heifer/day),length (cm), girth (cm) and height (cm) of Jersey (JE) and Holstein-	
269	Friesian (HF) dairy heifers at key time points during the rearing period.....	132

---

270	Table 5.2: Associations between weaning age (Pre), post weaning feeding regime (Post)	
271	and breed, and the interaction between Pre*Post for a fertility performance .....	134
272	Table 5.3: Effect of treatment (weaning age and post-weaning feeding regime) and breed	
273	on expected age at first calving (AFC; days), days to conception from MSD and	
274	submission rate (days).....	136
275	Table 5.4: Effect of BW at breeding and breed on expected AFC (days), days to	
276	conception from MSD (days) and submission rate (days).....	136
277	Table 6.1: Data available for regression analysis of Holstein-Friesian (HF) and Jersey	
278	(JE) heifers .....	149
279	Table 6.2: Comparison between the actual and predicted live-weight (kg) of Holstein-	
280	Friesian (A) and Jersey (B) heifers for different simulations using within herd	
281	validation.....	154
282	Table 6.3: Regression equations created using the lengths (BL), girths (HG), heights	
283	(WH) and body volumes (BV) of Holstein-Friesian (HF; A) and Jersey (JE; B) heifers,	
284	respectively .....	155
285	Table 7.1: Mean and standard deviation (SD) values of milk production traits across 2,066	
286	parities.....	173
287	Table 7.2: Mean and standard deviation (SD) values of Body Weight (BW) and BCS	
288	performance traits across 1,149 parities.....	178



289	Table 7.3: Association between Body Weight (BW) at first calving (kg) and the incidence	
290	of assistance and dystocia. ....	179
291	Table 7.4: Association between Body Weight (BW) at first calving (kg), and BW and	
292	BCS performance traits. ....	179

---

293	<b>List of Figures</b>	
294	Figure 2.1: The relationship between the total cost of rearing and the time spent grazing.	
295	Adapted from Boulton et al. (2017); each symbol represents the data from one farm. ...	30
296	Figure 2.2: The effect of pasture allowance on the body weight of dairy heifers. Adapted	
297	from Patterson et al. (2018).....	32
298	Figure 2.3: The relationship between the total cost of rearing and age at first calving.	
299	Adapted from Boulton et al. (2017); each symbol represents the data from one farm. ...	54
300	Figure 3.1: Timeline of dry matter intake (DMI) estimation periods across year one (Y1),	
301	year two (Y2) and year three (Y3) born pasture-based dairy heifers.....	74
302	Figure 3.2: The effect of breed on body weight (BW) and dry matter intake (DMI) as a	
303	percentage of BW (DMI % BW) of Holstein-Friesian (HF) and Jersey (JE) heifers during	
304	periods of dry matter intake estimation.....	87
305	Figure 4.1: Growth curves, from birth until calving, of Holstein-Friesian (black) and	
306	Jersey (grey) heifers, weighing approximately 35 and 25 kg, respectively, at birth and	
307	aged 415 days at turnout to the second grazing season.....	112
308	Figure 5.1: Illustration of the experimental design, timeline, and the approximate age	
309	(months) of the heifers at each period.....	122
310	Figure 6.1: Body weight (BW) and linear body measurements (LBM; i.e., length, girth	
311	and height) of Holstein-Friesian (HF; A) and Jersey (JE; B) heifers.....	151

---

312	Figure 6.2: Comparison between the measured body weight (BW; x) and predicted body	
313	weight (●) of Holstein-Friesian (A) and Jersey (B) heifers.....	157
314	Figure 7.1: Least squares means, estimated using a linear mixed model, showing the	
315	association between body weight (BW) at first calving and 60-day (squares) and 305-day	
316	milk yield (triangles). ....	174
317	Figure 7.2: Least squares means, estimated using a linear mixed model, showing the	
318	association between body weight (BW) at first calving and peak milk yield (squares) and	
319	time to peak milk yield (triangles), respectively. ....	175
320	Figure 7.3: The interaction between age at first calving (days), body weight (BW) at first	
321	calving (kg), and parity for mean protein percentage in the first 60 days of lactation. ....	177
322	Figure 7.4: Least squares means, estimated using a linear mixed model, showing the	
323	association between body weight (BW) at first calving and 60- (squares) and 305-day	
324	(triangles) milk yields, respectively. ....	180

## **Chapter 1: Introduction**

325 Heifers are an integral part of the herd; their rearing accounts for between 15 and 20% of  
326 total costs on a dairy farm (Pirlo et al., 2000; Gabler et al., 2000). Replacement heifer  
327 management decisions can have a profound effect on the profitability of a farm enterprise.  
328 Feed intake, and consequently, growth are the foundations on which a successful heifer  
329 rearing strategy is built (Roche et al., 2015). However, the growth and quality of grass,  
330 which is the predominant feed of a pasture-based heifer, is frequently influenced by  
331 factors outside the farmer's control, such as weather conditions throughout the grazing  
332 season (Burke et al., 2002; Waghorn & Clark 2004), which may limit animal performance  
333 (Litherland et al. 2002). Pasture-based heifers exhibit a different growth pattern to that of  
334 heifers reared in confinement (Handcock et al., 2021). Therefore, there may be a  
335 requirement to create best practice guidelines for managing pasture-based dairy heifers  
336 throughout the rearing period.

337 Much of the previous research on heifer DMI has been undertaken in confinement  
338 systems of rearing where heifers are supplied with the exact nutrient profile necessary to  
339 sustain BW gain (NRC, 2001; Zanton and Heinrichs, 2008b). In contrast, the DMI of  
340 pasture-based heifers is dependent on grassland management parameters such as pasture  
341 allowance (Patterson et al., 2018), post-grazing sward height (Ganche et al., 2013), and  
342 concentrate supplementation strategies (Patterson and Morrison, 2019). Furthermore,  
343 DMI may also differ with breed group (Prendiville et al., 2010). While an exclusively  
344 pasture-based diet can supply the nutrients required for heifer BW gain (Patterson et al.,  
345 2018), occasional concentrate supplementation may be required if grass growth and  
346 quality are poor (Roche et al., 2015). Establishing the DMI of pasture-based heifers is

347 therefore essential to gain an understanding of growth and efficiency throughout the  
348 rearing period.

349 Growth is the most important aspect of a heifer rearing program; however, it is of added  
350 importance in a system with seasonal breeding and calving constraints, such as that in  
351 Ireland (Berry et al., 2013; Hayes et al., 2019). In pasture-based rearing systems, if a  
352 heifer is not the correct BW and frame size to attain puberty before the breeding season,  
353 she may not have the opportunity to be inseminated for an additional 12 months (Berry  
354 and Cromie, 2009; Hayes et al., 2019); therefore monitoring heifer growth performance  
355 is essential. This importance may be further exacerbated in heifers of different breed  
356 groups due to differences in growth (Handcock et al., 2019a).

357 Weight-for-age targets (Troccon, 1993) facilitate the monitoring of heifer growth  
358 throughout the rearing period. Although they were initially devised in confinement  
359 systems of heifer rearing, the aforementioned targets are utilized worldwide. Targets are  
360 dependent on mature BW; knowledge of the mature BW is required to ensure that the  
361 weight-for-age targets are appropriate (Roche et al., 2015). Heifers that are 30, 60, and  
362 90% of mature BW at six, 15, and 24 months (Troccon, 1993) are said to have favourable  
363 performances both throughout the rearing period and in the lactating herd. Nevertheless,  
364 attainment of weight-for-age targets may vary with both feed management and breed  
365 group (Handcock et al., 2016). The 15-month weight-for-age target is particularly  
366 important in seasonal calving systems to ensure heifers have achieved puberty prior to  
367 the commencement of the breeding season, which is typically at the end of April or the  
368 start of May each year (Berry et al., 2013). Fertility improves in line with the number of

369 estrus cycles experienced; therefore, a younger pubertal age will optimize the success of  
370 a breeding season. With that being said, nutrition and management throughout the rearing  
371 period may also influence fertility performance, such that if a heifer is too light (Brickell  
372 et al., 2009b) or too heavy (Archbold et al., 2012), lifetime reproductive efficiency may  
373 be impeded. Although the existing weight-for-age targets (Troccon, 1993) have been  
374 designed to ensure that heifers experience positive growth patterns throughout the rearing  
375 period, and as such, have achieved puberty prior to the breeding season, it is not yet  
376 known if these targets are appropriate for heifers reared in a seasonal-calving pasture-  
377 based system.

378 Weighing is used universally to monitor heifer growth; however, in the absence of an  
379 electronic scale, LBM may provide an accurate alternative (Heinrichs et al., 1992; Lukuyu  
380 et al., 2016). There are many measures of frame size; however, HG is the most widely  
381 used due to its high correlation with BW (Heinrichs et al., 1992). As most of the targets  
382 for heifer growth are expressed in BW, the formulation of equations to predict BW using  
383 LBM has become commonplace (Heinrichs et al., 1992; Reis et al., 2008). Furthermore,  
384 as growth varies with breed group (Handcock et al., 2019a), equations to predict the BW  
385 of pasture-based heifers of different breed groups from LBM may be required (Albertí et  
386 al., 2008). The aforementioned equations were created under confinement systems of  
387 heifer rearing and, as such, may not be appropriate for pasture-based heifers.

388 The current weight-for-age targets (Troccon, 1993) are widely used irrespective of the  
389 management system in place; however, different heifer rearing strategies may be required  
390 in pasture-based rearing systems in order to exploit the competitive advantage that is

391 grazed grass (Läpple et al., 2012). Although optimal pre-weaning nutrition is vital for  
392 performance thereafter (Soberon et al., 2012b; Soberon and Van Amburgh, 2017),  
393 increasing the proportion of grazed grass in the diet will reduce the costs associated with  
394 heifer rearing (Boulton et al., 2017); consequently, reducing the length of the milk-  
395 feeding period, and introducing calves to grass earlier, may be advantageous. Furthermore,  
396 because of the disparity between the seasonality of pasture-based heifer growth  
397 (Handcock et al., 2021) and the linear pattern of growth necessitated by the existing  
398 weight-for-age targets (Troccon, 1993), supplementation in the post-weaning period may  
399 be vital to reduce pubertal age. Despite the variability of management of pasture-based  
400 heifers, the impact of rearing strategy on growth performance thereafter has seldom been  
401 discussed.

402 Although a younger AFC will reduce the non-productive period (Gill and Allaire, 1976),  
403 it is generally associated with suboptimal milk production thereafter (Berry and Cromie,  
404 2009). Dobos et al. (2001) delineated that increasing BW at first calving may offset the  
405 deficits in production commonly associated with a younger AFC. However, if a heifer is  
406 too heavy at calving, there may also be unfavourable associations with calving  
407 performance (Mee, 2008b; Cooke et al., 2013) and reproductive efficiency thereafter  
408 (Roche et al., 2007c; Handcock et al., 2020). It is therefore essential to quantify the  
409 associations between AFC and BW at first calving.

410 Heifers are often perceived to be insignificant members of the herd because they do not  
411 contribute to farm income. At €1,545 per heifer (Shalloo et al., 2014), heifer rearing is  
412 one of the most expensive tasks on a dairy farm, second only to feed costs (Pirlo et al.,



413 2000). The repayment of this cost only begins once the heifer enters the milking herd and  
414 is not repaid until 1.63 lactations have been completed (Berry et al., 2015). In order to  
415 obtain a good return on investment, heifer rearing must first be prioritized, and rearing  
416 strategies must then be optimized. Between 10 and 23% of heifers do not survive to first  
417 calving (Brickell and Wathes, 2011; Compton, 2018; De Vries and Marcondes, 2020).  
418 This indicates that significant improvements are required in the rearing of heifers, as these  
419 heifers are never afforded the opportunity to reimburse the cost of rearing. A further 19  
420 and 24% of heifers are culled during the first and second lactation, respectively, with only  
421 approximately 54% of Irish heifers (Archbold et al., 2012) and 55% of UK heifers  
422 (Brickell and Wathes, 2011) calving successfully for a third time. There is a similar  
423 pattern in the United States, such that the average lifetime parity number of HF heifers  
424 reduced from 3.4 in 1989 to only 2.8 in 2004 (Nieuwhof et al., 1989; Hare et al., 2006).  
425 The reasons cited for culling were infertility (Brickell and Wathes, 2011), poor  
426 conformation, and poor health (Meier et al., 2017). Well-reared heifers, i.e., those that  
427 attain target weights at the specified time, are less likely to become ill, will have improved  
428 fertility and milk production, and are more likely to survive longer in the herd (Heinrichs  
429 and Heinrichs, 2011; Wathes et al., 2014). The aforementioned decrease in the length of  
430 the productive life is associated with an increase in heifer replacement rates, and  
431 consequently, production costs (Mohd Nor et al., 2015). Future rearing strategies must  
432 optimize heifer growth, which will, in turn, optimize productivity and thus increase the  
433 length of the productive life; doing so will have implications both financially and  
434 environmentally, as it will reduce the number of replacement heifers required.

435 The general aim of this thesis was, therefore, to investigate the effect of different pasture-  
436 based heifer rearing strategies on the performance of HF and JE heifers thereafter.

437 The main objectives of the work presented in this thesis were:

- 438 1. To quantify the DMI of HF and JE heifers reared under different management  
439 systems and devise equations to predict DMI from the BW of pasture-based HF  
440 and JE heifers
- 441 2. To determine the associations between growth and fertility of pasture-based HF  
442 and JE heifers reared under different management systems
- 443 3. To devise a series of equations to predict BW from LBM of pasture-based HF and  
444 JE heifers reared under different management systems
- 445 4. To establish the growth trajectory of pasture-based HF and JE heifers reared under  
446 different management systems, to evaluate if existing weight-for-age targets were  
447 suitable, and, if necessary, create additional targets to complement the rearing of  
448 pasture-based heifers
- 449 5. To quantify the independent associations between AFC and BW at first calving in  
450 spring-calving Holstein-Friesian dairy heifers with a series of performance  
451 metrics

452 The findings of this research will consolidate different rearing strategies for pasture-based  
453 dairy heifers, the like of which has not been previously investigated. The  
454 recommendations herein may be used by pasture-based farmers to streamline the heifer  
455 rearing process by increasing pasture utilization through the establishment of heifer DMI  
456 and by optimizing heifer BW through the attainment of weight-for-age targets.

457 Furthermore, the present research will provide a foundation for future research on the  
458 rearing of pasture-based dairy heifers.

**Chapter 2: Literature Review**

459

## **2.1 Pre-Weaning Calf Management**

### **2.1.1 Colostrum**

461 Colostrum is defined as the first milk secreted after parturition (Dukes, 1935), the feeding  
462 of which is one of the most important aspects of a heifer rearing program. Colostrum  
463 contains many nutrients essential for the health of the newborn calf (Godden, 2008), in  
464 particular, immunoglobulins. Immunoglobulins, or antibodies as they are commonly  
465 known, are proteins produced by white blood cells, which are essential for immune  
466 response (Dukes, 1935). Transfer of maternal Ig between the dam and her calf in utero is  
467 prevented due to the separation of the maternal and foetal blood supplies (Baumwart,  
468 1976). Consequently, the calf is immunocompromised at birth. In order to achieve  
469 immunity, the calf depends entirely on the absorption of maternal Ig from colostrum after  
470 birth (McGuirk and Collins, 2004; Godden, 2008). This process is dependent upon the  
471 timing of colostrum feeding, the volume of colostrum fed, and the quality of the colostrum.

#### ***2.1.1.1 Timing of Colostrum Feeding***

473 In the 24 hours after birth, the neonate's gut has a unique ability to absorb large proteins  
474 non-selectively, therefore stimulating passive immunity (Klaus et al., 1969; Larson et al.,  
475 1980; Stelwagen et al., 2009). Permeability of the calf gut is greatest in the first four hours  
476 post-partum (Robison et al., 1988; Weaver et al., 2000) and decreases rapidly 12 hours  
477 post-partum (Stott et al., 1979a). The cessation of absorption, which occurs on average  
478 24 hours after birth, is termed gut closure (Stott et al., 1979a; Weaver et al., 2000). Calves  
479 fed promptly after birth (i.e., within four hours) will have significantly higher rates of Ig  
480 absorption (Stott et al., 1979b) compared to their herd mates fed between six and 12 hours

481 later (Bush and Stanley, 1980; Besser et al., 1985). Furthermore, as the time between  
482 calving and colostrum feeding increases, so too does the risk of mortality because the calf  
483 has no protection from pathogenic bacteria in the environment (Margerison and Downey  
484 et al., 2005). In addition, colostrum production ceases at parturition, and as the time  
485 between calving and colostrum harvest increases, the quality deteriorates (Conneely et al.,  
486 2013). A 3.7% reduction in Ig concentration per hour is observed in the hours after  
487 parturition (Morin et al., 2010). The timely harvest and consumption of colostrum are  
488 therefore important.

#### 489 ***2.1.1.2 Volume of Colostrum***

490 The volume of colostrum fed to the calf has a significant impact on passive transfer  
491 (Hopkins and Quigley, 1997; McGuirk and Collins, 2004). Recommendations for the  
492 volume of colostrum that the calf should consume at first feeding vary considerably.  
493 Some studies advocate feeding a predetermined volume in litres (Faber et al., 2005;  
494 Chigerwe et al., 2009), a practice that may be beneficial in systems where calves are not  
495 weighed at birth. Varying the volume of colostrum fed depending on the colostrum  
496 quality is also commonplace (Morin et al., 1997; Jaster, 2005). Calves are described as  
497 having achieved APT if the serum IgG concentration is above 10 g/L in blood samples  
498 taken at 24 hours (Weaver et al., 2000; Godden et al., 2008). The absorption of  
499 approximately 150-200 g of IgG shortly after birth is necessary to achieve ATP (Godden  
500 et al., 2019). Therefore, varying the volume of colostrum fed depending on quality may  
501 be a useful tool to ensure the calf consumes a sufficient amount of IgG at birth. The calf  
502 may also be fed colostrum based on their birth BW (Godden et al., 2008; Conneely et al.,  
503 2014). The birth weight of the calf is highly variable; for example, a study carried out by

504 Dhakal et al. (2013) on over 1,200 calves in a nine-year period found that there was a  
505 difference of almost 15-25 kg between the lightest and the heaviest calf within a purebred  
506 breed group at birth. Therefore, feeding colostrum based on the birth weight of the calf  
507 will ensure that each calf receives sufficient colostrum for his or her size.

508 It is widely accepted that increasing the volume of colostrum fed to the calf will reduce  
509 the risk of FPT in calves (Besser et al., 1991). This theory is supported by Faber et al.  
510 (2005) and Davis and Drackley (1998), who found that increasing the colostrum-feeding  
511 rate would benefit the future performance of the calf. However, calves fed 8.5% of birth  
512 BW in colostrum had improved efficiency of IgG absorption relative to their herd mates  
513 fed seven and 10% of birth BW, respectively (Conneely et al., 2014). This indicates that  
514 increasing the volume of colostrum fed to the calf is only constructive up to a certain  
515 point, in this case, 8.5% of birth BW (Conneely et al., 2014), after which there may be a  
516 negative correlation between IgG absorption and the volume of colostrum fed (Besser et  
517 al., 1985).

### 518 ***2.1.1.3 Colostrum Quality***

519 There is a strong correlation between Ig concentration and the quality of the colostrum  
520 (Godden, 2008). There are three classes of Immunoglobulins found in bovine milk: IgA,  
521 IgM, and IgG (Butler, 1969). Class is reflective of the source and route along which the  
522 immunoglobulins have been transmitted (Larson et al., 1980). Immunoglobulin G is  
523 selectively transported from the maternal blood supply, across the mammary barrier, and  
524 into the lacteal secretions (Butler, 1969; Larson et al., 1980). Immunoglobulins from class  
525 A and M are locally synthesized in the mammary gland and occur in colostrum, albeit in  
526 small amounts (Larson et al., 1980). Bovine IgA, IgM, and IgG account for on average 5,

527 10, and 85-95% of colostral immunoglobulins, respectively (Butler, 1969; Larson et al.,  
528 1980). Increased production and transfer rates of IgG prior to parturition explain the  
529 significant quantities of IgG relative to IgA and IgM present in bovine colostrum (Sasaki  
530 et al., 1976). Therefore, the concentration of IgG in colostrum is commonly associated  
531 with quality. Good quality colostrum with an IgG concentration of >50 g/L is required by  
532 the calf to acquire passive immunity (Godden, 2008).

533 Colostrum quality may be affected by many factors such as the breed of the dam (Muller  
534 et al., 1981), lactation number (Muller et al., 1981), the volume of colostrum produced  
535 (Guy et al., 1994), time to harvest (Morin et al., 2010) and length of the dry period  
536 (Pritchett et al., 1991). Low-yielding breeds were found to have superior colostrum  
537 quality (Conneely et al., 2013); this may be due to dilutional effects (Guy et al., 1994).  
538 This is consistent with Muller and Ellinger (1981), where they observed a higher  
539 proportion of IgG as a percentage of total colostrum for JE relative to HF.

540 It was traditionally believed that the colostrum produced by primiparous cows should be  
541 discarded, as it would not be of sufficient quality to feed to the calf. However, although  
542 there are positive associations between parity and colostrum IgG concentration, the  
543 majority of primiparous dams produce colostrum with an IgG value above the threshold  
544 (Conneely et al., 2013; Dunn et al., 2017). The perception that primiparous cows produce  
545 inferior colostrum may instead be because of the volume of colostrum they produce. It is  
546 widely accepted that primiparous cows produce less colostrum on a volume basis  
547 (Robinson et al., 2009; Reschke et al., 2017). However, the smaller volume of colostrum  
548 produced by primiparous cows will be more concentrated, and therefore may have a  
549 higher concentration of IgG per ml of colostrum (Conneely et al., 2013). This is



550 comparable to differences between dairy and beef animals, whereby dilution of colostrum  
551 in high-yielding dairy breeds contributes to differences in colostral IgG concentrations at  
552 calving (Guy et al., 1994).

553 The length of time between calving and the harvest of colostrum may also affect the  
554 quality of colostrum. Colostral IgG concentrations decrease by up to 3.7% per hour after  
555 calving (Morin et al., 2010). Therefore, in order to maximize quality, colostrum should  
556 be harvested as soon as possible after calving (Moore et al., 2005; Conneely et al., 2013).  
557 Furthermore, colostrum quality may be influenced by dry period length. The dairy cow is  
558 traditionally dried off for up to 60 days prior to calving in order to maximize milk yield  
559 in the subsequent lactation (Kok et al., 2016). Reducing the length of the dry period is  
560 often considered as a management strategy to maximize profitability (Grummer et al.,  
561 2004); however, this practice may be to the detriment of colostrum quality (Mayasari et  
562 al., 2015) and yield (Gavin et al., 2018). Nevertheless, Dunn et al. (2017) determined that  
563 although colostral IgG was reduced when the dry period length was less than eight weeks,  
564 the concentration of IgG was above the threshold value of 50 mg/ml.

565 There is an inverse relationship between bacteria and colostrum quality (McGuirk and  
566 Collins, 2004). Bacterial contamination of colostrum will disrupt the absorption of IgG,  
567 so it should therefore be minimized (Godden, 2019). A total bacterial count of <100,000  
568 cfu/ml is necessary to ensure the efficacy of IgG absorption (McGuirk and Collins, 2004).  
569 A study by Morrill et al. (2012) found that 43% of colostrum samples collected from 67  
570 farms around America exceeded the recommended threshold for colostrum bacteria levels.  
571 Levels of bacteria growth are significant in the first six hours after harvest (Cummins et  
572 al., 2017), particularly when stored in ambient temperatures (Stewart et al., 2005).

573 Colostrum should therefore be preserved at  $\leq 4^{\circ}\text{C}$  to reduce bacterial contamination  
574 (Cummins et al., 2017).

#### 575 *2.1.1.4 Testing Colostrum Quality*

576 Colostral weight was traditionally used as an indicator of colostrum quality; it was  
577 believed that producing  $< 8.5$  kg of colostrum was an indicator of quality (Pritchett et al.,  
578 1991). However, more recently, radial immunodiffusion has been considered the gold  
579 standard for testing IgG concentration in bovine colostrum and serum samples (Weaver  
580 et al., 2000; Godden, 2008; Deelen et al., 2014). Radial immunodiffusion is laboratory-  
581 based and takes, on average, 24 hours; therefore, it is not practical for on-farm monitoring  
582 of IgG concentrations in either colostrum or serum samples (MacFarlane et al., 2014).  
583 Brix Refractometry, which measures the solids in a colostrum sample prior to feeding,  
584 provides an efficient and accurate alternative for testing colostrum quality in a farm  
585 setting (Quigley et al., 2013). The aforementioned colostrum quality threshold of 50 g  
586 IgG per litre of colostrum corresponds with a Brix refractometer reading of 22%  
587 (Bielmann et al., 2010). Nevertheless, Conneely et al. (2013) found that the mean  
588 colostral IgG concentration on Irish dairy farms was approximately 112 g/L; this is  
589 substantially higher than the recommended quality threshold of 50 g/L IgG (McGuirk and  
590 Collins, 2004).

591 The calf may be blood sampled at 24 hours of age to ensure they have achieved ATP  
592 (Elsohaby et al., 2019). Passive transfer is said to be achieved when the calf has a serum  
593 IgG  $> 10$  g/L at 24 hours old (Weaver et al., 2000; Godden, 2008). However, recent  
594 research from Godden et al. (2019) recommends a proposed consensus standard in which  
595 IgG levels are divided into categories, namely excellent (IgG  $> 25.0$  g/L), good (IgG 18.0-

596 24.9 g/L), fair (IgG 10.0-17.9 g/L) and poor (IgG <10.0 g/L). Less than 10% of calves  
597 should occupy the poor serum IgG category. Therefore, the objective of the proposed  
598 consensus standard is to improve calf health within the US dairy industry (Godden et al.,  
599 2019).

#### 600 ***2.1.1.5 Transition Milk***

601 Transition milk is the milk produced by the cow in the second to the sixth milking after  
602 calving (Godden, 2008; Conneely et al., 2014; O’Callaghan et al., 2020). The quality of  
603 transition milk is not as good as that of colostrum (Stott et al., 1981), and although the  
604 calf can no longer absorb proteins across through their gut 24 hours after calving, there  
605 are health (Conneely et al., 2014) and growth benefits (van Soest et al., 2020) associated  
606 with feeding transition milk. This is because of localized immunity in the calf gut (Berge  
607 et al., 2009). Gut health is vital for the calf (Malmuthuge and Guan, 2017), therefore  
608 feeding transition milk, which is abundant with oligosaccharides (Fischer-Tlustos et al.,  
609 2020), may improve calf health (Berge et al., 2009; Conneely et al., 2014) and pre-  
610 weaning mortality (Pyo et al., 2018). Enteritis and diarrhoea are the most common cause  
611 of morbidity in Irish dairy calves (AFBI and DAFM, 2017); feeding transition milk could  
612 improve calf health. In Ireland, the recommended milk-feeding rate for calves is a volume  
613 equivalent to 15% of BW per day (e.g., 6L per day for a 40 kg calf; Conneely et al., 2014).  
614 The practice of feeding transition milk to calves in Ireland is widespread; 73% of  
615 respondents in a survey of pasture-based dairy farmers revealed that they fed at least five  
616 feeds of transition milk (Conneely et al., 2014). There are also economic benefits to  
617 feeding transition milk; it supplies the calf with the essential nutrients, and it is cost-free  
618 because it is otherwise unsalable for human consumption (Foley and Otterby, 1978).

**619 2.1.2 Milk-Feeding Strategies**

620 The objective of the pre-weaning period is to maximize BW gain through the  
621 consumption of milk (Morrison et al., 2009a), develop the rumen by providing  
622 concentrates and roughage (Dias et al., 2017), and minimize health issues (Morrison et  
623 al., 2009b). At birth, the rumen of a calf is non-functional, and therefore, a liquid-based  
624 diet (i.e., either WM or MR) should be offered throughout the pre-weaning period (Khan  
625 et al., 2011). Whether to feed WM or MR is generally a personal choice for each farmer;  
626 however, factors such as cost (Godden et al., 2005), convenience, and disease (McAloon  
627 et al., 2017) must be considered.

**628 2.1.2.1 Whole Milk**

629 The quality of nonsalable WM can be highly variable (Moore et al., 2009); therefore, WM  
630 is often pasteurized prior to feeding to calves (Godden et al., 2005). The feeding of  
631 unpasteurized WM is common on Irish dairy farms; however, it was particularly  
632 widespread during the milk quota era; Cummins et al. (2016) and Barry et al. (2019)  
633 found that > 50% of farmers surveyed fed unpasteurized WM to their calves. This is  
634 consistent with a Canadian survey in which 36.8% of farmers cited using milk produced  
635 over the available quota as the reason for feeding unpasteurized WM (Vasseur et al.,  
636 2010). There are disadvantages to feeding unpasteurized WM to calves, such that if there  
637 are antibiotic residues present in the milk, it can contribute to the development of  
638 antimicrobial resistance (Maynou et al., 2017). Nevertheless, the fat content of WM is  
639 higher than that of MR, and as such, calves fed WM may have improved BW gain and  
640 higher weaning weights (Godden et al., 2005).

641 **2.1.2.2 Milk Replacer**

642 Although the use of MR is commonplace in calf rearing operations in the United States  
643 (USDA, 2011; Urie et al., 2018), it does not have the same recognition in pasture-based  
644 rearing systems such as that in Ireland. This may be because milk quotas, which were in  
645 place until 2015, have impeded MR usage. In a 2013 survey of Irish dairy farmers, less  
646 than 20% of calves were fed exclusively MR (Cummins et al., 2016). By 2019, this figure  
647 had increased to 69% (A Sinnott 2021, personal communication, 6 August), thus  
648 indicating that quota abolition may have favoured the use of MR. Nevertheless, MR  
649 feeding to calves is most cost-effective when milk price is high (James and Scott, 2016).

650 Protein is essential for growth (NRC, 2001), and as such, it is one of the most essential  
651 ingredients in a MR (Erickson et al., 1989). Milk replacers typically contain 23-26% CP.  
652 Increasing the CP content (>25%) of MR may linearly increase daily BW gain without  
653 changing feeding rate (Blome et al., 2003; Davis Rincker et al., 2011). Approximately  
654 67% of Irish dairy farmers fed MR that contained  $\geq 25\%$  CP (A Sinnott 2021, personal  
655 communication, 6 August). Pre-weaning MR intake may also influence the long-term  
656 performance of the heifer whereby increasing the CP content of MR has the potential to  
657 reduce AFC by 27.5 days (Raeth-knight et al., 2009) and increase first lactation milk  
658 production (Drackley et al., 2008) relative to conventional MR feeding programs.  
659 However, others have found no advantages in terms of BW (Morrison et al., 2012),  
660 fertility, and milk production performance (Morrison et al., 2009a). Similarly, the calf's  
661 diet may be restricted by feeding MR with a lower CP concentration, for example, 20-22%  
662 (Bartlett et al., 2006). This is generally to increase the consumption of solid feed.

663 Another critical aspect of a feeding program is the protein source in MR. Protein sources  
664 can be either milk or vegetable proteins (Teagasc, 2017). Although vegetable protein MR,  
665 such as soy, are a cost-effective alternative (Davis and Drackley, 1998), they may impede  
666 BW gain, as the digestion of proteins from alternative sources is suboptimal (Moran,  
667 2012), particularly in the first three to four weeks (AHI, 2021). Therefore, milk-derived  
668 proteins, such as whey, are the preferred source of protein in MR, particularly in the first  
669 weeks of life as they supply the calf with ample nutrients for growth (NRC, 2001).

### 670 ***2.1.2.3 Volume and Reconstitution***

671 Early research advocates feeding approximately 10% of BW in MR or WM (Kertz et al.,  
672 1979; Jasper and Weary, 2002). However, although restricted MR feeding programs  
673 (feeding rate of 8-10% of bodyweight) promoted the intake of concentrates and roughage  
674 (Kertz et al., 1979; Jasper and Weary, 2002; Khan et al., 2011), this feeding rate merely  
675 satisfies maintenance growth rates of the calf (NRC, 2001; Drackley, 2007). The research  
676 undertaken by Davis Rincker et al. (2011), Bazeley et al. (2016), and Johnson et al. (2017),  
677 focused on restricting MR intake and found ADG in the pre-weaning period to be 0.44  
678 kg/day, 0.48 kg/day, and 0.12 kg/day, respectively. Target growth rates of 0.75 kg/day  
679 are required to ensure heifers are well-grown throughout the rearing period. Therefore,  
680 there has been a renewed interest of late in intensive MR feeding programs, whereby the  
681 calf is fed at a rate of 15-20% bodyweight, with the aim of increasing BW gains early in  
682 life to promote a heavier calf at weaning (Bartlett et al., 2006; Hengst et al., 2012;  
683 MacPherson et al., 2016). Increasing the MR allowance has advantages that persist  
684 beyond weaning; calves fed intensively in the pre-weaning period calved approximately  
685 14 days earlier (Davis Rincker et al., 2011).

686 As a result of the substantial increases in BW gains, there has also been a renewed interest  
687 in ad libitum MR feeding. A study showed that ad libitum fed calves consumed 89% more  
688 MR than conventionally fed calves, and as a result, gained approximately 63% more  
689 weight in the pre-weaning period (Jasper and Weary, 2002). Furthermore, average daily  
690 gains of up to 1 kg/day are achievable in ad libitum milk-feeding programs (Khan et al.,  
691 2011). However, although there may be negative associations between ad libitum MR  
692 feeding and pre-weaning concentrate intake, post-weaning concentrate intake was not  
693 depressed by feeding unlimited amounts of MR in the pre-weaning period (Appleby et  
694 al., 2001; Jasper and Weary, 2002; Schäff et al., 2016). The early weight advantage  
695 incurred by the ad libitum fed calves compensated for the reduction in concentrate intake  
696 (Jasper and Weary, 2002). High growth rates in early life are beneficial to the future  
697 productivity of the calf, such that pre-weaning ADG accounts for 22% of the variation in  
698 first lactation milk yield (Soberon et al., 2012a).

699 Although recommended reconstitution rates differ depending on the MR manufacturer,  
700 the consistency of MR can also be altered by increasing the reconstitution rate to achieve  
701 higher growth rates while keeping the feeding rate constant (Cowles et al., 2006). This  
702 provides an early weight advantage; however, it may not persist long term (Morrison et  
703 al., 2012). The consistency of MR may also be adjusted in order to restrict MR intake  
704 such that the reconstitution rate may be reduced to 12.5% solids (Cowles et al., 2006).  
705 This may be used as a tool to increase solid feed intake and thus ensure a smooth transition  
706 during weaning (Byrne et al., 2017).

**707 2.1.3 Concentrate and Roughage Feeding**

708 Although milk feeding is fundamental, pre-weaning solid feed intake is also essential for  
709 rumen development. Volatile fatty acids are produced from the fermentation of  
710 concentrates, and roughage help to stimulate rumination; therefore, the inclusion of solid  
711 feeds such as concentrate, straw, and hay are essential in all milk-feeding systems  
712 (Anderson et al., 1987; NRC, 2001). Offering solid feed pre-weaning can also influence  
713 calf welfare by reducing the stress experienced during the weaning process (Khan et al.,  
714 2011).

**715 2.1.3.1 Concentrate**

716 Although concentrate consumption in the first three weeks of life is negligible (Kertz et  
717 al., 1979; Lorenz et al., 2011), it is vital that concentrates be offered, as there are benefits  
718 in terms of rumen development (Lorenz et al., 2011). Concentrates have high levels of  
719 fermentable carbohydrates that promote the production of the volatile fatty acid butyrate;  
720 feeding concentrates is, therefore, desirable for differentiation of the rumen epithelium  
721 into rumen papillae (Sander et al., 1959; Akins et al., 2016). Cereal grains form the basis  
722 of the energy component of the concentrate; corn and wheat-based concentrate result in  
723 the accumulation of greater concentrations of ruminal butyrate in calves relative to barley  
724 and oat-based concentrates. Calves offered corn and wheat-based concentrates also had  
725 increased solid feed consumption, more-functional papillae, and consequentially more-  
726 functional rumens (Khan et al., 2008). The protein content of the concentrate is important;  
727 a CP content of 18-20% is desirable to maximize intake (NRC, 2001). While increasing  
728 the protein content of concentrate may seem desirable to supply the calf with adequate  
729 nutrients for muscle growth (NRC, 2001), Drackley (2008) found no merit in increasing



730 the CP content from 18 to 22%. Increasing the CP content of concentrate may contribute  
731 to environmental nitrogen excretion (Sinclair et al., 2014) and should be avoided. The  
732 stage of life at which concentrates are offered is also critical. Although the quantities  
733 consumed in the first weeks of life are insignificant, the provision of concentrates is  
734 essential to enhance ruminal digestion development (Lorenz et al., 2011). In a survey of  
735 Canadian dairy farmers, concentrates were generally offered in the first seven days of life  
736 (Vasseur et al., 2010). This was consistent with a survey of Irish dairy farmers whereby  
737 75% of farmers surveyed provided their calves with concentrates in the first week of life  
738 (Cummins et al., 2016). Finally, the quantity of concentrates offered will also influence  
739 performance (Leaver, 1973), and as such, concentrate consumption is often used as an  
740 indicator that calves are ready to be weaned. Although it has been suggested that calves  
741 are consuming  $\geq 1$  kg DM/day concentrates prior to weaning (Lorenz et al., 2011), in a  
742 survey of Canadian dairy farmers, when concentrates were offered ad libitum, calves had  
743 a median concentrate consumption of 2 kg DM/day concentrates. This was consistent  
744 with Cummins et al. (2016), whereby 67% of survey respondents targeted a concentrate  
745 intake of  $\geq 2$  kg DM/day concentrates at weaning.

#### 746 ***2.1.3.2 Hay and Straw***

747 There are conflicting opinions on the provision of forages to the pre-weaned calf. Some  
748 research discourages forage feeding because the physical size of the rumen is limited, and  
749 the accumulation of a large volume of undigested material in the rumen has the potential  
750 to reduce concentrate intakes (Stobo et al., 1966). The inclusion of forage in the diet may  
751 also be detrimental to FCE and ADG in the lead-up to weaning (Hill et al., 2008).  
752 Nevertheless, access to texturized forages may improve reticulorumen growth and

753 consequentially enhance feed intake and efficiency (Coverdale et al., 2004; Khan et al.,  
754 2011; Montoro et al., 2013). Provision of forage in early life may also have positive  
755 associations with forage consumption in later life when heifers are offered a high forage  
756 diet (Khan et al., 2012). The type of forage offered is also necessary; for example, the  
757 consumption of barley and oat-based forages has been found to stimulate concentrate  
758 intake and BW gain from two weeks old (Castells et al., 2012).

759 Furthermore, Phillips (2004) discovered that calves offered a straw mixture ate more  
760 forage and concentrate than those offered hay; however, the straw had been treated with  
761 molasses and syrup; therefore, palatability may be responsible for increased intake. A  
762 survey of Irish dairy farmers found that 40% of farmers surveyed offered a combination  
763 of forages to their pre-weaned calves. However, only 52% of these provided forage to  
764 calves in the first week of life (Cummins et al., 2016). The provision of forage is essential,  
765 as it has been associated with increased concentrate consumption (Castells et al., 2012).  
766 The physical size of forage particles was also important; chopped hay improved dry  
767 matter intake and nutrient digestibility relative to ground hay (Coverdale et al., 2004;  
768 Montoro et al., 2013). Increased FCE and volatile fatty acid production, as a result of  
769 forage provision, were in response to an improved rumen environment (Coverdale et al.,  
770 2004; Castells et al., 2013).

### 771 **2.1.3.3 Water**

772 Water is also an essential ingredient for rumen development, and so the Department of  
773 Agriculture, Fisheries and Food (2020) recommends the provision of water to calves from  
774 birth. Although the water intake of calves before weaning is negligible (Hepola et al.,  
775 2008), there are positive associations between water and concentrate intake of the pre-

776 weaned calf (Kertz et al., 1984). Moreover, providing calves with water may also increase  
777 BW gains (Kertz et al., 1984). Water goes directly into the rumen (Govil et al., 2017) and  
778 creates an ideal environment for fermentation by rumen bacteria, therefore, increase  
779 nutrient availability (Wickramasinghe et al., 2019). Therefore, the provision of water to  
780 calves from birth is crucial.

## 781 **2.2 Weaning**

782 The objective on many commercial farms is to wean calves from liquid to solid feed as  
783 soon as possible to reduce the costs associated with an extended milk-feeding period  
784 (Boulton et al., 2017; Hawkins et al., 2019). A calf can be weaned based on weight  
785 (Gorrill, 1964b), age (Kehoe et al., 2007), or concentrate consumption (Roth et al., 2009;  
786 Bennetton et al., 2019). Nevertheless, nutrition in the pre-weaning period is crucial  
787 because it initiates rumen development so that the calf can digest an exclusively solid  
788 feed diet at weaning. However, regardless of the criteria used to wean calves, a gradual  
789 reduction in the milk allowance fed to the calf is preferable, as it will facilitate a smooth  
790 transition from liquid to solid feed (Khan et al., 2015).

### 791 **2.2.1 Weaning by Weight**

792 It was traditionally recommended that calves be weaned by BW so that they would be at  
793 similar stages of digestive development (Bell, 1958; Gorrill, 1964a). However, the weight  
794 at which calves were weaned was significant; Gorrill (1964b) concluded that lighter  
795 weaning weights (46 kg) resulted in a growth depression that persisted until the calves  
796 were 180 days old. Weaning by weight is beneficial because it accounts for lighter calves  
797 at birth (Bell, 1958; Gorrill, 1964b). The criterion often used in the weaning of calves is

798 that they should double their birth weight by weaning (Soberon et al., 2012b). In a survey  
799 of pasture-based dairy farmers, Cummins et al. (2016) found that 72% of respondents had  
800 a target weaning weight of 80-90 kg. However, although a high percentage of farmers  
801 reported weaning their heifers by weight, the author could not find a statistic for the  
802 proportion of Irish farmers that weigh their heifers. It must be assumed, therefore, that  
803 weighing is not routinely carried out.

### 804 **2.2.2 Weaning by Age**

805 Weight-for-age targets throughout the rearing period are expressed as a percentage of  
806 mature BW at a given age (Troccon, 1993). Therefore, it may be more consistent also to  
807 wean calves based on age. Up to 46% of heifer rearing costs are incurred in the milk-  
808 feeding period (Boulton et al., 2017); therefore, early weaning will influence the overall  
809 cost of rearing heifers. Recent research, however, has reported inadequate nutrient intakes  
810 and growth rates in six-week weaned calves compared to calves weaned at between eight  
811 (Eckert et al., 2015) and 12 weeks of age (de Passillé et al., 2011). Early-weaned calves  
812 increased their solid feed intake at the point of weaning; this indicates that milk is the  
813 feed of choice for the young calf, and as a result, if a calf is weaned early, the rumen may  
814 not be sufficiently developed to digest large quantities of solid feed (de Passillé et al.,  
815 2011, Eckert et al., 2015). Later-weaned calves increased their concentrate intake before  
816 weaning, despite also consuming large volumes of milk. Therefore, later-weaned calves  
817 had higher solid feed intakes before weaning, and so avoided a depression in weight gain  
818 post-weaning (de Passillé et al., 2011). In a 2016 survey of pasture-based Irish dairy  
819 farmers, 51% of respondents weaned calves at an average of nine to 11 weeks (Cummins,

820 2016). This figure was slightly lower in the United States and Canada, where the average  
821 weaning age was seven (Vasseur et al., 2010) and nine (USDA, 2014) weeks, respectively.

### 822 **2.2.3 Weaning by Concentrate Consumption**

823 Research shows that weaning a calf according to their ability to consume a specific  
824 amount of concentrate is preferable to weaning based on age (Roth et al., 2009; Nejad et  
825 al., 2013) and weight (Soberon et al., 2012a). A study by Quigley et al. (1995) found that  
826 when the weaning criterion was to consume  $\geq 454$  g/day for two consecutive days, the  
827 average weaning age was 40 days. More recent research advocates gradually weaning  
828 calves when they consume  $\geq 700$  g concentrate per day for several consecutive days (Roth  
829 et al., 2009; Lorenz et al., 2011; Cummins et al., 2016; Byrne et al., 2017). However, a  
830 study in which calves were weaned when they consumed 500, 650, and 800 g/day of  
831 concentrates for three days respectively, reported that although calves fed 500 g/day of  
832 concentrates were weaned earlier, differences in the BW of calves when the trial  
833 concluded were negligible (Nejad et al. 2013). Calves weaned based on concentrate intake  
834 were weaned on average eight days earlier than calves weaned in a conventional milk-  
835 feeding system (Roth et al., 2009). There is variation in the age at which calves begin to  
836 consume concentrates (de Passillé and Rushen, 2016; Neave et al., 2018); therefore, the  
837 concentrate-dependent method of weaning ensures the nutritional requirements of each  
838 calf are met (Roth et al., 2009).

### 839 **2.2.4 Abrupt Compared to Gradual Weaning**

840 Weaning the calf from milk to solid feed can be either abrupt or gradual. Abruptly weaned  
841 calves experience a depression in weight gain after weaning because they have not had

842 time to adapt to an exclusively solid feed diet before milk is withdrawn (Khan et al., 2007,  
843 Roth et al., 2009; Sweeny et al., 2010; Steele et al., 2017). In a study carried out by  
844 Sweeney et al. (2010), it was reported that although calves had an average daily weight  
845 gain of 1 kg/d prior to weaning, they lost weight in the days after they were abruptly  
846 weaned. Feeding elevated milk levels will discourage the consumption of solid feed, and  
847 so when milk is removed abruptly, intake of roughage and concentrate will be poor as the  
848 calf adjusts to their new diet (Sweeney et al., 2010). As such, abrupt weaning may be  
849 detrimental to gastrointestinal tract development (Steele et al., 2017).

850 Reducing the volume of milk or MR fed to calves in an effort to increase the proportion  
851 of solid feed in their diet is also known as gradual weaning, and it facilitates a smooth  
852 transition from liquid to solid feed (Khan et al., 2015). Gradual weaning can be carried  
853 out by slowly reducing the quantity of milk offered to the calf (Miller-Cushon et al., 2013)  
854 or by diluting the milk with water (Khan et al., 2007), both of which encourage DMI and  
855 consequently, BW gain (Khan et al., 2007, Eckert et al., 2015, Rosenberger et al., 2017).  
856 The calf becomes accustomed to reduced milk allowance before weaning and can increase  
857 their concentrate intake accordingly; gradually-weaned calves can consume up to 1.8  
858 times more concentrates than those that were abruptly weaned (Steele et al., 2017). A  
859 study by Sweeney et al. (2010) found that the optimum duration for weaning was 10 days;  
860 this resulted in the highest weight gains both during and after weaning.

### 861 **2.3 Post-Weaning Heifer Management**

862 The objective of heifer management in the post-weaning period is to ensure that BW gain  
863 is optimized so that the heifer has achieved puberty before the commencement of the

864 breeding season (Day and Nogueira, 2013). In confinement systems of heifer rearing,  
865 heifers are generally offered a consistently high-quality feed because precision nutrition  
866 is utilized to ensure the heifers are supplied with the exact nutrients necessary to grow  
867 (Zanton and Heinrichs, 2008b). However, post-weaning heifer management is entirely  
868 different in pasture-based heifer rearing systems; it generally involves allocating pasture  
869 (Patterson et al., 2018) and supplementing with concentrates if either grass growth or  
870 quality is poor (Creighton et al., 2011).

### 871 **2.3.1 Pasture-Based Heifer Management**

872 Pasture-based heifer management is comprised of two critical periods; the grazing season  
873 and the winter housing period. The practice of grazing from early spring to late autumn  
874 and offering conserved forages indoors during the winter takes advantage of the  
875 seasonality of grass production in Ireland (Drennan et al. 2005) and ensures heifers are  
876 sheltered during the winter when weather conditions may be poor (O'Driscoll et al.,  
877 2009).

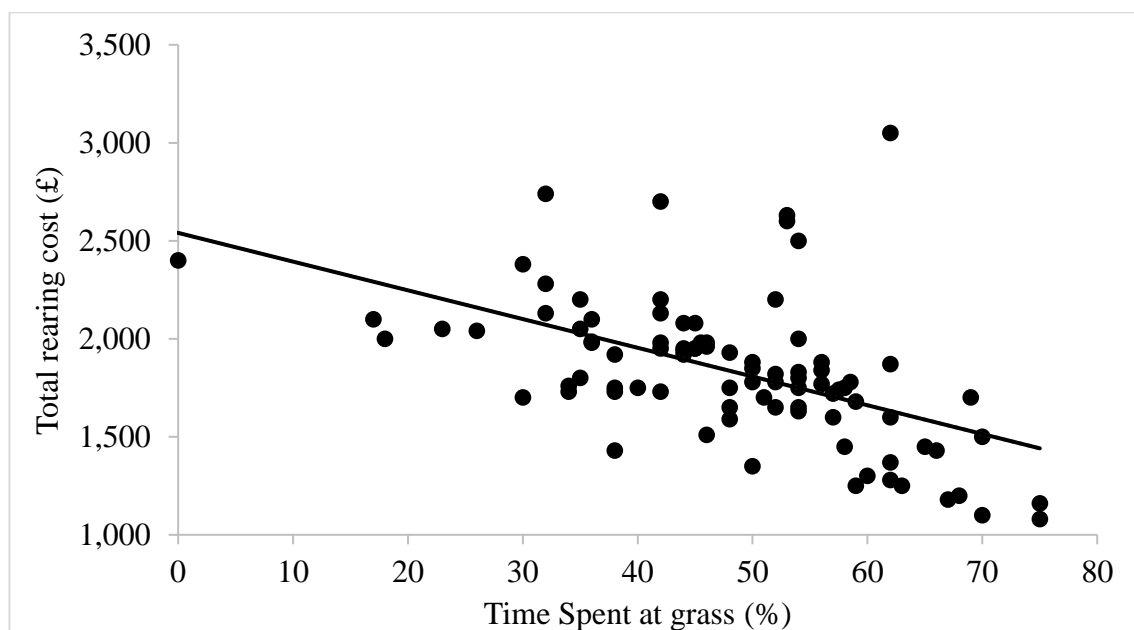
#### 878 **2.3.1.1 Grazing Season**

879 With a cost ratio of grazed grass to concentrates of 1:2.4 (Finneran et al., 2010), grass is  
880 the cheapest feed source for young ruminants. Time spent grazing is also one of the most  
881 significant determinants of heifer rearing costs (Boulton et al., 2017); each extra  
882 percentage increase of time spent at grass is associated with a £13.29 (€15.50) decrease  
883 in heifer rearing costs (Figure 2.1). Grass is also a complete feed; an exclusively pasture-  
884 based diet can support ADG of up to 0.82 kg/heifer/day (Patterson et al., 2018).

885 Despite grass being the predominant feed for pasture-based heifers, there has been very  
886 little research on the grassland management of heifers. Correct management of pasture is  
887 essential as it influences both the chemical composition of the sward and animal  
888 performance thereafter (Kennedy et al., 2007 McEvoy et al., 2009). Traditionally, a  
889 leader-follower system of grazing management was recommended whereby the younger  
890 animals would graze ahead of the older animals to ensure they had access to good quality  
891 grass with minimal disease burden (French et al., 2001). However, since milk quotas were  
892 abolished, young stock are often reared on an out-farm to maximize profitability on the  
893 milking platform (Shalloo et al., 2012). Rotational grazing systems have since become  
894 more common. Pasture allowance (Patterson et al., 2018) and pre-grazing herbage mass  
895 (Wims et al., 2010) are the main determinants of DMI, and consequently, BW gain during  
896 grazing. Calves are selective grazers; therefore, young leafy grass is most palatable and  
897 digestible (Beecher et al., 2015). In a survey of Irish pasture-based dairy farmers, 95% of  
898 respondents offered calves light (<1200) pre-grazing herbage mass swards (Cummins et  
899 al., 2016), which will improve grass quality and BW gain, while grazing high pre-grazing  
900 herbage mass swards (2200 kg DM/ha; Wims et al., 2010) will reduce feeding value of  
901 grass and depress DMI (O'Donovan and Delaby, 2008). However, some studies have  
902 found no associations between DMI and pre-grazing herbage mass (Owens et al., 2008;



903 Curran et al., 2010). Curran et al. (2010) concluded that pasture allowance had a greater  
904 impact on DMI than pre-grazing herbage mass.



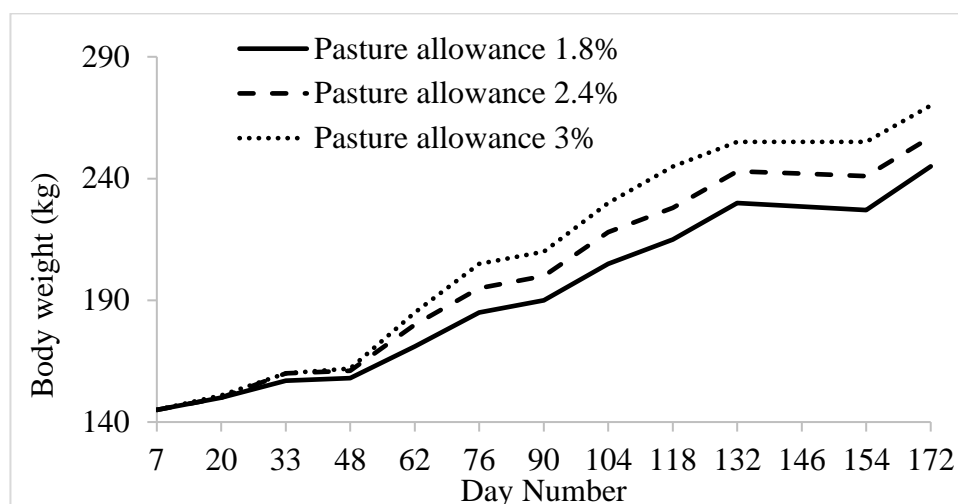
905

906 **Figure 2.1:** The relationship between the total cost of rearing and the time spent grazing.  
907 Adapted from Boulton et al. (2017); each symbol represents the data from one farm.

908

909 Although increasing pasture allowance is generally associated with an increase in DMI  
910 and consequently, ADG as pasture allowance increases, pasture utilization will be  
911 decreased, which will, in turn, lead to a suboptimal herbage quality in subsequent grazing  
912 rotations (Figure 2.2; Patterson et al., 2018). Pasture allowances that will optimize both  
913 animal performance and grass quality are required to support efficient and sustainable  
914 pasture-based systems (Pollock et al., 2020). Pasture allowances for lactating dairy cows  
915 are based on the kg of DM required to support good milk production (Curran et al., 2010).  
916 The objective of pasture allowances for dairy heifers would be to support BW gain.  
917 Therefore, as the daily DMI requirement of a pasture-based heifer is effectively unknown,

918 pasture allowance is often expressed as a percentage of BW. Patterson et al. (2018)  
919 investigated pasture allowances of 1.8, 2.4, or 3.0% of bodyweight for dairy heifers and  
920 found an allowance of 2.4% of dry matter per kg BW to be the perfect compromise  
921 between animal performance and grass quality. Grass utilization decreased by 24%, and  
922 BW gain increased by 0.19 kg/day as pasture allowance increased from 1.8 to 3.0%  
923 (Patterson et al., 2018). This is consistent with Curran et al. (2010), who reported lactating  
924 dairy cows on high pasture allowances to have significantly higher BW. There is also  
925 much deliberation on the frequency of pasture allocation. Many studies report that  
926 increasing the frequency of pasture allowance will benefit DMI and consequently, milk  
927 production performance (Fulkerson et al., 2005; Abrahamse et al., 2008; McEvoy et al.,  
928 2009), which is conceivable because >70% of daily intake of pasture occurs within the  
929 first 3-4.5 hours of grazing (Trevaskis et al., 2004). Nevertheless, animals must adjust  
930 their grazing behaviour in response to an increase in the frequency of pasture allowance  
931 (Kennedy et al., 2011; Verdon et al., 2018), which may negatively influence the digestive  
932 process. Pollock et al. (2020) investigated the frequency of pasture allocation and found  
933 that 36-hour allocations were most suitable for primiparous animals. Different pasture  
934 allowances may also be achieved by targeting different post-grazing sward heights  
935 (Maher et al., 2003; Kennedy et al., 2006; McEvoy et al., 2009). At low post-grazing  
936 sward heights (3.2-3.8 cm; Kennedy et al., 2006), grass quality is a barrier to DMI (Wade,  
937 1991) and, as such, ADG. Similar to increasing pasture allowance, higher post-grazing  
938 sward heights (4.7-5.7 cm) resulted in reduced sward utilization (Kennedy et al., 2006).



939

940 **Figure 2.2:** The effect of pasture allowance on the body weight of dairy heifers. Adapted  
 941 from Patterson et al. (2018).

942

943 In the event of adverse weather conditions, grass quality may be variable, and concentrate  
 944 supplementation may be necessary to subsidize BW gain (Kennedy et al., 2008) and milk  
 945 production (McKay et al., 2019). Vendramini et al. (2007) reported higher ADG for  
 946 calves offered concentrate supplementation than those offered pasture only; increasing  
 947 supplementation levels from 0% to 2% BW increased ADG from 0.42 to 0.65 kg/day.  
 948 This practice is beneficial to ensure heifers attain weight-for-age targets (Trocon, 1993);  
 949 however, concentrate supplementation is expensive (Finneran et al., 2010) and so is  
 950 associated with a reduction in farm profitability (McCarthy et al., 2007; Hanrahan et al.,  
 951 2017).

### 952 **2.3.1.2 Over-Winter Management**

953 The seasonality of a pasture-based dairy farm means that the supply of grass in the spring  
 954 and autumn often exceeds that of the demand (Wingler and Hennessy, 2016). Surplus  
 955 grass grown during the summer season is generally conserved as silage, which will be fed

956 during winter when weather conditions and grass growth are poor (Finneran et al., 2012).  
957 Although feeding grass silage is more expensive than that of grazed grass, it is more cost-  
958 effective than feeding concentrate; the cost ratio of feeding grass compared to that of  
959 silage and concentrate is 1:1.8:2.4 (Finneran et al., 2010). Silage quality is commonly of  
960 suboptimal quality compared to grass (Kavanagh, 2016), and as such, it is expected that  
961 BW gain during the over-winter period will be inferior. However, this may also be  
962 because heifers undergo a period of dietary acclimatization (O'Driscoll et al., 2009).  
963 However, very low ADG during the winter period may be detrimental to lactation (Le  
964 Cozler et al., 2010) and fertility performance (Heinrichs, 1996). In Ireland, heifers are  
965 commonly housed for the duration of the over-winter period (O'Connell et al., 1993).  
966 There is a capital cost of approximately €1,000 per animal associated with housing stock  
967 during the winter period (Teagasc, 2016a).

968 Alternatively, heifers may be reared outdoors over winter to reduce costs (Atkins et al.,  
969 2020). Typical out-wintering of heifers involves grazing fodder crops such as kale or  
970 fodder beet in situ (Edwards et al., 2017; Atkins et al., 2020). Kale and fodder beet are  
971 incredibly high in quality, and thus a smaller allowance is required (Atkins et al. 2018).  
972 However, the aforementioned fodder crops also have a low concentration of neutral-  
973 detergent fibre; therefore, supplementation with a forage crop, i.e., silage, straw, or hay,  
974 may be required to prevent acidosis (Keogh et al., 2009). Although it is expensive to  
975 harvest and feed out to heifers, fodder beet grazed in situ is considerably cheaper than  
976 producing and feeding grass silage (Finneran et al., 2010). However, as with any forage  
977 crop grazed in situ, the concomitant muddy soil may be perceived as an animal welfare  
978 issue (Atkins et al., 2020). Nevertheless, previous research reports respectable ADG

979 (Kennedy et al., 2013; Atkins et al., 2020) without detriment to first lactation milk  
980 production (Atkins et al., 2015). Heifers can adapt their behaviour to climatic conditions  
981 to reduce energy expenditure (Redbo et al., 2001). As such, out-wintering heifers is  
982 considered a viable and cost-effect alternative as it facilitates expansion without high  
983 capital expenditure on winter housing (Atkins et al., 2015; Barnes et al., 2013).

### 984 **2.3.2 Confinement**

985 In confinement dairy systems, heifers are generally housed year-round and offered a TMR  
986 diet of consistently good quality (McDougall, 2006). Indoor rearing facilitates feeding a  
987 nutritionally balanced diet to optimize production (i.e., BW gain), and it has benefits in  
988 terms of animal welfare because heifers are protected from extreme weather conditions  
989 (Schütz et al., 2010). In 2014, 86.9% of heifers in the United States were reared in  
990 confinement (USDA, 2014). Year-round housing is also becoming more prevalent in  
991 Europe; in the Netherlands, 29% of dairy cows are indoor-housed (CBS, 2019). The cost  
992 of rearing a heifer in confinement was \$583 (€496) more expensive than that of rearing a  
993 pasture-based heifer (Hawkins et al., 2020), with housing accounting for 17% of heifer  
994 rearing costs (Akins et al., 2017). However, intensively-reared heifers have a higher  
995 capacity for milk production in the first lactation (Soberon et al., 2012b; Van Amburgh  
996 et al., 2014), and as such, are more profitable in the long term (Overton and Dhuyvetter,  
997 2017).

#### 998 **2.3.2.1 Precision Nutrition**

999 Precision feeding improves the efficiency of nutrient utilization without adverse effects  
1000 on the future performance of the animal (Van Amburgh et al., 2015). Precision nutrition

1001 feeding programs involve feeding TMR rations high in protein but without enough energy  
1002 to cause the animal to become over-fat (Van Amburgh et al., 2009; Soberon et al., 2012b).  
1003 Rations are formulated to different nutrient specifications based on the production  
1004 potential of the heifer, their age and stage of development, energy expenditure, the  
1005 environment, and characteristics of the available ration (González et al., 2018).  
1006 Environmental stress as a result of climate variation may alter the energy requirements of  
1007 animals (White and Capper, 2014); therefore, formulating diets on a seasonal basis may  
1008 improve the efficiency of nutrient utilization. Corn and soybean meal are the predominant  
1009 sources of energy and protein, while corn silage is the predominant source of forage  
1010 (Zanton and Heinrichs, 2008a). An example of precision nutrition feeding is the Cornell  
1011 Net Carbohydrate and Protein System, established in 1992 and 1993 (Fox et al., 1992;  
1012 Russell et al., 1992; O'Connor et al., 1993) to formulate feed for animals. The system is  
1013 updated regularly to ensure that the model's capacity to formulate diets remains effective  
1014 (Van Amburgh et al., 2015).

1015 Another example is the INRA feeding system for ruminants (INRA, 2010), which predicts  
1016 the supply of nutrients in feed, an animal's requirements, and the expected animal  
1017 response to diets. These feeding systems are becoming ever more critical because the  
1018 overfeeding of nutrients can result in excessive excretion of nutrients into the  
1019 environment (NRC, 2001). Manipulating the CP and phosphorus in heifer ration may  
1020 reduce harmful emissions (Frank and Swenson, 2002; INRA, 2010).

1021

## 2.4 Dry Matter Intake

### 1022 2.4.1 Factors Affecting Dry Matter Intake

1023 Dry matter intake is a key determinant of BW, the proper management of which is  
1024 essential to ensure the success of a heifer rearing enterprise. Hoffman et al. (2008)  
1025 reported the DMI of Holstein heifers reared in confinement to range from 4.73 to 12.26  
1026 kg/day throughout the rearing period. However, there has been very little research  
1027 undertaken on the DMI of pasture-based dairy heifers; this may be because there is  
1028 considerable variation in DMI due to fluctuations in grass growth and quality throughout  
1029 the grazing season (Litherland et al. 2002); however, it may also be because DMI is  
1030 difficult and costly to measure (Seymour et al., 2019). The lack of research on heifer DMI  
1031 limits both the optimization of heifer BW and the creation of suitable grassland  
1032 management strategies. The following section will review in more detail the factors that  
1033 affect DMI in dairy heifers, the methodologies employed to determine DMI, and the  
1034 creation of DMI prediction equations.

#### 1035 2.4.1.1 Body Weight

1036 Previous research has reported a strong relationship between DMI and heifer BW  
1037 (Quigley et al., 1986a; 1986b; Stakelum and Connolly, 1987); however, the relationship  
1038 may not be as straightforward for a pasture-based heifer DMI due to seasonal variation in  
1039 grass growth and quality (Hennessy et al., 2020) and consequently, heifer BW (Handcock  
1040 et al., 2021). In general, as heifer BW increases, so too does DMI (Quigley et al., 1986a);  
1041 this is corroborated by the fact that heifer DMI is often expressed as a percentage of BW.  
1042 Heifer DMI as a percent of BW decreases as BW increases (NRC, 2001; Hoffman, 2013).

1043 This suggests that the intake capacity of a heifer is highest in early life. A study by  
1044 Stallings et al. (1985) found the DMI of growing heifers to be 3.3% of BW; by the time  
1045 these animals had completed their first lactation, DMI as a percentage of BW was 2%,  
1046 this substantiates the claim that intake capacity is higher in early life. A high intake  
1047 capacity in pasture-based rearing systems is desirable as it indicates that the animals are  
1048 capable of being good grazers (Delaby et al., 2020).

#### 1049 ***2.4.1.2 Feed Composition***

1050 Consistent with dairy cows (Kennedy et al., 2008; McEvoy et al., 2008), concentrate is  
1051 the feed of choice for dairy heifers (DeVries et al., 2009), the consumption of which will  
1052 significantly increase DMI. Diets containing a high proportion of concentrates are utilised  
1053 with greater efficiency than those containing a high proportion of forages (Garrett, 1979;  
1054 Zanton and Heinrichs, 2007). High concentrate diets also favour milk production  
1055 performance (Zanton and Heinrichs, 2007). In confinement systems of heifer rearing,  
1056 rations are generally fed at a rate of 2.2% of BW (Hawkins et al., 2020), supplying the  
1057 animal with the exact amount of digestible nutrients for adequate growth without  
1058 affecting future performance (Zanton and Heinrichs, 2007). In contrast, altering diet  
1059 composition in pasture-based systems is generally achieved by grassland management  
1060 strategies, such as varying stocking rates and DHA (Horan et al., 2004; Coffey et al.,  
1061 2017) which will influence the quality of grass offered to the animals. Increasing the  
1062 quantity of pasture offered to the animals is generally conducive to high DMI (McEvoy  
1063 et al., 2008; Kennedy et al., 2009). In contrast, reducing the quantity of pasture offered to  
1064 the animals will reduce the quality because, in grazing, animals selectively remove grass  
1065 leaves in preference to stem (Van Dyne et al., 1980).



**1066 2.4.1.3 Breed**

1067 There are significant differences in the DMI of different breed groups (Prendiville et al.,  
1068 2010). Although JE heifers spend a similar amount of time grazing to HF, they have a  
1069 lower DMI (Prendiville et al., 2010). This may be because DMI is limited by the smaller  
1070 body size of the JE (Rook et al., 2000; Prendiville et al., 2010). However, when DMI is  
1071 expressed as a percentage of BW, JE heifers have a higher DMI than HF (Prendiville et  
1072 al., 2010; Coffey et al., 2017). This is often termed intake capacity (Goddard and  
1073 Grainger, 2004). The superior intake capacity of JE heifers may be because they have a  
1074 larger digestive tract than HF (Beecher et al., 2014). This indicates that they have the  
1075 capability to be good grazers and so are well suited to a pasture-based system (Prendiville  
1076 et al., 2010; Delaby et al., 2020).

**1077 2.4.2 Determining Dry Matter Intake**

1078 Simple methods of DMI estimation, such as herbage disappeared, are readily available;  
1079 however, this does not permit individual DMI estimation, which is advantageous in a  
1080 research setting. Individual DMI estimation would facilitate a change to feeding animals  
1081 the specific nutrients required for their production level (i.e., BW for heifers and milk  
1082 production for lactating cows). However, the differences in how DMI is measured  
1083 (Seymour et al., 2019) may ultimately result in different levels of accuracy.

**1084 2.4.2.1 Herbage Disappeared**

1085 Herbage disappeared is undoubtedly the simplest and most cost-effective method of  
1086 measuring heifer DMI (Seymour et al., 2019). A rising plate meter is used to measure the

1087 pre-grazing herbage mass before grazing and the post-grazing herbage mass after grazing  
1088 (O'Donovan et al., 2002). The difference between pre and post-grazing herbage mass is  
1089 assumed the DMI of the animals grazing (Gregorini et al., 2009; Johnson et al., 2015;  
1090 Alvarez-Hess et al., 2021). The herbage disappeared method is similar to weighing orts  
1091 (i.e., weighing the quantity of feed offered and the quantity of feed refused), which is  
1092 commonly practiced in confinement systems of rearing (Silva et al., 2018). However, the  
1093 herbage disappeared method of DMI estimation may be unsuitable for a research setting  
1094 as it is incapable of establishing individual heifer DMI (Seymour et al., 2019).

#### 1095 ***2.4.2.2 Marker Techniques***

1096 The DMI of pasture-based dairy heifers is generally determined using indigestible fecal  
1097 markers such as *n*-alkanes (Mayes et al., 1986; Dillon and Stakelum, 1989), NDF  
1098 (Marquez et al., 2017), and rumen-undegraded DM (Ferret et al., 1999). However, the *n*-  
1099 alkane technique is most commonly used to determine DMI in pasture-based systems  
1100 such as Ireland. The process involves dosing individual animals daily with an *n*-alkane  
1101 bolus, performing individual fecal collections, and analysing both fecal samples for the  
1102 dosed marker and grass samples for the naturally occurring marker (Wright et al., 2019;  
1103 McGovern et al., 2021). Although this technique is highly accurate in measuring  
1104 individual heifer DMI, it is incredibly labour-intensive. In addition to the cost of labour,  
1105 the cost of producing the boluses and analysing samples mean that, although accurate,  
1106 marker techniques are an expensive means of measuring DMI (Seymour et al., 2019).

**1107 2.4.2.3 Calan Gate**

1108 The Calan gate (Calan gates; American Calan Inc., Northwood, NH) system of measuring  
1109 DMI involves the use of radio frequency identification tags to record when an individual  
1110 animal enters the feed trough electronically. Feed dispensed into the feed bin is then  
1111 weighed, and the difference in weight of feed upon exiting the feed bin is electronically  
1112 recorded (Berry et al., 2014). The Calan gate system is limited because animals must be  
1113 housed to achieve accurate results; as such, it is not suitable for use in grazing animals.  
1114 Furthermore, although this system is beneficial because it facilitates the measurement of  
1115 individual heifer DMI without impeding workflow or interrupting feeding behaviour on  
1116 the farm (Halachmi et al., 1998; Shelley et al., 2016), the feed system requires a  
1117 significant capital investment (Seymour et al., 2019).

**1118 2.4.3 Dry Matter Intake Prediction Equations**

1119 Measuring DMI using the aforementioned methods is regularly carried out in a research  
1120 setting, and the resulting DMI is used in the creation of DMI prediction equations  
1121 (Quigley et al., 1985; NRC, 2001). Such equations are beneficial because, in using them,  
1122 commercial farmers can monitor the DMI of their animals. There are various equations  
1123 available to predict the DMI of pasture-based dairy cows (O'Neill et al., 2013; Lahart et  
1124 al., 2019), which is correlated with milk production, such that the level of feed offered  
1125 may be increased to boost milk production performance (Roche, 2007a). There is a similar  
1126 principle in pasture-based youngstock; however, DMI is instead used to support growth  
1127 performance (NRC, 2001); a suboptimal DMI may mean that a heifer will fail to achieve  
1128 the weight-for-age targets set out by Troccon (1993). Equations to predict the DMI of

1129 heifers reared in confinement include BW, the heifer's maintenance requirement (NRC,  
1130 2001), or the digestible nutrients in the diet (Quigley et al., 1986). Nevertheless, as the  
1131 quality of grass before grazing is generally unknown, existing DMI prediction equations  
1132 are not suitable for use on pasture-based heifers.

#### 1133 ***2.4.3.1 Feed Composition***

1134 Although Quigley et al. (1986a) delineated that BW and BW gain are correlated with  
1135 DMI, the inclusion of digestible nutrients in the equation was found to increase its  
1136 prediction accuracy. Dry matter intake prediction equations are widely utilized, under the  
1137 guise of precision nutrition, in countries where heifers are housed year-round and offered  
1138 a feed of consistent quality (NRC, 2001; Zanton and Heinrichs et al., 2008b; Hoffman et  
1139 al., 2008). Heifer diets are designed to supply specific nutrient densities in precision  
1140 nutrition regimes to ensure growth is optimized (NRC, 2001). As such, digestible  
1141 nutrients in the diet are the focus of existing equations to predict the DMI of heifers reared  
1142 in confinement (Quigley et al., 1986b). Equations commonly include dietary NDF, ADF,  
1143 and CP (Quigley et al., 1986b). The equation created by NRC (2001) to predict the DMI  
1144 of growing heifers, containing a proxy for BW and the net energy for heifer maintenance,  
1145 is widely used in diet formulation.

#### 1146 ***2.4.3.2 Body Weight***

1147 The importance of BW in DMI prediction equations is indisputable, as is evidenced by  
1148 its inclusion in prominent equations alongside digestible nutrients (Quigley et al., 1986b;  
1149 NRC, 2001). Nevertheless, previously published equations tend to over or under-predict  
1150 the DMI of light or heavy heifers (Hoffman et al., 2008). In pasture-based production

1151 systems, where the quality of grass is largely unknown prior to grazing, it is important  
1152 that DMI prediction equations be based on a trait that is easily monitored by farmers. As  
1153 such, an equation based exclusively on animal parameters is preferable to one based on  
1154 dietary components. Furthermore, heifer DMI as a percentage of BW has been reported  
1155 to decrease as BW increases (NRC, 2001; Hoffman and Kester, 2013); therefore, DMI  
1156 prediction equations incorporating BW throughout the rearing period are preferable.  
1157 However, previously published heifer DMI equations without dietary components are  
1158 either sparse or have a significant error of prediction (Stallings et al., 1985).

## 1159 **2.5 Heifer Growth**

1160 Heifer growth throughout the rearing period is significant in terms of the attainment of  
1161 puberty (Archbold et al., 2012), milk production potential and reproductive efficiency  
1162 (Handcock et al., 2020). In confinement systems of heifer rearing, growth follows a linear  
1163 pattern as heifers are offered feed of consistently good quality throughout the rearing  
1164 period (NRC, 2001; Zanton and Heinrichs et al., 2008b; Hoffman et al., 2008). In pasture-  
1165 based systems of heifer rearing, however, a linear growth trajectory is unattainable due to  
1166 variation in grass growth and quality (Handcock et al., 2019a; Hennessy et al., 2020).  
1167 Therefore, the monitoring of pasture-based heifer growth is even more important to  
1168 ensure they have gained the BW necessary to achieve puberty prior to the breeding season  
1169 (Archbold et al., 2012). Nevertheless, farm fragmentation (Hennessy et al., 2020) since  
1170 the abolition of milk quotas is a barrier to the regular monitoring of pasture-based heifer  
1171 growth (Hennessy et al., 2020). Common methods for monitoring heifer growth are  
1172 weighing (Lukuyu, et al 2016), LBM (Heinrichs et al., 1992), or BCS (Edmonson et al.,  
1173 1989).

**1174 2.5.1 Body Weight**

1175 Body weight, measured using an electronic scale, is the most widely used indicator of  
1176 heifer growth (Lukuyu et al., 2016). Nevertheless, there is no available information on  
1177 the proportion of Irish farmers that weigh their heifers, thus indicating that the uptake of  
1178 technology is particularly low (Teagasc, 2016b). A similar pattern was observed in New  
1179 Zealand, whereby less than 5% of heifers had a BW recorded prior to calving  
1180 (McNaughton and Lopdell 2012). Body weight also differs with heifer rearing system;  
1181 the growth pattern of pasture-based heifers is different from that of heifers reared in  
1182 confinement (Handcock et al., 2021). Handcock et al. (2019a) observed the growth of  
1183 pasture-based dairy heifers to be curvilinear, with the fastest growth observed from 3-5  
1184 and 12-20 months of age; this may be because there is seasonal variation in grass growth  
1185 and quality (Hennessy et al., 2020). In Ireland, heifers are generally housed during the  
1186 over-winter period with conserved forages as the predominant feedstuff (Kavanagh,  
1187 2016), while heifers in New Zealand are out-wintered on forage crops such as kale and  
1188 fodder beet (Edwards et al. 2017; Atkins et al., 2020). Irrespective of over-winter  
1189 management, pasture-based heifers undergo a period of dietary adjustment, which may  
1190 explain the temporary deceleration in growth (Swatland, 1994; O’Driscoll et al., 2009).  
1191 Body weight of heifers also differs with breed group; HF heifers are heavier than JE at  
1192 all stages of growth (Enevoldsen and Kristensen, 1997; Handcock et al., 2019a).

**1193 2.5.2 Linear Body Measurements**

1194 In the absence of electronic weighing scales, LBM such as HG, WH, and BL (Lukuyu et  
1195 al., 2016) may be used to monitor heifer growth. Heart girth is highly correlated with BW

1196 (Heinrichs et al., 1992) and is, therefore, the most widely used LBM. It appears that length  
1197 is more likely to be static than girth and height, thus signifying a different mechanism in  
1198 the pattern of linear body growth compared with BW (Moallem et al., 2010). Linear body  
1199 measurements vary with breed (Reis et al., 2008). This was expected due to the vast  
1200 differences in BW and skeletal structure for mature HF and JE animals (Davis and  
1201 Hathaway, 1956; Prendiville et al., 2011a). Linear measurements are a cheap alternative  
1202 to monitoring BW using an electronic scale (Tebug et al., 2018).

### 1203 **2.5.3 Body Condition Score**

1204 Body condition score is another frequently used method to monitor heifer development  
1205 based on fat cover over the lumbar and pelvic regions (Wildman et al., 1982). Body  
1206 condition score is often assessed on a scale of 1-5 (Edmonson et al., 1989), where one  
1207 indicates emaciation and five indicates obesity. It is widely accepted that a heifer should  
1208 have a BCS of >2.5 at breeding to ensure reproductive success (Buckley et al., 2003,  
1209 Mulligan et al., 2006; Archbold et al., 2012), a lower BCS may delay calving date and  
1210 implicate reproduction thereafter (Archbold et al., 2012). A BCS of 3.0 at calving is  
1211 desirable to minimize loss of condition in early lactation; over-conditioned cows may  
1212 have excessive mobilization of body reserves (Pryce et al., 2001; Mulligan et al., 2006).  
1213 Body condition score losses of >0.5 in early lactation have been negatively associated  
1214 with subsequent reproductive performance (Britt, 1992; Buckley et al., 2003; Butler,  
1215 2005). Holstein-Friesian and JE animals differ in terms of body measurements and  
1216 condition (Enevoldsen and Kristensen, 1997).

1217

## 2.6 Weight-for-Age Targets

1218 Body weight is used extensively to define the optimum body size of replacement dairy  
1219 heifers (Archbold et al., 2012; Morrison et al., 2012). Setting weight-for-age targets for  
1220 replacement heifers is an indicator of animal performance and facilitates the farmer to  
1221 measure the growth performance of their herd against that of the national herd. Despite  
1222 the evident differences in the way in which heifers under different systems of  
1223 management are reared, the weight-for-age targets outlined by Troccon (1993) are used  
1224 internationally. Weight-for-age targets are expressed as a percentage of mature BW  
1225 (Roche et al., 2015). Therefore, knowledge of the mature BW of the herd is essential to  
1226 ensure that heifers are not under or overgrown in relation to their weight-for-age target.

1227

### 2.6.1 Mature Body Weight of the Herd

1228 Mature BW is intrinsic to setting weight-for-age targets for dairy heifers. Mature BW  
1229 cannot be determined for several years until skeletal, and muscle tissue growth has ceased  
1230 (Fitzhugh & Taylor 1971). The herd average mature BW of the herd is commonly  
1231 established by weighing a representative proportion of third, fourth, and fifth lactation  
1232 animals in May/June when there was no effect of pregnancy on BW (AHI, 2016). In New  
1233 Zealand, the mature BW is calculated by adding 500 kg to the average BW breeding value  
1234 of a line of heifers (Handcock et al., 2019a). However, because there is considerable  
1235 variation in BW breeding values within breed group, mature BW may be under or over-  
1236 predicted; this may be detrimental to the attainment of weight-for-age targets. Mature BW  
1237 differs with the genotype of the heifer (Akins, 2016). Holstein-Friesian heifers have a  
1238 mature BW of between 550 kg and 580 kg (Archbold et al., 2012; Kennedy and Murphy,  
1239 2017), while JE heifers tend to have a lighter mature BW of 400 kg (Enevoldsen and



1240 Kristensen, 1997; NRC, 2001). The environment in which the heifer is managed also  
1241 influences the mature BW of the dairy heifer; heifers reared on pasture-based dairy farms  
1242 may be lighter than those consuming TMR in confinement; this is due to the inconsistency  
1243 of grass quality (Washburn et al., 2002; Roche et al., 2009). In a study carried out by  
1244 Washburn et al. (2002), differences in BW could be attributed to both environment and  
1245 breed; Holsteins in confinement were heavier (583 kg) than Holsteins at pasture (568 kg).  
1246 Jerseys in confinement were also heavier (419 kg) than those at pasture (387 kg;  
1247 Washburn et al., 2002).

### 1248 **2.6.2 Key Target Weights**

1249 Achieving targets of 30, 60, and 90% of mature BW at six, 15, and 24 months,  
1250 respectively, will optimize the production potential of a heifer (Ettema and Santos, 2004;  
1251 Wathes et al., 2008; Froidmont et al., 2013). Adhering to weight-for-age targets (Table  
1252 2.1; Troccon, 1993) will minimize excessive BW gain, which can be detrimental to the  
1253 reproductive performance of the heifer (Archbold et al., 2012). Nevertheless, the  
1254 aforementioned weight-for-age targets are calculated by linear interpolation, and as such,  
1255 a linear growth trajectory is required (Troccon, 1993; Handcock et al., 2021). The growth  
1256 of heifers reared at pasture is slightly more complex due to the seasonal calving systems  
1257 often in place (Handcock et al., 2019a) and the annual variation in forage quality (O'  
1258 Donovan et al., 2011). Weight-for-age targets are also crucial in a pasture-based heifer  
1259 rearing system due to the seasonal breeding and calving imposed (Archbold et al., 2012).  
1260 Ensuring that heifers are available for breeding at 15 months and thus calve down at 24  
1261 months is necessary so that calving coincides with grass growth, matching herd demand  
1262 with grass supply (Archbold et al., 2012). The attainment of target BW at 15 months

1263 (breeding) is generally considered the most important objective as it benefits the pubertal  
 1264 status of the heifer (Troccon et al., 1993; Wathes et al., 2014). The attainment of the pre-  
 1265 breeding weight-for-age target has also been associated with longevity within the herd  
 1266 and with increased MS production (Martín et al., 2020). However, 44% of dairy heifers  
 1267 in New Zealand failed to achieve target weight at breeding, which may be a consequence  
 1268 of poor grass quality on pasture-based dairy farms (Roche et al., 2009; Handcock et al.,  
 1269 2016). Despite notable improvements in the attainment of weight-for-age targets in recent  
 1270 years, Handcock et al. (2016) found that 65% of heifers failed to achieve their pre-calving  
 1271 target BW.

1272 **Table 2.1:** Body weight (BW) targets for growing heifers with different birth weights to  
 1273 achieve optimum body weight at first calving, adapted from Troccon (1993).

Age	Mature BW (kg)				
	450	500	550	600	650
Birth BW (kg)	30	35	40	45	45
84 days (weaning)	80 (0.60)	90 (0.65)	100 (0.71)	110 (0.77)	120 (0.89)
6 months	135 (0.57)	150 (0.63)	165 (0.68)	180 (0.73)	195 (0.78)
15 months (breeding)	270 (0.5)	300 (0.56)	330 (0.61)	360 (0.67)	390 (0.72)
24 months (calving)	405 (0.50)	450 (0.56)	495 (0.61)	540 (0.67)	585 (0.72)

1274

### 1275 2.6.3 Compensatory Growth

1276 Traditionally, heifer rearing strategies that took advantage of compensatory growth were  
 1277 recommended to enhance mammary development and subsequent lactation performance  
 1278 (Park et al., 1998). Nutritionally directed compensatory growth regimes involve  
 1279 alternating a high-energy diet with a restricted-energy diet (Hoffman and Funk, 1992;  
 1280 Park et al., 1998). Such feeding regimes can increase first lactation milk production by

1281 up to 21% (Ford and Park, 2001). However, Kennedy et al. (2013) determined that the  
1282 theory of compensatory growth should not be relied upon to attain weight-for-age targets.

## 1283 **2.7 Fertility**

1284 Fertility performance is of greater relative importance in a seasonal calving system  
1285 (Veerkamp et al., 2002) due to seasonal breeding constraints (Berry et al., 2013). If a  
1286 heifer does not gain the BW necessary to attain puberty and go in calf early in the breeding  
1287 season, she will not be inseminated for a further 12 months; this increases the  
1288 unproductive lifespan of the heifer (Patterson et al., 1992; Moran and Chamberlain,  
1289 2017). Good fertility performance is essential to maintain a compact calving pattern  
1290 (Morton, 2010; Canadas et al., 2020), and a calving pattern is a key driver of farm  
1291 profitability (Shalloo et al., 2014). Age at first calving, one of the key determinants of  
1292 heifer rearing costs (Boulton et al., 2017), is a function of both heifer growth and fertility  
1293 (Cooke et al., 2013). Reproduction accounts for between 2.5 and 4.4% of heifer rearing  
1294 costs (Mohd Nor et al., 2015; Boulton et al., 2017); it is, therefore, important that weight-  
1295 for-age targets be achieved throughout the rearing period (Troccon, 1993).

### 1296 **2.7.1 Factors Affecting Puberty**

1297 Heifers are said to reach puberty at a certain weight rather than age (Lammers et al., 1999;  
1298 Le Cozler et al., 2008). This is consistent with Chelikani et al. (2003), who reported that  
1299 puberty occurred when HF heifers weighed between 270 and 330 kg. Management in the  
1300 pre (Khan et al., 2011) and post-weaning (Pereira et al., 2017; Le Cozler et al., 2019)  
1301 period is capable of increasing BW and frame size of heifers (Pereira et al., 2017;  
1302 Quintana et al., 2018), which are fundamental for the early attainment of puberty (Little

1303 and Kay, 1979; Le Cozler et al., 2008; Lohakare et al., 2012). However, while growth  
1304 may be easily accelerated by diet formulation in confinement systems of heifer rearing  
1305 (Zanton and Heinrichs, 2007; Erickson and Kalscheur, 2020), manipulation of the diet is  
1306 more difficult in pasture-based heifer rearing systems. Heifers reared to achieve a linear  
1307 growth trajectory reached puberty at a younger age than heifers reared to achieve a  
1308 seasonal growth pattern (Handcock et al., 2021). As such, increasing BW gain in early  
1309 life may be used as a tool to reduce the pubertal age of the heifer (Macdonald et al., 2005;  
1310 Archbold et al., 2012). Achieving weight-for-age targets set out by Troccon (1993) will  
1311 ensure heifers have achieved puberty and are available for breeding at 15 months, which  
1312 is particularly important in systems that impose limited breeding periods (Patterson et al.,  
1313 1992; MacMillan, 2012).

#### 1314 **2.7.2 Key Fertility Performance Indicators**

1315 Infertility is the primary cause of culling on UK commercial herds (Brickell and Wathes,  
1316 2011); therefore, it is essential that heifers are reared to optimize fertility performance.  
1317 Monitoring fertility performance by being cognizant of key performance indicators will  
1318 contribute to reproductive efficiency. Key performance indicators are invaluable in the  
1319 interpretation of farm productivity and profitability. The most desirable outcome of  
1320 benchmarking is adopting better practices and the concomitant increase in farm profit.  
1321 There are many indicators of reproductive efficiency, i.e., days from MSD to conception  
1322 (Butler, 2014), submission rate (McDougall, 2006), pregnancy rate to first service (Evans  
1323 et al., 2002), six-week calving rate (ICBF, 2020a), calving interval (ICBF, 2020a; Table  
1324 2.2) and AFC (Berry and Cromie, 2009).

1325 **Table 2.2:** Fertility traits in the Irish national dairy herd. Adapted from ICBF (2020a).

Fertility performance indicator	Average	Top 10%	Bottom10%
Replacement rate (%)	20	18-22	N/A
Six-week calving rate (%)	65	85	36
Calving interval (days)	387	364	424
Heifers calved 22-26 months of age (%)	71	100	12

1326

1327 **2.7.2.1 Days from Mating Start Date to Conception**

1328 Compact calving in a seasonal calving system demands excellent fertility, with most of  
 1329 the herd becoming pregnant during a defined breeding season, beginning in April or May  
 1330 (Berry et al., 2013). Although the date on which mating starts varies from farm to farm,  
 1331 the objective remains the same: to have at least 70% of the herd become pregnant in the  
 1332 first six weeks after MSD (Butler, 2014; Carty et al., 2020). Heavier heifers are more  
 1333 likely to go in calf earlier in the breeding season (Lesmeister et al., 1973; Patterson et al.,  
 1334 1989). Achieving weight-for-age targets (Trocon, 1993) is vital for reducing the interval  
 1335 from MSD to conception. Alternatively, the interval from the MSD to conception may be  
 1336 shortened using fixed-time AI protocols in seasonal-calving, pasture-based dairy  
 1337 production systems (Butler et al., 2012; Herlihy et al., 2011).

1338 **2.7.2.2 Submission Rate**

1339 Submission rate is defined as the proportion of all cows detected in estrus and submitted  
 1340 for AI, generally in the first 21 days of the breeding season (Mossa et al., 2012).  
 1341 Submission rate will influence the success of the subsequent calving season, such that a  
 1342 high submission rate will result in a compact calving pattern, which is desirable in a  
 1343 seasonal calving system (Butler et al., 2012). A submission rate of >80% in the first 21  
 1344 days was traditionally targeted (McDougall, 2006); however, in more recent research, the

1345 target is to have >90% of animals submitted within the first 21 days of the breeding season  
1346 (Butler, 2014; Canadas et al., 2020). In a study by Buckley et al. (2003), approximately  
1347 81% of animals were submitted within the first three weeks of the breeding season. Lower  
1348 BCS in early lactation may be a barrier to achieving target 21-day submission rates  
1349 (Buckley et al., 2003); therefore, feed management must be optimized to ensure  
1350 reproductive success. The use of fixed-time AI protocols facilitate 100% submission  
1351 rates; however, the performance of fixed-time AI is most favourable in cows that are >60  
1352 days in milk at the time (Herlihy et al., 2013).

### 1353 ***2.7.2.3 Six-week Calving Rate***

1354 A key measure of reproductive performance in seasonal-calving dairy herds is the six-  
1355 week (42-day) calving rate (McDougall, 2006), defined as the percentage of the herd that  
1356 calve in the first six weeks of the calving season. The six-week calving rate is indicative  
1357 of the spread of a calving pattern and is primarily influenced by the submission rate in the  
1358 first 21 days of the breeding season and the conception rate to first service (Herlihy et al.,  
1359 2013). The target is to have 90% of the herd calved within the first six weeks of the  
1360 calving season (Teagasc, 2015). However, Ireland's national average six-week calving  
1361 rate currently stands at 64% (ICBF, 2018), with only the top 5% of dairy farms currently  
1362 achieving six-week calving rates of 89%. Nevertheless, high six-week calving rates (81-  
1363 88%) were achievable in a controlled study of New Zealand dairy heifers. Increasing the  
1364 six-week calving rate from 70% to 90% will increase annual farm profitability by €16,500  
1365 (Teagasc, 2015).

**1366 2.7.2.4 Pregnancy Rate to First Service**

1367 Pregnancy rate to the first service may also be used as an indicator of reproductive  
1368 efficiency. If an animal does not become pregnant to her first service, it may increase the  
1369 number of inseminations required to achieve pregnancy (Kim and Jeong, 2019). It costs  
1370 on average €4.56/animal/year per 0.1 additional inseminations required (Shalloo et al.,  
1371 2014), with the number of inseminations being negatively correlated with the likelihood  
1372 of conception (Chebel et al., 2007), which may further contribute to the cost of infertility  
1373 (Esslemont et al., 2018). Previous research has reported pregnancy to first service rates  
1374 of between 42.3 and 55.6% (Evans et al., 2002; Berry et al., 2012; Kim and Jeong, 2019).  
1375 Butler and Herlihy (2012) and Kim and Jeong (2019) observed a positive relationship  
1376 between BCS and pregnancy to first service rates, this further highlights the importance  
1377 of feed management in early lactation. Nevertheless, pregnancy to first service rates may  
1378 also be improved by using a synchronization protocol as outlined by Kennedy et al.  
1379 (2012), who reported pregnant to first service rates of up to 70% in pasture-based dairy  
1380 heifers.

**1381 2.7.2.5 Calving Interval**

1382 Calving interval is the difference, in days, between successive calvings. A calving interval  
1383 of 365 days is considered one of the most important indicators of reproductive efficiency  
1384 as it reduces the number of non-productive days (ICBF, 2018). Calving intervals of 365  
1385 days are of particular importance in seasonal calving systems (McDougall, 2006) so that  
1386 calving coincides with grass growth (Dillon et al., 1995), and as such, feed supply  
1387 matches that of herd demand. Nevertheless, calving intervals in previous research are  
1388 lagging behind target; Macdonald et al. (2005), Hanks and Kossaibati (2018), and

1389 Eastham et al. (2018) reported calving intervals of 381, 388, and 401 days, respectively.  
1390 Although Ireland's national average calving interval is 387 days, the top 5% of farms have  
1391 calving intervals of 361 days, which is ahead of the target (ICBF, 2018). Improvements  
1392 in the calving interval on Irish dairy farms are therefore possible. A shorter calving  
1393 interval will significantly increase lifetime profit of the heifer (Do et al., 2013).

#### 1394 ***2.7.2.6 Age at First Calving***

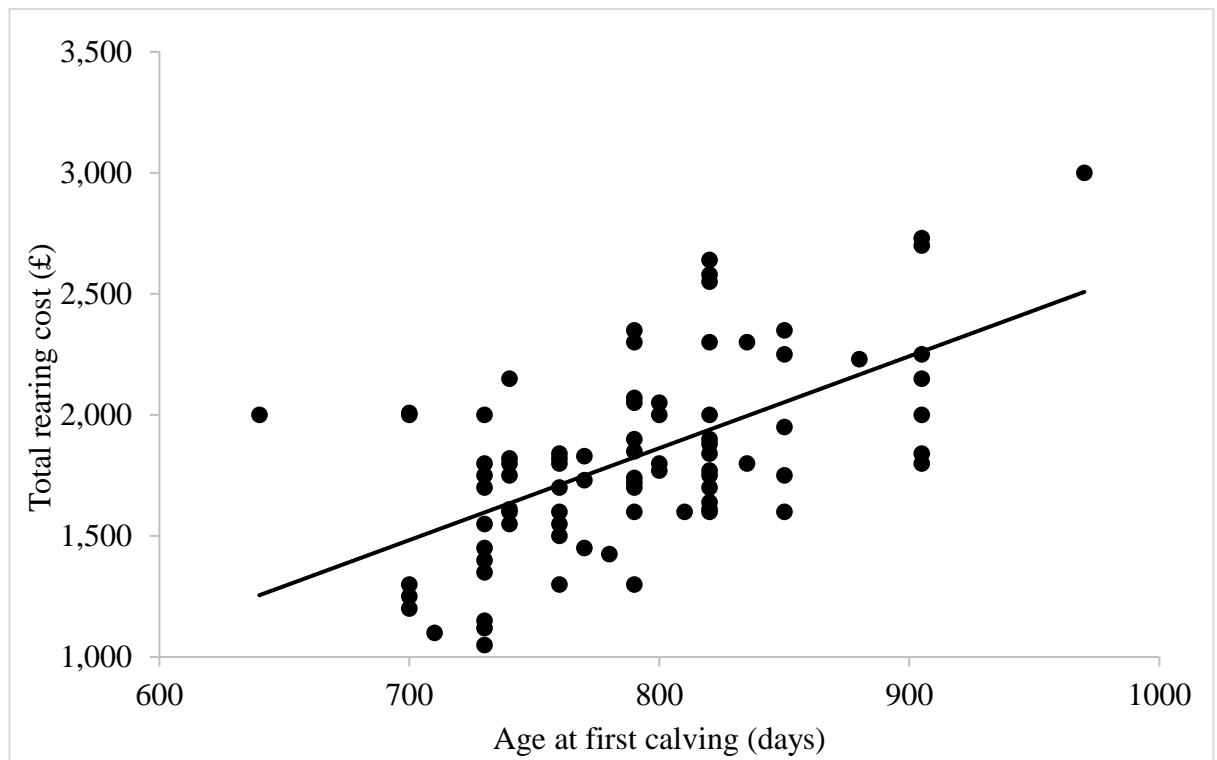
1395 Age at first calving is one of the biggest determinants of heifer rearing costs (Boulton et  
1396 al., 2017), with optimal economic returns associated with an AFC of between 22 and 24  
1397 months of age (Ettema and Santos, 2004; Hutchison et al., 2017). Nevertheless, AFC is  
1398 also a function of the age at which puberty and conception occur (Van Amburgh et al.,  
1399 1998). Achieving weight-for-age targets outlined by Troccon (1993) will optimize heifer  
1400 growth in early life, ensure they have achieved puberty prior to the breeding season, and  
1401 subsequently become pregnant early. In most pasture-based dairy systems, calving  
1402 between 22 and 26 months is necessary to ensure a compact calving pattern (Shalloo et  
1403 al., 2014) and ensure the competitive advantage of a pasture-based production system is  
1404 optimized (Dillon et al., 1995; Finneran et al., 2010).

### 1405 **2.8 Calving at 24 Months**

1406 Calving at 24 months is one of the biggest influencers of heifer rearing costs (Figure 2.3;  
1407 Boulton et al., 2017). It costs on average €1,545 (approximately 15-20% of production  
1408 costs) to rear a heifer from birth until calving at 24 months (Shalloo et al., 2014). While  
1409 an AFC of 24 months is generally targeted (Hanks and Kossaibati, 2018), in 2018, only  
1410 70% of heifers in Ireland calved between 22-26 months of age (ICBF, 2018). Calving  
1411 between 22 and 26 months of age will increase lifetime milk production, longevity within



1412 the herd, and a lower replacement rate (ICBF, 2019). Nevertheless, reducing the AFC can  
1413 reduce heifer rearing costs; a 4.3% reduction in heifer rearing costs was associated with  
1414 a one-month reduction in AFC (from 25 to 24 months of age; Tozer and Heinrichs, 2001).



1415

1416 **Figure 2.3:** The relationship between the total cost of rearing and age at first calving.  
1417 Adapted from Boulton et al. (2017); each symbol represents the data from one farm.

1418

### 1419 2.8.1 Factors Affecting Age at First Calving

1420 Age at first calving is a product of management throughout the rearing period, and, as  
1421 such, there are many aspects of the heifer rearing process that may influence AFC.  
1422 Management in the pre (Shamay et al., 2005; Davis Rincker et al., 2011) and post-  
1423 weaning period (Wathes et al., 2014) have the potential to reduce the pubertal age of the  
1424 heifer. A younger pubertal age is beneficial because fertility improves with the number

1425 of estrus cycles experienced by a heifer (Byerley et al., 1987; Wathes et al., 2014).  
1426 Therefore, heifers will be more likely to conceive, and as such, AFC will be reduced.  
1427 Nevertheless, AFC is a function of the success of a breeding season; therefore, breeding  
1428 management of heifers is important (Wathes et al., 2014). Estrus must be detected  
1429 promptly. When using AI, those responsible for heat detection are competent (Diskin and  
1430 Sreenan, 2000), particularly for heifers, as the duration of standing estrus varies from 12  
1431 to 14 hours (Diskin, 2008). During the breeding season, Heifer management will ensure  
1432 that the pubertal heifer is inseminated early in the breeding season.

### 1433 **2.8.2 The Effect of Age at First Calving on Future Production**

1434 Age at first calving directly affects heifer rearing costs (Boulton et al., 2017); therefore,  
1435 breeding heifers earlier to reduce AFC is often considered the best approach to shorten  
1436 the non-productive period (Abeni et al., 2018). However, a younger AFC may have a  
1437 negative effect on subsequent milk production (Berry and Cromie, 2009), reproduction  
1438 (Wathes et al., 2008), calving performance (Mee et al., 2008b), and longevity (Eastham  
1439 et al., 2018). This will be discussed in more detail in the following sections.

### 1440 **2.8.3 Milk Production**

1441 A reduction in AFC from 24 months of age to 23 months of age has been associated with  
1442 suboptimal milk yield and MS production (Berry and Cromie 2009; Heinrichs and  
1443 Heinrichs, 2011; Mohd Nor et al., 2013); however, this reduction appears to be confined  
1444 to the first lactation (Wathes et al., 2014; Eastham et al., 2018). Increasing AFC may  
1445 therefore be used to improve milk yield and MS production (Ettema and Santos, 2004;  
1446 Berry and Cromie, 2009; Eastham et al., 2018).

**1447 2.8.4 Fertility**

1448 As previously mentioned, the relative importance of fertility in a seasonal calving system  
1449 is more critical due to seasonal breeding constraints (Berry et al., 2013). If a heifer does  
1450 not become pregnant early in the breeding season, she will not have the opportunity to be  
1451 inseminated for a further 12 months (Moran and Chamberlain, 2017). There are added  
1452 benefits associated with a younger AFC in a seasonal calving system such that the animal  
1453 has adequate time to continue growing in the interval between first calving and the  
1454 subsequent breeding season (Wathes et al., 2014), which begins each year on a  
1455 predetermined date in April or May (Dillon et al., 1995). However, a very young AFC  
1456 (<700 days of age) may be associated with impaired reproductive performance (Ettema  
1457 and Santos, 2004; Berry and Cromie, 2009). Fertility performance was optimized in  
1458 animal's calving for the first time, aged between 23 and 25 months (Cooke et al., 2013).

**1459 2.8.5 Survivability**

1460 Survivability, or stayability and longevity as it is often termed, is defined as the  
1461 probability of an animal surviving to a specific age (Hudson and Van Vleck, 1981).  
1462 Survivability is an essential aspect of heifer rearing; if a heifer does not remain in the herd  
1463 long enough to repay the cost of rearing (Shalloo et al., 2014; Boulton et al., 2017). In a  
1464 study by Brickell and Wathes (2011), 11% of heifers recruited were culled before first  
1465 calving, therefore, affecting farm profitability. Age at first calving has also been  
1466 associated with survivability; heifers that calved for the first time between 22 and 26  
1467 months of age were more likely to survive to subsequent lactations than their herd mates  
1468 that were older than 26 months at first calving (Evans et al., 2006; Sherwin et al., 2016).

1469 A study of UK dairy heifers reported that the AFC was 29.6 months, which had a negative  
1470 association with survivability within the herd (Sherwin et al., 2016). Berry and Cromie  
1471 (2009) delineated that heifers calving at 24 months had the greatest odds of survival  
1472 compared to older parities.

### 1473 **2.8.6 Calving Performance**

1474 Dystocia is defined as calving difficulty resulting from prolonged spontaneous calving or  
1475 prolonged severe assisted extraction (Mee, 2008b). Age at first calving may influence the  
1476 incidence of dystocia, as calving difficulty is influenced by the age of the dam (Mee et  
1477 al., 2008b). Thompson et al. (1983) found that a heifer calving as early as 22 months was  
1478 not detrimental to calving performance. This is consistent with Berry and Cromie (2009),  
1479 who found no effect of AFC on the likelihood of a difficult calving. Nevertheless, Mee et  
1480 al. (2008b) delineated that the associations between AFC and calving difficulty may be  
1481 due to immaturity. As such, achieving weight-for-age targets at calving is recommended  
1482 to minimize the risk of calving difficulty.

1483 In conclusion, ensuring that AFC is optimized will ensure that good milk production is  
1484 achieved and that calving and fertility performance is favourable thereafter.

### 1485 **2.9 The Effect of Body Weight at First Calving on Future Production**

1486 It is widely accepted that BW at calving has a greater effect on production potential  
1487 thereafter than that of age (Dobos et al., 2001; Archbold et al., 2012). Increasing the BW  
1488 at first calving may effectively offset the adverse effects on production that accompany a  
1489 decrease in AFC (Dobos et al., 2001). If heifers are too heavy at calving, it may be  
1490 detrimental to production potential (Archbold et al., 2012). Similarly, milk production

1491 will be implicated if heifers are too light at calving (Handcock et al., 2018). The following  
1492 section will review the associations between BW and dairy heifer production,  
1493 reproduction, and health.

### 1494 **2.9.1 Milk Production**

1495 Body weight at first calving is fundamental to performance in the milking herd (Dobos et  
1496 al., 2001; MacDonald et al., 2005). Although a linear relationship between BW at first  
1497 calving and milk production (Dobos et al., 2001; McNaughton and Lopadell, 2013) has  
1498 been reported, Handcock et al. (2019c) observed this relationship to be curvilinear, such  
1499 that the milk yield response to increasing BW is greater in lighter heifers compared to  
1500 that in heavier heifers. Heavier heifers at first calving also had higher peak milk yields,  
1501 which is beneficial because peak milk yield is often correlated with total milk yield  
1502 (Buckley et al., 2003; MacDonald et al., 2005). Nevertheless, the price a farmer is paid  
1503 for their milk is dictated by MS production (Shalloo et al., 2007); therefore, the  
1504 relationship between BW at first calving and MS production thereafter is more important.  
1505 Although Berry et al. (2007b) observed an increase in milk protein concentration as  
1506 calving BW increased; a study by Macdonald et al. (2005) reported these benefits to be  
1507 exclusively in the first lactation. A 0.1% increase in milk protein and fat concentration  
1508 equates to 0.9 and 0.4 €/kg MS (Shalloo and French, 2019), respectively increase in farm  
1509 profit and ensure the prompt repayment of heifer rearing costs. Heavier heifers at calving  
1510 have improved milk production during the first lactation (Macdonald et al., 2005; Martín  
1511 et al., 2020). Heavier heifers at breeding often have improved milk production  
1512 performance in the first lactation (Macdonald et al., 2005; Handcock et al., 2019c).

**1513 2.9.2 Udder Health**

1514 Somatic cells are essential indicators of mastitis in the herd (Hamann and Krömker,  
1515 1997). Mastitis has been identified as one of the most costly diseases on Irish dairy farms  
1516 (Geary et al., 2012) such that a SCC of greater than 400 ('000 cells/ml of milk) is  
1517 consistent with a 2% reduction in farm profit (Dillon et al., 2015). Though heifers have  
1518 not been milked previously, mastitis is still a significant source of concern for many dairy  
1519 farmers. In a review of previous research, De Vlieghe et al. (2012) reported a range of  
1520 between 12 and 57% of quarters infected in heifers postpartum. An increase in SCC may  
1521 be detrimental to milk yield (Kull et al., 2019) and longevity within the herd (Waage et  
1522 al., 2000). Although a study by Berry et al. (2007a) found the likelihood of mastitis to  
1523 increase with BW at calving, the association has not been widely discussed elsewhere.

**1524 2.10 Fertility**

1525 Heavier animals at first calving have higher nadir BW (Berry et al., 2006). This indicates  
1526 the excessive mobilization of body reserves, and as such, these animals may have poor  
1527 reproductive performance (Buckley et al., 2003; Poncheki et al., 2015). Infertility is a  
1528 substantial cost on a dairy farm (Shalloo et al., 2014), particularly on seasonal calving  
1529 dairy farms that depend on compact calving to ensure grass growth matches herd feed  
1530 demand (Veerkamp et al., 2002). Although Crosse and Gleeson (1986) found no  
1531 association between pre-calving BW and the number of services required for conception,  
1532 Chebel et al. (2007) found that a 20 kg in BW increased the odds of conception by 0.5%.  
1533 Heifers above target BW may be detrimental to subsequent calving intervals (Carson et  
1534 al., 2002). Optimum BCS and BW are essential so that heifers can utilize body stores of  
1535 nutrients to support milk production (Heinrichs et al., 1997). Associations between BW

1536 at calving and subsequent reproductive performance have also been reported in dairy  
1537 cows (Roche et al., 2007c) with compromised reproduction in very heavy heifers (Dobos  
1538 et al., 2001; Carson et al., 2002; Mc Naughton and Lopadell, 2013). Greater mobilization  
1539 of body reserves in early lactation may delay the resumption of ovarian function (Butler  
1540 and Smith, 1989; Roche et al., 2007), and as a result, the calving to conception interval is  
1541 increased (Shrestha et al., 2004).

### 1542 **2.10.1 Calving Performance**

1543 It has been reported that having over-conditioned heifers prior to calving can result in fat  
1544 deposits in the pelvic canal and consequently, calving problems can ensue (Hoffman and  
1545 Funk, 1992; Hoffman, 1997; Bailey and Murphy, 2009). Mee et al. (2008b) reported that  
1546 5-10% of the variance in dystocia was attributed to maternal pelvic size. Dystocia and  
1547 BW at first calving are often interlinked (Hoffman and Funk, 1992; Berry et al., 2007c;  
1548 Gaafar et al., 2011). Dystocia costs up to €500 per case, therefore, may have economic  
1549 implications for the Irish dairy farmer (McGuirk et al., 2007). Nevertheless, attaining the  
1550 target BW of 85-90% at first calving may mitigate the associations between a younger  
1551 AFC and dystocia (Mee et al., 2011).

### 1552 **2.10.2 Survivability**

1553 Heavier heifers generally have improved performance and, as such, survive longer in the  
1554 herd (McNaughton and Lopdell, 2013). Survivability is a good measure of lifetime  
1555 performance (Brickell and Wathes, 2011). Studies of UK dairy herds reported that only  
1556 between 85.5 and 89% of HF heifers survived from birth to first calving (Brickell et al.  
1557 2009b; Cooke et al. 2013; Pritchard et al. 2013). Similar statistics are reported in New

1558 Zealand dairy heifers (Compton, 2018), with heavier heifers more likely to remain in the  
1559 herd until third calving than lighter ones (Handcock et al. 2019b). Nevertheless, there was  
1560 a slight decline in survivability for the heaviest heifers (Handcock et al., 2019b);  
1561 therefore, it was recommended that HF heifers weigh between 314 and 390 kg (i.e.,  
1562 between 45 and 65% of mature BW) at breeding to ensure longevity in the herd.  
1563 Involuntary culling arising from reproductive inefficiency, mastitis, and lameness  
1564 accounted for the largest proportion (33.4%) of culling on Canadian dairy farms between  
1565 2015 and 2020 (Roche et al., 2020). Nevertheless, there are positive associations between  
1566 milk yield and longevity within the herd (Dallago et al., 2021). Larger, well-grown heifers  
1567 are more productive (Archbold et al., 2012) and may not be as vulnerable to culling.

1568 It is evident that BW at calving is important for production thereafter, the optimization of  
1569 which will ensure that the heifer survives within the herd for a lengthy period. Achieving  
1570 weight-for-age targets throughout the rearing period will optimize BW at first calving.

## 1571 **2.11 Milk Production**

1572 The main objective of rearing replacement heifers is to generate healthy cows that are  
1573 able to fulfil their potential for milk production (Sejrsen, 2005). Milk production is one  
1574 of the most important aspects of a dairy farm enterprise; this may be because farmers are  
1575 paid for their milk on a monthly basis. There are many factors that affect milk production  
1576 and will be reviewed in the following section.

### 1577 **2.11.1 Factors Affecting Milk Production**

1578 Many aspects of management throughout the rearing period (Terré et al., 2009; Archbold  
1579 et al., 2012; Soberon et al., 2012a) can influence subsequent milk production of dairy



1580 heifers. The achievement of weight-for-age targets (Trocon, 1993) is widely  
1581 recommended to optimize production potential in the lactating herd. However, milk  
1582 production depends on management of the lactating herd (Kennedy et al., 2008) and is  
1583 susceptible to other factors, such as genetics (Buckley et al., 2000), which are beyond the  
1584 bounds of daily management decisions.

#### 1585 ***2.11.1.1 Body Weight and Body Condition Score***

1586 Body weight and BW gain throughout the rearing period determine the shape of the  
1587 lactation curve. Soberon et al. (2012b) reported a linear relationship between BW gain in  
1588 early life and milk production thereafter; for each additional kg of BW gain during the  
1589 pre-weaning period, first lactation milk yield increased by on average 982 kg.  
1590 Furthermore, heavier heifers at breeding (Macdonald et al., 2005; Archbold et al., 2012;  
1591 Handcock et al., 2019c) have improved milk production performance. In a meta-analysis  
1592 of eight studies, Heinrichs (2005) concluded that heifer BW gain of up to 0.8 kg/day  
1593 before puberty would optimize first lactation milk production. The achievement of  
1594 weight-for-age targets (Trocon, 1993), particularly in pasture-based systems where  
1595 heifer growth may be variable (Handcock et al., 2021), is essential to optimize milk  
1596 production. Although there is a positive relationship between BW (Carson et al., 2002)  
1597 and BCS (Berry et al., 2003) at calving and milk yield thereafter, BW and BCS of the  
1598 cow throughout the lactation are also important in terms of milk production (Berry et al.,  
1599 2007b). This relationship was unsurprising because body tissue may be used in part to  
1600 fuel milk production (Berry et al., 2003). Nevertheless, Berry et al. (2007b) reported that  
1601 although the total milk yield was greatest for cows calving at a BCS of 4.25, cows calving

1602 at a BCS of 3.50 and 3.25 produced only 68 kg and 50 kg of milk less than those with a  
1603 higher BCS at calving did.

#### 1604 ***2.11.1.2 Dry Matter Intake***

1605 Dry matter intake fuels milk production by supplying the animal with the necessary  
1606 nutrients (Kennedy et al., 2008). Nevertheless, the feed requirements of a dairy cow  
1607 change throughout lactation; a cow will reach peak milk production approximately 6-8  
1608 weeks after calving but will not reach peak DMI until 10-12 weeks after calving  
1609 (Kavanagh, 2016). As such, early lactation feed management must be optimized to ensure  
1610 that DMI is sufficient to support milk production. This is corroborated by Roche (2007a),  
1611 who reported that a low DMI (8.6 kg/day) in early lactation would reduce milk fat and  
1612 protein yield by 21 and 28%, respectively. Increasing concentrate supplementation in  
1613 early lactation will benefit milk production; for each additional kg of concentrate  
1614 consumed, there will be a 1.10 kg, 0.038 kg, and 0.032 kg increase in milk, protein, and  
1615 fat, respectively (Kennedy et al., 2003; Kennedy et al., 2008). Kennedy et al. (2003)  
1616 reported the association between concentrate supplementation and milk yield to be linear,  
1617 the addition of which, therefore, may be used to avoid a negative energy balance in early  
1618 lactation.

#### 1619 ***2.11.1.3 Transition Management***

1620 The transition period refers to the six-week period surrounding calving (Roche, 2007b)  
1621 when cows are generally dried off to facilitate optimum milk production in the subsequent  
1622 lactation (Pezeshki et al., 2010). The energy requirements of the cow during the dry period  
1623 are to maintain BW and support BW gain of the calf in utero, as such; they are less than

1624 that during lactation (Grummer et al., 2004). Approximately three weeks before  
1625 parturition DMI begins to decline and reduces dramatically in the week prior to parturition  
1626 (Grummer, 1995; Murphy, 1999). Murphy (1999) reported that silage DMI declined from  
1627 10.4 kg/cow/day four weeks prior to calving to 6.4 kg/cow the week before calving; this  
1628 may be due to the rapid growth of the foetus, which takes up space in the abdominal  
1629 cavity and displaces rumen volume (Bertics et al., 1992). Therefore, cows are in a  
1630 negative energy balance in the week prior to calving.

1631 Nevertheless, feed management in the dry period may help to maintain energy intake,  
1632 despite the inevitable decline in DMI. Although grass silage, which may be characterized  
1633 by a low DMI, is the predominant feedstuff for pasture-based dairy cows during the  
1634 transition period (McNamara et al., 2003), increasing the energy density of the diet pre-  
1635 calving by supplementing with concentrate may benefit milk production. Pre-calving  
1636 concentrate supplementation has the potential to increase both milk yield (Keady et al.,  
1637 2005) and MS yield (McNamara et al., 2003). The length of the dry period may also  
1638 influence milk production thereafter; although some studies have advised that the length  
1639 of the dry period may be reduced slightly (Rastani et al., 2005), a 60-day (eight weeks)  
1640 dry period is considered the optimum for milk production thereafter (Pezeshki et al.,  
1641 2010). The transition from non-lactating, and thus relatively low nutrient requirements,  
1642 to the extensive nutrient demands as milk production rapidly increases after parturition  
1643 involves significant metabolic changes for the dairy cow (Reddy et al., 2016), as such  
1644 metabolic diseases are common. Therefore, optimizing transition feed-management is  
1645 important to ensure that negative energy balance, and thus metabolic disorders, are  
1646 avoided.

**1647 2.11.1.4 Calving Performance**

1648 A difficult calving event, termed dystocia (Mee et al., 2008b), can have significant  
1649 repercussions on the production potential of the heifer in early lactation; heifers produced  
1650 significantly less milk following difficult calving (Berry et al., 2007c; Barrier and  
1651 Haskell, 2011; McHugh et al., 2011). Dystocia costs €500 per case, including losses in  
1652 milk yield and MS production (McGuirk et al., 2007), thus corroborating the associations  
1653 between calving performance and production thereafter. A higher proportion of animals  
1654 with severe difficulty during calving were culled from the herd (Dematawena and Berger,  
1655 1997; Tenhagen et al., 2007). The probability of calving difficulty increases linearly in  
1656 heifers younger at first calving (Mee et al., 2011); therefore, an AFC of 25 months will  
1657 ensure that calving difficulty is minimized.

**1658 2.11.1.5 Parity**

1659 Parity has a significant effect on milk production thereafter (Horan et al., 2005). First  
1660 parity animals often have lower milk production and peak milk production; nevertheless,  
1661 they have a higher lactation persistency (Tekerli et al., 2000; Horan et al., 2005) which  
1662 means that the rate of decline in production after peak milk yield has been reached will  
1663 not be as severe (Cole and Null, 2009). There is a linear increase in milk production with  
1664 increasing parity (Lee and Kim, 2006), with Evans et al. (2006) reporting that first  
1665 lactation animals produced 1378 and 483 kg less than those in lactation  $\geq 3$  did.

**1666 2.11.1.6 Genetic Merit**

1667 There has been much interest in the genetic improvement of dairy cows of late (Buckley  
1668 et al., 2000). In Ireland, the EBI is used to select genetically superior animals during  
1669 breeding (Berry et al., 2005). The national breeding objective is to generate cows with  
1670 lower milk volume and higher fat and protein content; this aim is in line with the milk  
1671 payment system in Ireland, in which farmers are rewarded for MS production and  
1672 penalized for volume (Dillon et al., 2008). High genetic merit cows are reported to have  
1673 increased yields of milk, fat, protein, and lactose (Buckley et al., 2000; Kennedy et al.,  
1674 2003). Nevertheless, O’Sullivan et al. (2019) illustrated that cows with high genetic merit  
1675 maintained higher production but with lower persistency than cows with national average  
1676 genetic merit. In conclusion, although treatment throughout the rearing period is vital for  
1677 milk production, environmental factors (i.e., BW, BCS, and DMI) and genetic factors  
1678 may also influence performance.

**1679 2.12 Conclusion**

1680 In conclusion, despite the evident abundance of research on the pre-weaning management  
1681 of dairy calves, there is no unanimous feeding strategy in the pre-weaning period in terms  
1682 of colostrum, milk concentrate and roughage feeding, nor is there a universal method for  
1683 the weaning of calves off milk. Furthermore, it is evident from the present review of  
1684 literature, that research on the management of heifers at pasture is limited. Even more so,  
1685 is the research on pasture-based heifers housed and offered conserved forages during the  
1686 overwinter period. Much of the existing research on heifers has been undertaken in  
1687 confinement systems of heifer rearing (Zanton and Heinrichs, 2008b; Van Amburgh et  
1688 al., 2014), and may differ from that in Ireland, which is heavily reliant on grazed grass as

1689 a high quality, low cost feed source (Finneran et al., 2010; Läpple et al., 2012). Despite  
1690 the heavy reliance on grazed grass as a feed source, there is no grassland management  
1691 strategy specific to young ruminants. Differences aspects of which, i.e., pre and post  
1692 grazing sward height (Ganche et al., 2013), and pre-grazing herbage mass (Kennedy et  
1693 al., 2008), may have a profound impact on the feeding value of grass. Similarly, aspects  
1694 of over-winter management, and their potential impact on heifer productivity, have also  
1695 not been extensively researched.

1696 Heifer growth is the most important aspect of a rearing strategy. In confinement systems  
1697 of heifer rearing, precision nutrition is implemented to ensure that heifers are supplied  
1698 with the exact nutrients necessary for growth (NRC, 2001; Zanton and Heinrichs, 2008b).  
1699 In contrast, in pasture-based rearing systems, growth is a product of DMI from grass,  
1700 silage and concentrate, the quality of which are often unknown prior to feeding. The  
1701 dearth of research on pasture-based heifer DMI may be because it is inherently difficult  
1702 to measure (Seymour et al., 2019). It is important, however, that DMI be quantified, in  
1703 order to truly understand the mechanisms of heifer growth. Body weight is the most  
1704 common indicator of heifer growth (Lukuyu et al., 2016); this may be due to its cohesion  
1705 with weight-for-age targets, which are traditionally used for monitoring heifer progress  
1706 (Troccon, 1993). Nevertheless, these targets were devised initially in confinement  
1707 systems of heifer rearing, and it has been suggested that they are unsuitable for pasture-  
1708 based rearing systems (Handcock et al., 2019b). The growth of a heifer throughout the  
1709 rearing period also influences her fertility performance (Macdonald et al., 2005; Brickell  
1710 et al., 2009b; Archbold et al., 2012), the relative importance of which is even more  
1711 important in systems, such as Ireland, that impose seasonal breeding. The success of the

1712 seasonal breeding season will in turn influence AFC, which is one of the biggest  
1713 determinants of heifer rearing costs (Boulton et al., 2017). The heifer rearing strategy  
1714 implemented may affect the performance of a heifer thereafter in the milking herd  
1715 (Soberon et al., 2012a; Handcock et al., 2019c; Martín et al., 2020), it is therefore  
1716 imperative that the long-term impact of different rearing strategies, on heifer growth, DMI  
1717 and fertility performance, be investigated. This was, therefore, the aim of this thesis. It  
1718 was hypothesized that delaying weaning, and feeding a heifer intensively thereafter,  
1719 would result in well-grown heifers that had superior DMI and fertility performance.

**Chapter 3: Using body weight to develop equations to predict the dry matter intake of pasture-based heifers reared using different strategies**

*Journal of Dairy Science* (Submitted)



1720

**3.1 Abstract**

1721 Dry matter intake is one of the key components of a heifer rearing strategy; however,  
1722 despite its importance in terms of achieving weight-for-age targets and maximizing  
1723 pasture utilization, the DMI of pasture-based heifers has not been widely researched. In  
1724 order to determine the effect of different rearing strategies on the DMI of pasture-based  
1725 heifers, data were collected from HF (n=124), and JE (n=56) heifers weaned at either  
1726 eight or 12 weeks and subsequently offered either a low or high post-weaning feeding  
1727 regime. The *n*-alkane technique was used to establish the DMI of heifers on nine  
1728 occasions throughout the rearing period. Environmental factors (i.e., nutrition and  
1729 management) had a greater effect on DMI than that of weaning age. Although HF heifers  
1730 had a higher total DMI than the JE, JE heifers had a higher DMI when expressed as a  
1731 percentage of BW. The data in the present study were used to formulate an equation based  
1732 on BW, to predict the DMI of pasture-based dairy heifers throughout the rearing period.  
1733 Establishing the DMI of pasture-based dairy heifers throughout the rearing period will  
1734 allow farmers to allocate pasture accurately and achieve the dual pasture management  
1735 objectives of high animal performance while maximizing pasture utilization.

1736

**3.2 Introduction**

1737 Dry matter intake is intrinsic to BW gain and is, therefore, an important aspect of heifer  
1738 rearing (Quigley et al., 1985). Much of the previous research on heifer DMI has been  
1739 undertaken in confinement systems of heifer rearing, where DMI prediction equations are  
1740 used to formulate TMR diets and ensure heifer ADG is constant (Quigley et al., 1986b;  
1741 Zanton and Heinrichs, 2008b). However, the DMI of pasture-based dairy heifers, for

1742 whom BW gain is the predominant energy sink (NRC, 2001), has not been extensively  
1743 researched. In pasture-based production systems, factors such as the variability of grass  
1744 growth and quality (Hennessy et al., 2020) influence DMI (O' Donovan and Delaby,  
1745 2008), making it more difficult for replacement heifers to achieve target BW described  
1746 by Troccon (1993) and in Chapter 4 of the present thesis.

1747 Establishing DMI is vital in understanding the performance and efficiency of animals  
1748 reared at pasture (McGovern et al., 2021). Commonly expressed as a percentage of BW,  
1749 DMI ranges from 1.3 to 4.4% of heifer BW (NRC, 2001; Hoffman and Kester, 2013).  
1750 Pasture allowance has a direct effect on both heifer DMI and BW gain (Patterson et al.,  
1751 2018), the accurate allocation of which will ensure heifers achieve BW targets, outlined  
1752 by Troccon (1993) and in further detail in Chapter 4 of the present thesis, and avoid grass  
1753 wastage (Fulkerson et al., 2005). However, as there has been limited research on the DMI  
1754 of heifers at pasture, creating an equation to predict DMI from heifer BW would equip  
1755 farmers with the knowledge necessary to allocate sufficient pasture to support BW gain  
1756 while also ensuring high pasture utilization in subsequent rotations.

1757 While pasture management practices can influence DMI (e.g., pasture allowance, post-  
1758 grazing height; Patterson et al., 2018), animal management may also have an effect.  
1759 Weaning calves from milk and introducing pasture at an early age may increase grass  
1760 DMI and reduce rearing costs (Boulton et al., 2017). However, variation in grass growth  
1761 and quality (Hennessy et al., 2020), coupled with the limitations of a seasonal breeding  
1762 period (e.g., 12-weeks; Berry et al., 2013), may result in heifers having insufficient DMI  
1763 to attain target BW at key time points, e.g., breeding. As such, pasture management may  
1764 need to be altered, or concentrate supplementation may be required to ensure that heifers

1765 have the DMI necessary to support BW gain prior to breeding (Roche et al., 2015).  
1766 Grazing behaviour and DMI vary with breed (Prendiville et al., 2010), particularly HF  
1767 and JE, as there is a considerable difference in BW (Prendiville et al., 2011a). Therefore,  
1768 it is essential that, in predicting DMI, breed be accounted for.

1769 To the best of the author's knowledge, the DMI of pasture-based dairy heifers has not  
1770 previously been quantified; therefore, the objective of the present study was firstly to  
1771 establish the DMI of pasture-based HF and JE heifers throughout the rearing period, when  
1772 weaned at different ages and offered diverging feeding regimes post-weaning. Secondly,  
1773 the study sought to devise a series of equations to predict DMI from BW of pasture-based  
1774 HF and JE heifers; doing so would have practical significance for the attainment of heifer  
1775 weight-for-age targets and pasture utilization. It was hypothesized that later weaned HF  
1776 and JE heifers fed a high feeding regime in the post-weaning period would have a higher  
1777 DMI, and that equations to predict the DMI of pasture-based heifers would have a high  
1778 prediction accuracy.

### 1779 **3.3 Materials and Methods**

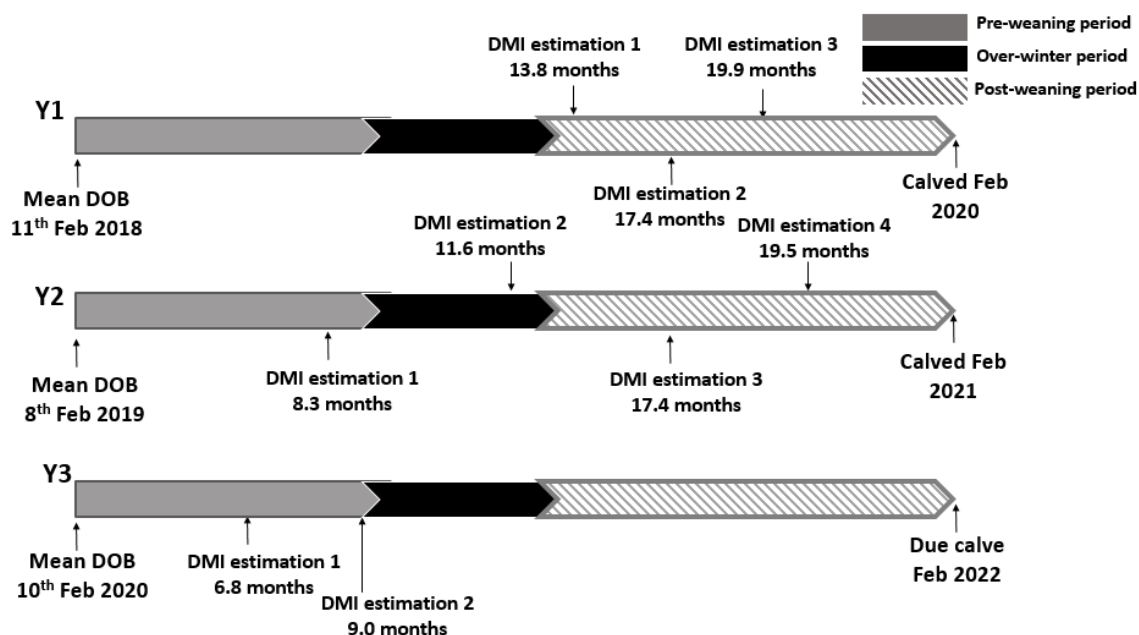
1780 This study was carried out on the Dairygold Research Farm at Teagasc, Animal &  
1781 Grassland Research and Innovation Centre, Moorepark, Kilworth, Co. Cork, Ireland  
1782 (52°09'N 8°16'W) between February 2018 and November 2020. Ethical approval was  
1783 granted by the Teagasc Animal Ethics Committee (TAEC) (TAEC129/2016), and  
1784 procedure authorization was granted by the Irish Health Products Regulatory Authority  
1785 (HPRA) (AE19132/P070). All experiments were conducted in accordance with the  
1786 Cruelty to Animals Act (Ireland 1876, as amended by European Communities  
1787 Regulations 2002 and 2005) and the European Community Directive 86/609/EC.

---

**1788 3.3.1 Experimental Treatments and Animals**

1789 This study contained a subset of heifers, which participated in a larger research project  
1790 that evaluated the relationship between weaning age, post-weaning feeding regime, and  
1791 growth during the rearing period, which is outlined in Chapter 4. The experimental  
1792 treatment of the animals throughout the rearing period is described hereafter in brief. A 2  
1793 (two weaning ages; eight-week weaned [8w], and 12-week weaned [12w]) x 2 (two post-  
1794 weaning planes of nutrition; high [H] and low [L]) factorial design was in place. A total  
1795 of 254 heifers were enrolled in the full study; however, DMI was estimated using 180 of  
1796 these heifers (60 per year for three years; numbers based on sample size calculations). At  
1797 birth, the study investigators randomly assigned each heifer to a treatment group;  
1798 however, care was taken to ensure treatment groups were balanced for mean bBW, breed,  
1799 and date of birth. Dry matter intake was estimated on 15 heifers from each experimental  
1800 treatment group i.e., 12wH (n=15), 12wL (n=15), 8wH (n=15) and 8wL (n=15). Only the  
1801 purebred HF and JE heifers were assigned to the study. The experimental dataset for DMI  
1802 estimation comprised of heifers born in 2018 (n=44 HF with a mean bBW of  $34.9 \pm 4.73$   
1803 kg and n=16 JE with a mean bBW of  $22.8 \pm 2.21$  kg), 2019 (n=40 HF with a mean bBW  
1804  $35.1 \pm 3.98$  kg and n=20 JE with a mean bBW  $24.4 \pm 2.85$  kg) and in 2020 (n=40 HF with  
1805 a mean bBW  $34.3 \pm 3.94$  kg and n=20 JE with a mean bBW  $21.9 \pm 1.89$  kg). The bBW  
1806 of HF and JE heifers in the DMI estimation dataset were representative of those enrolled  
1807 in the full study. The heifers born in 2018, 2019, and 2020 will be referred to as Y1, Y2,  
1808 and Y3, respectively, from here on. Dry matter intake was estimated nine times in total  
1809 (between two and four times per group of heifers) throughout the rearing period.

1810 Treatments were not blinded, as different feed allocations had to be offered. The timeline  
 1811 of DMI estimation periods is outlined in Figure 3.1.



1812

1813 **Figure 3.1:** Timeline of dry matter intake (DMI) estimation periods across year one (Y1),  
 1814 year two (Y2) and year three (Y3) born pasture-based dairy heifers.

1815

### 1816 3.3.2 Pre-weaning Heifer Management

#### 1817 3.3.2.1 Colostrum and Transition Milk Feeding

1818 At birth, calves were removed from their dam as a biosecurity measure (McGuirk and  
 1819 Collins, 2004). Calves were subsequently tagged, weighed (TruTest XR3000, Tru-test  
 1820 Limited, Auckland, New Zealand), and their navel was sprayed with 10% iodine to  
 1821 prevent infection (Mee, 2008a). Calves received good quality colostrum ( $\geq 22\%$  Brix  
 1822 value; 3 litres within two hours of birth) and five feeds of transition milk (2 L/feed) over  
 1823 a three-day period in straw-bedded individual pens (1.3m x 0.8m). Colostrum and

1824 transition milk were refrigerated (Cummins et al. 2017) and warmed in a tepid water bath  
1825 prior to feeding.

### 1826 ***3.3.2.2 Milk Replacer Feeding***

1827 Calves were grouped by age, irrespective of treatment, in an effort to avoid confounding  
1828 factors.

1829 Once they had received all of their colostrum and transition milk feeds, they remained in  
1830 these group pens (9.5 x 4.8m) containing approximately 20 calves until weaning. The  
1831 group pens consisted of a concrete feed space with a straw-bedded lie back area. Calves  
1832 had access to an automatic milk feeder (Vario Smart Powder, Förster–Technik) and were  
1833 fed 26% CP MR (Volac Heiferlac) reconstituted at 15%. Over the first seven days, MR  
1834 allowance was gradually increased from 4 L/MR/day to 6 L/MR/day; this volume  
1835 remained constant until seven days prior to weaning (8w or 12w). Milk replacer  
1836 allowance was then gradually reduced over seven days. Calves had access to a continuous  
1837 supply of fresh, clean drinking water, straw, and concentrates (Sweet Start Calf Starter  
1838 Pencils, Southern Milling, Cork, Ireland; 20% CP, 7.2% crude fibre, and 9.2% ash;)   
1839 throughout the housing period. Calves were checked twice daily, and if they were found  
1840 to be ill, they received the appropriate care and veterinary treatment. All treatments given  
1841 to calves were recorded.

### 1842 **3.3.3 Heifer Management Post-Weaning**

#### 1843 ***3.3.3.1 First Grazing Season***

1844 As described Chapters 4, 5, and 6, following weaning, heifers were grouped by their post-  
1845 weaning feeding regime (H or L) and grazed perennial ryegrass swards (>80%) in rotation

1846 until winter housing. The H and L groups were grazed adjacent to one another separated  
1847 by a temporary electric fence to ensure that they had access to pasture of similar quality.  
1848 Both the H and L groups received a fresh grass allocation every 2-3 days. The H and L  
1849 heifers were offered 1.5-2.5 and 0.5-1.5 kg concentrate/heifer/day ([Dairygold Prime  
1850 Elite Kaf Gro, Dairygold Co-Operative Society Ltd, Lombardstown Mill, Mallow, Co.  
1851 Cork, Ireland; 16% CP, 10% crude fibre and 5.9% ash] and [Dairygold Beeflav,  
1852 Dairygold Co-Operative Society Ltd, Lombardstown Mill, Mallow, Co. Cork; 16% CP,  
1853 10% crude fiber and 5.9% ash]), respectively, depending on grass quality and availability.

#### 1854 **3.3.3.2 Over-Winter**

1855 Over-winter management was similar for H and L heifers within year of birth, as is  
1856 described in Chapter 4. For the first three weeks of winter, Y1 and Y2 heifers were  
1857 offered *in-situ* Red Start (a kale and rape hybrid forage crop), ad-libitum hay, and 1 kg  
1858 concentrates/heifer/day (Dairygold Beeflav, Dairygold Co-Operative Society Ltd,  
1859 Lombardstown Mill, Mallow, Co. Cork; 16% CP, 10% crude fibre and 5.9% ash). Heifers  
1860 were then group-housed in a slatted shed with a concrete lie-back, where grass silage (64-  
1861 67% DMD) and 1.5-2 kg concentrate/heifer/day were offered (Roche's Feeds Heifer  
1862 Rearer 20% CP) along the feed barrier each morning at approximately 10:00 am. Uneaten  
1863 silage was 'pushed in' to the feed barrier each evening at approximately 16:00 pm. For  
1864 the final six weeks of the over-winter period during Y1 and Y2, heifers were turned out  
1865 and offered a forage crop (Red Start, as described above), ad-libitum hay, and 1 kg  
1866 concentrate/heifer/day.

**1867 3.3.3.3 Second Grazing Season**

1868 Similar to as is described in Chapter 4, in their second grazing season, heifers were re-  
1869 grouped by treatment (H or L) and offered an all-grass diet. In the second grazing season  
1870 post-weaning, the H and L heifers were instead allocated different DHA, which was  
1871 adjusted daily, to achieve target post-grazing sward heights of 4.5 and 3.5 cm,  
1872 respectively. In order to ensure grass of similar quality was offered to each treatment  
1873 group, they were grazed adjacent to one another and separated by an electric fence. Fresh  
1874 grass was allocated every 2-3 days once the target post-grazing heights of 4.5 and 3.5 cm  
1875 (Jenquip, Feilding, New Zealand) for the H and L heifers, respectively, had been  
1876 achieved. Fresh, clean drinking water was continuously available.

**1877 3.3.4 Grassland Management**

1878 Weekly farm walks were undertaken to estimate the quantity of grass available in each  
1879 paddock (kg DM/ha), and data were subsequently recorded in PastureBase Ireland  
1880 (Hanrahan et al., 2017) to aid the selection of the most suitable paddocks for grazing.  
1881 Pre-grazing yields of 1,400-1,600 kg DM/ha (> 4 cm) were targeted. Pasture allocations  
1882 (m<sup>2</sup>) were measured using a trundle wheel (DW-PRO; Caulfield Industrial Ltd.,  
1883 Oranmore Business Park, Oranmore, Co. Galway, Ireland).

1884 Pre-grazing herbage mass was determined weekly by cutting a 0.25 m<sup>2</sup> quadrant to 4 cm  
1885 using a Gardena hand-held electric shears (Accu 60; Gardena International GmbH, Ulm,  
1886 Germany). The herbage from each cut was placed in a plastic bag and weighed using a  
1887 hanging scale (Super Samson; Salter, Smethwick, West Midlands, UK). To determine



1888 DM percentage, a subsample (~100 g) of each cut was dried overnight at 90°C. The DM  
 1889 yield per hectare was calculated using the formula below (O' Donovan and Dillon, 1999):

1890 
$$\text{Yield (kg DM/ha)} = \text{Fresh weight (g)} \times \text{DM \%} \times 0.4$$

1891 Weekly samples (~100 g) were also taken to targeted post-grazing height and dried for  
 1892 approximately 16 hours at 60°C to determine grass quality. Pre and post-grazing sward  
 1893 heights (cm) were determined for each area allocated before and after grazing,  
 1894 respectively, by taking approximately 50 sward height measurements across the diagonal  
 1895 of the paddock using a rising plate meter (Jenquip, Feilding, New Zealand).

1896 During the DMI measurement periods, H and L heifers were allocated fresh grass each  
 1897 day. Daily herbage allowance for each group of heifers was calculated using the following  
 1898 equation (O' Donovan and Dillon, 1999):

1899 
$$\text{Area (m}^2\text{/day)} = \frac{\text{Number of animals} \times \text{DHA (kg)} \times 10,000(\text{m}^2)}{\text{DM yield (kg DM per ha)}}$$

1900 **3.3.5 The *n*-alkane Technique**

1901 The DMI of the heifers was estimated using the *n*-alkane technique outlined by Mayes et  
 1902 al. (1986) and modified by Dillon and Stakelum (1989). Heifers were dosed once per day  
 1903 with paper pellets (Carl Roth, GmbH, Karlsruhe, Germany) containing C32-alkane (*n*-  
 1904 dotriacontane). Dosing took place at the same time each day (approximately 9:00 am) for  
 1905 11 consecutive days. The concentration of C32-alkane in the paper pellet was  
 1906 proportionate to the weight of the heifers; in the first year post-weaning, heifers  
 1907 (approximately 241 ± 30.5 days of age and 184 ± 35.7 kg) were dosed with a 200 mg of  
 1908 C32-alkane (*n*-dotriacontane). In the second year post-weaning, heifers (approximately

1909 488 ± 84.6 days of age and 378 ± 83.8 kg) were dosed with 400 mg of C32-alkane (*n*-  
1910 dotriacontane). Dotriacontane was dissolved using a heptane solvent and pipetted onto  
1911 the boluses; the boluses were then left aside so that the solvent would evaporate before  
1912 oven drying.

1913 Herbage offered to heifers from days 6 to 11 of the DMI estimation period was sampled  
1914 (Accu 60; Gardena International GmbH, Ulm, Germany) to the height they were  
1915 defoliating pastures. The grass was sampled to 4 cm for both L and H heifers in the first  
1916 grazing season post-weaning and 3.5 and 4.5 cm for the L and H heifers, respectively, in  
1917 the second grazing season post-weaning. Fifty grass samples were taken per allocation  
1918 per day, prior to grazing, in a 'W' pattern to get a representative sample of the herbage  
1919 offered. The grass samples were frozen at -20°C after collection. During the over-winter  
1920 DMI estimation period, two representative silage samples were taken immediately after  
1921 feeding daily at different intervals along the feed barrier. The silage samples were frozen  
1922 at -20°C after collection. A representative concentrate sample was taken each day when  
1923 the heifers were supplemented with concentrates during DMI estimation periods (i.e., in  
1924 the first grazing season and overwinter).

1925 Similarly, faeces were sampled from day six to 11, inclusive, from approximately 7:30  
1926 am until 9:00 am and again from 3:00 pm until 4:30 pm. Naturally-voided faeces samples  
1927 were largely obtained during periods of field observation. In the holding yard, rectal grab  
1928 samples were taken from the heifers from whom no fecal sample had been collected  
1929 during the period of field observation (approx. 9.3% of heifers had to be rectally grab-  
1930 sampled). No more than three attempts were made to take a grab sample from a heifer.  
1931 Following collection, the faeces samples were frozen at -20°C.

**1932 3.3.5.1 Intake Sample Analysis**

1933 Fecal samples collected during DMI estimation periods were gently thawed, bulked (14.4  
1934 g /sample), placed in a 40°C oven for 48 hours before being milled using a 1-mm sieve,  
1935 and analysed for C32. Frozen grass and silage samples were bowl-chopped, freeze-dried,  
1936 dried in a 40°C oven for 48 hours, and milled through a 1-mm screen prior to chemical  
1937 analysis for C33 (tritriacontane). Concentrate samples collected during DMI estimation  
1938 periods were dried in a 60°C oven for 24 hours before being milled through a 1-mm screen  
1939 prior to chemical analysis for C33.

1940 The ratio of naturally occurring C33-alkane in the herbage to dosed C32-alkane in the  
1941 faeces samples was used to calculate DMI.

**1942 3.3.5.2 Grass, Concentrate and Silage Sample Analysis**

1943 Composite samples of herbage taken in 2019 and 2020 were dried for approximately 16  
1944 hours at 90°C to determine DM percentage. Composite samples of herbage taken in 2019  
1945 were dried for approximately 16 hours at 60°C to determine quality. Composite silage  
1946 samples were also dried for approximately 16 hours at 40°C to determine quality. The  
1947 aforementioned herbage and silage samples were subsequently milled. In 2020,  
1948 restrictions due to the global SARS-CoV-2 pandemic meant that herbage samples were  
1949 instead stored at -20°C before being freeze-dried and milled. Composite samples of  
1950 concentrates were dried for approximately 16 hours at 60°C to determine quality. Grass  
1951 and concentrate samples were analysed using near-infrared spectroscopy (Foss-NIR  
1952 System DK, Hillerød, Denmark) for ash, CP, OM Digestibility, NDF, and ADF using a  
1953 NIR equation derived from Burns et al. (2012). The OM digestibility and CP of silage  
1954 samples were analysed using wet chemistry similar to Claffey et al. (2019). The remaining

1955 quality parameters of the silage samples were determined using near-infrared  
1956 spectroscopy (Foss-NIR System DK, Hillerød, Denmark).

### 1957 **3.3.6 Body Weight Measurement**

1958 Body weight was measured using an electronic weighing scale (TruTest XR 3000, Tru-  
1959 test Limited, Auckland, New Zealand) during each DMI estimation period to determine  
1960 the DMI of each heifer as a percentage of BW. Average daily gain from birth to each  
1961 DMI estimation period and between DMI estimation periods, respectively, was calculated  
1962 by regressing BW measurements on time.

### 1963 **3.3.7 Statistical Analysis**

#### 1964 ***3.3.7.1 Grass Measurements***

1965 Statistical analyses were conducted using SAS (version 9.4; SAS Institute Inc., Cary,  
1966 NC). The effects of post-weaning feeding regime in each grazing season on pre-grazing  
1967 herbage mass, pre-grazing sward height, post-grazing sward height, DHA, concentrate  
1968 allowance, total daily feed allowance, and chemical composition of the herbage offered  
1969 were analysed using linear mixed models (PROC MIXED).

#### 1970 ***3.3.7.2 Effect of Weaning Age and Post-Weaning Feeding Regime on Dry Matter*** 1971 ***Intake***

1972 Dry matter intake was assessed using linear mixed models in PROC MIXED. Dry matter  
1973 intake estimation periods with similar average ages were grouped for analysis. Fixed  
1974 effects included in the models investigating DMI and DMI as a percentage of BW were  
1975 pre and post-weaning treatment, the interaction between pre and post-weaning treatment,

1976 and breed. Birth BW was centred within a breed and included in the models as a covariate.  
1977 Significant associations were confirmed when  $P < 0.05$  and least-square means were  
1978 assessed.

### 1979 *3.3.7.3 Creating Equations to Predict Dry Matter Intake*

1980 Non-linear regressions of BW on DMI were tested (PROC REG) across the entire dataset  
1981 and then for HF and JE separately. Stratifying the dataset by breed group was found to  
1982 increase the accuracy of prediction, therefore verifying that separate comprehensive  
1983 equations were required to predict the DMI of pasture-based JE and HF heifers. Within-  
1984 herd validation involved stratifying the HF and JE datasets by birth year, pre and post-  
1985 weaning treatment.

1986 Approximately 33% of records from each stratum in both the HF and JE datasets were  
1987 removed for validation. The remaining records from each stratum were used to create the  
1988 equations, such that heifers were not present in the calibration and validation data sets  
1989 simultaneously. This process was repeated three times for each HF and JE dataset,  
1990 respectively until all records had been tested using within-herd validation once. Non-  
1991 linear regressions of BW on total DMI were then performed for both HF and JE datasets.  
1992 The association between predicted and actual DMI was assessed using regression  
1993 analysis. The statistical methodology used to evaluate the accuracy of DMI predicted by  
1994 the model compared with actual DMI on 33% of the data was similar to that of Ruelle et  
1995 al. (2019) and Costigan et al. (2021).

1996 In brief, the  $R^2$ , RMSE, the slope of the line, MSPE, RPE, and CCC were used to  
1997 determine if the model accurately predicted DMI. The MSPE is the sum of three

1998 components: mean bias  $(M_m - P_m)^2$ , line variation  $S_p^2 (1 - b)^2$  and random variation about  
 1999 the line,  $S_m^2 (1 - R^2)$ , whereby each is expressed as a proportion of the total MSPE:

2000 
$$MSPE = \frac{\sum(M-P)^2}{n}$$

2001 
$$= (M_m - P_m)^2 + S_p^2(1 - b)^2 + S_m^2(1 - R^2)$$

2002 where  $n$  is number of records,  $M$  and  $P$  are measured and predicted DMI, respectively,  
 2003  $M_m$  and  $P_m$  are mean values of  $M$  and  $P$ , respectively,  $S_m^2$  and  $S_p^2$  are variances of  $M$  and  
 2004  $P$ , respectively,  $b$  is the slope of the line of  $P$  regressed on  $M$ ; and  $R^2$  is the coefficient of  
 2005 determination of the line. The RMSPE is the root of the MSPE. The RPE is calculated as:

2006 
$$RPE = \left( \frac{RMSPE}{M_m} \right) \times 100$$

2007 The CCC is comprised of two components:

2008 
$$CCC = p \times Cb$$

2009 where  $p$  is the Pearson correlation coefficient and  $Cb$  is the bias correction factor:

2010 
$$Cb = \frac{2 \times \sigma_m \times \sigma_p}{\sigma_m^2 + \sigma_p^2 + (\mu_m - \mu_p)^2}$$

2011 and  $\sigma_m$ ,  $\sigma_p$ ,  $\mu_m$ , and  $\mu_p$  are the standard deviation and average of the measured and  
 2012 predicted data, respectively. The CCC evaluates the correlation between the actual and  
 2013 predicted DMI and the deviation from the 45° line.

2014 **3.4 Results**

2015 The effect of post-weaning feeding regime on pre-grazing herbage mass, pre and post-  
 2016 grazing sward heights, and herbage and concentrate allowances is reported in Table 3.1.

2017 Pre-grazing sward heights and pre-grazing herbage mass were similar for H and L heifers,  
 2018 while differences in concentrate allowances and post-grazing sward heights for H and L

2019 heifers during DMI estimation periods in the first and second grazing seasons were in line  
2020 with defined targets. The effect of the post-weaning feeding regime on the chemical  
2021 analysis of the herbage offered during periods of DMI estimation is outlined in Table 3.2.  
2022 The herbage offered to H and L heifers during DMI estimation periods was of similar  
2023 quality within a grazing season.

#### 2024 **3.4.1 Effect of Treatment and Breed on Body Weight and Dry Matter Intake as a** 2025 **Percentage of Body Weight**

2026 There was no effect of weaning age, nor was there an interaction between weaning age  
2027 and post-weaning feeding regime for DMI as a percentage of BW. With  
2028 the exception of at 12.7 months of age, post-weaning feeding regime was associated  
2029 ( $P < 0.001$ ) with heifer DMI as a percentage of BW; the DMI as a percentage of BW of H  
2030 and L heifers ranged from 2.2 to 2.9%, and from 2.1 to 2.5%, respectively. The H heifers  
2031 were significantly ( $P < 0.05$ ) heavier than the L heifers from 8.7 months of age (Table 3.3).  
2032 Holstein-Friesians were significantly heavier than JE ( $P < 0.001$ ) during each DMI  
2033 estimation period (Table 3.4), however, JE had a significantly higher DMI as a percentage  
2034 of BW compared to HF (Figure 3.2).

2035 **Table 3.1:** The effect of post-weaning feeding regime (high or low) on pre-grazing herbage mass, pre and post-grazing sward height, herbage,  
2036 concentrate and total daily feed allowance during dry intake matter estimation periods in the first and second grazing season.

	Grazing season 1				Grazing season 2			
	High	Low	S.E.	Pr > F	High	Low	S.E.	Pr > F
Pre-grazing herbage mass (kg of DM/ha)	1486	1453	34.2	0.504	1679	1705	39.0	0.640
Pre-grazing sward height (cm)	10.7	10.1	0.26	0.101	10.7	10.3	0.23	0.284
Post-grazing sward height (cm)	4.4	4.5	0.09	0.422	5.2	3.7	0.08	<0.001
Herbage allowance (kg of DM/heifer per day)	5.3	5.1	0.70	0.918	9.3	6.1	0.30	<0.001
Concentrate allowance (kg/heifer per day) <sup>1</sup>	1.5	0.5	0.05	<0.001	-	-	-	-
Total daily feed allowance (kg of DM/heifer per day)	6.7	5.6	0.29	0.015	9.3	6.1	0.28	0.006

2037 <sup>1</sup> There was no concentrate offered in the second grazing season

2038 **Table 3.2:** The effect of post-weaning feeding regime (high or low) on the chemical composition of grass offered to heifers during dry matter  
2039 estimation periods in the first and second grazing season, and over-winter period.

	Grazing season 1				Grazing season 2				Silage	
	High	Low	S.E.	Pr > F	High	Low	S.E.	Pr > F	All treatments	S.E.
Dry matter%	14.0	13.7	0.31	0.589	16.5	16.3	0.30	0.298	32.0	14.84
OM digestibility	848.8	836.2	5.70	0.125	847.2	841.1	6.65	0.519	ND	ND
CP	225.2	219.8	8.09	0.639	187.4	191.8	4.23	0.471	12.5	3.79
ADF	237.2	242.6	5.20	0.467	220.3	217.5	6.05	0.747	99.4	6.43
NDF	366.3	383.8	6.97	0.082	361.8	363.5	7.28	0.865	153.4	10.03
Ash	87.6	92.4	3.53	0.345	75.6	79.1	2.78	0.365	28.9	0.86

2040 ND = not determined.



2041 **Table 3.3:** Effect of weaning age (Pre), post-weaning feeding regime (Post), the interaction between weaning age and post-weaning feeding  
 2042 regime (Pre\*Post), and breed on the body weight (kg) of Holstein-Friesian (HF) and Jersey (JE) heifers.  
 2043

Age (months)	Pre*Post				S.E.	Breed			Pre	Post	Pr > F	
	8		12			HF	JE	S.E.			Pre*Post	Breed
	high	low	high	low								
6.7	151	148	156	152	4.5	174	129	3.3	0.279	0.406	0.845	<0.001
8.7	191	180	201	177	3.8	212	162	2.8	0.344	<0.001	0.095	<0.001
12.7	255	244	260	240	5.2	281	219	3.8	0.970	0.004	0.389	<0.001
17.4	366	350	375	345	5.9	402	316	4.4	0.733	0.001	0.220	<0.001
19.7	417	402	424	400	6.3	457	366	4.7	0.695	0.002	0.401	<0.001

2047 **Table 3.4:** Effect of weaning age (Pre), post-weaning feeding regime (Post), the interaction between weaning age and post-weaning feeding  
 2048 regime (Pre\*Post), and breed on the dry matter intake (kg) of Holstein-Friesian (HF) and Jersey (JE).

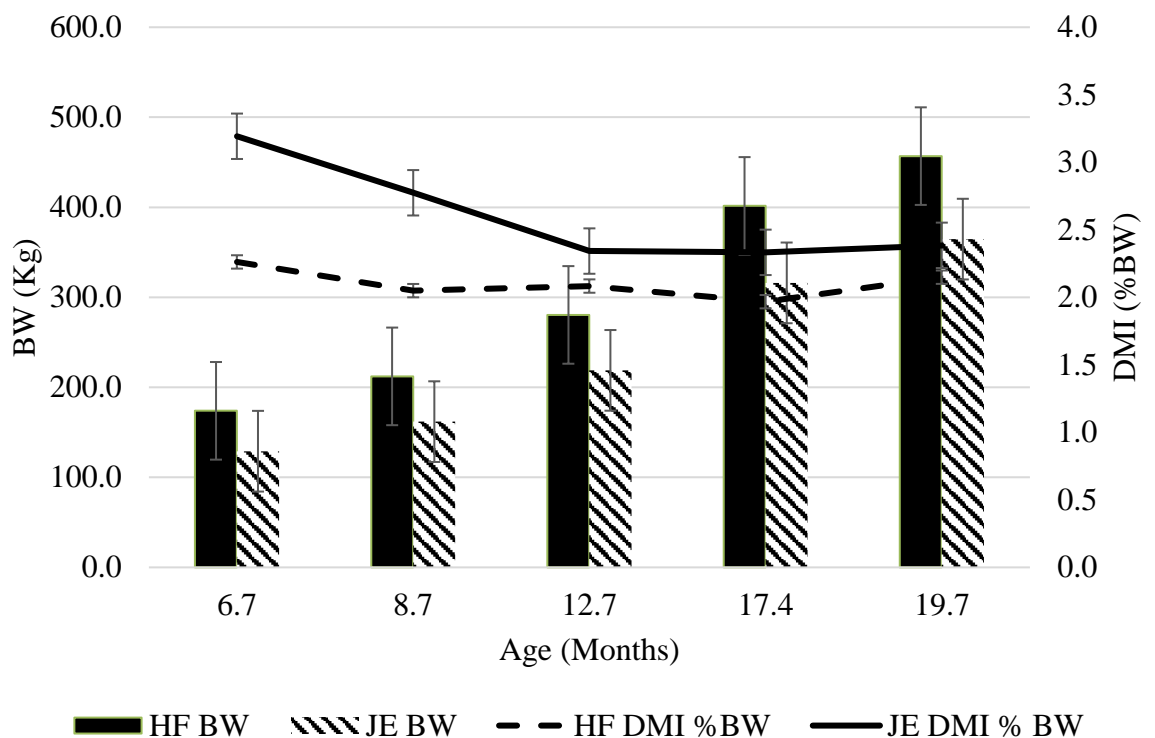
Age (months)	Pre*Post				S.E.	Breed			Pre	Post	Pr > F	
	8		12			HF	JE	S.E.			Pre*Post	Breed
	high	low	high	low								
6.7	4.3	3.5	4.2	3.6	0.10	4.2	3.6	0.08	0.770	<.0001	0.600	<.0001
8.7	4.7	3.8	4.9	4.0	0.11	4.5	4.1	0.08	0.158	<.0001	0.774	0.001
12.7	5.2 <sup>a</sup>	5.4 <sup>ab</sup>	5.5 <sup>b</sup>	5.3 <sup>ab</sup>	0.09	5.7	5.1	0.06	0.417	0.966	0.013	<.0001
17.4	7.9	7.5	8.0	7.3	0.13	7.8	7.5	0.09	0.862	<.0001	0.222	0.020
19.7	9.5 <sup>a</sup>	8.9 <sup>b</sup>	10.1 <sup>c</sup>	8.8 <sup>b</sup>	0.19	9.7	8.9	0.14	0.163	<.0001	0.057	0.006

2049 <sup>a-c</sup> Means within a row without a common superscript differ

2050

2051 **3.4.2 Effect of Treatment and Breed on Dry Matter Intake**

2052 The interaction between weaning age and post-weaning feeding regime for DMI was  
 2053 significant at 12.7 months of age ( $P=0.013$ ; Table 3.4) and tended to be significant at 19.7  
 2054 months of age ( $P=0.057$ ). At 12.7 months of age, the 12wH heifers had a DMI of 0.3  
 2055 kg/heifer/day more than the 8wH heifers, while all other treatments were similar. At 19.7  
 2056 months of age, the 8wL and 12wL had similar DMI, while the 8wH and 12wH were  
 2057 significantly different from each other and all other treatments.



2058

2059 **Figure 3.2:** The effect of breed on body weight (BW) and dry matter intake (DMI) as a  
 2060 percentage of BW (DMI % BW) of Holstein-Friesian (HF) and Jersey (JE) heifers during  
 2061 periods of dry matter intake estimation.

2062 There was no significant effect of weaning age on DMI. With the exception of at 12.7  
 2063 months of age, the DMI of the H heifers was significantly ( $P < 0.001$ ) higher ( $\geq 0.6$   
 2064 kg/heifer/day) than that of the L heifers. Holstein-Friesian heifers had significantly higher  
 2065 intakes than JE ( $P < 0.05$ ) during every intake estimation period; HF consumed between  
 2066 0.3 and 0.7 kg DM/heifer/day more than JE throughout the rearing period.

2067 **3.4.3 Dry Matter Intake Prediction Equations**

2068 The fitting statistics for the equations to predict the DMI of HF and JE heifers are outlined  
 2069 in Table 3.5; values reported are the average of the three iterations for the HF and JE  
 2070 within-herd validations, respectively.

2071 **Table 3.5:** Comparison between the measured and predicted dry matter intake (kg) of  
 2072 pasture-based Holstein-Friesian (HF) and Jersey (JE) heifers using within herd validation.

	Validation									
	Measured	Predicted	Slope	RMSPE	Proportion of MSPE			RPE	CCC	Cbias
					Mean	Line	Random			
HF	6.69	6.67	0.99	0.92	1.1	6.2	92.7	13.8	0.92	0.99
JE	6.09	6.07	0.98	0.81	1.9	3.7	94.4	13.2	0.92	0.99

2073

2074 <sup>1</sup>RMSPE = root mean square prediction error; MSPE = mean square prediction error; RPE  
 2075 = relative predicted error; CCC = concordance correlation coefficient; Cbias = bias of the  
 2076 concordance correlation coefficient

2077

2078 Both equations were found to accurately predict DMI, with RPE values of 13.8% and  
 2079 13.2% for HF and JE, respectively. A high proportion of MSPE ( $> 92.7\%$ ) was attributable  
 2080 to random variation. The equations to predict DMI of HF and JE heifers had average  $R^2$   
 2081 and RMSE values of 0.84 and 0.89 kg, and 0.86 and 0.80 kg, respectively. The regression  
 2082 equations used to predict DMI for HF and JE heifers are presented in Table 3.6.

2083 **Table 3.6:** Non-linear equations to predict dry matter intake using body weight (BW; kg)  
 2084 of pasture-based Holstein-Friesian (HF) and Jersey (JE) heifers.

	Equation	R <sup>2</sup>	RMSE
HF	$0.038 \times BW^{0.9}$	0.843	0.89
JE	$0.043 \times BW^{0.9}$	0.858	0.80

2085

2086 <sup>1</sup>RMSE = root mean square error

2087

### 3.5 Discussion

2088 Dry matter intake provides the foundation for heifer ADG and, as such, the attainment of  
 2089 weight-for-age targets (Troccon, 1993). Although the DMI of heifers reared in  
 2090 confinement is well understood (NRC, 2001), the same is not valid for heifers reared at  
 2091 pasture.

#### 2092 3.5.1 Dry Matter Intake Prediction Equations

2093 Dry matter intake prediction equations are widely utilized; however, it is generally under  
 2094 the guise of precision nutrition in countries where heifers are housed year-round and  
 2095 offered a feed of consistently good quality (Zanton and Heinrichs et al., 2008b). In  
 2096 precision nutrition regimes, diets are designed to supply specific nutrient densities to  
 2097 optimize heifer growth (NRC, 2001). In pasture-based heifer rearing systems, grass is the  
 2098 predominant feed of the heifer, the quality of which can vary significantly due to grazing  
 2099 management decisions (Kennedy et al., 2006; Ganche et al., 2013) and changeable  
 2100 weather conditions (Dillon et al., 2006; Ruelle et al., 2018). The financial success of a  
 2101 grazing system is underpinned by pasture utilization (Ramsbottom et al., 2015). As such,  
 2102 good animal performance is achieved while simultaneously maximizing pasture

2103 utilization (Ganche et al., 2013). Maximizing pasture utilization and as such ensuring the  
2104 availability of high-quality pasture in subsequent rotations (O'Donovan and Delaby, 2008)  
2105 is a challenge faced by pasture-based dairy farmers. If the DMI of the heifer throughout  
2106 the rearing period is established, pasture can be allocated proportionately, thus increasing  
2107 pasture utilization and reducing pasture wastage (Fulkerson et al., 2005).

2108 Similar to that reported by Prendiville et al. (2010), whereby the DMI of the JE cows was  
2109 87.4% of the HF, there were significant differences in the DMI of HF and JE heifers in  
2110 the present study; the DMI of the JE ranged from 85.7 to 96.2% of that of the HF  
2111 throughout the rearing period. Therefore, it was hypothesized that different DMI  
2112 prediction equations would be required for the HF and JE heifers; the creation of separate  
2113 equations decreased the RMSE by 0.06 and 0.12 kg for the HF and JE, respectively.

2114 Although the DMI prediction equations formulated for HF and JE heifers in the present  
2115 study were based solely on heifer BW, with  $R^2$  of 0.84 and 0.86, respectively, and MSPE  
2116 values of 1.1 and 1.9%, respectively, the equations were highly accurate. This was similar  
2117 to the NRC (2001;  $R^2 = 0.84$ ), Quigley et al. (1986b; MSPE of 1.47%), and NRC (2001;  
2118 MSPE of 1.48%) equations which were created to predict the DMI of Holstein heifers,  
2119 and are widely used in diet formulation. Furthermore, the coefficients of equations in the  
2120 present study were very similar to that reported by INRA (2010); the coefficients for HF  
2121 and JE in the present study were 0.038 and 0.043, respectively, while the coefficient  
2122 reported by INRA was 0.039. Although the prediction accuracy of the aforementioned  
2123 equations (NRC, 2001; Quigley et al., 1986b; INRA, 2010) may be due to the inclusion  
2124 of digestible nutrients, the success of the present equation is a product of the data with  
2125 which it was created (i.e., data obtained using the *n*-alkane technique (Savian et al., 2018;  
2126 Seymour et al., 2019).

2127 In comparison to previously published equations, the equation proposed in the present  
2128 study is simple yet accurate, and it is suitable for predicting the DMI of pasture-based  
2129 dairy heifers. It is practical for use on a pasture-based dairy farm because it is based on a  
2130 trait (i.e., BW) that may be readily measured by a farmer using electronic scales. In  
2131 establishing the DMI of their heifers as they grow, farmers may tailor their grassland  
2132 management decisions to avoid pasture wastage, which will, in turn, increase profitability  
2133 (Ramsbottom et al., 2015). Exclusively pasture-based diets can supply the BW gain  
2134 required by heifers (Patterson et al., 2018) to ensure that weight-for-age targets, set out  
2135 by Troccon (1993) and outlined in Chapter 4 in this thesis, are achieved. However, an  
2136 imbalance between pasture allowance and DMI of the heifer will result in pasture wastage,  
2137 which will affect the farm system's economic resilience (Macdonald et al., 2018). Regular  
2138 use of the proposed equation, in conjunction with the observation of post-grazing heights,  
2139 will ensure that heifer DMI and thus weight-for-age targets of 30, 60, and 90% of mature  
2140 BW at six, 15, and 24 months (Troccon, 1993) are optimized in a cost-effective manner.

### 2141 **3.5.2 Effect of Treatment on Dry Matter Intake**

2142 There has been renewed interest in pre-weaning nutrition of late, both because it may  
2143 influence future performance (Khan et al., 2011; Soberon and Van Amburgh, 2013) and  
2144 because it accounts for the most significant proportion of heifer rearing costs (Boulton et  
2145 al., 2017). In accordance with the present study's findings, there was no carryover effect  
2146 of pre-weaning treatment on DMI or BW in the post-weaning period in studies by Haisan  
2147 et al. (2018) and Bruinjé et al. (2019). Differences in the DMI of 8w and 12w heifers  
2148 throughout the rearing period were  $\leq 0.3$  kg; as such, different weaning ages may be  
2149 implemented without detriment to the DMI profile thereafter. In the present study, there

2150 was, however, an interaction between weaning age and post-weaning feeding regime for  
2151 DMI at 12.7 and 19.7 months, which, although was statistically significant, may not be  
2152 biologically significant (i.e., the difference in DMI between treatment groups was  $\leq 6\%$ ).  
2153 Although generally accurate at predicting DMI, there may be individual variability of *n*-  
2154 alkane recoveries, which may explain the discrepancies in DMI at 12.7 and 19.7 months  
2155 of age.

2156 Environmental factors (i.e., nutrition and management) in the present study had a greater  
2157 influence on DMI than that of weaning age, as is evidenced by the significantly higher  
2158 DMI of the H heifers for the most part of the rearing period, which was as a direct result  
2159 of additional concentrates and pasture consumed in the first and second grazing seasons,  
2160 respectively. This verifies that grassland management strategies, such as varying stocking  
2161 rate and pasture allowance (Horan et al., 2004; Coffey et al., 2017), are effective in  
2162 regulating heifer DMI. As a result of higher DMI achieved by the H heifers (between 0.6  
2163 and 1.0 kg higher than the L), they had a BW advantage of between 16 and 23 kg in the  
2164 second grazing season, and as such, greater attainment of BW targets. Post-weaning feed  
2165 management is therefore important in terms of optimizing both heifer DMI and  
2166 consequently, weight-for-age targets (Troccon, 1993)

2167 There is a linear relationship between DMI and BW (Quigley et al., 1986a); therefore,  
2168 DMI as a percentage of BW, or intake capacity as it is often termed, is also regularly used  
2169 to describe DMI. There was no difference in the DMI as a percentage of BW of H and L  
2170 heifers at 12.7 months as this estimation period coincided with the over-winter feeding  
2171 period. This indicates that when offered a common diet, DMI is the same for all heifers  
2172 irrespective of treatment group; the L heifers did not compensate for a lower feed  
2173 allowance in the previous grazing season. Therefore, heifers must be offered their

2174 required allowance throughout the first grazing season to ensure they have adequate DMI  
2175 and, as such, achieve the weight-for-age target at breeding. In the first grazing season (i.e.,  
2176 when heifers were 6.7 and 8.7 months of age), the H heifers had a DMI of 0.4% of BW  
2177 higher than that of the L. In the second grazing season (i.e., when the heifers were 17.4  
2178 and 19.7 months of age), the DMI as a percentage of BW advantage maintained by the H  
2179 heifers had reduced to 0.2%. This is consistent with previous research, whereby DMI as  
2180 a percentage of heifer BW decreased as BW increased (NRC, 2001; Hoffman and Kester,  
2181 2013). This may be due to high feed efficiency in early life (Lammers et al., 1999), but it  
2182 may also be due to the concentrate, which is the feed of choice for dairy heifers (DeVries  
2183 and von Keyserlingk, 2009), that was offered in the first grazing season. Although  
2184 increasing concentrate supplementation may be concomitant with an increase in DMI, at  
2185 a cost ratio of grazed grass to concentrates of 1:2.4 (Finneran et al., 2010), it is  
2186 unfavourably associated with the cost of heifer rearing (Boulton et al., 2017).

### 2187 **3.5.3 Effect of Breed on Dry Matter Intake**

2188 There are inherent differences between HF and JE in terms of growth (Handcock et al.,  
2189 2019a), DMI (Prendiville et al., 2010), and performance in the milking herd (Vance et al.,  
2190 2013). It was therefore unsurprising that the HF heifers in the present study had  
2191 significantly higher DMI than JE throughout the rearing period. Prendiville et al. (2010)  
2192 observed a similar pattern in HF and JE dairy cows and attributed the differences in DMI  
2193 between breed groups to grazing behaviour. Similar to that reported by Coffey et al.  
2194 (2017) and Prendiville et al. (2009), where crossbred and JE cows, respectively, had a  
2195 higher DMI as a proportion of BW, the JE heifers in the present study had higher intakes  
2196 when expressed as a percentage of BW. This indicates that JE heifers have a higher intake



2197 capacity than HF and may be facilitated by a larger digestive tract (Goddard and Grainger,  
2198 2004; Beecher et al., 2014). It is also reported that animals with high intake capacities  
2199 may be more efficient in the lactating herd (Prendiville et al., 2010); however, validating  
2200 this theory on the present heifers was outside the objectives of the study.

### 2201 **3.6 Conclusion**

2202 Heifer DMI was more responsive to post-weaning feed management than it was to  
2203 weaning age. Therefore, different rearing strategies may be used to manipulate DMI and  
2204 consequently, optimize BW gain. Although HF had a higher total daily DMI, JE heifers  
2205 had a higher intake capacity. The proposed equation to predict the DMI of pasture-based  
2206 dairy heifers will facilitate a better understanding of the associations between DMI and  
2207 BW of pasture-based HF and JE heifers. Establishing the DMI of pasture-based heifers  
2208 will help farmers to make more educated grassland management decisions, and as such,  
2209 the achievement of weight-for-age targets will be more cost-effective.

**Chapter 4: The Development of Standard Body Weight Curves to Reflect the  
Growth Pattern of Pasture-Based Holstein-Friesian and Jersey Heifers**

*Journal of Dairy Science* (Submitted)

2210

#### 4.1 Abstract

2211 The attainment of weight-for-age targets is one of the most important key performance  
2212 indicators in a heifer rearing system. However, current targets assume a linear trajectory  
2213 of growth, which is almost impossible in pasture-based heifer rearing systems due to  
2214 seasonal variation in grass growth and quality. This problem may be further exacerbated  
2215 in systems that house animals during the winter, causing stagnation of growth. In order  
2216 to establish the pattern of growth of heifers reared under different management strategies  
2217 and to validate if current weight-for-age targets were suitable, data were collected from  
2218 HF (n=177) and JE (n=77) heifers that were weaned at either eight or 12 weeks and  
2219 subsequently offered either a high or low feeding regime in the post-weaning period. An  
2220 equation was created that calculated the growth trajectory of heifers, based on their bBW  
2221 and age at turnout to the second grazing season. The growth pattern of heifers from the  
2222 equation developed in the present study is best described as sigmoidal in shape. Although  
2223 the heifers weaned at 12 weeks and subsequently offered a high post-weaning feeding  
2224 regime had the greatest attainment of target weight, existing weight-for-age targets were  
2225 achievable for heifers reared under different management strategies. Additional weight-  
2226 for-age targets created using the proposed equation will complement the current targets  
2227 and ensure pasture-based heifer growth is optimized prior to breeding.

2228

#### 4.2 Introduction

2229 Growth is one of the most important aspects of a heifer rearing program, the optimization  
2230 of which will ensure that the heifer has achieved puberty prior to the breeding season and  
2231 will subsequently calve at <26 months of age (Froidmont et al., 2013; ICBF, 2019). This  
2232 is particularly significant in pasture-based seasonal calving systems, where the objective  
2233 is for the calving season to coincide with the grass-growing season to ensure that the feed

2234 demand of the herd matches grass supply (Dillon et al., 1995). Although age also plays  
2235 an integral part in puberty, the effect of age, compared to that of BW, on production  
2236 potential thereafter is less pronounced (Archbold et al., 2012). If a heifer has not achieved  
2237 the BW necessary to attain puberty, become pregnant early in the breeding season and  
2238 subsequently calve between 22 and 26 months, she will not have the opportunity to calve  
2239 again for a further 12 months, and her non-productive lifespan will be extended (ICBF,  
2240 2019).

2241 Weight-for-age targets of 30%, 60%, and 90% of mature BW at six, 15, and 24 months  
2242 (Troccon, 1993), respectively, are traditionally used to ensure that heifers are well grown  
2243 throughout the rearing period, and thus have attained puberty before the breeding season  
2244 begins (Wathes et al., 2014). Furthermore, heifers that achieve the aforementioned targets  
2245 will have improved performance thereafter (Ettema and Santos, 2004; Wathes et al., 2008;  
2246 Archbold et al., 2012). Nevertheless, these targets (Troccon, 1993) were devised in  
2247 confinement systems of heifer rearing, where feed of consistently good quality was  
2248 offered throughout the rearing period (Washburn et al., 2002). The aforementioned targets  
2249 also assume a linear growth trajectory; however, in pasture-based rearing systems, such  
2250 as that in Ireland and New Zealand, the growth trajectory of the young heifer is not linear  
2251 (Handcock et al., 2016) due to the management system imposed. The current weight-for-  
2252 age targets have not been validated in a rearing system where heifer growth commonly  
2253 stagnates over winter (McNaughton and Lopdell, 2012) when grass silage, which is  
2254 commonly of substandard quality (Kavanagh et al., 2016), is the predominant feedstuff.  
2255 Furthermore, weight-for-age targets are a function of mature BW, the miscalculation of  
2256 which will result in heifers that are either under or overgrown relative to target weight

2257 (Handcock et al., 2019a). Previous studies have found large variation in the mature BW  
2258 of pasture-based dairy heifers is possible (DairyNZ, 2015).

2259 Maximizing the length of the pre-weaning feeding period is commonly used to take  
2260 advantage of high feed efficiency in early life (Hill et al., 2009; Eckert et al., 2015).  
2261 Although early life nutrition may influence long-term performance (Soberon et al.,  
2262 2012b), the daily costs incurred in the milk-feeding period are significantly higher than  
2263 those incurred during the remainder of the heifer rearing period (Boulton et al., 2017).  
2264 Therefore, increasing the length of the milk-feeding period may not be economically  
2265 viable. Alternatively, intensified feeding in the post-weaning period by, for example,  
2266 increasing concentrate supplementation or altering grassland management strategies, may  
2267 ensure weight-for-age targets at breeding and consequently, first calving are achieved  
2268 (Gardner et al., 1977; Hoffman et al., 1997; Lammers et al., 1999). Furthermore, BW  
2269 differs with breed group (Prendiville et al., 2009; Handcock et al., 2019b); therefore,  
2270 separate weight-for-age targets may be required for pasture-based heifers of different  
2271 breeds, for example, HF and JE.

2272 The objective of the present study was to establish the growth trajectory of pasture-based  
2273 winter-housed HF and JE heifers and devise an equation to predict individual growth,  
2274 from birth until calving, using bBW and age at turnout to the second grazing period. The  
2275 study also sought to evaluate if existing weight-for-age targets were suitable for pasture-  
2276 based winter-housed heifers reared using different management strategies and, if  
2277 necessary, create additional targets at, for example, housing and turnout, which would  
2278 complement the management of pasture-based dairy heifers. Finally, it aimed to  
2279 determine the effect of different rearing strategies on the BW, and attainment of target  
2280 BW, of pasture-based HF and JE heifers from birth to 24 months. It was hypothesized

2281 that equations would accurately predict individual HF and JE heifer growth throughout  
2282 the rearing period, and that new weight-for-age targets would be required for pasture-  
2283 based HF and JE heifers, and finally, that later weaned heifers, offered a high feeding  
2284 regime in the post-weaning period would be heavier throughout the rearing period.

### 2285 **4.3 Materials and Methods**

2286 The study was undertaken on the Dairygold Research Farm at Teagasc, Animal &  
2287 Grassland Research and Innovation Centre, Moorepark, Kilworth, Co. Cork, Ireland  
2288 (52°09'N 8°16'W) between February 2018 and February 2021. The Teagasc Animal  
2289 Ethics Committee (TAEC) (TAEC129/2016) granted ethical approval, and the Irish  
2290 Health Products Regulatory Authority (HPRA) (AE19132/P070) granted procedure  
2291 authorization. All experiments were conducted in accordance with the Cruelty to Animals  
2292 Act (Ireland 1876, as amended by European Communities Regulations 2002 and 2005)  
2293 and the European Community Directive 86/609/EC.

#### 2294 **4.3.1 Experimental Design**

2295 The heifers in the present study were also part of other studies in Chapters 3, 5 and 6. The  
2296 study was a 2 (weaning ages; 8w or 12w) x 2 (post-weaning planes of nutrition; H or L)  
2297 factorial design. Only purebred HF and JE heifers were assigned to the study. The study  
2298 population consisted of heifers born in 2018 (n=62 HF mean bBW  $34.4 \pm 4.67$  kg and  
2299 n=26 JE mean bBW of  $23.0 \pm 2.38$  kg), 2019 (n=68 HF mean bBW  $35.2 \pm 4.23$  kg and  
2300 n=31 JE mean bBW  $24.5 \pm 2.88$  kg) and 2020 (n=47 HF mean bBW  $34.2 \pm 4.18$  kg and  
2301 n=20 JE mean bBW of  $21.9 \pm 1.94$  kg). A spring calving system was in place such that  
2302 the mean birth dates of 2018, 2019, and 2020 born heifers were February  $10 \pm 12.8$  days,  
2303 February  $9 \pm 12.7$  days, and February  $10 \pm 9.9$  days, respectively. The heifers born in

2304 2018, 2019, and 2020 will henceforth be referred to as Y1, Y2, and Y3, respectively. At  
2305 birth, calves were balanced for bBW, breed, and date of birth before being randomly  
2306 assigned to one of four experimental treatment groups by study investigators. The four  
2307 groups were as follows; 12wH (n=66), 12wL (n=65), 8wH (n=61) and 8wL (n=62).  
2308 Treatments were not blinded, as different feed allocations had to be offered.

### 2309 **4.3.2 Pre-Weaning Heifer Management**

#### 2310 ***4.3.2.1 Colostrum and Transition Milk Feeding***

2311 Management was in line with best practice newborn calf care (Barry et al., 2020) and was  
2312 described in more detail in Chapters 3 and 5. In brief, calves received three litres of good  
2313 quality colostrum (Bielmann et al., 2010) from a single dam within two hours of birth,  
2314 collected from freshly calved cows at the nearest scheduled milking time (07:30h or  
2315 15:00h). After colostrum feeding, calves received five feeds of transition milk (Blum and  
2316 Hammon, 2000) in their individual pens at a rate of 4 L/day.

#### 2317 ***4.3.2.2 Milk Replacer Feeding***

2318 When calves had received all of their feeds of colostrum and transition milk (three days  
2319 of age), they were moved to a large pen containing approximately 20 calves where they  
2320 were grouped by age and not treatment; this was an effort to avoid confounding factors.  
2321 The indoor group pens (9.5 x 4.8m) consisted of a concrete feeding area with a straw-  
2322 bedded lie back, and calves remained in the same pen until weaning. Calves were fed  
2323 26% CP MR (Volac Heiferlac; Volac, Church St, Portaliff Glebe, Killashandra, Co.  
2324 Cavan; 26% CP, 16% crude oils and fats, 7% crude ash) at a rate of 150g MR/L water  
2325 using an automatic feeder (Vario Smart Powder, TAP5-VS1-50: Förster-Technik  
2326 GmbH, Gerwigstrasse 25, D – 78234 Engen, Germany). Over their first seven days on

---

2327 the feeder, the volume of MR offered to the calves was gradually increased from four to  
2328 six L MR/day. The daily MR allowance was offered in three equal feeds freshly prepared  
2329 in one-litre portions at 37 °C. The volume of MR remained constant at 6 L MR/day until  
2330 eight days before each calf reached their respective weaning age (eight or 12 weeks), at  
2331 which point the volume of MR offered was gradually reduced over seven days. Overall,  
2332 the 8w and 12w weaned calves were offered on average 49.4 and 74.6 kg of MR,  
2333 respectively, during the pre-weaning period.

### 2334 **4.3.3 Post-Weaning Heifer Management**

#### 2335 ***4.3.3.1 First Grazing Season***

2336 After weaning, calves were regrouped according to their post-weaning treatment group  
2337 (H or L) and rotationally-grazed predominantly perennial ryegrass swards until they were  
2338 removed from pasture and assigned to their winter diets the following winter. The H and  
2339 L heifers grazed next to one another, separated by a temporary electric fence, to ensure  
2340 both groups had access to grass of similar quality. Differences in post-weaning feeding  
2341 regimes were created by feeding contrasting levels of concentrates (Dairygold Beeflav,  
2342 Dairygold Co-Operative Society Ltd, Lombardstown Mill, Mallow, Co. Cork; 16% CP,  
2343 10% crude fibre, and 5.9% ash). Calves assigned to H and L post-weaning treatments  
2344 were offered 1.5-2.5 kg and 0.5-1.5 kg concentrate/heifer/day, respectively, depending on  
2345 grass quality and availability.

#### 2346 ***4.3.3.2 First Over-Winter Period***

2347 Over-winter management was similar for treatments within year of birth, as is outlined in  
2348 Chapters 3, 5 and 6. For the first three weeks of winter, Y1 (November 30 - December  
2349 17) and Y2 heifers (November 25 – December 18) grazed *in-situ* forage brassica



2350 (Redstart), in addition to *ad-libitum* hay and 1 kg concentrates/heifer/day (Dairygold  
2351 Beeflav, Dairygold Co-Operative Society Ltd, Lombardstown Mill, Mallow, Co. Cork;  
2352 16% CP, 10% crude fibre and 5.9% ash). Heifers were then housed for approximately  
2353 seven weeks, during which time grass silage (64-67% DMD) and 1.5-2 kg  
2354 concentrate/heifer/day were offered (Roche's Feeds Heifer Rearer 20%; Roches feeds,  
2355 Dock Road, Co. Limerick; 20% CP). Total over-winter concentrate supplementation was  
2356 the same for all heifers. For the final six weeks of the over-winter period Y1 (February 7  
2357 – March 19) and Y2 (February 4 – March 18), heifers were turned out and once again  
2358 offered *in-situ* forage brassica (Redstart), *ad-libitum* hay, and 1 kg concentrate/heifer/day  
2359 (Roche's Feeds Heifer Rearer 20%; Roches feeds, Dock Road, Co. Limerick; 20% CP).  
2360 Heifers were re-grouped by post-weaning treatment (H or L) before being turned out to  
2361 grass for their second grazing season.

2362 Y3 heifers were housed for the entire duration of the over-winter period (November 9 -  
2363 March 17) and fed grass silage (64-67% DMD) and 0.5-1.0 kg concentrate/heifer/day  
2364 (Dairygold Beeflav, Dairygold Co-Operative Society Ltd, Lombardstown Mill, Mallow,  
2365 Co. Cork; 16% CP, 10% crude fibre and 5.9% ash).

#### 2366 **4.3.3.3 Second Grazing Season**

2367 The second grazing season for the Y1 and Y2 heifers was from March 19 – November 25  
2368 and March 18 – October 22, respectively. As the experiment finished in February 2021,  
2369 data were not collected for the second grazing season of the Y3 heifers. Heifers (Y1 and  
2370 Y2) were re-grouped by post-weaning treatment (H or L) and offered an exclusively  
2371 pasture-based diet. Contrasting pasture allowances were offered to create differences  
2372 between treatment groups such that post-grazing sward heights (rising plate meter;  
2373 Jenquip, Feilding, New Zealand) of 4.5 and 3.5 cm were targeted for the H and L  
2374 treatment groups, respectively.

---

2375 **4.3.3.4 Second Over-Winter Period**

2376 Over-winter management was similar for treatments within year of birth. The Y1 and Y2  
2377 heifers were housed for their second winter on October 16 and 22, respectively, when  
2378 they were approximately 20.6 months of age. As is standard practice for animals during  
2379 the transition period (Kavanagh, 2016), the heifers were offered a diet of *ad-libitum* silage  
2380 (64-67% DMD) for the remainder of the experimental period until they were  
2381 approximately 24 months of age.

2382 **4.3.4 Grassland Management**

2383 Grassland management was similar to that of O' Donovan and Dillon (1999) and Claffey  
2384 et al. (2019). Weekly grass walks were undertaken to estimate pasture availability in each  
2385 paddock and fresh grass (>4 cm) was allocated to both grazing groups (H and L) every  
2386 two to three days. Pre and post-grazing sward height and the area (m<sup>2</sup>) of each allocation  
2387 was determined before and after grazing. Composite samples of herbage were dried for  
2388 approximately 16 hours at 90°C, and 16 hours at 60°C to determine DM percentage and  
2389 grass quality, respectively. Grass quality samples were analysed using near infrared  
2390 reflectance spectroscopy (Foss-NIR System DK, Hillerød, Denmark) for ash, CP, OM  
2391 digestibility, NDF, and ADF using a NIR equation derived from Burns et al. (2012).

2392 **4.3.5 Body Weight Measurement**

2393 Body weight was measured at birth and every two weeks thereafter until housing at 10  
2394 months of age, after which it was measured monthly until calving at 24 months using  
2395 electronic weighing scales (TruTest XR 3000, Tru-test Limited, Auckland, New  
2396 Zealand). The weighing scales were calibrated prior to use using known weights. Average  
2397 daily gain was calculated by regressing BW measurements over the trial period.

---

**2398 4.3.6 Analysis**

2399 Statistical analyses were conducted using SAS (version 9.4; SAS Institute Inc., Cary,  
2400 NC).

**2401 4.3.6.1 Grass Measurements**

2402 The effects of post-weaning feeding regime in each grazing season on pre-grazing  
2403 herbage mass, pre-grazing sward height, post-grazing sward height, DHA, concentrate  
2404 allowance, total daily feed allowance, and chemical composition of the herbage offered  
2405 were analysed using linear mixed models (PROC MIXED).

**2406 4.3.6.2 Effect of Weaning Age and Post-Weaning Feeding Regime on Body Weight**

2407 Outliers were eliminated within breed and treatment groups. Data were declared outliers  
2408 if the difference between the observed and predicted BW was greater than or equal to  
2409 three times the RMSE. Approximately 1.15% of the data were outliers and were therefore  
2410 excluded from further analysis. Data were only collected for the Y3 heifers until they  
2411 were 12 months of age; therefore, BW was analysed separately from one to 11 months  
2412 and 12 until 24 months. The associations between weaning age, post-weaning feeding  
2413 regime, and BW at standard ages were assessed using linear mixed models in PROC  
2414 MIXED. In all models, the heifer was included as a random effect, and standard age was  
2415 included as repeated effects, with an autoregressive covariance structure used to model  
2416 the association among the repeated measurements. Factors considered in the model  
2417 investigating BW were weaning age, post-weaning treatment, the interaction between  
2418 weaning age and post-weaning treatment, breed, and standard age. Birth BW was centred  
2419 within a breed and subsequently included in the models as a covariate. Significant  
2420 associations were confirmed when  $P < 0.05$  and least-square means were subsequently  
2421 assessed.

---

#### 2422 *4.3.6.3 Creating Equations to Predict Heifer Body Weight*

2423 The data were graphed by treatment and breed group; the resulting growth curves had an  
2424 obvious point of inflection that coincided with the turnout to the second grazing season.  
2425 Therefore, the subsequent analysis involved creating two combined sigmoidal models to  
2426 account for both the first and second grazing seasons. A point of intersection, which  
2427 corresponded with the turnout to the second grazing season, joined the aforementioned  
2428 sigmoidal models. The sigmoidal model to describe heifer BW was as follows;

$$2429 \quad BW = \frac{A_i}{(1 + \exp(B_i \times (C_i - age)))}$$

2430 where  $A_i$  corresponded to the BW asymptote at the end of each respective period,  $B_i$  was  
2431 the constant to determine the curvature of the growth pattern, and  $C_i$  corresponded to the  
2432 age at the point of inflection. The Solver tool (Microsoft Excel Solver; Microsoft Corp.,  
2433 Redmond, WA), which applies a generalized reduced gradient non-linear optimization  
2434 technique, was used to minimize the sum of squares of the difference between the  
2435 measured BW and predicted BW calculated from the regression analysis (Lasdon et al.,  
2436 1973). The aforementioned sigmoidal model was used to predict the BW coefficients of  
2437 each treatment and breed group separately. There was a high degree of similarity between  
2438 coefficients for treatment within breed group; therefore, the coefficients were averaged  
2439 for treatment within breed group. According to these combined sigmoidal curves,  
2440 separate models, using bBW and age at the second grazing turnout as input variables,  
2441 were created for both HF and JE and subsequently used to calculate standard BW from  
2442 birth in seven-day increments.

2443

**4.4 Results**

2444 The effect of post-weaning feeding regime on pre-grazing herbage mass, pre and post-  
2445 grazing sward heights, herbage and concentrate allowances in each grazing season is  
2446 reported in Table 4.1.

2447 Pre-grazing sward heights and pre-grazing mass were similar for H and L heifers, while  
2448 differences in concentrate allowances in the first grazing season and post-grazing sward  
2449 heights in the second grazing season were significantly different ( $P < 0.001$ ) for H and L  
2450 heifers in line with targets. The effect of the post-weaning feeding regime on the quality  
2451 of herbage offered during each grazing season is reported in Table 4.2. The herbage  
2452 offered to H and L heifers in the first and second grazing seasons was of similar quality.  
2453 Herbage quality was also similar between years.

2454 There was no residual effect of weaning age on BW from 12 to 24 months (Table 4.4).  
2455 The H heifers were significantly heavier than the L heifers at 12 ( $P = 0.002$ ) and 15 months  
2456 ( $P = 0.031$ ). The interaction between weaning age and post-weaning feeding regime for  
2457 BW at 12 months tended towards significance ( $P = 0.091$ ). At 12 months, the 12wL heifers  
2458 were significantly lighter (22.8 kg) than the 12wH heifers. The interaction between  
2459 weaning age and post-weaning feeding regime tended to be significant at 24 months  
2460 ( $P = 0.088$ ); the 12wH heifers had BW similar to that of the 8wH (11.8 kg difference), but  
2461 12.9 and 16.9 kg higher than 8wL and 12wL, respectively. The 8wH had BW similar to  
2462 that of the 8wL and 12wL (a difference of 1.1 and 5.1 kg, respectively) at 24 months.

2463 At all time-points throughout the experiment, the HF heifers were significantly heavier  
2464 than JE ( $P < 0.001$ ).

2465 **Table 4.1:** The effect of post-weaning feeding regime (high or low) on pre-grazing herbage mass, pre and post-grazing sward height, herbage,  
 2466 concentrate and total daily feed allowance during the first and second grazing season.

	Grazing season 1				Grazing season 2			
	High	Low	S.E.	Pr > F	High	Low	S.E.	Pr > F
Pre-grazing herbage mass (kg of DM/ha)	1584	1523	28.9	0.139	1806	1743	28.1	0.112
Pre-grazing sward height (cm)	10.2	10.2	0.15	0.933	11.2	11.2	0.18	0.856
Post-grazing sward height (cm)	4.7	4.5	0.07	0.092	5.0	3.8	0.05	<0.001
Herbage allowance (kg of DM/heifer per day)	4.5	4.5	0.23	0.898	10.0	7.0	0.18	<0.001
Concentrate allowance (kg/heifer per day) <sup>1</sup>	1.7	0.8	0.04	<0.001	-	-	-	-
Total daily feed allowance (kg of DM/heifer per day)	6.1	5.3	0.24	0.015	10.0	7.0	0.18	<0.001

2467 <sup>1</sup> There was no concentrate offered in the second grazing season

2468 **Table 4.2:** The effect of post-weaning feeding regime (high or low) on the chemical composition of grass offered to heifers in the first and  
 2469 second grazing season.

	Grazing season 1				Grazing season 2			
	High	Low	S.E.	Pr > F	High	Low	S.E.	Pr > F
DM (%)	16.4	17.0	0.53	0.498	17.3	17.2	0.49	0.858
OM Digestibility	816.9	817.0	6.44	0.992	835.8	832.5	7.57	0.759
CP	204.5	194.3	6.19	0.247	193.9	196.2	6.76	0.809
ADF	224.3	225.4	4.85	0.868	227.9	230.8	5.89	0.722
NDF	379.9	383.5	5.92	0.666	364.3	367.1	5.92	0.811
Ash	79.9	78.6	2.66	0.724	80.0	81.2	3.83	0.828

2470

2471 **Table 4.3:** Effect of weaning age (Pre), post-weaning feeding regime (Post), the interaction between weaning age and post-weaning feeding  
 2472 regime (Pre\*Post), and breed on body weight (kg) of Holstein-Friesian (HF) and Jersey (JE) heifers at standardized ages from one to 11  
 2473 months of age.

	Treatment									Breed			
	8 weeks		12 weeks		SE	Pre	Post	Pre*Post	Pr>F	HF	JE	SE	Pr >F
	High	Low	High	Low									
1 month	41.8	42.1	42.4	41.6	2.08	0.973	0.916	0.795	48.1	35.9	1.53	<0.001	
3 month	77.0	79.4	86.5	84.6	2.08	0.004	0.891	0.282	93.0	70.8	1.53	<0.001	
6 month	138.4	140.1	145.5	141.0	2.08	0.049	0.488	0.129	161.0	121.6	1.53	<0.001	
11 month	237.2	226.7	244.7	226.3	2.08	0.085	<.001	0.052	262.9	204.5	1.53	<0.001	

2474

2475 **Table 4.4:** Effect of weaning age (Pre), post-weaning feeding regime (Post), the interaction between weaning age and post-weaning feeding  
 2476 regime (Pre\*Post), and breed on body weight (kg) of Holstein-Friesian (HF) and Jersey (JE) heifers at standardized ages from 12 to 24 months  
 2477 of age.

	Treatment									Breed			
	8 weeks		12 weeks		SE	Pre	Post	Pre*Post	Pr>F	HF	JE	SE	Pr >F
	High	Low	High	Low									
12 month	252.2	245.2	262.0	239.2	4.77	0.695	0.002	0.091	279.1	220.2	3.50	<0.001	
15 month	292.9	284.4	295.2	283.5	4.77	0.888	0.031	0.727	323.9	254.0	3.50	<0.001	
20 month	401.9	399.2	414.8	401.2	4.77	0.113	0.080	0.248	450.9	357.6	3.50	<0.001	
24 month	478.8	477.7	490.6	473.7	4.77	0.418	0.051	0.088	534.9	425.4	3.50	<0.001	

2478



---

2479 **4.4.1 Equations to Predict Body Weight of Pasture-Based Heifers**

2480 Equations were initially created to predict the BW of each treatment and breed group;  
 2481 however, as coefficients were so similar for treatment within breed group, the coefficients  
 2482 of the equations were balanced for HF and JE within treatment groups to develop two  
 2483 comprehensive equations to predict the BW of pasture-based HF and JE heifers from birth  
 2484 until calving. The equation proposed to predict the BW of a pasture-based HF or JE heifer  
 2485 at a given age (days) in the first year of life, i.e., prior to turn out to the second grazing  
 2486 season, is as follows:

2487 
$$\frac{8.7(bBW)}{[1 + e^{(A \times (B - age))}]}$$

2488 The equation proposed to predict the BW of a pasture-based HF or JE heifer at a given  
 2489 age (days) after turnout to the second grazing season is as follows:

2490 
$$\frac{(2 \times (8.7(bBW))) \times Z}{[1 + e^{(C \times (AT2 - age))}]}$$

2491 with

2492 
$$Z = 1 + e^{(A \times (170 - AT2))}$$

2493 where AT2 is age at turnout to second season at grass.

2494 The coefficients A, B and C are 0.012, 170 and 0.0079 for the HF. Similarly, the  
 2495 coefficients A, B and C are 0.0127, 170 and 0.0084 for the JE.

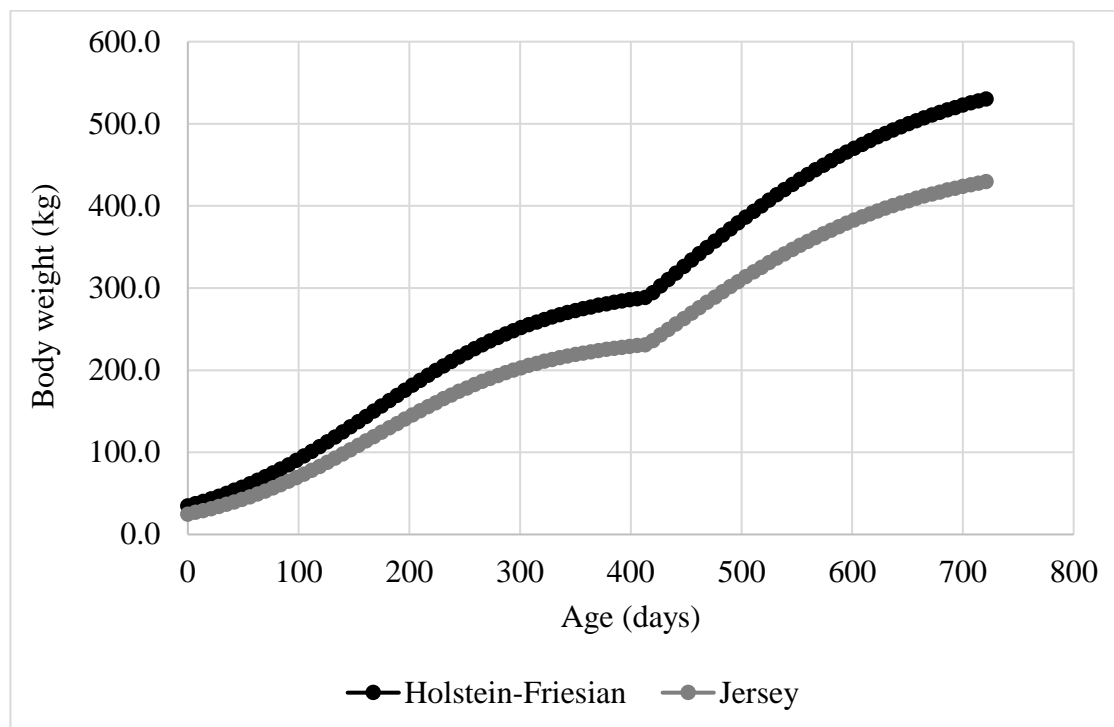
2496 The standard growth curves created for pasture-based HF and JE heifers, weighing 35  
 2497 and 25 kg, respectively, at birth and aged 415 days at turnout to grass for their second  
 2498 grazing season, are sigmoidal in shape (Figure 4.1). The age at turnout for their second

---

2499 grazing season, i.e., the intersection between the two sigmoidal curves, was defined as  
2500 the difference (in days) between the date of the turnout for the second grazing season and  
2501 the birth date of the heifer.

2502 For the purpose of the present analysis, the birth date was defined as February 1, the age  
2503 at turnout for their second grazing season was chosen as April 1 the following year, and  
2504 the bBW of the HF and JE heifers was defined as 35 and 25 kg, respectively.  
2505 Consequently, the age at turnout to the second grazing season was 415 days. The mature  
2506 BW of HF and JE heifers in the present study was predicted to be 573 kg and 448 kg,  
2507 respectively. A higher proportion of the 12wH heifers attained weight-for-age targets at  
2508 six (42.6%), 15 (43.8%) and 24 (62.5%) months, compared to the 8wH (28.3, 28.3 and  
2509 34.8% at six, 15 and 24 months, respectively), 12wL (21.7, 28.3 and 52.3% at six, 15,  
2510 and 24 months, respectively) and 8wL (36.2, 31.9 and 48.9% at six, 15 and 24 months,  
2511 respectively) heifers.

2512



2513

2514 **Figure 4.1:** Growth curves, from birth until calving, of Holstein-Friesian (black) and  
 2515 Jersey (grey) heifers, weighing approximately 35 and 25 kg, respectively, at birth and  
 2516 aged 415 days at turnout to the second grazing season.

2517

#### 4.5 Discussion

2518 Heifer BW varies with rearing system; heifers reared in confinement may be heavier than  
 2519 those reared at pasture due to precision nutrition feeding regimes (Roche et al., 2015).  
 2520 However, heifer BW also varies within a system, as is evident from the diversity in heifer  
 2521 BW reported in a study of commercial pasture-based farms by Archbold et al. (2012).  
 2522 Despite the reported variation in heifer BW within different heifer rearing systems, the  
 2523 objective is to rear heifers in line with the weight-for-age targets outlined by Troccon et  
 2524 al. (1993), which are based on their expected mature BW. It has not been determined if  
 2525 the targets outlined by Troccon et al. (1993) are suitable for pasture-based heifers or those  
 2526 reared under different management strategies within a pasture-based system.

---

**2527 4.5.1 Target Weights**

2528 Weight-for-age targets (Trocon, 1993) have long provided a benchmark for the growth  
2529 of replacement heifers. They have, however, been designed to ensure that heifers are  
2530 grown at a constant rate throughout the rearing period and, as a consequence, will attain  
2531 puberty, become pregnant, and calve as soon as possible, thus minimizing the non-  
2532 productive period (Costa et al., 2021). As such, the growth trajectory of the heifer is often  
2533 described as linear (Silva et al., 2021). Consistent with Handcock et al. (2019b), the data  
2534 in the present study demonstrate that pasture-based heifer growth is not linear. This may  
2535 be because growth is limited by both the quality and quantity of pasture (Waghorn and  
2536 Clark, 2004), and as such, follows a seasonal pattern (Handcock et al., 2021). The growth  
2537 trajectory of pasture-based heifers in the present study was consistent with that of two  
2538 sigmoidal curves joined by a plateau in the middle that corresponded to the over-winter  
2539 period. The transition from grazing pasture to winter housing involves a period of dietary  
2540 adjustment and acclimatization to the shed (O’Driscoll et al., 2009); therefore, it is  
2541 unsurprising that the heifer's growth is disrupted slightly.

2542 Previous research advises that heifers should be 30, 60, and 90% of mature BW at six,  
2543 15, and 24 months respectively, it is, however, conceivable that pasture-based heifers  
2544 would require different weight-for-age targets due to their seasonal pattern of growth  
2545 (Handcock et al., 2019b). The equation proposed in the present study agrees with these  
2546 targets but also allows for the generation of weight-for-age targets at any time point  
2547 throughout the rearing period. For example, the creation of additional targets for pasture-  
2548 based winter-housed heifers at housing and turnout to grass, i.e., when the farmer may be  
2549 more likely to weigh animals, may optimize heifer management during the over-winter  
2550 period. If heifers are below target when housed for winter, and if silage quality is

2551 suboptimal, concentrate supplementation may be required to ensure heifers are on track  
2552 for breeding (Kennedy et al., 2013). Similarly, if heifers are ahead of or behind target  
2553 weight at turn out to pasture, grassland management may be adjusted accordingly.  
2554 Additional targets will be of particular benefit to pasture-based heifers that are reared off  
2555 the milking platform and may not be regularly monitored. With the correct management,  
2556 existing weight-for-age targets are achievable for pasture-based dairy heifers; heifers that  
2557 achieve targets will have improved reproduction (Handcock et al., 2020), milk production  
2558 (McNaughton and Lopdell, 2013; Martín et al., 2020), and longevity (Handcock et al.,  
2559 2020), therefore achieving targets is of practical significance for farm profit (Boulton et  
2560 al., 2017). As is evident from both the present study and previous research (McNaughton  
2561 and Lopdell, 2012; Handcock et al., 2016; Martín et al., 2020), there is considerable  
2562 variation in heifer BW, and as such, it is important that, when making decisions, all  
2563 animals in the herd are accounted for (Handcock et al., 2016). Therefore, it is appropriate  
2564 that the BW prediction equation in the present study was created using the BW data of  
2565 heifers reared under different management systems. Furthermore, the predicted mature  
2566 BW (i.e., the asymptote of the curve; Taylor and Fitzhugh, 1971) of the HF heifers in the  
2567 present study (573 kg) was consistent with that reported by Evers et al. (2021) in a study  
2568 of 80 commercial dairy farms around Ireland where the average BW of third, fourth and  
2569 fifth lactation HF animals was 576 kg. This indicates that the growth trajectory described  
2570 in the present study is representative of that of pasture-based dairy heifers in Ireland. The  
2571 BW of HF and JE were significantly different throughout the rearing period; stratifying  
2572 the data by breed group increased the predictive power of the equation; the RMSE was  
2573 reduced by 7.6 (from 33.6 to 26 kg) and 14.5 kg (from 33.6 to 19.1 kg) for HF and JE  
2574 respectively, while the  $R^2$  was increased from 0.95 to 0.97. The equations proposed in the

2575 present study to predict the BW of HF and JE heifers had RMSE of 4 and 7 kg higher  
2576 than that reported by Kuhl et al. (2019). However, the equations proposed by Kuhl et al.  
2577 (2019) were created using the median monthly BW of heifers reared in the United States,  
2578 and as such, variation in individual BW was minimized.

#### 2579 **4.5.2 Effect of Treatment on Weight**

2580 Pasture-based dairy heifers may require different rearing strategies to ensure that their  
2581 potential is realized (Handcock et al., 2019a). Strategies that, for example, increase the  
2582 length of the milk-feeding period to take advantage of high FCE in early life (Meale et  
2583 al., 2015) or increase the proportion of good quality grazed grass in the diet (Patterson et  
2584 al., 2018), may be used to optimize heifer BW gain. Throughout the rearing period, the  
2585 12wH heifers in the present study had superior BW and, consequently, the greatest  
2586 attainment of target weights as defined by Trocjan (1993), which has been reported to  
2587 benefit future lactation performance of the heifer (Soberon et al., 2012b). However, a  
2588 higher proportion of the 12wH heifers were also >5% ahead of target at six (17.0%), 15  
2589 (12.5%), and particularly 24 months (62.5%), which may be to the detriment of  
2590 reproductive efficiency as mature cows (Archbold et al., 2012) and calving performance  
2591 (Mee et al., 2011). This method of rearing heifers is also costly as it involves extending  
2592 the length of the milk-feeding period, which is the most expensive aspect of a heifer  
2593 rearing program (Boulton et al., 2017), and also involves feeding high levels of expensive  
2594 concentrates (Finneran et al., 2010). Furthermore, if fertility and calving performances  
2595 are negatively affected by this intensive feeding/rearing strategy, the timeframe in which  
2596 heifer rearing costs are repaid will be extended (Tozer and Heinrichs, 2001). Less  
2597 intensive rearing strategies, such as a shorter milk-feeding period and feeding less

2598 concentrate and pasture (Boulton et al., 2017), may minimize heifer rearing costs. This  
2599 method of rearing was investigated in the present study by weaning calves at eight weeks  
2600 of age and subsequently offering them a low post-weaning feeding regime (8wL).  
2601 Although reducing the length of the milk-feeding period will inevitably result in a lighter  
2602 BW at weaning (de Passillé et al., 2011), in the present study, by 11 months, there was  
2603 no effect of weaning age (8w or 12 w). This was consistent with previous research  
2604 whereby the BW advantage of later-weaned calves disappeared shortly after weaning (de  
2605 Passillé et al., 2011; Dennis et al., 2019). Nevertheless, compared to 8wH and 12wL, a  
2606 higher proportion of 8wL heifers were  $\pm 5\%$  of target weight at six and 15 months. Less  
2607 intensive heifer rearing strategies may therefore be utilized to reduce the cost of heifer  
2608 rearing on dairy farms (Boulton et al., 2017) as there is no long-lasting impact on growth,  
2609 though further research may be required to ensure there are no repercussions in terms of  
2610 milk production potential (Soberon et al., 2012b) and reproductive efficiency (Archbold  
2611 et al., 2012).

### 2612 **4.5.3 Breed**

2613 It is widely accepted that HF and JE animals differ in terms of BW (Prendiville et al.,  
2614 2009; Handcock et al., 2019b), and this claim is corroborated by the present study  
2615 whereby HF heifers were heavier than JE heifers at each time-point in the rearing period.  
2616 Therefore, it is expected that HF and JE would exhibit different growth trajectories in the  
2617 rearing period (Handcock et al., 2019b). Although the HF and JE in the present study  
2618 grew at different rates having an ADG of approximately 0.71 and 0.55 kg/heifer/day,  
2619 respectively, in the period from one to 11 months, their growth trajectories followed a  
2620 similar pattern. Previous research reported that JE heifers were better able to achieve

2621 weight-for-age targets in pasture-based rearing systems than HF (McNaughton and  
2622 Lopdell, 2013), and as such, it was advised that breed be considered in the formulation of  
2623 target BW (Handcock et al., 2019b). In the present study, a lower proportion of JE  
2624 (40.4%) were at or ahead of target BW at six months of age compared to HF (51.9%);  
2625 however, a higher proportion of JE attained target weight at 15 months (48.3 and 46.5%  
2626 for JE and HF, respectively). Failing to achieve target BW, particularly at 15 months, may  
2627 be detrimental to fertility performance (Macdonald et al., 2005) and first lactation milk  
2628 production (Martín et al., 2020). Handcock et al. (2019b) reported that JE had higher  
2629 growth rates just prior to calving, which is consistent with the present study whereby a  
2630 higher proportion of JE were either at or ahead of target weight at 24 months compared  
2631 to HF (91.4 and 85.3% for JE and HF, respectively). This suggests that JE are an early  
2632 maturing breed (Freer et al., 2007; Handcock et al., 2019b), and as such, feed management  
2633 of the in-calf heifer may need modification to ensure they do not become over-fat prior  
2634 to calving (Sieber et al., 1989).

#### 2635 **4.6 Conclusion**

2636 Although current weight-for-age targets require steady growth throughout the rearing  
2637 period, seasonal constraints dictate that pasture-based heifer growth is not linear; it  
2638 instead follows a sigmoidal pattern. The findings in the present study show that, with  
2639 correct management, current weight-for-age targets are achievable under a variety of  
2640 heifer rearing strategies. However, using the proposed equation to create additional  
2641 targets will provide pasture-based farmers with a benchmark for bodyweight at times  
2642 when they may be more likely to weigh their heifers, for example, housing and turnout.  
2643 Nevertheless, subsequent milk production must be evaluated to ensure that there are no  
2644 effects of heifer rearing strategy on performance in the lactating herd.



**Chapter 5: The Effect of Weaning Age and Post-Weaning Feeding Rate on  
Growth and Fertility of Pasture-Based Holstein-Friesian and Jersey Dairy  
Heifers**

*Livestock Science* (Submitted)

2645

**5.1 Abstract**

2646

Achieving weight-for-age targets while rearing heifers is essential for future productivity,

2647

particularly in pasture-based production systems where the growth trajectory is not linear.

2648

The present study investigated the effect of weaning age (eight or 12 weeks) and post-

2649

weaning feeding regime (high or low) on the growth and fertility performance of pasture-

2650

based HF (n=130) and JE (n=57) dairy heifers over two years. Body weight and LBM of

2651

the heifers were monitored from birth until breeding.

2652

Fertility performance was also observed. At three months of age, the 12-week weaned

2653

calves were superior in terms of BW and LBM; however, this advantage had disappeared

2654

entirely by nine months of age. There was an interaction between pre and post-weaning

2655

treatment for length at three, six, and nine months, respectively, indicating a different

2656

mechanism in the pattern of linear growth compared with BW. Body weight, ADG, and

2657

LBM were significantly different for HF and JE heifers throughout the experiment. The

2658

12w heifers were more likely to exhibit pre-breeding estrus activity when compared to

2659

their 8w herd mates. There were significant interactions between weaning age and post-

2660

weaning growth rate for days from conception to MSD, pregnancy to the first service,

2661

pregnant to first service, and 42-day pregnancy rate, respectively, such that 8wL heifers

2662

and 12wH heifers had improved fertility performance relative to their 8wH and 12wL

2663

herd mates. There was an effect of breed on the six-week in-calf rate, such that JE heifers

2664

were less likely to fall pregnant in the first six weeks of the breeding season.

2665

**5.2 Introduction**

2666 Achieving heifer weight for age targets (Patterson et al., 1992) throughout the rearing  
2667 period is necessary so that replacement heifers, particularly in seasonal calving systems,  
2668 achieve puberty and are available for breeding at 15 months (McNaughton and Lopdell,  
2669 2013). This minimizes the non-productive lifespan of the heifer and maintains a compact  
2670 seasonal calving pattern (Wathes et al., 2014). Many farmers are interested in early  
2671 weaning strategies in an effort to reduce both costs and labour requirements, particularly  
2672 in seasonal calving systems. Substantial costs are incurred in the pre-weaning period; a  
2673 UK survey determined that it cost on average £195 to rear a calf from birth until weaning  
2674 at 62 days, with milk-feeding accounting for 37.3% of these costs (Boulton et al., 2015).  
2675 However, calves are most efficient at converting nutrients to BW gain in early life (Kertz  
2676 et al., 1998) and, therefore, may benefit from high feeding rates in the pre-weaning period.  
2677 Some studies have determined that intensified feeding in the pre-weaning period, either  
2678 by increasing the volume of milk-fed (Hill et al., 2009), altering milk composition (Terre  
2679 et al., 2009) or lengthening the duration of milk-feeding (Bjorklund et al., 2013), may  
2680 have positive associations with age and BW at breeding.

2681 Similarly, higher feeding rates in the post-weaning period have been found to increase  
2682 BW and thus reduce the age at puberty (Pereira et al., 2017; Le Cozler et al., 2019).  
2683 Feeding energy-dense diets in the post-weaning period may result in heifers that are  
2684 younger and lighter at the onset of puberty (Rincker et al., 2011). Feeding in the pre (Khan  
2685 et al., 2011) and post-weaning (Pereira et al., 2017) periods are therefore a function of  
2686 age at breeding and so should be optimized by meeting weight-for-age targets (Patterson  
2687 et al., 1992; Wathes et al., 2014).

2688 To date, there are few studies that have examined the effect of both pre and post-weaning  
2689 nutrition on growth and fertility performance throughout the first 15 months of the rearing  
2690 period. The objective of the present study, therefore, was to determine the effect of  
2691 weaning age and post-weaning feeding regime on BW, ADG, and LBM, taken from birth  
2692 to breeding for both HF and JE dairy heifers to determine if there is a relationship between  
2693 BW, ADG, LBM and fertility parameters. It was hypothesized that later weaned heifers  
2694 offered a high post-weaning feeding regime would be heavier, longer, taller, have greater  
2695 girth circumference, and ultimately have improved fertility than their herd mates weaned  
2696 earlier and offered a low post-weaning feeding regime.

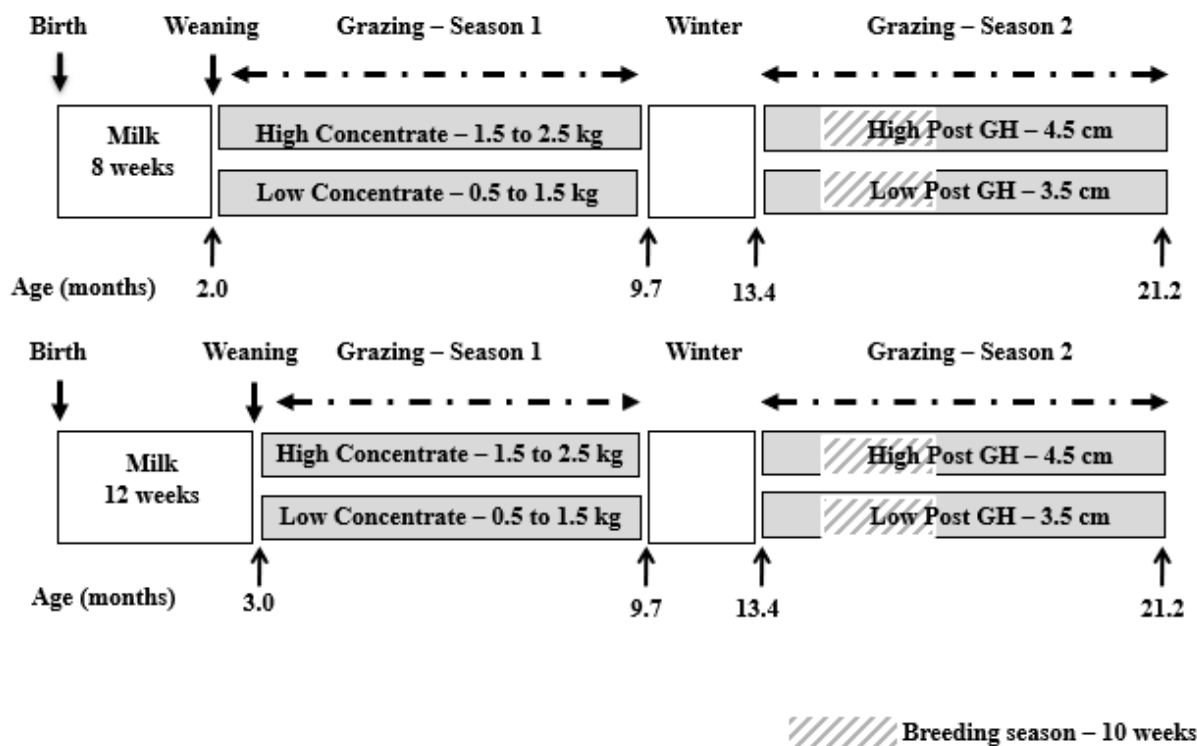
### 2697 **5.3 Materials and Methods**

2698 This study was carried out on the Dairygold Research Farm at Teagasc, Animal &  
2699 Grassland Research and Innovation Centre, Moorepark, Kilworth, Co. Cork, Ireland  
2700 (52°09'N 8°16'W) between February 2018 and September 2020. Ethical approval was  
2701 granted by the Teagasc Animal Ethics Committee (TAEC) (TAEC129/2016), and  
2702 procedure authorization was granted by the Irish Health Products Regulatory Authority  
2703 (HPRA) (AE19132/P070). All experiments were conducted in accordance with the  
2704 Cruelty to Animals Act (Ireland 1876, as amended by European Communities  
2705 Regulations 2002 and 2005) and the European Community Directive 86/609/EC.

#### 2706 **5.3.1 Experimental Treatments and Animals**

2707 The study examined 2 (weaning ages; 8w or 12w) x 2 (post-weaning planes of nutrition;  
2708 (H or L) in a factorial design, with a total of 187 heifer calves assigned to the study (Figure  
2709 5.1). Heifers enrolled in the study were born across two years; in 2018 (n=26 JE heifers  
2710 with a mean bBW of  $23.0 \pm 2.38$  kg and n=62 HF heifers with a mean bBW of  $34.4 \pm$   
2711  $4.67$  kg) and in 2019, there were 31 JE heifers with a mean bBW  $24.5 \pm 2.88$  kg and 68

2712 HF heifers with a mean bBW  $35.2 \pm 4.23$  kg. The heifers born in 2018 (9 February  $\pm 12.8$   
 2713 days) and 2019 (8 February  $\pm 12.7$  days) will henceforth be referred to as Y1 and Y2,  
 2714 respectively. Calves were balanced for bBW, breed, and date of birth and were randomly  
 2715 assigned to their treatment.



2717 **Figure 5.1:** Illustration of the experimental design, timeline, and the approximate age  
 2718 (months) of the heifers at each period.

### 2719 5.3.2 Pre-Weaning Heifer Management

#### 2720 5.3.2.1 Colostrum and Transition Milk Feeding

2721 Trained and experienced personnel supervised all calving events. Following birth, calves  
 2722 were immediately removed from their dam as a standard biosecurity measure. Each calf  
 2723 was weighed (TruTest XR3000, Tru-test Limited, Auckland, New Zealand), and 10%  
 2724 iodine spray was applied to the navel area.

2725 Calves were then placed in straw-bedded individual pens (1.3 x 0.8m), located indoors,  
2726 and received three litres of good quality colostrum from a single dam, not necessarily  
2727 their mother (Barry, 2020), within two hours of birth. The colostrum (first milk produced  
2728 by the cow post-calving) was collected from freshly calved cows twice per day at  
2729 scheduled milking times (07:30h or 15:00h). Colostrum was tested using a digital  
2730 refractometer (Hanna Instruments, HI-96801 Refractometer, Hanna Instruments Limited,  
2731 Bedfordshire, United Kingdom), and only colostrum with a Brix value of  $\geq 22\%$  was  
2732 retained and fed as the first feed (Bielmann et al., 2010). Following collection and quality  
2733 testing, colostrum was immediately refrigerated at 4°C for a maximum of 48 hours  
2734 (Cummins et al., 2017) before being warmed to 37°C in a tepid water bath prior to feeding.  
2735 After colostrum feeding, calves received five feeds of transition milk (2 Litres per feed;  
2736 Brix value  $< 22\%$ ) while still located in individual pens.

#### 2737 ***5.3.2.2 Pre-Weaning Period***

2738 When the calves had received all of their colostrum and transition milk feeds  
2739 (approximately three days old), they were grouped by age, irrespective of treatment, in a  
2740 group pen containing approximately 20 calves. The group pens, which were indoors,  
2741 measured 9.5 x 4.8m and consisted of a concrete feeding area with a straw-bedded lie  
2742 back. They remained in the same group pen until they were weaned. In the group pen,  
2743 calves were offered 26% CP MR (Volac Heiferlac; Volac, Church St, Portaliff Glebe,  
2744 Killashandra, Co. Cavan; 26% CP, 16% crude oils and fats, 7% crude ash) at a  
2745 reconstitution rate of 15% (150g MR/L water) from an automatic feeder (Vario Smart  
2746 Powder, TAP5-VS1-50: Förster-Technik GmbH, Gerwigstrasse 25, D – 78234 Engen,  
2747 Germany). When calves were introduced to the feeder initially, they were offered 4  
2748 L/MR/day, however; this was gradually increased to 6 L/MR/day over the first seven

2749 days. This volume of MR remained constant at 6 L/MR/day until eight days before each  
2750 calf reached their respective weaning age (eight or 12 weeks) such that in the pre-weaning  
2751 period, the eight and 12-week weaned calves were offered on average 49.4 and 74.6 kg  
2752 of MR, respectively. At which point, they were gradually weaned over a period of seven  
2753 days. At all stages of the feeding program, the daily milk allowance was delivered in three  
2754 equal feeds prepared freshly at 37 °C in one-litre portions. During the housing period,  
2755 fresh, clean drinking water was available at all times, while straw and concentrates (Sweet  
2756 Start Calf Pencils, Southern Milling Ltd, Marina Mills, Cork; 20% CP, 7.2% crude fibre,  
2757 and 9.2% ash) were offered *ad libitum*.

### 2758 **5.3.3 Post-Weaning Heifer Management**

#### 2759 **5.3.3.1 First Grazing Season**

2760 When all calves had been weaned, they were regrouped according to their post-weaning  
2761 treatment group (H or L) and rotationally-grazed predominantly perennial ryegrass  
2762 swards (>80%) until they were housed the following winter. The H and L heifers were  
2763 grazed adjacent to one another, separated by a temporary electric fence, to ensure grass  
2764 of similar quality was offered. Differences between the treatments were created by  
2765 feeding differing levels of concentrates (Dairygold Beeflav, Dairygold Co-Operative  
2766 Society Ltd, Lombardstown Mill, Mallow, Co. Cork; 16% CP, 10% crude fibre, and 5.9%  
2767 ash). Calves assigned to H post-weaning treatment were offered 1.5-2.5 kg  
2768 concentrate/heifer/day, with heifers assigned to the L treatment offered 0.5-1.5 kg  
2769 concentrate/heifer/day. Supplementation depended on grass quality and availability.

#### 2770 **5.3.3.2 Over-Winter Management**

2771 Over-winter management was similar for treatments within year of birth. For the first  
2772 three weeks of winter treatment, Y1 (30th November - 17th December) and Y2 heifers

2773 (25th November – 18th December) were offered Red Start (a kale and rape hybrid forage  
2774 crop), which was grazed *in-situ*, in addition to *ad-libitum* hay and 1 kg  
2775 concentrates/heifer/day (Dairygold Beeflav, Dairygold Co-Operative Society Ltd,  
2776 Lombardstown Mill, Mallow, Co. Cork; 16% CP, 10% crude fibre and 5.9% ash).  
2777 Subsequent to this, heifers were housed, and grass silage (64-67% DMD) and 1.5-2 kg  
2778 concentrate/heifer/day were offered (Roche's Feeds Heifer Rearer 20%; Roches feeds,  
2779 Dock Road, Co. Limerick; 20% CP). Total over-winter concentrate supplementation was  
2780 the same for all heifers. For the final six weeks of the over-winter period, Y1 (7th  
2781 February – 19th March) and Y2 (4th February – 18th March) heifers were turned out and  
2782 offered forage crop (Red Start, as described above), *ad-libitum* hay, and 1 kg  
2783 concentrate/heifer/day before being re-grouped by post-weaning treatment and turned out  
2784 to grass for their second grazing season.

#### 2785 **5.3.3.3 Second Grazing Season**

2786 In their second grazing season, Y1 (March 19 –November 25) and Y2 (March 18 –  
2787 October 22), heifers were re-grouped by treatment (H or L) and offered an all-grass diet.  
2788 Contrasting pasture allowances were offered to create differences between the treatments.  
2789 A post-grazing height (rising plate meter; Jenquip, Feilding, New Zealand) of 4.5 cm was  
2790 targeted for the H treatment, while 3.5 cm was the target for the L treatment.

#### 2791 **5.3.4 Grassland Management**

2792 The farm was walked weekly to estimate the quantity of pasture available in each paddock  
2793 (kg DM/ha), and data were recorded in PastureBase Ireland (PBI; Hanrahan et al., 2017).  
2794 The grass wedge decision support tool, which was generated in PBI from each weekly  
2795 walk, aided the selection of the next most suitable paddock for grazing based on the  
2796 pasture available (pre-grazing yield). The target pre-grazing yield was 1,600 kg DM/ha



2797 (> 4 cm). The wedge also helped identify paddocks where the pre-grazing yield was too  
2798 high (>1800 kg DM/ha), and these paddocks were mown and the surplus grass removed  
2799 as silage.

2800 Similarly, deficits were identified using the grass wedge, and concentrate  
2801 supplementation was adjusted accordingly until sufficient pasture was available to reduce  
2802 concentrate supplementation levels (i.e., grass growth equalled or exceeded demand).  
2803 Fresh grass (>4 cm) was allocated to both (H and L) grazing groups every two to three  
2804 days. Each grass allocation area (m<sup>2</sup>) was measured using a trundle wheel (DW-PRO;  
2805 Caulfield Industrial Ltd., Oranmore Business Park, Oranmore, Co. Galway). Fresh, clean  
2806 drinking water was continuously offered.

### 2807 **5.3.5 Animal Measurements**

#### 2808 ***5.3.5.1 Body weight***

2809 Body weight was measured at birth and every two weeks thereafter until nine months of  
2810 age, after which it was measured monthly until breeding at 15 months (TruTest XR 3000,  
2811 Tru-test Limited, Auckland, New Zealand). The weighing scales were calibrated prior to  
2812 use. Average daily gain was calculated by regressing BW measurements over the trial  
2813 period.

#### 2814 ***5.3.5.2 Linear Body Measurements***

2815 Linear body measurements (BL, WH, and HG) were recorded twice a month from birth  
2816 until nine months and every three months thereafter until breeding at 15 months. All  
2817 measures were recorded in centimetres. The same person consistently took measurements  
2818 to minimize variation. A soft measuring tape (Whitecroft Essentials Ltd 2018,  
2819 Mitcheldean, Gloucestershire) was used to measure the BL and HG. In order to ensure

2820 the tape was measuring correctly (i.e., it had not stretched over time), it was tested against  
2821 a measuring stick before each use. Body length was defined as the horizontal distance  
2822 from the top of the withers to the ischium. Heart girth was defined as the circumference  
2823 of the animal's body measured directly behind the front legs. A specialized measuring  
2824 stick (Nasco, Fort Atkinson, WI), which accurately measured the WH by lowering a  
2825 sliding crossbar, was used. Withers height of the animal was defined as the vertical  
2826 distance from the ground to the top of the withers.

### 2827 **5.3.6 Fertility**

2828 The Y1 heifers were examined using trans-rectal ultrasonography (Ibex Pro scanner with  
2829 an 8.5 MHz transducer, E.I. Medical Imaging, Loveland, CO) one month before MSD to  
2830 determine if they had started ovulating. In 2020, restrictions due to the global SARS-  
2831 CoV-2 pandemic meant that pre-breeding scanning was not possible. Instead, Y2 heifers  
2832 were tail painted one month prior to the commencement of the breeding season. Heifers  
2833 were visually observed twice per day for one month; if physical signs of estrus were  
2834 displayed or if the tail paint was found to have been removed (Palmer et al., 2010), it was  
2835 determined that the heifer had started ovulating.

2836 The breeding season for Y1 and Y2 heifers began on April 29, 2019, and April 27, 2020,  
2837 respectively, and lasted for ten weeks. In accordance with best practice reproductive  
2838 management (Berry et al., 2015), heifers detected in estrus were inseminated once daily,  
2839 at midday, by the same technician. For the first seven days of the breeding season Y1 and  
2840 Y2 heifers that were observed standing to be mounted, that had tail paint removed or  
2841 displayed physical signs of estrus were drafted for AI with frozen-thawed semen from a  
2842 bull, chosen from a team of 12 (six JE and six HF) and 15 (five JE and ten HF)

2843 genomically selected sires of the highest EBI in Y1 and Y2, respectively. The team of  
2844 bulls was evenly distributed across each treatment group.

2845 After seven days, heifers that had not submitted to AI were identified and administered  
2846 two ml of an intramuscular prostaglandin injection (Estrumate®; Intervet, Dublin,  
2847 Ireland) to induce estrus (Sprott and Carpenter, 2007). Once all heifers had been AI'd, a  
2848 team of four easy-calving Aberdeen Angus stock bulls carried out natural service. Two  
2849 stock bulls were placed at random with each treatment group. Pregnancy status was  
2850 determined by transrectal ultrasound on average 40 days and again 100 days post-  
2851 insemination. The ultrasound examination records were used to predict a calving date for  
2852 each heifer.

2853 The following reproductive measurements were recorded: achievement of puberty prior  
2854 to breeding, days to conception from MSD, submission rate, pregnancy rate to the first  
2855 service, 42-day pregnancy rate, pregnancy result, and AFC. The pre-breeding scan result  
2856 took account of whether or not the animal had started ovulating prior to MSD. The days  
2857 to conception from MSD was defined as the number of days taken for a heifer to conceive  
2858 after MSD. The submission rate was defined as the number of days from MSD to the first  
2859 insemination. The pregnancy rate to the first service was defined as the proportion of  
2860 heifers pregnant to the first service as confirmed by an ultrasound scan at the end of the  
2861 breeding season. The 42-day pregnancy rate was defined as whether or not the animal  
2862 became pregnant in the first six weeks of the breeding season. Age at first calving was  
2863 defined as the age in days at which a heifer calved for the first time.

**2864 5.3.7 Data Editing**

2865 In order to determine if BW at breeding had a significant effect on fertility performance,  
2866 HF and JE heifers were also stratified by BW at breeding: heifers were separated into  
2867 three groups based on whether or not they were below, at, or ahead of target BW at  
2868 breeding for their breed group. Target BW at breeding was defined as approximately 60%  
2869 of mature BW (Patterson et al., 1992). The threshold BW values delineating the different  
2870 strata for the HF heifers were  $\leq 315$  kg, between 316 kg and 335 kg, and  $\geq 336$  kg at  
2871 breeding. The threshold BW values delineating the different strata for the JE heifers were  
2872  $\leq 235$  kg, between 236 kg and 255 kg, and  $\geq 256$  kg at breeding.

**2873 5.3.8 Statistical Analysis**

2874 Statistical analyses were conducted using SAS (version 9.4; SAS Institute Inc., Cary,  
2875 NC). Body weight and LBM were assessed using linear mixed models in PROC MIXED.  
2876 Factors considered in the model investigating BW and LBM were pre and post-weaning  
2877 treatment, the interaction between pre and post-weaning treatment, breed, and birth year.  
2878 Birth BW was included in the models as a covariate. In addition, the EBI sub-index for  
2879 beef carcass, which would account for genetic variation in body size, was also included  
2880 in the model for LBM as a covariate. Significant associations were confirmed when  $P <$   
2881 0.05 and least-square means were assessed.

2882 Continuous fertility variables such as submission rate to AI, MSD to conception interval,  
2883 and AFC were also analysed using linear mixed models in PROC MIXED. Factors  
2884 considered in the model investigating continuous fertility variables were pre and post-  
2885 weaning treatment, the interaction between pre and post-weaning treatment, breed, the  
2886 month in which the heifer was born, and birth year. In the linear mixed models to

2887 determine if BW at breeding affected continuous fertility variables, factors considered in  
2888 the model were breed nested within strata for BW at breeding and year of birth.  
2889 Significant associations were confirmed when  $P < 0.05$  and least-square means were  
2890 assessed.

2891 Binary fertility variables such as pre-breeding scan result, whether or not the heifer  
2892 became pregnant to her first service, 42-day pregnancy rate, and whether or not the heifer  
2893 achieved a positive pregnancy result were analysed using PROC GLIMMIX (binomial  
2894 distribution and link logit functions). Factors considered in the model investigating  
2895 continuous fertility variables were pre and post-weaning treatment, the interaction  
2896 between pre and post-weaning treatment, breed, month in which the heifer was born, and  
2897 year of birth.

2898 In the models to determine if BW at breeding had an effect on binary fertility variables,  
2899 year of birth was included as a covariate. Factors considered in the model investigating  
2900 binary fertility variables were breed nested within strata for BW at breeding. Significant  
2901 associations were confirmed when  $P < 0.05$  and least-square means were assessed. The  
2902 PROC GLIMMIX model for whether or not the heifer achieved a positive pregnancy  
2903 result did not converge due to the distribution of data, such that all the 8wL heifers  
2904 achieved a positive pregnancy result. Consequently, the pregnancy rates (%) for each of  
2905 the treatment groups are instead presented.

## 2906 **5.4 Results**

### 2907 **5.4.1 Growth and Linear Body Measurements**

2908 The associations between weaning age, post-weaning feeding regime, and breed with  
2909 BW, ADG, BL, HG, and WH, respectively, are outlined in Table 5.1. There was a

2910 significant interaction between weaning age and post-weaning feeding regime for BL at  
2911 three ( $P = 0.016$ ), six ( $P = 0.016$ ), and nine ( $P = 0.009$ ) months of age, respectively. There  
2912 was no significant interaction between weaning age and post-weaning feeding regime for  
2913 any of the other variables measured, and therefore, only the main effects of weaning age,  
2914 post-weaning feeding regime, and breed are detailed in the text.

2915 Average daily gain from birth until three months old was significantly higher ( $P = <0.001$ )  
2916 for 12w calves compared to 8w calves (0.62 and 0.54 kg/day, respectively). Calves  
2917 weaned at 12 weeks had significantly ( $<0.001$ ) higher BW, BL, HG, and WH than their  
2918 8w herd mates at three months of age. Neither weaning age nor post-weaning feeding  
2919 regime was associated with the ADG of the calves from three to six months; however, the  
2920 relationship between BW and weaning age tended towards significance ( $P = 0.051$ ).

2921 **Table 5.1:** Effect of weaning age (Pre), post-weaning treatment (Post), the interaction between Pre\*Post, and breed on body weight (BW;  
 2922 kg), average daily gain (ADG; kg/heifer/day), length (cm), girth (cm) and height (cm) of Jersey (JE) and Holstein-Friesian (HF) dairy heifers  
 2923 at key time points during the rearing period.

	Treatment				Breed				Pr > F			
	8 weeks		12 weeks		S.E	HF	JE	S.E	Pre	Post	Pre*post	Breed
	High	Low	High	Low								
<i>3 months</i>												
BW	74.0	74.7	82.2	79.9	1.34	87.3	68.1	0.99	<0.001	0.548	0.263	<0.001
ADG birth to 3 months	0.54	0.54	0.64	0.60	0.017	0.63	0.53	0.012	<0.001	0.346	0.287	<0.001
Length	72.2	73.4	74.7	73.6	0.52	75.9	71.1	0.66	0.003	0.961	0.016	0.001
Girth	102.8	102.5	105.2	103.5	0.82	108.0	99.0	1.05	0.018	0.180	0.347	<0.001
Height	86.0	85.8	87.5	87.6	0.54	89.8	83.7	0.68	0.006	0.900	0.856	<0.001
<i>6 months</i>												
BW	127.6	130.2	136.2	130.9	2.43	149	113.5	1.8	0.051	0.581	0.101	<0.001
ADG 3 to 6 months	0.64	0.66	0.64	0.61	0.017	0.73	0.55	0.017	0.316	0.773	0.227	<0.001
Length	81.7	82.9	83.8	82.7	0.52	84.8	80.8	0.66	0.040	0.871	0.016	0.002
Girth	122.1	122.7	124.3	122.7	0.81	127.4	118.5	1.03	0.120	0.538	0.122	<0.001
Height	95.9	96.4	98.0	97.0	0.54	100.4	93.3	0.69	0.005	0.669	0.117	<0.001
<i>9 months</i>												
BW	195.2	185.0	204.0	183.3	3.13	216	168.1	2.309	0.246	<0.001	0.090	<0.001
ADG 6 to 9 months	0.81	0.66	0.80	0.62	0.025	0.79	0.65	0.018	0.353	<0.001	0.510	<0.001
Length	94.9	95.0	96.5	94.2	0.52	97.4	92.9	0.659	0.464	0.0165	0.009	0.003
Girth	141.0	139.4	143.6	139.2	0.94	145.4	136.2	1.2	0.154	0.004	0.102	<0.001
Height	107.4	106.5	108.6	106.6	0.56	109.6	105.0	0.71	0.213	0.003	0.275	0.006
<i>12 months</i>												
BW	229.9	222.3	238.8	216.7	3.44	254	200	2.531	0.643	<0.001	0.033	<0.001
ADG 9 to 12 months	0.42	0.45	0.41	0.40	0.020	0.45	0.38	0.015	0.187	0.503	0.358	0.001
Length	103.9	103.9	104.8	103.3	0.51	105.4	102.5	0.654	0.813	0.117	0.088	0.018
Girth	153.3	150.4	154.7	151.0	0.98	156.5	148.2	1.243	0.253	0.002	0.653	0.005
Height	113.0	111.9	114.5	112.0	0.56	115.9	109.9	0.707	0.116	0.000	0.164	<0.001
<i>15 months</i>												
BW	273.0	267.9	280.1	265.3	3.65	304	238.8	2.688	0.539	0.006	0.175	<0.001
ADG 12 to 15 months	0.51	0.54	0.49	0.58	0.018	0.60	0.46	0.013	0.610	0.007	0.105	<0.001
Length	108.6	108.8	109.3	108.3	0.48	110.0	107.5	0.608	0.826	0.295	0.133	0.031
Girth	162.6	159.3	164.5	160.2	0.93	166.2	157.0	1.181	0.095	<0.001	0.553	<0.001
Height	117.6	116.7	118.1	116.6	0.55	120.1	114.5	0.704	0.683	0.015	0.559	<0.001

2924

2925 At six months of age, there was still an effect of weaning age on BL (82.3 and 83.3 cm  
2926 for 8w and 12w, respectively) and WH (96.2 and 97.5 cm for 8w and 12w, respectively).  
2927 There was no effect of weaning age at nine months of age, and instead, post-weaning  
2928 treatment positively influenced all measured growth performance variables ( $P < 0.003$ ).  
2929 Post-weaning feeding regime had no effect on ADG from nine to 12 months or length at  
2930 12 months; however, BW (234.4 and 219.5 kg for H and L, respectively), HG (154.0 and  
2931 150.7 cm for H and L, respectively), and WH (113.8 and 112.0 for H and L, respectively)  
2932 were still significantly higher for H calves. Similarly, at 15 months, the post-weaning  
2933 feeding regime had a significant effect on all growth parameters with the exception of BL  
2934 (109.0 and 108.6 for H and L, respectively). Body weight, ADG, BL, HG, and WH were  
2935 significantly different for HF and JE at each time-point during the experiment.

#### 2936 **5.4.2 Fertility Performance**

2937 The associations between weaning age, post-weaning feeding regime, breed, and the  
2938 likelihood of pre-breeding estrus activity, whether a heifer needed one or more than one  
2939 service to achieve pregnancy, whether a heifer was confirmed pregnant or not, whether a  
2940 heifer became pregnant to her first service or not and whether a heifer became pregnant  
2941 in the first 42 days of the breeding season are outlined in Table 5.2. The 12wH and L  
2942 heifers were more likely to exhibit pre-breeding estrus activity when compared to their  
2943 8w weaned herd mates (odds ratio (OR) = 1.00 and OR = 0.70, respectively). The  
2944 associations between post-weaning treatment ( $P = 0.093$ ) and the interaction between pre  
2945 and post-weaning treatment ( $P = 0.051$ ) for the number of services required to achieve  
2946 pregnancy, respectively, were tending towards significance.



2947 **Table 5.2:** Associations between weaning age (Pre), post weaning feeding regime (Post)  
 2948 and breed, and the interaction between Pre\*Post for a fertility performance

				Pr > F			
		OR†	95% CI†	Pre	Post	Pre*post	Breed
<b>(a) Pre-breeding estrus activity</b>							
Pre*Post							
	12 weeks high	1		0.041	0.680	0.555	0.28
	12 weeks low	0.7	0.242 - 2.023				
	8 weeks high	0.39	0.142 - 1.069				
	8 weeks low	0.416	0.150 - 1.149				
Breed							
	HF	1					
	JE	1.546	0.696 - 3.434				
<b>(b) Number of services</b>							
Pre*Post							
	12 weeks high	1		0.604	0.093	0.051	0.502
	12 weeks low	3.003	1.282 - 7.035				
	8 weeks high	2.112	0.921 - 4.844				
	8 weeks low	1.943	0.842 - 4.486				
Breed							
	HF	1					
	JE	0.802	0.421 - 1.531				
<b>(c) Pregnant to first service</b>							
Pre*Post							
	12 weeks high	1		0.877	0.601	0.010	0.719
	12 weeks low	0.52	0.222 - 1.221				
	8 weeks high	0.464	0.199 - 1.081				
	8 weeks low	1.235	0.498 - 3.062				
Breed							
	HF	1					
	JE	1.13	0.579 - 2.208				
<b>(d) 42-day pregnancy rate</b>							
Pre*Post							
	12 weeks high	1		0.417	0.855	0.023	0.045
	12 weeks low	0.361	0.107 - 1.217				
	8 weeks high	0.488	0.14 - 1.702				
	8 weeks low	1.608	0.347 - 7.458				
Breed							
	HF	1					
	JE	0.4	0.163 - 0.979				

2949

2950 † OR = odds ratio, CI = confidence interval

2951 § Approaching significance ( $P < 0.10$ )

2952 There were significant associations ( $P=0.007$ ) between weaning age and post-weaning  
2953 feeding regime for days from MSD to conception (Table 5.3); the 8wL and 12wH heifers  
2954 ( $15.8 \pm 2.9$  days and  $18.0 \pm 2.8$  days, respectively) had fewer days from MSD to  
2955 conception compared to the 8wH and 12wL heifers ( $24.1 \pm 2.76$  days and  $23.3 \pm 2.82$   
2956 days, respectively). There was a significant interaction between weaning age and post-  
2957 weaning feeding regime for pregnancy to first service such that the 12wH (69%) and 8wL  
2958 (74%) heifers achieved a higher pregnancy rate to first service relative to their 12wL  
2959 (54%) and 8wH (52%) herd mates. There was a significant interaction between weaning  
2960 age and post-weaning feeding regime for the 42-day pregnancy rate: the 8wL heifers were  
2961 more likely to achieve a positive pregnancy result in the first six weeks of the breeding  
2962 season when compared to the 12wL heifers. Pregnancy rates were different between  
2963 treatment groups such that 100.0, 91.7, 93.5, and 87.8% of the 8wL, 8wH, 12wL, and  
2964 12wH heifers, respectively, were pregnant.

2965 Jersey heifers were less likely to become pregnant in the first 42 days of the breeding  
2966 season ( $OR = 0.400$ ; Table 5.2) than the reference breed (HF). When the heifers were  
2967 stratified by breed and BW at breeding, whether they were ahead of target, at target or  
2968 below target BW, did not affect the likelihood of pre-breeding estrus activity, whether a  
2969 heifer needed one or more than one service to achieve pregnancy, whether a heifer was  
2970 confirmed pregnant or not, whether a heifer became pregnant to her first service or not or  
2971 the 42-day pregnancy rate. Despite the model being corrected for age at MSD, when  
2972 heifers were recategorized by breed and BW at breeding, there was a tendency for the HF  
2973 and JE heifers that were overweight at breeding ( $\geq 336$  and  $\geq 256$  kg, respectively) to be  
2974 ( $P = 0.086$ ) older at first calving, whereas heifers that were at and below target BW,  
2975 respectively, were younger at first calving (Table 5.4).

2976 **Table 5.3:** Effect of treatment (weaning age and post-weaning feeding regime) and breed on expected age at first calving (AFC; days), days  
2977 to conception from MSD and submission rate (days).

	Treatment				SEM	Breed			Pr > F			
	8 weeks		12 weeks			HF	JE	SEM	Pre	Post	Pre*post	Breed
	High	Low	High	Low								
Expected AFC	741.8	734.9	739.6	740.4	2.68	739.1	739.3	2.12	0.503	0.204	0.111	0.928
Days to conception from MSD	24.1	15.8	18.0	23.3	2.80	19.4	21.2	2.23	0.779	0.551	0.007	0.509
Submission rate	8.9	7.4	7.5	8.4	0.69	7.8	8.3	0.55	0.709	0.654	0.053	0.489

2978

2979 **Table 5.4:** Effect of BW at breeding and breed on expected AFC (days), days to conception from MSD (days) and submission rate (days)

	HF					JE				
	$\leq 315$ kg	316-335 kg	$\geq 336$ kg	SEM	Pr > F	$\leq 235$ kg	236-255 kg	$\geq 256$ kg	SEM	Pr > F
	Expected AFC	739.0	736.0	744.8	2.84	0.086	734.0	738.8	744.1	4.63
Days to conception from MSD	18.8	14.6	18.8	2.69	0.505	13.8	21.5	20.7	4.07	0.505
Submission rate	8.0	7.8	7.3	0.66	0.587	9.6	7.5	7.5	1.00	0.699

2980

2981

2982

## 5.5 Discussion

### 2983 5.5.1 Growth and Linear Body Measurements

2984 There is currently no definitive heifer rearing strategy that optimizes both growth and  
2985 fertility performance of dairy heifers in a pasture-based production system.

2986 The present study determined that a four week increase in weaning age resulted in  
2987 advantages in live-weight and frame size at 12 weeks of age. The 12w calves achieved  
2988 superior ADG from birth to three months due to the additional MR consumed relative to  
2989 their 8w herd mates. Increasing the length of the milk-feeding period is widely recognized  
2990 as a useful management tool to increase live-weight by taking advantage of high feed  
2991 conversion efficiency in early life (De Passillé et al., 2011; Eckert et al., 2015). Linear  
2992 body measurements were found to be highly correlated with live-weight in the present  
2993 study, and therefore it is unsurprising that there is a significant relationship between  
2994 treatment and length, girth, and height, respectively, at three months of age. From three  
2995 to six months of age ADG was not significantly different between treatment groups: this  
2996 is because post-weaning treatment was not implemented until 1<sup>st</sup> of June (calves were on  
2997 average 3.7 months of age) in Y1 and Y2 when all calves had been weaned off milk.  
2998 During this time, the calves underwent a period of dietary adjustment, which may explain  
2999 the temporary deceleration in growth as they adapted to a predominantly pasture-based  
3000 diet (Swatland, 1994).

3001 The 8w calves achieved numerically higher ADG in the period from three to six months  
3002 and so the difference in live-weight between the 8w and 12w calves reduced by 2 kg  
3003 (from 6.7 kg to 4.7 kg) by six months of age. Compensatory growth is common in calves  
3004 that have slow growth in early life (Brickell et al., 2009a; Curtis et al., 2018). As a

3005 consequence of this, there was no longer a significant effect of treatment on weight and  
3006 girth at six months, there was however still a residual effect of weaning age on length and  
3007 height. At six months the 12w calves were of larger frame size, this may be because of  
3008 higher crude protein intake from additional MR consumed during the first 12 weeks of  
3009 life (Shamay et al., 2005).

3010 There was a significant interaction between treatment and length at three, six and nine  
3011 months, respectively. At each of the aforementioned ages, the 12wH heifers had  
3012 significantly greater values for length compared to all other treatment groups. However,  
3013 this advantage had reduced by 12 months; indicating that the 8wL, 8wH and 12wL heifers  
3014 experienced some compensatory growth in length over the winter period when a common  
3015 diet was offered to all treatment groups. It appears that length is more likely to be static,  
3016 compared to girth and height, thus signifying a different mechanism in the pattern of  
3017 linear body growth when compared with live-weight (Moallem et al., 2010).

3018 The H heifers had higher live-weight, ADG, length, girth, and height at nine months of  
3019 age compared to the L heifers. This was attributable to the higher ADG they achieved  
3020 from six to nine months (0.17 kg/day more than L heifers) due to the higher levels of  
3021 concentrate supplementation (Pereira et al., 2017; Quintana et al., 2018). Feeding  
3022 intensive diets during the rearing period is frequently used to increase heifer live-weight  
3023 and thus reduce age at breeding and first calving (Le Cozler et al., 2019). A common diet  
3024 was offered to the heifers during the winter and as a result there was no difference in  
3025 ADG between L and H heifers from nine to 12 months, however carryover effects of post-  
3026 weaning treatment on live-weight and linear body measurements were still evident at 12  
3027 months (Macdonald et al., 2005).

3028 Low grass growth in early spring as a result of the growth pattern of perennial ryegrass  
3029 (*Lolium perenne*; Hennessy et al., 2008), meant that the Y1 and Y2 heifers were offered  
3030 a common diet of a forage crop for a period of six weeks before being reassigned to their  
3031 post-weaning feed treatment groups and turned out to grass for their second grazing  
3032 season. Although L heifers experienced some compensatory growth during this time (0.06  
3033 kg/day higher ADG relative to their H herd mates), H heifers still had significantly higher  
3034 live-weight, girth, and height values at 15 months. This outcome was also reported in  
3035 other studies whereby a carryover effect of live-weight and linear body measurements  
3036 was observed long after the experiment had concluded (Little and Kay 1979; MacDonald  
3037 et al., 2005).

3038 Live-weight, ADG, and linear body measurements were significantly different for HF and  
3039 JE at every time point during the experiment. This was expected due to the vast  
3040 differences in live-weight and skeletal structure for mature HF and JE animals (Davis and  
3041 Hathaway, 1956; Prendiville et al., 2011b).

3042 Much of the previous research on heifer growth has been undertaken on heifers reared in  
3043 confinement systems whereby feed of consistent quality is offered and so superior growth  
3044 rates are possible (Van Amburgh et al., 2014). However, heifer feed source and quality is  
3045 changeable in pasture-based production systems due to the nature of grass growth (O'  
3046 Donovan et al., 2011). Nevertheless, as is evident from the present study, pasture-based  
3047 heifers can achieve satisfactory growth rates from a predominantly pasture-based diet  
3048 with some concentrate supplementation.

**3049 5.5.2 Fertility Performance****3050 5.5.2.1 *The Effect of Pre and Post-Weaning Treatment on Fertility***

3051 In the present study, 8w heifers were less likely to have initiated estrus activity prior to  
3052 the commencement of the breeding season than 12w heifers. The 12wH heifers were at  
3053 least 10 kg heavier at 14 months compared to the other treatment groups culminating in  
3054 a numerical increase in the number of 12wH heifers that had attained puberty prior to  
3055 MSD. Increased BW gain in early life has often been identified as the reason for a  
3056 reduction in the pubertal age of the heifer (Macdonald et al., 2005; Archbold et al., 2012).  
3057 Overall, fewer Y2 heifers had attained puberty prior to MSD than Y1 heifers; however,  
3058 this may be due to differences in how pre-breeding estrus activity was monitored in Y2  
3059 heifers as a result of the global SARS-CoV-2 pandemic.

3060 Post-weaning treatment and the interaction between pre and post-weaning treatment  
3061 tended to be associated with the number of services required to attain pregnancy. A  
3062 greater proportion of 12wH heifers (63%) needed just one service to achieve pregnancy  
3063 compared to their 12wL (37%), 8wH (46%), and 8wL (48%) herd mates. The 12wH  
3064 heifers were among the heaviest at MSD, indicating a positive relationship between BW  
3065 and the number of services required for conception. Average daily gains of 0.81 kg/day  
3066 have previously been associated with optimizing the number of services required to  
3067 achieve a positive pregnancy result (Brickell et al., 2009b).

3068 There was a significant interaction between weaning age and post-weaning feeding  
3069 regime for days from MSD to conception. The interval from MSD to conception for 12wL  
3070 and 12wH heifers in Y2 had increased by six and 10 days, respectively, compared to Y1.  
3071 Year-on-year variation in fertility performance is typical in pasture-based dairy heifers  
3072 (McNaughton et al., 2007). The 8wL heifers in Y2 had the shortest interval from MSD to

3073 conception and therefore tended ( $P= 0.051$ ) to calve earlier. Earlier calving dates are  
3074 favourable in a seasonal calving pasture-based system so that grazed grass, which is the  
3075 cheapest source of nutrients, may be utilized as feed (Dillon et al., 1995) and so that the  
3076 heifer will have more time to resume cyclicity prior to the commencement of the next  
3077 breeding season (Lane et al., 2013).

3078 There was a significant interaction between weaning age and post-weaning feeding  
3079 regime for the 42-day pregnancy rate such that a greater proportion of the 8wL heifers  
3080 became pregnant in the first six weeks of the breeding season compared to the 12wL  
3081 heifers. This may be because of BW differences between the treatment groups in Y2 such  
3082 that the 8wL heifers were on average 12 kg heavier at MSD than the 12wL heifers: the  
3083 12wL heifers accounted for approximately 44% of all Y2 heifers that were below target  
3084 BW at MSD. The aforementioned difference in the 42-day pregnancy rate between 8wL  
3085 and 12wL heifers in Y2 translated into a significant difference in the expected calving  
3086 date. This is consistent with Archbold et al. (2012), who found that lighter heifers at MSD  
3087 had later calving dates in the first lactation. Nevertheless, in the present study, 93 and  
3088 80% of Y1 and Y2 heifers, respectively, were pregnant within the first six weeks of the  
3089 breeding season, which is in line with the national average six-week in-calf rate of 80%  
3090 on Irish dairy farms (Shalloo et al., 2014).

3091 There was no effect of weaning age on final pregnancy diagnosis, despite a greater  
3092 proportion of 12w heifers having attained puberty prior to MSD. The heifers were on  
3093 average  $443 \pm 12.7$  days old at MSD and on average  $461 \pm 20.3$  days old at conception;  
3094 this suggests that fertility improves in line with the number of estrus cycles experienced  
3095 by a heifer (Byerley et al., 1987; Wathes et al., 2014). The results suggest that within  
3096 seasonal calving systems, weaning age does not impact the final pregnancy rate, which is  
3097 similar to that reported by Morrison et al. (2009a) and Terre et al. (2009); this has positive



3098 ramifications for spring workload as weaning calves at eight-weeks can reduce the  
3099 workload associated with calf rearing (Deming et al. 2018). However, pre-weaning  
3100 nutrition has previously been found to account for up to 22% of the variation in first  
3101 lactation milk production (Soberon et al., 2012a); therefore, the heifers in the present  
3102 study should be monitored until the end of their first lactation to determine if early  
3103 weaning influenced milk production.

3104 In the present study, it was found that H heifers were less likely to achieve a positive  
3105 pregnancy result compared to L heifers. This is consistent with previous research, such  
3106 that heifers that were ahead of target BW observed a decline in reproductive efficiency  
3107 (Ferrell, 1982; Archbold et al., 2012; Handcock et al., 2020). The 8wL heifers achieved  
3108 perfect in-calf rates (100%) in both Y1 and Y2, and this is reflected in the superior  
3109 pregnancy rates of the L treatment group. Overall, the Y1 and Y2 heifers had 8.6 and  
3110 6.5% empty rates, respectively, which were superior to the target empty rates of <10% in  
3111 pasture-based systems (Donworth and Ramsbottom, 2018).

3112 As is evident from the present study, BW and fertility are not mutually exclusive.  
3113 Intensified feeding in the rearing period has been found to successfully increase BW and  
3114 frame of dairy heifers (Pereira et al., 2017; Quintana et al., 2018), both of which are  
3115 fundamental for early attainment of puberty (Little and Kay, 1979; Le Cozler et al., 2008;  
3116 Lohakare et al., 2012). However, while growth may be easily accelerated by specific diet  
3117 formulation in confinement systems of heifer rearing (Erickson and Kalscheur, 2020),  
3118 manipulation of the diet is more difficult in pasture-based heifer rearing systems.

#### 3119 ***5.5.2.2 The Effect of Breed on Fertility***

3120 The effect of heifer breed on fertility performance has not previously been established  
3121 (Macdonald et al., 2005); the present study, however, determined that HF had higher 42-

3122 day pregnancy rates relative to JE. Nevertheless, there were discrepancies between the  
3123 42-day pregnancy rates of Y1 and Y2 HF (1.6 and 14.7%, respectively). Therefore,  
3124 further investigation is required to determine which figure accurately represents the 42-  
3125 day pregnancy rates for HF heifers. There was no breed effect on the other binary  
3126 reproductive traits investigated. This agrees with previous research whereby no  
3127 significant effect of breed on reproductive efficiency was found (Coffey et al., 2016;  
3128 Prendiville et al., 2011a).

3129 In a further attempt to determine if there were significant associations between breed, BW  
3130 at MSD, and fertility performance, the HF and JE heifers in the current dataset were re-  
3131 stratified by BW at MSD. It was found that HF heifers that weighed  $\geq 336$  kg at MSD  
3132 (i.e., between 2 and 12% above target BW at MSD) tended to have older expected ages  
3133 at first calving than their herd mates that were at and below target BW, respectively.  
3134 Approximately 68% of the HF heifers weighed  $\geq 336$  kg at MSD were part of the 8wH  
3135 and 12wH treatment groups, suggesting that a high feeding regime in the post-weaning  
3136 period may have negative associations with AFC. The present study, however, only  
3137 monitored the heifers until 15 months of age. Heavier heifers at breeding often have  
3138 improved milk production performance in the first lactation (Macdonald et al., 2005;  
3139 Handcock et al., 2019c), which has the potential to negate impaired reproductive  
3140 efficiency. Although the increase in first lactation milk production may be advantageous,  
3141 having heifers in excess of target BW can also be detrimental to subsequent calving  
3142 intervals (Carson et al., 2002).

## 3143 **5.6 Conclusion**

3144 The post-weaning feeding regime had a greater influence on BW and LBM throughout  
3145 the rearing period compared to weaning age. This may have positive implications for  
3146 heifer rearing systems whereby meeting weight-for-age targets is vital for optimizing

3147 future production. However, there is a complicated relationship between BW and fertility  
3148 performance, such that the heifers who were ahead of target at MSD observed a slight  
3149 decline in reproductive efficiency in terms of pregnancy rates and expected AFC. This  
3150 study suggests that the heifers that remained on the same plane of nutrition throughout  
3151 the experimental period (i.e., 8wL and 12wH) generally excelled in terms of fertility  
3152 performance. However, additional research is required to ascertain the overall effects of  
3153 rearing strategy on milk production when heifers join the lactating herd.

**Chapter 6: Short Communication: The Development of Equations to Predict Live-  
Weight from Linear Body Measurements of Pasture-Based Holstein-Friesian  
and Jersey Dairy Heifers**

*Livestock Science*

DOI: 10.1016/j.livsci.2021.104693

3154

**6.1 Abstract**

3155 Monitoring the BW of dairy heifers and thus meeting weight-for-age targets is regarded  
3156 as one of the most important aspects of a heifer rearing enterprise as it optimizes future  
3157 production. This is particularly important in pasture-based heifer rearing systems, where  
3158 growth is non-linear, due to seasonal variation in grass growth and quality. Data were  
3159 collected throughout the rearing period to estimate the BW of pasture-based HF (n=130)  
3160 and JE (n=57) dairy heifers using LBM. Body weight was regressed on HG, BV, and a  
3161 polynomial of BL, HG, and WH; all equations were validated within-herd. All three  
3162 equations were accurate predictors of BW for pasture-based dairy heifers ( $R^2 > 0.92$  and  
3163  $RMSE < 19.1$  kg); therefore, in the absence of weighing scales, BW can be successfully  
3164 predicted using LBM. The equation, which utilizes the BV of the heifer, is proposed as  
3165 the most suitable predictor of BW.

3166

**6.2 Introduction**

3167 Body weight has a greater effect on the attainment of puberty in pasture-based dairy  
3168 heifers than that of age (Archbold et al., 2012). Therefore, achieving weight-for-age  
3169 targets (Troccon, 1993) will ensure heifers have achieved puberty prior to breeding at 15  
3170 months, which is essential to maintain a compact calving pattern. Electronic scales are  
3171 widely used to monitor animals' growth worldwide (Lukuyu et al., 2016). However, the  
3172 uptake of technology among Irish and New Zealand farmers is particularly low (Teagasc,  
3173 2016b; McNaughton and Lopdell, 2012). In New Zealand, less than 5% of heifers had a  
3174 BW recorded prior to calving (McNaughton and Lopdell 2012), while there were no  
3175 figures in Ireland. Therefore, it is evident that the weighing of heifers is infrequent, and  
3176 as such, farmers may be reluctant to invest in an electronic weighing scale.

3177 In the absence of an electronic weighing scale, LBM such as HG, WH, and BL (Lukuyu  
3178 et al., 2016) may be relatively accurate in their prediction of BW (Heinrichs et al., 1992)  
3179 and are inexpensive to undertake. Previous research on the use of LBM to predict BW  
3180 has been undertaken in confinement heifer rearing systems, where the growth trajectory  
3181 is linear (Heinrich et al., 1992). However, in pasture-based systems, such as Ireland, grass  
3182 growth and quality are highly variable (Hennessy et al., 2020), and consequently, heifer  
3183 growth is non-linear (Handcock et al., 2019a). The relationship between LBM and BW  
3184 varies with breed (Reis et al., 2008). Therefore, different prediction equations may be  
3185 required for pasture-based heifers of contrasting breed groups, such as HF and JE  
3186 (Handcock et al., 2019a). Therefore, the objective of the present study was to devise a  
3187 series of equations to predict BW from LBM of different breed groups of pasture-based  
3188 dairy heifers from birth to 15 months. This will be beneficial for pasture-based dairy  
3189 farmers as it allows them to monitor the growth of heifers in the absence of a weighing  
3190 scale. It was hypothesized that equations to predict BW of HF and JE heifers using  
3191 different combinations of LBM would have a high prediction accuracy.

### 3192 **6.3 Materials and Methods**

3193 The present data were collected from heifers reared on the Dairygold Research Farm at  
3194 Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Kilworth, Co.  
3195 Cork, Ireland (52°09'N 8°16'W) between February 2018 and September 2020.

3196 In brief, a 2 (weaning ages; 8w or 12w) x 2 (post-weaning planes of nutrition; H or L)  
3197 factorial design was in place. There were 187 heifer calves born in 2018 (n=62 HF heifers  
3198 and n=26 JE with mean bBW of  $34.4 \pm 4.67$  kg and  $23.0 \pm 2.38$  kg, respectively) and  
3199 2019 (n=68 HF and n=31 JE heifers with mean bBW of  $35.2 \pm 4.23$  kg and  $24.5 \pm 2.88$   
3200 kg, respectively) assigned to the study.

3201 All calves received 3 litres colostrum within two hours of birth, followed by five feeds of  
 3202 transition milk. Calves were then grouped by age until they reached their respective  
 3203 weaning ages. When grouped, they were offered 6 L/ day of 26% CPMR, *ad-libitum* fresh,  
 3204 clean drinking water, concentrates, and straw.

3205 Following weaning, calves were re-grouped according to their post-weaning treatment (H  
 3206 or L), and rotationally-grazed perennial ryegrass dominated swards until housing the  
 3207 following winter. During the first grazing season, the H heifers were offered 1.5 kg of  
 3208 concentrate/heifer/day; however, if grass quality and availability were poor, the quantity  
 3209 of concentrate offered increased to 2.5 kg concentrate/heifer/day. Similarly, the L heifers  
 3210 were offered 0.5 kg of concentrate/heifer/day; however, if grass quality and availability  
 3211 were poor, the concentrates offered were increased to 1.5 kg concentrate/heifer/day. A  
 3212 difference in concentrate offered was maintained between the H and L heifers at all times.  
 3213 Over-winter management was similar for treatments; from week one to three, and again  
 3214 during weeks nine to 15, heifers grazed *in-situ* forage brassica (Redstart), in addition  
 3215 to *ad-libitum* hay and 1 kg concentrates/heifer/day. During weeks four to eight of the  
 3216 over-winter period, heifers were housed and offered grass silage and 1.5-2 kg  
 3217 concentrate/heifer/day, depending on silage quality. At turnout to grass for their second  
 3218 grazing season, heifers were re-grouped by post-weaning treatment (H or L) and offered  
 3219 an all-grass diet. Contrasting pasture allowances were offered to create differences  
 3220 between the treatments; post-grazing heights of 4.5 and 3.5 cm were targeted for H and  
 3221 L heifers, respectively. The BW, ADG between weighing dates, and LBM throughout the  
 3222 experimental period are outlined in Table 6.1.

3223 Body weight (kg; TruTest XR 3000, Tru-test Limited, Auckland, New Zealand) and LBM  
 3224 (cm) data were recorded twice a month from birth until nine months and every three  
 3225 months thereafter until breeding at 15 months. A soft measuring tape was used to measure

3226 the BL (horizontal distance from the top of the withers to the ischium) and HG  
 3227 (circumference of the animal's body measured directly behind the front legs). A  
 3228 specialized measuring stick (Nasco, Fort Atkinson, WI) was used to measure the WH  
 3229 (vertical distance from the ground to the top of the withers).

3230 **Table 6.1:** Data available for regression analysis of Holstein-Friesian (HF) and Jersey  
 3231 (JE) heifers

	HF (n=130)		JE (n=57)	
	$\mu$	SD	$\mu$	SD
<i>3 months</i>				
Weight	87.3	11.47	68.1	10.60
ADG birth to 3 months	0.63	0.133	0.53	0.124
Length	75.9	4.78	71.1	6.199
Girth	108.0	5.94	99.0	7.892
Height	89.8	3.39	83.7	4.37
<i>6 months</i>				
Weight	148.9	18.57	113.5	13.25
ADG 3 to 6 months	0.73	0.165	0.55	0.145
Length	84.8	3.48	80.8	4.50
Girth	127.4	7.99	118.5	8.08
Height	100.4	4.22	93.3	3.08
<i>9 months</i>				
Weight	215.7	25.29	168.1	18.83
ADG 6 to 9 months	0.80	0.182	0.65	0.194
Length	97.4	3.44	92.9	3.39
Girth	145.4	6.76	136.2	5.89
Height	109.6	4.05	105.0	3.00
<i>12 months</i>				
Weight	253.9	28.50	200.0	18.63
ADG 9 to 12 months	0.45	0.135	0.38	0.150
Length	105.4	3.59	102.5	3.08
Girth	156.5	7.47	148.2	6.73
Height	115.9	4.43	109.9	3.31
<i>15 months</i>				
Weight	304.4	28.76	238.8	20.71
ADG 12 to 15 months	0.60	0.130	0.46	0.127
Length	110.0	3.45	107.5	3.19
Girth	166.2	6.41	157.0	5.76
Height	120.1	4.33	114.5	3.09

3232  
 3233  
 3234

<sup>1</sup> ADG = average daily gain



**3235 6.3.1 Statistical Analysis**

3236 Statistical analyses were conducted using SAS (version 9.4; SAS Institute Inc., Cary,  
3237 NC). Regressions of BW on LBM were tested (PROC REG) across the entire dataset and  
3238 then for HF and JE separately. Stratifying the dataset by breed group was found to  
3239 increase the accuracy of prediction, therefore verifying that separate comprehensive  
3240 equations were required for pasture-based HF and JE heifers as growth was non-linear  
3241 (Table 6.1 and Figure 6.1). Regressions of BW on HG, WH, BL, and their combinations  
3242 were tested (PROC REG) prior to cross-validation, which aimed to validate a series of  
3243 the best parameters. Three equations were selected for cross-validation such that  
3244 equations that utilized one, two, and three LBM, respectively, were created. Within-herd  
3245 validation involved stratifying the HF and JE datasets by birth year, pre and post-weaning  
3246 treatment.

3247 Numerical differences between the HF and JE datasets resulted in an average of 25 and  
3248 33%, respectively, of records from each stratum being removed for validation. The  
3249 remaining records from each stratum were used to create the equations: heifers were not  
3250 simultaneously present in the calibration and validation data sets. This process was  
3251 repeated four and three times for HF and JE datasets, respectively, until all records had  
3252 been tested using within-herd validation once. Regressions of BW on HG, WH, BL, and  
3253 their polynomial combinations were then performed.

3254

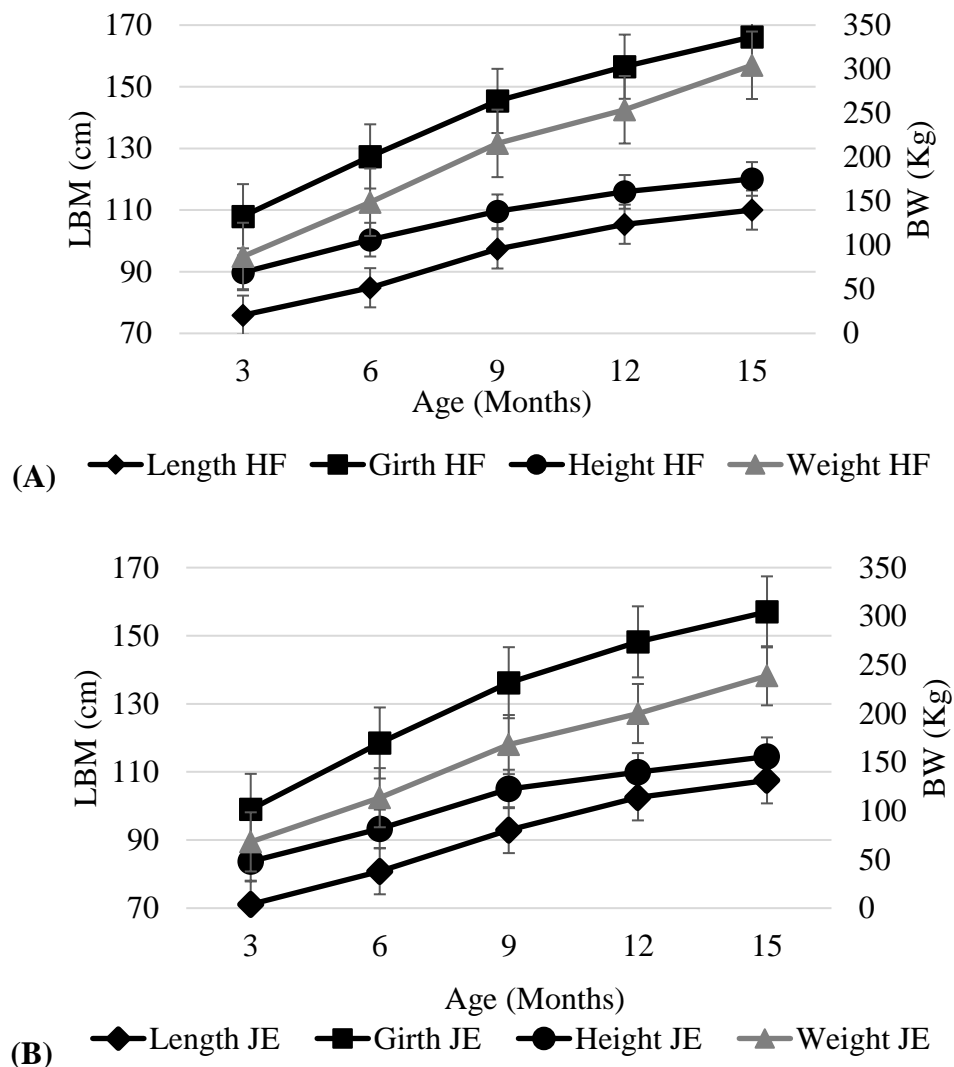
3255

3256

3257 Body volume of the heifer was also regressed on BW, whereby BV was calculated using  
 3258 the formula to calculate cylinder volume:

3259 
$$\text{Body volume} = \pi r^2 h$$

3260 where  $\pi = 3.14$ ,  $r = (\text{HG}/2\pi)$  and  $h = \text{BL}$ . Both linear and non-linear relationships were  
 3261 tested. All regression equations then underwent within-herd validation. The association  
 3262 between predicted and actual BW was assessed using regression analysis.



3263 **Figure 6.1:** Body weight (BW; kg) and linear body measurements (LBM; i.e., length,  
 3264 girth and height; cm) of Holstein-Friesian (HF; A) and Jersey (JE; B) heifers.

3265

3266 The statistical methodology used to evaluate the accuracy of BW predicted by the model,  
 3267 compared with actual BW on 25 and 33% of the data for the HF and JE heifers,  
 3268 respectively, was similar to that of Ruelle et al. (2019). In brief, the  $R^2$ , RMSE, slope of  
 3269 the line, MSPE, RPE, and CCC were used to determine if the model accurately predicted  
 3270 BW. The MSPE is the sum of three components: mean bias  $(M_m - P_m)^2$ , line variation  $S_p^2$   
 3271  $(1 - b)^2$  and random variation about the line,  $S_m^2 (1 - R^2)$ , whereby each is expressed as a  
 3272 proportion of the total MSPE:

$$3273 \quad MSPE = \frac{\sum(M-P)^2}{n}$$

$$3274 \quad = (M_m - P_m)^2 + S_p^2(1 - b)^2 + S_m^2(1 - R^2)$$

3275 where  $n$  is number of records,  $M$  and  $P$  are measured and predicted BW, respectively,  $M_m$   
 3276 and  $P_m$  are mean values of  $M$  and  $P$ , respectively,  $S_m^2$  and  $S_p^2$  are variances of  $M$  and  $P$ ,  
 3277 respectively,  $b$  is the slope of the line of  $P$  regressed on  $M$ ; and  $R^2$  is the coefficient of  
 3278 determination of the line. The RMSPE is the root of the MSPE. The RPE is calculated as:

$$3279 \quad RPE = \left( \frac{RMSPE}{M_m} \right) \times 100$$

3280 The CCC is comprised of two components:

$$3281 \quad CCC = p \times Cb$$

3282 where  $p$  is the Pearson correlation coefficient and  $Cb$  is the bias correction factor:

$$3283 \quad Cb = \frac{2 \times \sigma_m \times \sigma_p}{\sigma_m^2 + \sigma_p^2 + (\mu_m - \mu_p)^2}$$

3284 and  $\sigma_m$ ,  $\sigma_p$ ,  $\mu_m$  and  $\mu_p$  are the standard deviation and average of the measured and  
 3285 predicted data, respectively. The CCC evaluates the correlation between the actual and  
 3286 predicted BW and the deviation from the 45° line.

3287

**6.4 Results**

3288

The fitting statistics for the equations are outlined in Table 6.2, whereby values reported

3289

are the average of the four and three iterations for the HF and JE within-herd validations,

3290

respectively. All three equations accurately predicted BW (Figure 6.2) with RPE values

3291

of between 8.1 and 12.5%. In all equations, a high proportion of MSPE (>97.4%) was

3292

attributable to random variation. The equations to predict BW had average  $R^2$  and RMSE

3293

values of 0.95 (range 0.92 – 0.97) and 14.8 kg (range 11.8 – 19.1 kg), respectively.

3294

Although still an excellent predictor of BW for HF and JE heifers (RPE 11.5 and 12.5,

3295

respectively), the equation that predicted BW using a single LBM, namely HG, resulted

3296

in inferior fitting statistics compared to the equation that utilized two and three LBM.

3297

Including all three LBM as a polynomial in the prediction equation improved RPE values

3298

by 3.4 and 3.6% for HF and JE heifers, respectively, compared to the equation that utilized

3299

one LBM. The equation that regressed BW on BV was also found to accurately predict

3300

BW, with RPE values of 9.0 and 10.3% for HF and JE heifers, respectively. The

3301

regression equations used to predict BW for HF and JE heifers are presented in Table 6.3.

3302 **Table 6.2:** Comparison between the actual and predicted live-weight (kg) of Holstein-Friesian (A) and Jersey (B) heifers for different  
 3303 simulations using within herd validation

3304 **(A)**

	Measured	Predicted	Slope	RMSPE	Proportion of the MSPE					
					Mean	Line	Random	RPE	CCC	C bias
<i>Girth</i>	166.5	166.6	1.00	19.1	0.3	0.1	99.6	11.5	0.97	1.00
<i>Body volume</i> <sup>1</sup>	166.5	166.6	1.00	15.0	0.1	0.6	99.4	9.0	0.98	1.00
<i>Length, Girth, Height, Length<sup>2</sup>, Girth<sup>2</sup> and Height<sup>2</sup></i>	166.4	166.4	1.00	13.5	0.5	0.5	99.0	8.1	0.98	1.00

3305 **(B)**

	Measured	Predicted	Slope	RMSPE	Proportion of the MSPE					
					Mean	Line	Random	RPE	CCC	C bias
<i>Girth</i>	130.6	130.6	1.00	16.3	0.6	0.4	99.0	12.5	0.96	1.00
<i>Body volume</i> <sup>1</sup>	130.6	130.6	1.00	13.5	1.8	0.8	97.4	10.3	0.97	1.00
<i>Length, Girth, Height, Length<sup>2</sup>, Girth<sup>2</sup> and Height<sup>2</sup></i>	130.6	130.5	1.00	11.7	0.2	0.1	99.8	8.9	0.98	1.00

3306 <sup>1</sup> Body volume was regressed on live-weight whereby the formula to calculate cylinder volume was utilized

3307 <sup>2</sup> RMSPE = root mean square prediction error; MSPE = mean square prediction error; RPE = relative predicted error; CCC = concordance  
 3308 correlation coefficient; Cbias = bias of the concordance correlation coefficient

3309 **Table 6.3:** Regression equations created using the lengths (BL), girths (HG), heights (WH) and body volumes (BV) of Holstein-Friesian  
 3310 (HF; A) and Jersey (JE; B) heifers, respectively

3311 **(A)**

	Equation	R <sup>2</sup>	RMSE
<i>Girth</i>	-235.2 + 3.2 (HG)	0.93	19.13
<i>Body volume</i>	8.3 + 0.0012 (BV)	0.96	15.06
<i>Length, Girth, Height, Length<sup>2</sup>, Girth<sup>2</sup> and Height<sup>2</sup></i>	-89.2 - 3.3 (BL) -1.2 (HG) + 4.3 (WH) + 0.027 (BL <sup>2</sup> ) + 0.010 (HG <sup>2</sup> ) + 0.009 (WH <sup>2</sup> )	0.97	13.23

3312 **(B)**

	Equation	R <sup>2</sup>	RMSE
<i>Girth</i>	-198.6 + 2.7 (HG)	0.92	16.31
<i>Body volume</i>	7.1 + 0.0011 (BV)	0.95	13.37
<i>Length, Girth, Height, Length<sup>2</sup>, Girth<sup>2</sup> and Height<sup>2</sup></i>	-7.5 - 3.4 (BL) + 0.1 (HG) + 1.4 (WH) + 0.0028 (BL <sup>2</sup> ) + 0.004 (HG <sup>2</sup> ) + 0.003 (WH <sup>2</sup> )	0.96	11.79

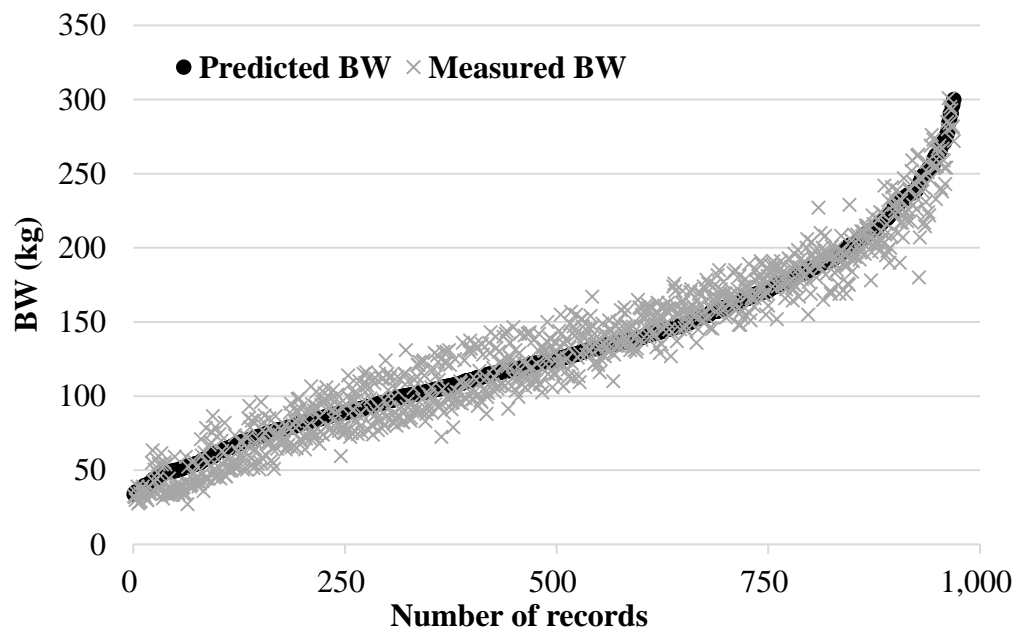
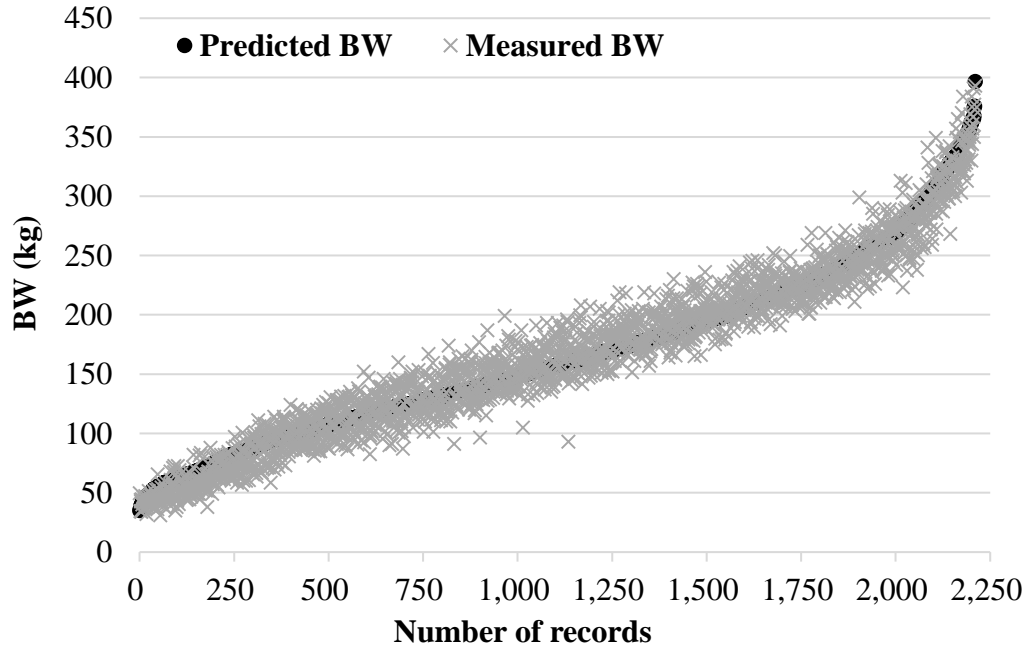
3313 <sup>1</sup> RMSE = root mean square error

3314

**6.5 Discussion**

3315 The aim of the present study was to develop equations to predict the BW of growing dairy  
3316 heifers in a pasture-based system. Equations have been developed previously (Heinrichs  
3317 et al., 1992); however, these animals were reared in confinement heifer rearing systems  
3318 where precision nutrition ensures greater efficiency of nutrient utilization (Zanton and  
3319 Heinrichs, 2008b). Heifers in pasture-based heifer rearing systems, such as that in Ireland,  
3320 are offered a predominately grazed-grass diet, with concentrate supplementation when  
3321 grass growth and quality are poor. Consequently, heifers reared in pasture-based systems  
3322 follow a seasonal growth pattern (Handcock et al., 2021). Similar to Heinrichs et al.  
3323 (1992), HG was highly correlated ( $R^2 > 0.92$  and RPE 11.5 and 12.5% for HF and JE,  
3324 respectively) with BW and was therefore used to develop a simple equation for the  
3325 prediction of BW. Using a single LBM to predict BW may be useful for farmers who  
3326 wish to monitor the growth of their heifers but may not have time to measure several  
3327 dimensions of skeletal growth. The inclusion of two or more LBM in the regression  
3328 equation slightly improved BW prediction: the regression equation for BV utilized HG  
3329 and BL and was found to predict HF and JE heifer BW to within 13.4 and 15.1 kg,  
3330 respectively. Body volume was previously found to be highly correlated with BW of  
3331 native Indonesian cows (Papatungan et al., 2015); however, to the best of the author's  
3332 knowledge, BV has never been used to predict BW of pasture-based heifers. Similar to  
3333 Reis et al. (2008), including three independent LBM in the equation increased prediction  
3334 accuracy. Furthermore, polynomial regression of BL, HG, and WH on BW improved the  
3335 fit statistics further, with an  $R^2$  of 0.97 and 0.96 and RMSE of 13.2 and 11.8 kg for HF  
3336 and JE heifers, respectively. However, the polynomial regression equation was only

3337 marginally better than the BV equation; therefore, from a practical perspective, the BV  
 3338 equation is more appropriate for a labour-intensive dairy farm.



3341 **Figure 6.2:** Comparison between the measured body weight (BW; x) and predicted body  
 3342 weight (●) of Holstein-Friesian (A) and Jersey (B) heifers.



3343

### **6.6 Conclusion**

3344

The equations developed in this study are all highly effective in predicting the BW of

3345

pasture-based HF and JE dairy heifers. The equation, which utilizes the BV of the heifer,

3346

is proposed as the most suitable predictor of BW. Despite utilizing just two LBM, the

3347

equation based on BV displays a high prediction accuracy and will enable dairy farmers

3348

to monitor the growth of their heifers in the absence of a weighing scale.

**Chapter 7: The Associations Between Age and Body Weight at  
First Calving in Spring-Calving Holstein-Friesian Dairy Cows  
with Productive Performance**

3349

### 7.1 Abstract

3350

Age at first calving is one of the most important determinants of heifer rearing costs; a

3351

younger AFC is recommended in order to minimize the non-productive period. A younger

3352

AFC has previously been associated with a reduction in milk production. Increasing the

3353

BW at first calving may negate the suboptimal performance associated with a younger

3354

AFC. The objective of this study was to quantify the associations, using data collected on

3355

Irish research farms over a 15-year period, between age and BW at first calving with

3356

performance thereafter in pasture-based seasonal-calving HF dairy heifers. After edits,

3357

the calving performance, milk production, reproduction, and BW and BCS data from

3358

1,323 heifers across 2,924 parity one to three calving events were available for analysis.

3359

While a younger AFC was not associated with a reduction in milk yield, it was associated

3360

with reduced milk fat and protein percentages. A heavier BW at first calving, at the same

3361

AFC, benefited milk yield and milk fat percentage throughout the first three lactations.

3362

Although the youngest, lightest heifers were more likely to experience dystocia at first

3363

calving, they were not susceptible to dystocia in subsequent parities. A heavier BW at

3364

first calving was also consistent with a reduction in the number of services required to

3365

conceive. Heavier heifers at first calving were also heavier and more conditioned

3366

throughout the first and second lactation. Although future performance was optimized

3367

when heifers had a median age (between 738 and 768 days of age) and BW at first calving

3368

(between 516 and 550 kg), the optimum combination of age and BW at first calving is a

3369

function of milk price and costs of production. Furthermore, these findings are confined

3370

to the limits of age and BW at first calving in the present study.

3371

## 7.2 Introduction

3372 Age at first calving is of particular importance in spring-calving pasture-based production  
3373 systems, such as that in Ireland and New Zealand, where cows typically calve within a  
3374 short period in order to maximize the utilization of grazed grass as a feed source (Dillon  
3375 et al., 1995). An AFC of between 22 and 26 months of age will ensure that a compact  
3376 seasonal calving pattern is maintained (Evans et al., 2006; ICBF, 2019), because heifers  
3377 that calve later are less likely to be successfully bred early in consecutive years (Hayes et  
3378 al., 2019). This practice increases not only the unproductive lifespan of the heifer but  
3379 also heifer rearing costs (Gabler et al., 2000; Moran and Chamberlain, 2017). Heifer  
3380 rearing is a substantial cost to the dairy farmer; it costs on average €1,545 to rear a heifer  
3381 from birth until calving at 24 months (Shalloo et al., 2014), representing 15-20% of total  
3382 production costs on a dairy farm (Heinrichs, 1993). It has been estimated that this cost is  
3383 not repaid until the heifer completes 1.63 lactations, although this is a function of milk  
3384 price and input costs (Berry et al., 2015). A reduction in AFC from 25 to 24 months of  
3385 age has the potential to reduce the cost of rearing by up to 4.3% (Tozer and Heinrichs,  
3386 2001).

3387 The AFC of US dairy heifers has declined in recent years, with consequences for  
3388 production potential (Hare et al., 2006). A one-month reduction in AFC (from 24 months  
3389 of age to 23 months of age) is associated with a reduction in milk production (Berry and  
3390 Cromie 2009; Heinrichs and Heinrichs, 2011; Mohd Nor et al., 2013), although this  
3391 reduction appears to be confined to the first lactation (Wathes et al., 2014; Eastham et al.,  
3392 2018; Sawa et al., 2019). Age at first calving has also been associated with survivability;  
3393 heifers that calved for the first time between 22 and 26 months of age were more likely

3394 to survive to subsequent lactations than their herd mates that were older than 26 months  
3395 at first calving (Evans et al., 2006; Sherwin et al., 2016).

3396 From a study of Australian HF heifers, Dobos et al. (2001a) demonstrated how a heavier  
3397 BW at first calving could compensate for the impact of a younger AFC on lactation yield.  
3398 Many studies have reported a linear relationship between BW at first calving and milk  
3399 production until the second (McNaughton and Lopadell, 2013) and third lactations  
3400 (Dobos et al., 2001b), while Handcock et al. (2018) observed a curvilinear relationship  
3401 between BW at 21 months of age and milk production in the first lactation. Non-linear  
3402 relationships between BW at calving and subsequent reproductive performance have been  
3403 reported in dairy cows (Roche et al., 2007c) with compromised reproduction in very  
3404 heavy heifers (Carson et al., 2002; McNaughton and Lopadell, 2013). A greater  
3405 mobilization of body reserves in early lactation may delay the resumption of ovarian  
3406 function (Butler and Smith, 1989), and as a result, the calving to conception interval is  
3407 increased (Shrestha et al., 2004).

3408 Previous studies have focused on the associations between either AFC (Berry and  
3409 Cromie, 2009) or BW at first calving of dairy heifers (Handcock et al., 2018) and  
3410 subsequent production and reproduction but, because AFC and BW at first calving are  
3411 not independent, these should be considered together, as was undertaken by Dobos et al.  
3412 (2001a; 2001b). The objective of the present study, therefore, was to quantify the  
3413 independent associations between age and BW at first calving in spring-calving HF dairy  
3414 heifers with a series of performance metrics. The performance metrics considered were  
3415 calving, fertility, BW, BCS, and milk production. The results from this study will assist  
3416 the dairy industry in determining the ideal combination of target AFC and live weight at  
3417 first calving so that subsequent production performance is optimized. It was hypothesized

3418 that heifers that were older and heavier at first calving would have improved production  
3419 thereafter.

### 3420 **7.3 Materials and Methods**

3421 The data used in the present study originated from HF females that partook in several  
3422 experimental studies (Dillon et al., 2006; Ganche et al., 2013; Horan et al., 2006;  
3423 Humphreys et al., 2009; Kennedy et al., 2006, 2009, 2011; McCarthy et al., 2007, 2015;  
3424 McEvoy et al., 2008; O' Sullivan et al., 2019; Patton et al., 2016; Prendiville et al., 2009;  
3425 Reid et al., 2015; Walsh et al., 2008; Wims et al., 2013) between the years 2003 and 2017  
3426 inclusive. The studies either compared alternative genotypes of HF dairy cows on various  
3427 grassland production systems or focused on the development of optimized pasture-based  
3428 production systems. Experiments were carried out on eight Teagasc research farms  
3429 located around the country of Ireland. Rotational grazing systems were in place on all  
3430 farms targeting a 300-day grazing season. On average 500 kg concentrates/cow/year were  
3431 fed, although it varied from 250-1100 kg concentrates/cow/year depending on the  
3432 experimental treatments applied.

#### 3433 **7.3.1 Heifer Management**

3434 All heifers were reared in accordance with Teagasc guidelines (Barry, 2020). In brief,  
3435 high quality colostrum (>50 mg/ml IgG; Godden, 2008) was fed to all calves within an  
3436 hour of birth. Heifers were then fed 4-5 litres/calf/day of transition milk (i.e., the milk  
3437 collected from the second to the sixth milking post-calving of recently calved cows) for  
3438 four days before MR was offered (26% CP; Volac, Church Street, Killeshandra, Co.  
3439 Cavan, Ireland) at a rate of 6 litres/calf/day and mixed at a reconstitution rate of 15%.  
3440 Heifers were grouped from five days of age and were offered fresh water, ad-libitum

3441 concentrates and straw or hay in their respective group pens, where they remained until  
3442 gradual weaning at approximately 15% of mature BW (generally 8-12 weeks old).

3443 Post-weaning, a pasture-based diet (Target pre-grazing yield of 1,400-1,600 kg DM/ha >  
3444 4 cm) supplemented with of 1–2 kg of concentrate was fed. During their first winter,  
3445 heifers were offered ad-libitum grass silage and a daily concentrate allocation of 1-2 kg  
3446 concentrate when they were housed from approximately mid-November. Weather  
3447 permitting, heifers were turned out to pasture the following February and offered an all-  
3448 pasture diet. The breeding season started mid-April, when heifers were approximately 15  
3449 months old, and lasted 12 weeks.

3450 Heifers were dosed with an anthelmintic every 6-8 weeks during their first season at  
3451 grass to control for lungworm and stomach worm. In the second season at grass, dosing  
3452 occurred at turnout and any coughing animals were dosed as required thereafter.  
3453 Coccidiosis was controlled by administering diclazuril (Vecoxan®, Elanco Animal Health,  
3454 Basingstoke, UK). Heifers were managed in accordance with the ‘Moorepark blueprint’,  
3455 a model which proposes methods of best farming practice in domain areas such as grass,  
3456 supplementation, labour, housing, lactation length, replacement rate, cull cows and calf  
3457 value (Crosse et al., 2000). If weather conditions were poor post-calving, on/off grazing  
3458 (grazing for 2-4 hours after milking with silage or concentrate supplementation) was  
3459 practiced until weather conditions permitted full-time grazing (Kennedy et al., 2009).

3460 During the main grazing season, grass provided sufficient nutrients for milk production;  
3461 as grass quality deteriorated in the autumn, concentrate supplementation was required to  
3462 maintain milk production. Cows were dried off 8-12 weeks prior to calving to optimize  
3463 milk production in the subsequent lactation. Cows were fed ad-libitum grass silage in

3464 order to ensure a BCS of 3.25 at calving; BCS was assessed on a scale of one to five  
3465 (Edmonson et al., 1989) where one represented emaciation and five represented obesity.

### 3466 **7.3.2 Animal Measures**

3467 Heifers were weighed on average nine times from birth until first housing and monthly  
3468 thereafter (TruTest XR 3000, Tru-test Limited, Auckland, New Zealand). Post-calving,  
3469 BW was recorded approximately once weekly on exit from the milking parlour after  
3470 morning milking. The farm manager on each respective farm measured BCS 1-2 times  
3471 per month. Milk yield was recorded daily using electronic milk meters (Dairymaster,  
3472 Causeway, Co. Kerry, Ireland). Milk samples, collected once weekly from successive  
3473 morning and evening milking, were analysed using the Dairyspec infrared manual FT  
3474 model (Make-Bentley systems, Chaska, MN, USA ) to determine milk fat, protein, and  
3475 lactose concentration.

### 3476 **7.3.3 Data Editing**

3477 Calf birth BW, calving difficulty, milk yield, milk composition, fertility, BW, and BCS  
3478 data were obtained from the research herds over a 15-year period between 2003 and 2017,  
3479 inclusive. The estimated breeding value of each animal for carcass weight (a proxy for  
3480 animal BW) was obtained from ICBF national genetic evaluation in 2018.

3481 Data were available on 7,183 lactations from 2,665 spring-calving HF animals. Only data  
3482 from the first three consecutive lactations, where available, were retained, although every  
3483 animal had to have a first parity record; 4,411 lactations from 2,018 animals remained.  
3484 Age at first calving was defined as the age, in days, when the animal calved for the first  
3485 time. Only animals with an AFC between 20 and 28 months old were retained; 4,298



3486 lactations from 1,963 animals remained. For further consideration in the analysis, only  
3487 heifers with a BW measured between five and 20 days after first calving were retained.  
3488 After all edits, 2,924 lactations from 1,323 animals remained for analysis.

3489 The 1,323 heifers were stratified into four groups based on their AFC. The thresholds  
3490 delineating the different AFC strata were  $\leq 723$  days, between 724 and 737 days, between  
3491 738 and 768 days, and  $\geq 769$  days. Prior to the stratification on BW at first calving, the  
3492 actual BW was adjusted for both differences in genetic merit for carcass weight obtained  
3493 from the national genetic evaluations as well as the day post-calving when the first BW  
3494 was taken. To achieve this, a multiple linear regression was fitted whereby BW recorded  
3495 post-calving was regressed on both days in milk at weighing and estimated breeding value  
3496 for carcass weight. The resulting residuals from the model, once summed with the model  
3497 intercept, were stratified into four groups, with an equal number of heifers in each stratum.  
3498 The threshold BW values delineating the different strata were  $\leq 493$ kg, between 494 kg  
3499 and 515 kg, between 516 kg and 550 kg, and  $\geq 551$  kg.

### 3500 *7.3.3.1 Calving Performance*

3501 A total of 2,924 parity one to three calving events from all 1,323 animals were available  
3502 for the analysis of calving performance variables. Calving difficulty was recorded by farm  
3503 employees as 1) normal calving, 2) some assistance, 3) considerable difficulty, or 4)  
3504 veterinary assistance. Only 2,860 records from 1,317 animals for which a calving  
3505 difficulty score had been recorded were retained. For the purpose of the present study,  
3506 two new variables were defined: assistance and dystocia. Assistance was assigned either  
3507 zero (no assistance) or one (some assistance required, including considerable difficulty  
3508 or veterinary assistance). Dystocia was assigned either zero (normal calving or just some  
3509 assistance required) or one (considerable difficulty or veterinary assistance required).

3510 Information was available on calf birth BW, whether the birth was a singleton or multiple,  
3511 and whether or not the calf suffered from perinatal mortality. For the purpose of the  
3512 present study, perinatal mortality was defined as the death of a calf either during  
3513 parturition or up to 72 hours after birth; animals that gave birth to a calf that was born  
3514 dead or died within 72 hours of birth were assigned a value of one, otherwise animals  
3515 were assigned a value of zero. Only cows that gave birth to calves that weighed between  
3516 23 kg and 58 kg at birth, which were deemed acceptable birth BW for HF calves, were  
3517 retained for analysis (2,520 parity one to three calving events from 1,203 animals were  
3518 available for analysis of calving performance variables). A contemporary group for the  
3519 analysis of calving performance traits, which was defined as herd-year-season, was  
3520 developed using an algorithm used for most of the genetic evaluations in Ireland (Berry  
3521 et al., 2013). Animals, within parity and herd, which had calved within 10 days of each  
3522 other, were grouped together. If the number of animals in a contemporary group was less  
3523 than 10, then the contemporary group was merged with the adjacent group as long as there  
3524 were no more than 30 days between the start date of one group and the end date of the  
3525 adjacent group. Only contemporary groups with at least five animals were retained; 1,921  
3526 parity one to three calving events from all 1,048 animals were available for analysis of  
3527 calving performance variables.

### 3528 ***7.3.3.2 Milk Production***

3529 A total of 126,410 milk test-day records from 1,323 cows across 2,924 lactations were  
3530 available for analysis. Only data from lactations where each cow had at least 30 milk test-  
3531 day records, with at least one milk record within the first 10 days of lactation and at least  
3532 one milk record >230 days post-calving, were retained for analysis (124,195 milk test day  
3533 records from 1,323 animals across 2845 lactations remained). The Wilmink exponential

3534 function (Wilmink, 1987), was used to predict different phenotypes of milk yield. The  
 3535 Wilmink function was described as

3536 
$$y_t = a + be^{-0.05t} + ct,$$

3537 where  $y_t$  represents milk yield (kg) on day  $t$  of lactation, whereas  $a$ ,  $b$  and  $c$  are related  
 3538 to the increase in production towards peak yield, the height of the curve where  $-0.05$   
 3539 signifies the time of peak lactation, and the subsequent decline after peak milk yield has  
 3540 been achieved, respectively. The regression parameters were estimated for each cow  
 3541 lactation separately using PROC NLIN (SAS, 2006). The first derivative of the Wilmink  
 3542 function with respect to time ( $dMilk/dt$ ) was solved for each cow lactation and used to  
 3543 determine days in milk at peak milk yield. Abnormal fitting milk yield curves were  
 3544 omitted from the analysis (2,658 lactations remained). The Wilmink exponential function  
 3545 (Wilmink, 1987) was not an accurate predictor of milk constituents; milk constituents  
 3546 were instead determined using the mean values for fat, protein and lactose percent in the  
 3547 first 60 and 305 days of lactation, respectively. Somatic cell count was normalized to SCS  
 3548 by taking the natural logarithm of  $SCC/1,000$  in animals. Only data from lactations where  
 3549 each cow had at least four SCS records, with at least one milk record within the first 60  
 3550 days of lactation, were retained (2,562 lactations from 1258 animals). SCS in the first 60  
 3551 and 305 days were calculated using the mean of all test day records in the first 60 days  
 3552 and 305 days of lactation, respectively. A contemporary group for the analysis of milk  
 3553 production, which was defined as experimental treatment-year-season, was developed  
 3554 using an algorithm used for most of the genetic evaluations in Ireland (Berry et al., 2013).  
 3555 Animals, within parity and treatment, which had calved within 10 days of each other,  
 3556 were grouped together. If the number of animals in a contemporary group was less than  
 3557 10, the contemporary group was merged with the adjacent group as long as there were no

3558 more than 30 days between the start date of one group and the end date of the adjacent  
3559 group. Only contemporary groups with at least five animals were retained; 2,066  
3560 lactations from 1,171 animals were available for analysis of the milk production traits.

3561 **7.3.3.3 Fertility**

3562 A total of 2,924 fertility records from 1,323 animals were available for the analysis of  
3563 fertility performance variables such as CFS, number of services and calving interval.  
3564 Calving to first service interval was defined as the number of days from the date of calving  
3565 to the first recorded service; only animals that had a CFS of between 10 and 250 days  
3566 were retained (2,842 fertility records from 1,300 animals remained). Number of services  
3567 was defined as the number of services (AI or natural) required to achieve pregnancy.  
3568 Calving interval was defined as the number of days between consecutive calvings, only  
3569 animals that had a calving interval of between 300 and 800 days were retained; 2,839  
3570 lactation records from 1,299 cows remained. A contemporary group for the analysis of  
3571 fertility performance traits, which was defined as experimental treatment-year-season,  
3572 was developed using an algorithm used for most of the genetic evaluations in Ireland  
3573 (Berry et al., 2013). Animals, within parity and treatment, which had calved within 10  
3574 days of each other, were grouped together. If the number of animals in a contemporary  
3575 group was less than 10, then the contemporary group was merged with the adjacent group  
3576 as long as there were no more than 30 days between the start date of one group and the  
3577 end date of the adjacent group. Only contemporary groups with at least five animals were  
3578 retained; 2,332 fertility records from 1,228 animals were available for analysis of fertility  
3579 performance traits.

**3580 7.3.3.4 Body Weight and Body Condition Score**

3581 A total of 103,659 BW and 50,317 BCS records from 1,323 animals across 2,924  
3582 lactations were available. Animals were required to have a BW and BCS record between  
3583 five and 20 days post-calving for parities one, two and three, respectively, for that parity  
3584 to be considered in the analysis of BW and BCS performance variables; 66,221 BW and  
3585 41,027 BCS records from 1,175 animals across 2,033 lactations were available. Mean  
3586 BW and BCS in the first 60 and 305 days of lactation, respectively, was defined as the  
3587 mean BW and BCS of each cow in the first 60- and 305-days post calving, respectively.  
3588 Nadir BW and BCS was defined as the first appearance of the lowest BW and BCS record,  
3589 respectively, in the first 105 days of a lactation. Days to nadir was defined as the time, in  
3590 days, between calving and the date of nadir; 1,585 lactations from 1,019 animals were  
3591 available for further analysis. Body weight and BCS change from calving to nadir was  
3592 calculated as the BW or BCS at calving, minus the BW or BCS at nadir. A contemporary  
3593 group for the analysis of BW and BCS traits, which was defined as experimental  
3594 treatment-year-season, was developed using an algorithm used for most of the genetic  
3595 evaluations in Ireland (Berry et al., 2013). Animals, within parity and treatment, which  
3596 had calved within 10 days of each other, were grouped together. If the number of animals  
3597 in a contemporary group was less than 10, the contemporary group was merged with the  
3598 adjacent group as long as there were no more than 30 days between the start date of one  
3599 group and the end date of the adjacent group. Only contemporary groups with at least five  
3600 animals were retained; 1,149 BW and BCS records from 835 animals were available for  
3601 analysis of BW and BCS performance traits.

3602 **7.3.4 Analysis**

3603 All analyses were undertaken using either linear mixed models (where the dependent  
3604 variable was a continuous trait) or generalized linear mixed models (where the dependent  
3605 variable was a binary trait). In all models, cow was included as a repeated effect with the  
3606 most parsimonious covariance structure assumed among records within cow.

3607 In the analysis of calving performance variables, contemporary group was included in the  
3608 model as a random term. Fixed effects considered in the model for the analysis of the  
3609 calving performance variables were sex of the calf, parity, AFC stratum, BW at first  
3610 calving stratum, a two-way interaction between AFC and BW at first calving stratum, and  
3611 a three-way interaction between AFC, BW at first calving stratum and parity. Only  
3612 interaction terms which improved ( $P < 0.05$ ) the fit to the data were retained.

3613 In the analysis of post-calving traits (i.e. milk production, fertility performance and BW  
3614 and BCS performance), contemporary group was included in the model as a random term.  
3615 Fixed effects considered in the linear mixed model for the analyses of these variables  
3616 were parity, farm , AFC stratum, BW at first calving stratum, a two-way interaction  
3617 between AFC and BW at first calving stratum, and a three-way interaction between AFC,  
3618 BW at first calving stratum and parity. Only interaction terms which improved ( $P < 0.05$ )  
3619 the fit to the data were retained.

3620 **7.4 Results**

3621 The mean (standard deviation in parentheses) AFC of the dataset was 731 (28.1) days.

3622 The mean (standard deviation in parentheses) BW at first calving of the dataset was 469  
3623 (47.7) kg.

**3624 7.4.1 Calving Performance**

3625 The mean (standard deviation in parenthesis) birth weight of the calves was 37.2 kg (6.12  
3626 kg). Neither AFC, BW at first calving, nor the interaction between AFC and BW at first  
3627 calving, were associated with birth BW of the calf, the incidence of multiple births, or the  
3628 death of a calf up to 72 hours post-birth. Age at first calving was not associated with the  
3629 incidence of dystocia, but BW at first calving was associated with the incidence of  
3630 dystocia ( $P=0.005$ ), such that cows that weighed  $\leq 493$  kg at first calving had a 2.40 times  
3631 (95% confidence interval: 1.41 to 4.08) greater odds of experiencing dystocia compared  
3632 to those that weighed  $\geq 551$  kg at first calving (Table 7.3). The interaction between BW  
3633 at first calving and parity was not associated with the incidence of dystocia. Although  
3634 AFC was not associated with whether or not assistance was required during calving, BW  
3635 at first calving tended to be associated with the requirement for assistance during calving  
3636 ( $P=0.083$ ). The cows that weighed between 494 and 515 kg at first calving had a  
3637 numerically lower odds of an assisted calving compared to the other BW at first calving  
3638 strata (Table 7.3).

**3639 7.4.2 Milk Production**

3640 Mean performance for milk production variables are summarized in Table 7.1. Body  
3641 weight at first calving was associated with milk yield ( $P<0.001$ ; Figure 7.1) in the first 60  
3642 and 305 days of lactation. The biggest increase was observed when BW at first calving  
3643 increased from between 494 and 515 kg to between 516 and 550 kg; the 60- and 305-day  
3644 milk yields increased by 43.3 and 176.3 kg, respectively. The interaction between BW at  
3645 first calving and parity was associated with 60- and 305-day milk yields ( $P\leq 0.034$ ). Body  
3646 weight at first calving was also associated with peak milk yield, and the length of time

3647 (in days) from calving until peak milk yield ( $P < 0.001$ ; Figure 7.2). Cows that were  $\geq 551$   
 3648 kg at calving had the highest peak milk yields, and reached peak milk yield on average  
 3649 2.8 days before cows that weighed  $\leq 493$  kg at first calving. Cows with heavier BW at  
 3650 first calving also had higher peak milk yields in subsequent lactations ( $P = 0.029$ ).

3651 **Table 7.1:** Mean and standard deviation (SD) values of milk production traits across  
 3652 2,066 parities.

Trait	Mean	SD
60-day milk yield (kg)	1337	260.2
305-day milk yield (kg)	5439	948.3
peak milk yield (kg)	24.3	4.44
60-day fat percent (%)	4.6	0.53
305-day fat percent (%)	4.4	0.46
60-day protein percent (%)	3.4	0.19
305-day protein percent (%)	3.6	0.21
60-day SCS (units)	3.8	1.05

3653 <sup>1</sup> SCS= Somatic Cell Score

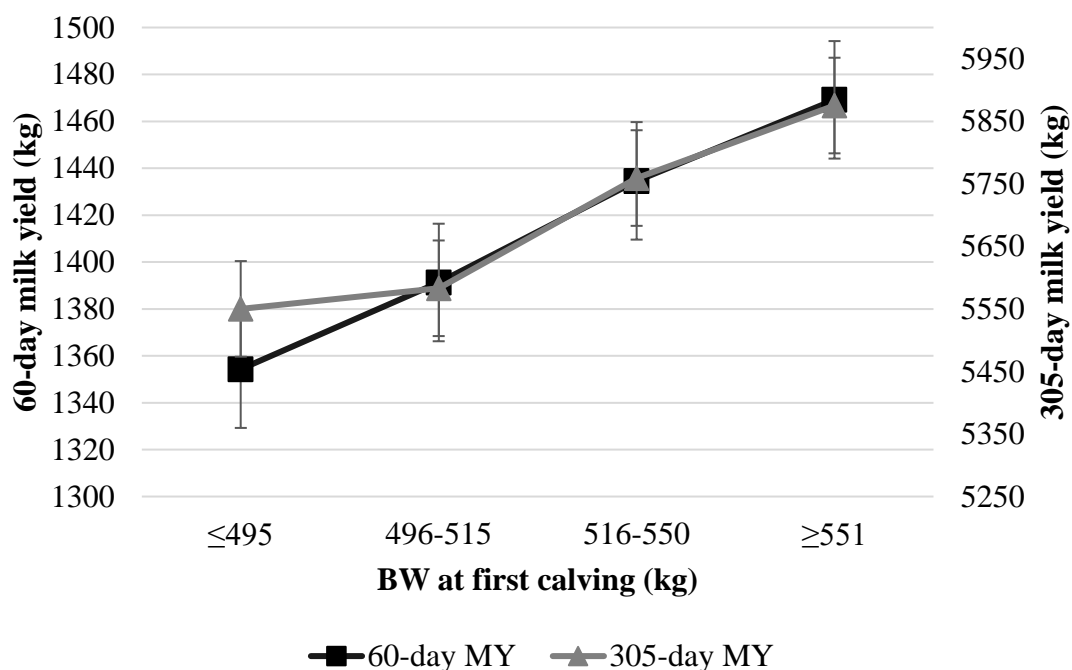
3654

3655 The 3-way interaction between AFC, BW at first calving and parity was associated with  
 3656 mean 60-day milk protein percent ( $P = 0.008$ ; Figure 7.3). Age at first calving was  
 3657 associated with mean 305-day protein percent ( $P = 0.039$ ), such that the cows aged 724-  
 3658 737 days and 738-768 days at first calving had a higher mean 305-day milk protein  
 3659 percentage (3.63%) than the cows aged  $\leq 723$  days and  $\geq 769$  days at first calving (3.60%).  
 3660 The interaction between AFC and parity was not associated with 305-day milk protein  
 3661 percentage.

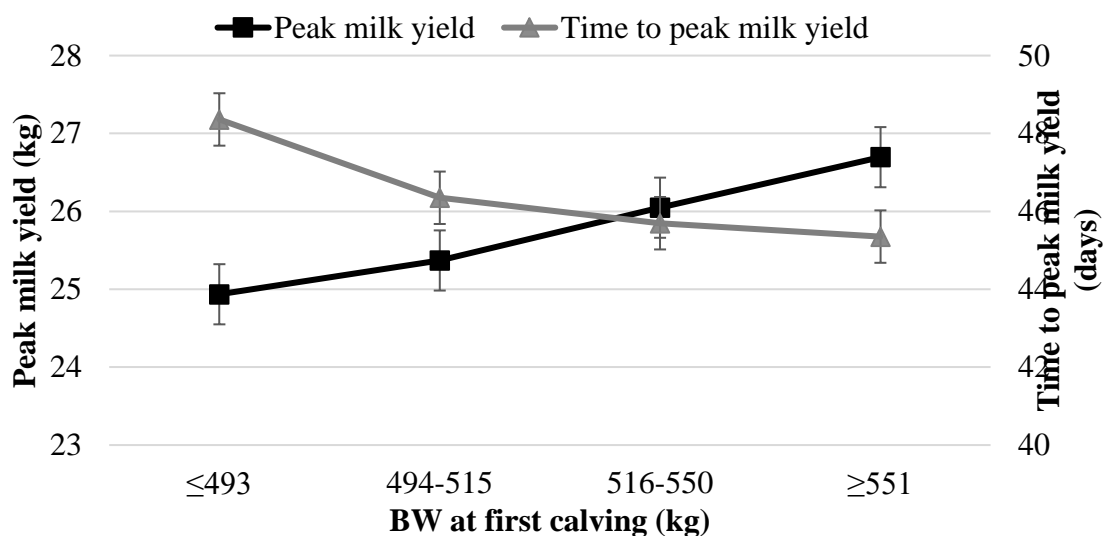
3662 Body weight at first calving was associated with mean milk fat percentage in the first 60  
 3663 ( $P < 0.001$ ) and 305 ( $P = 0.004$ ) days of lactation (Figure 7.4). The interaction between BW  
 3664 at first calving and parity was associated with 60- ( $P = 0.005$ ) and 305-day milk fat  
 3665 percentage ( $P = 0.006$ ). Age at first calving was also associated with mean milk fat



3666 percentage in the first 60 (P=0.010) and 305 days of lactation (P=0.009), such that there  
 3667 was an increase of 0.11% in 60- and 305-day mean milk fat percentage, respectively, as  
 3668 AFC increased from  $\leq 723$  to between 738-768 days. Nevertheless, the cows in the oldest  
 3669 AFC strata ( $\geq 768$  days of age), experienced a 0.04 and 0.08%, reduction in mean 60- and  
 3670 305-day milk fat percentage, respectively. The interaction between AFC and parity was  
 3671 neither associated with 60- nor 305-day milk fat percentage. Neither AFC nor BW at first  
 3672 calving were associated with mean 60- and 305-day milk lactose percentage, and mean  
 3673 60- and 305-day SCS, respectively.



**Figure 7.1:** Least squares means, estimated using a linear mixed model, showing the association between body weight (BW) at first calving and 60-day (squares) and 305-day milk yield (triangles).



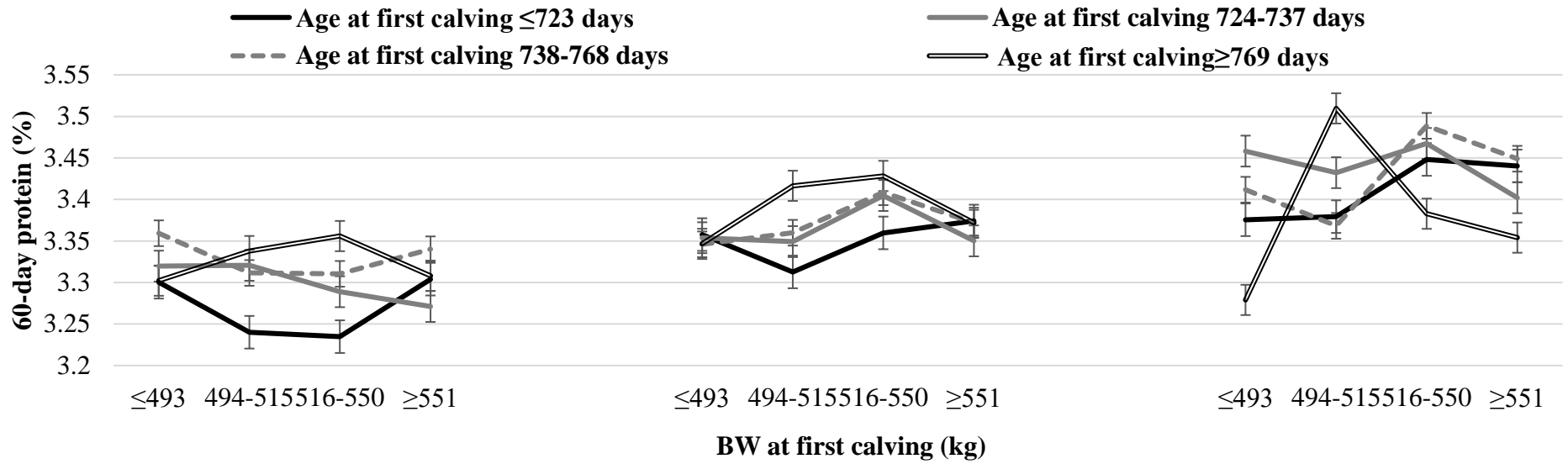
**Figure 7.2:** Least squares means, estimated using a linear mixed model, showing the association between body weight (BW) at first calving and peak milk yield (squares) and time to peak milk yield (triangles), respectively.

### 3674 7.4.3 Fertility Performance

3675 Age at first calving was associated with CFS ( $P < 0.001$ ) such that animals in the oldest  
 3676 AFC stratum ( $\geq 769$  days) were served 11.7 days earlier than the animals in the youngest  
 3677 AFC stratum ( $\leq 723$  days). The interaction between AFC and parity was associated with  
 3678 CFS ( $P < 0.001$ ). Body weight at first calving tended to be associated with CFS ( $P = 0.080$ );  
 3679 the cows in the lightest BW at first calving strata ( $\leq 493$  kg) had reduction (2.6 days) in  
 3680 CFS compared to the cows in the heaviest BW at first calving strata ( $\geq 551$  kg). Body  
 3681 weight at first calving was associated with the number of services required to achieve  
 3682 pregnancy ( $P = 0.010$ ). The animals that weighed  $\leq 493$  kg and 494-515 kg at first calving  
 3683 required 1.85 and 1.86 services to achieve pregnancy, respectively. In contrast, the  
 3684 animals that weighed 516-550 kg and  $\geq 551$  kg at first calving required 1.67 and 1.68  
 3685 services to achieve pregnancy, respectively. The interaction between BW at first calving

3686 and parity was not associated with the number of services required to achieve pregnancy.

3687 Neither AFC nor BW at first calving were associated with calving interval (days).



3688

3689 **Figure 7.3:** The interaction between age at first calving (days), body weight (BW) at first calving (kg), and parity for mean protein percentage  
 3690 in the first 60 days of lactation.

3691 Body weight at first calving was associated with the number of services required to  
 3692 achieve pregnancy (P=0.010). The animals that weighed  $\leq 493$  kg and 494-515 kg at first  
 3693 calving required 1.85 and 1.86 services to achieve pregnancy, respectively. In contrast,  
 3694 the animals that weighed 516-550 kg and  $\geq 551$  kg at first calving required 1.67 and 1.68  
 3695 services to achieve pregnancy, respectively. The interaction between BW at first calving  
 3696 and parity was not associated with the number of services required to achieve pregnancy.  
 3697 Neither AFC nor BW at first calving were associated with calving interval (days).

**Table 7.2:** Mean and standard deviation (SD) values of Body Weight (BW) and BCS performance traits across 1,149 parities.

Trait	Mean	SD
60-day BW (kg)	475	53.8
305-day BW (kg)	495	53.9
60-day BCS (units)	3.1	0.26
305-day BCS (units)	2.9	0.20
Nadir BW (kg)	451	52.0
Nadir BCS (units)	2.8	0.24
Weight loss to nadir (kg)	44	27.0
Time to nadir BW (days)	52	26.3
BCS loss to nadir (units)	0	0.28
Time to nadir BCS (days)	56	26.9

<sup>1</sup> BCS= Body Condition Score

3698 **7.4.4 Weights and Body Condition Score**

3699 Mean performance for the BW and BCS traits analysed are summarized in Table 7.2.  
 3700 Neither AFC, nor the interaction between AFC and BW at first calving were associated  
 3701 with any of the BW and BCS traits. With the exception of time (in days) taken to reach  
 3702 nadir BW and BCS, BW at first calving was associated with all of the BW and BCS  
 3703 performance traits (Table 7.4).

**Table 7.3:** Association between Body Weight (BW) at first calving (kg) and the incidence of assistance and dystocia.

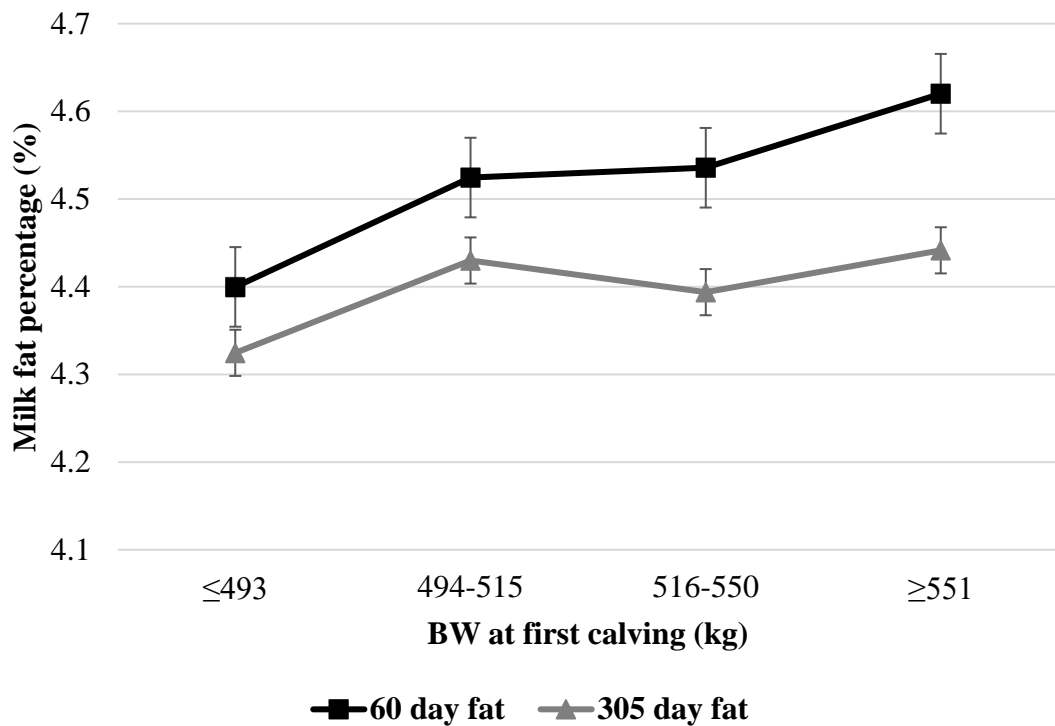
Variable	BW at first calving	OR	95% CI	Pr > F
Dystocia	≤493	1		0.005
	494-515	0.6	0.39-0.98	
	516-550	0.53	0.33-0.86	
	≥551	0.42	0.25-0.71	
Assistance	≤493	1		0.083
	494-515	0.77	0.60-0.98	
	516-550	1.02	0.80-1.30	
	≥551	0.94	0.73-1.20	

3704 In general, as BW at first calving increased, so too did mean 60- and 305-day BW, and  
 3705 BCS, respectively. Similarly, as BW at first calving increased, so too did nadir BW and  
 3706 BCS, and BW and BCS loss to nadir, respectively. With the exception of BCS nadir,  
 3707 BCS lost to nadir, and time (in days) taken to reach nadir BW and BCS, the interaction  
 3708 between BW at first calving and parity was associated with all of the BW and BCS  
 3709 performance traits (P<0.05).

3710 **Table 7.4:** Association between Body Weight (BW) at first calving (kg), and BW and  
 3711 BCS performance traits.

	BW at first calving (kg)				S.E.	Pr > F
	≤493	494-515	516-550	≥551		
60-day BW (kg)	473.6	485.9	497	521	3.3	<0.001
305-day BW (kg)	505.3	509.3	518	534	3.3	<0.001
60-day BCS (units)	2.91	2.95	3.0	3.1	0.02	<0.001
305-day BCS (units)	2.85	2.86	2.9	2.9	0.02	<0.001
Nadir BW (kg)	455.8	463.2	472	490	3.4	<0.001
Nadir BCS (units)	2.71	2.73	2.8	2.8	0.02	<0.001
Weight loss to nadir (kg)	25.3	35.9	42	53	2.0	<0.001
Time to nadir BW (days)	50.2	49.6	49.9	48.4	2.02	0.856
BCS loss to nadir (units)	0.33	0.37	0.4	0.40	0.02	0.017
Time to nadir BCS (days)	55.2	52.9	57.5	57.4	2.13	0.137

3712 <sup>1</sup> BCS= Body Condition Score



**Figure 7.4:** Least squares means, estimated using a linear mixed model, showing the association between body weight (BW) at first calving and 60- (squares) and 305-day (triangles) milk yields, respectively.

3713

### 7.5 Discussion

3714 Defining the best combination of AFC and BW at first calving of a seasonal-calving dairy  
 3715 heifer so that lifetime performance of the animal thereafter is optimized is fundamental  
 3716 to achieving a good return-on-investment (Dobos et al., 2001b). In many dairy production  
 3717 systems, AFC is one of leading determinants of replacement heifer rearing costs (Tozer  
 3718 and Heinrichs, 2001). Therefore, the aim is to calve young so that the heifer can start  
 3719 producing milk earlier, thus generate income (Gardner et al., 1977), but not so young as  
 3720 to be detrimental to lifetime performance (Ettema and Santos, 2004; Berry and Cromie,  
 3721 2009). Heavier BW at first calving, though, may offset the adverse repercussions on  
 3722 performance that accompany a younger AFC (Dobos et al., 2001b). The objective of the

3723 present study was just that, to understand the association between both AFC and BW at  
3724 first calving with performance but, in doing so, understand if one could compensate for  
3725 the other.

### 3726 **7.5.1 Age at First Calving**

3727 Despite a general recommendation of an AFC of between 23 and 25 months of age for  
3728 optimal economic returns (Ettema and Santos, 2004; Boulton et al., 2017), considerable  
3729 variability in the AFC among dairy heifers has been reported (Pirlo et al., 2000; Ettema  
3730 and Santos, 2004; Boulton et al., 2017). Such variability may be a function of the calving  
3731 system in operation; in systems where calving occurs year round, heifers may be reared  
3732 intensively to achieve puberty earlier (Abeni et al., 2018) and thus calve younger (Van  
3733 Amburgh et al., 1998). Intensive feeding of heifers is easier in confinement systems as  
3734 TMR of consistently good quality is offered throughout the rearing period (Washburn et  
3735 al., 2002). In contrast, manipulation of the AFC in seasonal calving systems is limited by  
3736 seasonal breeding (Berry et al., 2013) owing to the competitive advantage of pasture-  
3737 based systems (Hanrahan et al., 2017). If a heifer fails to become pregnant during her first  
3738 breeding season, she will not be served for several months, thus extending her non-  
3739 productive lifespan. This observation is substantiated by previous research on the  
3740 frequency distribution of AFC on Irish dairy farms, where two peaks at approximately 24  
3741 and 36 months of age were documented (Berry and Cromie, 2009; ICBF, 2019).

3742 The median AFC in the present study was 731 days of age with 50% of the heifers calving  
3743 for the first time between 715 and 747 days of age (i.e. an inter-quartile range of 32 days).  
3744 The median AFC in the present study was only, on average, 16 (Berry and Cromie, 2009)  
3745 and 26 days (Mee et al., 2011) younger than studies from commercial Irish herds.



3746 Nevertheless, the variability in AFC in those studies was multiples of that in the present  
3747 study with inter-quartile ranges of 53 (Berry and Cromie, 2009) and 170 days (Mee et al.,  
3748 2011). Furthermore, Eastham et al. (2018) reported a median AFC in commercial UK  
3749 herds of 28 months, with only 47% of heifers calving for the first time between 24 and  
3750 30 months of age. Atashi et al. (2021) reported a median AFC of 750 days of heifers  
3751 reared in confinement at an Iranian breeding facility, with 44% of heifers calving for the  
3752 first time between 690 and 750 days of age. The mean (standard deviation) AFC of  
3753 Holstein heifers also reared in confinement, but this time on commercial herds in  
3754 California, was 726 (50.2) days of age (Ettema and Santos, 2004). The considerably less  
3755 variability in AFC observed in the present sample population is likely a large contributing  
3756 factor to the inability to detect associations with some performance traits that have been  
3757 documented in other populations (Ettema and Santos, 2004; Berry and Cromie, 2009;  
3758 Eastham et al., 2018). The absence of large variation in the present data may be because  
3759 heifers were part of controlled studies performed in research herds where all herds adhere  
3760 to a standard operating procedure of heifer rearing. Management across commercial herds  
3761 is unlikely to be as consistent, thus contributing to larger variability in AFC. Hence, the  
3762 results from the present study are only applicable to the age range of 21.3 to 28 months  
3763 of age, and should not be extrapolated to very young and very old ages at first calving.

3764 Although a younger AFC has previously been associated with a reduction in milk yield  
3765 in HF heifers (Berry and Cromie 2009), there was no association between AFC and milk  
3766 yield in the present study, nor were there associations between AFC and milk yield in  
3767 subsequent lactations. In the study undertaken by Berry and Cromie (2009), AFC ranged  
3768 from between 20 months of age to 38 months of age; less than 1% of heifers in the present  
3769 dataset calved between 20 and 22 months, while all of the heifers in the present study

3770 calved at < 28 months of age. In previous research, the negative associations between a  
3771 younger AFC and milk production may have been attributable to a lighter BW at first  
3772 calving in early calving heifers (Pirlo et al., 2000). In the present study, there was a wide  
3773 range in BW within each of the AFC strata, which may explain the lack of associations  
3774 between AFC and milk yield. This highlights the variation in BW at first calving across  
3775 pasture-based dairy farms; the attainment of weight-for-age targets (Trocon, 1993)  
3776 throughout the rearing period will produce a more uniform herd, and as such, may prove  
3777 easier to manage.

3778 An increase in AFC in the present study was associated with an increase in milk fat and  
3779 protein percentages, with the exception of the oldest AFC stratum (i.e., AFC  $\geq$ 769 days),  
3780 who observed a slight reduction. This association persisted in both the second and third  
3781 lactations, indicating that there may be long-lasting implications of a younger AFC on  
3782 MS percentage (Froidmont et al. 2013). Although the associations were not significant,  
3783 increasing the BW at first calving of the youngest AFC stratum heifers improved 60- and  
3784 305-day milk fat percentages, and 305-day protein percentage. Although the interaction  
3785 between AFC, BW at first calving and parity was associated with mean 60-day milk  
3786 protein percentage, the pattern was inconsistent. The reported associations between AFC  
3787 and milk protein percentage were also largely contradictory in previous research (Pirlo et  
3788 al., 2000; Ettema and Santos, 2004). Optimum milk fat and protein percentages were  
3789 achieved by heifers in the median AFC strata i.e., when a heifer calved for the first time  
3790 aged between 724 and 768 days of age. A possible explanation for the pattern in milk fat  
3791 and protein percentages may be due to the different abilities of young and old heifers to  
3792 ingest pasture and concentrates, which can influence milk composition thereafter (Pirlo  
3793 et al., 2000).

3794 Unsurprising in a seasonal calving system (Dillon et al., 1995; Berry and Cromie, 2009;  
3795 Butler and Herlihy, 2012) where the breeding season begins on a fixed date each year  
3796 (Berry and Buckley, 2016), the youngest AFC heifers had a longer interval between  
3797 calving and first service thereafter. Younger heifers have previously been cited as having  
3798 a favorable fertility performance (Brickell et al., 2009b). However, although the  
3799 association was not significant, when age and BW were considered together, the heaviest  
3800 heifers in the youngest strata appeared to have the longest CFS. This indicates that it took  
3801 longer for them to show signs of heat, and although the association was not significant, it  
3802 was prominent in the first parity, although it was also evident in parities two and three to  
3803 a lesser extent. Longer intervals (i.e., > 85 days) between calving and first service may  
3804 be detrimental to productivity because they nudge the optimum calving interval of 365  
3805 days (Esslemont et al., 2001) further out of reach.

### 3806 **7.5.2 Body Weight at First Calving**

3807 The mean BW at first calving in the present study ( $469\pm 47.7$  kg) was similar to that of  
3808 pasture-based HF heifers in New Zealand ( $448\pm 37.7$  kg; Handcock et al., 2018), but  
3809 considerably lighter than heifers reared on an Australian research farm (546 (113.8) kg;  
3810 Dobos et al., 2001a). Heifers in the Dobos et al. (2001a) study were reared to achieve a  
3811 target BW at first calving of 520-550 kg, which had been specified by McLean and  
3812 Freeman (1996) for Australian HF heifers. Although heavier heifers at first calving have  
3813 superior milk production (Dobos et al., 2001a; Archbold et al., 2012), rearing a heavier  
3814 heifer (to achieve the same AFC) is also more expensive (Boulton et al., 2017).

3815 Consistent with previous research (Hoffman, 1997; Macdonald et al., 2005; McNaughton  
3816 and Lopdell, 2013), in the present study, a heavier BW at first calving, at the same AFC,

3817 was beneficial in terms of milk yield. Although the association was most pronounced in  
3818 the first lactation, increasing BW at first calving also benefitted milk yield in subsequent  
3819 lactations. Interestingly, when the associations between milk yield and BW at first calving  
3820 were considered both with and without AFC in the model, the difference between values  
3821 for milk yield were negligible (i.e., ranging from -5 to 8.5 litres), this suggests that the  
3822 influence of AFC on milk yield was minimal. The associations between BW at first  
3823 calving and MS were slightly more complex; while there were no associations between  
3824 BW at first calving and milk protein percentages, consistent with Roche et al. (2007b),  
3825 there were associations between BW at first calving and milk fat percentages thereafter.  
3826 The lightest BW at first calving strata had the lowest milk fat percentages in parities one,  
3827 two and three, although the associations were not as pronounced in the latter parities. The  
3828 fat profile of milk is particularly susceptible to dietary changes (O'Callaghan et al., 2019);  
3829 therefore, it is surprising that the association between milk fat percentage and BW at first  
3830 calving persisted in subsequent lactations. The findings demonstrate the potential of a  
3831 heavier BW at first calving to negate the suboptimal milk fat production that accompany  
3832 a younger AFC.

3833 Body weight at first calving was associated with the incidence of dystocia in the present  
3834 study such that 10.1% of the lightest BW at first calving stratum ( $\leq 493$  kg at calving)  
3835 experienced dystocia, compared to an incidence of  $\leq 6.2\%$  in the heavier BW at first  
3836 calving strata ( $> 494$  kg at first calving). Similar to Mee et al. (2011), who reported that  
3837 primiparae were more likely to experience dystocia, the incidence of dystocia in the  
3838 present study was higher in parity one heifers (9.8%) than in heifers in consecutive  
3839 parities ( $\leq 3.8\%$ ), with the lightest BW at first calving stratum in the first parity  
3840 accounting for the highest proportion of the dystocia cases (4.3%). Consistent with Erb

3841 et al. (1985) increasing the BW at first calving in the present study minimized the risk of  
3842 dystocia. Furthermore, findings in the present study indicate that heifers in the lightest  
3843 BW at first calving strata were not susceptible to dystocia in successive parities. A case  
3844 of dystocia may cost between €233 and €930 (Berry et al., 2019). Therefore, rearing a  
3845 heifer to have a heavier BW at first calving, by achieving the weight-for-age targets  
3846 outlined by Troccon (1993), will reduce the risk of dystocia, and thus the costs associated  
3847 with calving difficulty (Dematawena and Berger, 1997; Berry et al., 2019). Consistent  
3848 with Wathes et al. (2008) and Costa et al. (2021), heavier heifers at first calving in the  
3849 present study also required fewer services to conceive. Therefore, increasing BW at first  
3850 calving may be used to reduce the number of services required to become pregnant.  
3851 Although the association was not significant, the heavier BW at first calving heifers ( $\geq 516$   
3852 kg) also required fewer services to conceive in the second parity, however, the pattern in  
3853 parity three was inconsistent. The difference in the number of services required by heifers  
3854 weighing 516-550 kg, and  $\geq 551$  kg at first calving was negligible (0.02 services),  
3855 therefore at a cost of €4.56/cow/year per 0.1 additional inseminations (Shalloo et al.,  
3856 2014), rearing a heifer to calve at  $\geq 551$  kg will cost more (Boulton et al., 2017) without  
3857 further benefit to fertility performance.

3858 A heavier heifer at first calving was heavier, and more conditioned for the remainder of  
3859 the lactation; the BW and BCS response to an increase in BW at first calving was almost  
3860 linear in parity one. Although a weak linear relationship between BW at calving and BW  
3861 and BCS thereafter was also noticeable in parity two, by parity three, the difference in  
3862 BW was negligible. Body weight and BCS throughout the lactation are important  
3863 determinants of milk production (Roche et al., 2007b) so should therefore be optimized.  
3864 Furthermore, as BW at first calving increased, BW and BCS loss between calving and

3865 nadir were almost linear in the first parity; however, this was not the case in parity two  
3866 and parity three. Excessive BW and BCS loss indicates the mobilization of body reserves,  
3867 which has been reported to impede the fertility performance (Buckley et al. 2003) and  
3868 milk production (Berry et al., 2007b) of HF heifers.

3869 **7.6 Conclusion**

3870 While AFC and BW at first calving were associated with production performance  
3871 thereafter, the findings presented are confined to the limits of AFC and BW at first  
3872 calving; AFC and BW at first calving beyond these limits may contribute to a different  
3873 result. Although BW at first calving had a greater influence on production thereafter than  
3874 AFC, rearing a heifer to be heavier at first calving requires higher input costs, so may not  
3875 be economically viable unless achieved by increasing the proportion of grazed grass in  
3876 the diet. Heifers that had a median age (between 738 and 768 days of age) and BW at first  
3877 calving (between 516 and 550 kg) performed most favourably in terms of calving  
3878 performance, milk production, fertility performance and BW and BCS, however, the  
3879 optimum combination of age and BW at first calving is a function of milk price and costs  
3880 of production, and should therefore be farm specific.

**Chapter 8: Summary, Implications and Further Research**

3881 Until recently, there had been limited research on the rearing of pasture-based dairy  
3882 heifers; it was therefore assumed that their management and target weights should be  
3883 comparable to that of their counterparts reared in confinement. However, this may not be  
3884 the case due to differences in feed, and consequently, growth throughout the rearing  
3885 period (Handcock et al., 2021). It became evident that further research was warranted to  
3886 truly understand the mechanisms of pasture-based heifer growth throughout the rearing  
3887 period. The objective of this thesis was, therefore, to investigate different aspects of  
3888 performance in pasture-based heifers reared under contrasting management systems, and  
3889 by creating a series of equations, provide farmers with tools to monitor, and therefore  
3890 optimize the DMI, growth and fertility performance of their heifers.

3891 As there is currently no optimum pasture-based heifer rearing strategy, and because heifer  
3892 growth varies from farm to farm (Archbold et al., 2012; Bazeley et al., 2016), all Chapters  
3893 in this thesis incorporated contrasting heifer rearing management systems, i.e., different  
3894 weaning ages and different post-weaning feeding regimes. Treatment in the pre and the  
3895 post-weaning period has the potential to influence growth (Le Cozler et al., 2010) and  
3896 thus future performance (Brickell et al., 2009b; Le Cozler et al., 2010; Davis Rincker et  
3897 al., 2011) of the heifer. The aim of this thesis was to quantify the associations between  
3898 management during the rearing period and factors influencing growth. Breed was also  
3899 included as the Irish national dairy herd is currently predominated by three main breeds;  
3900 Holstein, Friesian, and JE, which accounted for 89.1, 5.6, and 4.3%, respectively, of dairy  
3901 inseminations in 2019 and 2020 (ICBF, 2020). While HF are the mainstay of the Irish  
3902 national dairy herd, JE genetics, both in their own right (Prendiville et al., 2011a) and as  
3903 a cross with HF (Coffey et al., 2017), are increasingly contributing to the Irish dairy herd  
3904 due to their superior MS (Prendiville et al., 2011b) and production efficiency (Lembeye



3905 et al., 2016). Investigating interactions between management strategy and breed provide  
3906 information to guide decisions on how best to optimize replacement heifer growth.  
3907 Optimizing replacement heifer growth is generally accomplished by attaining weight-for-  
3908 age targets (Troccon, 1993). These targets ensure that, by growing heifers at a constant  
3909 rate throughout the rearing period, growth and thus, performance will be optimized.  
3910 Nonetheless, Handcock et al. (2021) reported that as long as target BW at breeding is  
3911 achieved (i.e., the heifer has gained sufficient BW to achieve puberty), that the growth  
3912 trajectory between six and 15 months of age would not have a negative impact on first  
3913 lactation milk production. This finding by Handcock et al. (2021) has positive practical  
3914 significance for heifers with a seasonal pattern of growth, such as those in Ireland, and  
3915 provides justification for the different management systems implemented in the present  
3916 study. However, it is clear from previous research that many pasture-based heifers are  
3917 failing to achieve target BW at breeding (McNaughton and Lopdell, 2012; Handcock et  
3918 al., 2016). This may be because farmers are simply not monitoring heifer BW; less than  
3919 5% of New Zealand heifers had a BW recorded before calving (McNaughton and Lopdell,  
3920 2012), but it may also be because heifer DMI at pasture has not previously been  
3921 investigated. Knowledge of heifer DMI at different ages ensures sufficient pasture is  
3922 offered, thus making certain heifers are not underfed. Furthermore, despite BW at  
3923 breeding often being cited as the most important target, if, at breeding, a heifer is found  
3924 to be below target, it is then too late to rectify BW. Therefore, additional weight-for-age  
3925 targets can benefit pasture-based dairy heifers by ensuring that BW prior to breeding is  
3926 optimized. This is the first study to establish the DMI of pasture-based dairy heifers, and  
3927 it is one of the first to quantify pasture-based heifer growth under different management  
3928 strategies. Heifer DMI and BW are intertwined, both of which were found to be more

3929 susceptible to post-weaning feeding regimes than weaning age. This finding is important  
3930 as it demonstrates that pasture allocation and consequently, BW may be manipulated in  
3931 the post-weaning period to ensure that heifers have gained the BW necessary to become  
3932 pubertal prior to the commencement of the breeding season. Nevertheless, a possible  
3933 limitation of the present thesis is the influence of concentrate on heifer DMI in the first  
3934 grazing season. It is difficult to measure the individual concentrate intake of heifers in a  
3935 pasture-based system, and as such, heifer DMI in the present study was calculated by  
3936 summing group average concentrate DMI and individual grass DMI. Although a  
3937 limitation in the present thesis, the inability to measure individual concentrate DMI in  
3938 pasture-based heifers may form the basis for further research on this topic.

3939 Consistent with pasture-based HF and JE cows (Prendiville et al., 2011a), differences in  
3940 DMI and BW were also identified in pasture-based HF and JE heifers. Similar to that  
3941 observed in the JE heifers in the present study, JE cows had a higher capacity for feed  
3942 intake, which is likely attributable to grazing behaviour, in particular, increased bite rate,  
3943 intake rate, and time spent grazing on a per unit of BW basis (Prendiville et al., 2010).

3944 The use of technology to establish the grazing behaviour of pasture-based HF and JE  
3945 heifers reared under different strategies would have greatly enhanced the findings in  
3946 chapter 3; such measurements should therefore be incorporated into future research on  
3947 pasture-based heifer DMI. A higher intake capacity may contribute to increased  
3948 production efficiency, which, in the lactating herd, is characterized by superior MS  
3949 production per unit of BW and per unit of DMI (Prendiville et al., 2009; Beecher et al.,  
3950 2014). Increased production efficiency in the rearing period would signify higher BW  
3951 gain per unit of DMI (Akins et al., 2016); however, it was beyond the scope of the present  
3952 study to substantiate this claim in pasture-based dairy heifers, and as such, could be

3953 considered a limitation of the present study. However, information on the feed efficiency  
3954 of pasture-based dairy heifers would be advantageous, and so, should be the focus of  
3955 further research.

3956 In addition to the differences in the DMI of pasture-based HF and JE heifers alluded to in  
3957 the previous paragraph, there was also an effect of breed on the attainment of weight-for-  
3958 age targets, particularly at six months, when 40.3 and 24.6% of HF and JE, respectively,  
3959 had attained target weight. However, the attainment of weight-for-age targets was similar  
3960 for HF and JE thereafter. This study has established that although the attainment of  
3961 weight-for-age targets at six and 15 months was suboptimal (approximately 46 and 47%  
3962 of all heifers were either at or ahead of target at six and 15 months, respectively), different  
3963 management strategies (i.e., 12wH) may be used to ensure that a greater proportion of  
3964 heifers have achieved weight-for-age targets. However, using the equations proposed in  
3965 Chapter 4 to create additional targets will complement the management of pasture-based  
3966 HF and JE heifers and ensure that they have achieved target weight at breeding, which is  
3967 of particular importance in systems that impose seasonal breeding, such as that in Ireland.  
3968 Although there are key times for weighing heifers such as at birth, at weaning, at breeding,  
3969 and prior to calving (Bazeley et al., 2016), this may not be achievable, particularly on a  
3970 pasture-based dairy farm where the heifers are often reared away from the milking  
3971 platform and may not be subject to regular monitoring. The equation proposed in Chapter  
3972 4 may be used to create additional weight-for-age targets at every stage of the rearing  
3973 period; this will be of practical significance to pasture-based dairy farmers so that  
3974 weighing can be aligned with different husbandry tasks to minimize inconvenience and  
3975 optimize time. The equations created in Chapters 3 and 4 will ultimately provide pasture-  
3976 based dairy farmers with the tools necessary to firstly identify heifer DMI, which will

3977 optimize pasture allocation and thus utilization, and secondly to optimize heifer growth  
3978 throughout the rearing period by achieving weight-for-age targets.

3979 It is apparent that monitoring heifer growth is essential for a rearing strategy to be  
3980 successful. Although weighing is the easiest and most accurate measurement of heifer  
3981 growth (Dingwell et al., 2006), it is not clear how many farmers are actually weighing  
3982 their youngstock. As previously mentioned, very few heifers in New Zealand have BW  
3983 records prior to calving (McNaughton and Lopdell, 2012), while information on the  
3984 proportion of Irish dairy farmers weighing their heifers was unavailable. A possible  
3985 explanation may be that Irish dairy farmers are hesitant to adopt new technologies, i.e.,  
3986 electronic weighing scales (Lukuyu et al., 2016). Nevertheless, it is also possible to  
3987 monitor the growth of heifers using LBM (Heinrichs et al., 1992). Findings in Chapter 5  
3988 indicate that although there were different mechanisms in the growth pattern of heifer  
3989 frame size to that of BW gain, similar to that found in Chapter 4, there was also a greater  
3990 effect of post-weaning feeding regime on LBM than that of weaning age. In Chapters 5  
3991 and 6, it was established that, in the absence of a scale, LBM might instead be used to  
3992 monitor growth. Furthermore, the creation of equations to predict the BW of heifers using  
3993 a series of LBM will allow farmers to benchmark their heifers' growth against that of the  
3994 weight-for-age targets. Although such equations have previously been created in  
3995 confinement systems of heifer rearing (Heinrichs et al., 1992; Dingwell et al., 2006; Silva  
3996 et al., 2021), it was established in Chapter 4 that the growth trajectory of pasture-based  
3997 heifers is sigmoidal in shape and therefore, equations to predict BW from LBM must be  
3998 aligned with the system within which heifers are reared, e.g., pasture-based or  
3999 confinement. The proposed equations have high prediction accuracy and incorporate a

4000 variety of LBM, which may be of benefit to pasture-based dairy farmers as they can select  
4001 the LBM most suited to their facilities.

4002 Poor growth rates in the rearing period, which are possible if growth is not closely  
4003 monitored, mean that many heifers never fulfil their potential. In order to achieve optimal  
4004 lifetime performance, it is important for heifers to be well-grown and achieve weight-for-  
4005 age targets throughout the rearing period (Le Cozler et al., 2008). Poorly grown heifers  
4006 may also suffer reproductive inefficiency (Wathes et al., 2008). An interesting finding of  
4007 Chapter 5 was that heifers grown at a constant rate, i.e., those that were weaned early and  
4008 subsequently offered a low feeding regime, and those that were weaned late and  
4009 subsequently offered a high feeding regime, had improved fertility performance.  
4010 Consistent with Curtis et al. (2018) and Davis Rincker et al. (2011), heifers fed an  
4011 intensive diet in the pre-weaning period were more likely to exhibit pre-pubertal estrus  
4012 activity. A slight decline in reproductive efficiency was observed in heifers that were  
4013 ahead of target weight at breeding; this corroborates the study by Archbold et al. (2012).  
4014 However, this study may be limited by both the sample size and the reliance on routine  
4015 fertility observations to determine the fertility performance of pasture-based dairy heifers.  
4016 The binary nature of reproductive data in the present study requires a confidence interval  
4017 of >10% to declare a significant difference between treatment groups, as such, further  
4018 research that incorporates either a larger sample size or more in-depth fertility  
4019 measurements may be required to support the conclusions drawn about the fertility  
4020 performance of heifers. Findings in chapters 3, 4, 5 and 6 advocate that heifers weaned  
4021 later and offered a high feeding regime post-weaning will have improved growth and  
4022 fertility performance, however, the impact of rearing strategy on eventual milk production  
4023 was not investigated in the present study. Although this may be considered a limitation,

4024 it also provides direction for further research on the association between rearing strategy  
4025 and milk production of pasture-based heifers.

4026 A calving event provides a connection between the rearing period and the lactating herd  
4027 for a heifer. In 2020, only 71% of heifers in Ireland calved for the first time, aged between  
4028 22 and 26 months (ICBF, 2020). Achieving target AFC in pasture-based dairy heifers  
4029 may be limited by inadequate monitoring of heifer growth, such that if a heifer has not  
4030 gained sufficient weight throughout the rearing period to achieve puberty prior to the  
4031 seasonal breeding season, conception, and consequently, calving may be delayed. Heifers  
4032 that calve late in the season are more likely to be culled (Mousel et al., 2014); therefore,  
4033 the importance of monitoring heifer growth cannot be over-emphasized. The age at which  
4034 a heifer calves signifies the beginning of the repayment of heifer rearing costs (Boulton  
4035 et al., 2017); it is, therefore, unsurprising that a younger AFC is recommended, as it will  
4036 reduce the non-productive period. However, it has been cited that a younger AFC will be  
4037 accompanied by a reduction in milk production (Berry and Cromie, 2009). The findings  
4038 in Chapter 7 indicate that, as long as heifers are not too young ( $\leq 723$  days of age) or too  
4039 old ( $\geq 769$  days of age), this is not always the case. The weight at which heifers calve was  
4040 found to have a greater effect on production in the lactating herd than that of AFC.  
4041 Furthermore, the present study has agreed with that reported by Dobos et al. (2001);  
4042 increasing BW at calving can negate the unfavourable associations that may accompany  
4043 a younger AFC. Optimum production was achieved when a heifer calved for the first time  
4044 aged between 738 and 768 days and weighing between 516 and 550 kg post-calving, i.e.,  
4045 if a heifer was heavier ( $\geq 551$  kg) and older ( $\geq 769$  days of age) at first calving, production  
4046 thereafter was impeded. However, the findings in chapter 7 may be limited by the lack of  
4047 variability in AFC and BW at calving relative to the variation reported in similar studies

4048 (Berry and Cromie, 2009; Mee et al., 2011). Despite this limitation, the findings in chapter  
4049 7 still highlight the importance of monitoring heifer BW throughout the rearing period.

4050 In conclusion, studies described in this thesis have:

4051 1. Quantified the DMI of pasture-based HF and JE heifers reared under different  
4052 management systems throughout the rearing period. Confirmed that there are differences  
4053 in both the total DMI and intake capacity of pasture-based HF and JE heifers. Found that  
4054 DMI is sensitive to feed management throughout the rearing period and, as such, may be  
4055 manipulated by varying concentrate supplementation and pasture allowance to ensure that  
4056 weight-for-age targets are achieved. Formulated an equation to predict the DMI of  
4057 pasture-based dairy heifers using BW.

4058 2. Determined, through the creation of an equation to predict the growth trajectory of  
4059 heifers, that pasture-based heifer growth is not linear. Observed that heifer BW was  
4060 receptive to post-weaning feed management; therefore, different rearing strategies may  
4061 be implemented to optimize heifer growth throughout the rearing period. Established that  
4062 existing weight-for-age targets are achievable; however, the use of the proposed equation  
4063 to create additional targets may complement the management of pasture-based heifers  
4064 and ensure that they have gained the BW necessary to achieve puberty prior to the  
4065 breeding season.

4066 3. Reported that LBM are also responsive to changes in the post-weaning feed  
4067 management of pasture-based heifers. Presented that heifers grown at a constant rate had  
4068 improved reproductive efficiency. In contrast, heifers that were ahead of weight-for-age  
4069 targets at breeding had a poor fertility performance thereafter.

4070 4. Found that LBM were accurate predictors of pasture-based heifer BW. Created a series  
4071 of equations that offer farmers the opportunity to monitor heifer growth in the absence of

4072 a scale, with the equation based on BV proposed as the most innovative predictor of heifer  
4073 BW.

4074 5. Evaluated the associations between AFC, BW at first calving, and production  
4075 thereafter. Reported that a heavier BW at first calving offset the negative effect of a  
4076 younger AFC on milk production. Concluded that optimum performance was achieved  
4077 when a HF heifer was 738-768 days of age and weighed 516-550 kg at first calving.  
4078 Observed negative associations in heifers that were over-weight at first calving, thus  
4079 verifying that weight-for-age targets should be adhered to throughout the rearing period.

4080 In summary, these studies indicate that there are various mechanisms throughout the  
4081 rearing period that have the potential to influence heifer growth and performance  
4082 thereafter. Establishing the DMI of pasture-based heifers will facilitate the accurate  
4083 allocation of pasture and ensure that the competitive advantage of a pasture-based system  
4084 is exploited. Furthermore, achieving the weight-for-age targets outlined in the present  
4085 study will optimize heifer BW and LBM, and consequently, performance in the lactating  
4086 herd. Collectively, these studies contribute to the understanding of pasture-based heifer  
4087 rearing and will be a useful resource when generating further research in this area.



**Chapter 9: References**

- Abeni, F., F. Petrera, and Y. Le Cozler. 2018. Effects of feeding treatment on growth rates, metabolic profiles and age at puberty, and their relationships in dairy heifers. *Animal* 13(5):1020-1029.
- Abrahamse, P., J. Dijkstra, B. Vlaeminck, and S. Tamminga. 2008. Frequent allocation of rotationally grazed dairy cows changes grazing behaviour and improves productivity. *Journal of Dairy Science* 91(5): 2033-2045.
- Agri-Food and Biosciences Institute (AFBI), Department of Agriculture, Food and the Marine (DAFM) 2017. All-Island Animal disease surveillance report 2016. Retrieved on 30 October 2021 from [https://www.afbini.gov.uk/sites/afbini.gov.uk/files/publications/aiadsr2015\\_30-11-16%20LR\\_Designer%204.pdf](https://www.afbini.gov.uk/sites/afbini.gov.uk/files/publications/aiadsr2015_30-11-16%20LR_Designer%204.pdf)
- AHI. 2016. Getting your dairy heifer calves to target weight. *Animal Health Ireland bulletin* May 2016. <https://animalhealthireland.ie/assets/uploads/2021/06/AHI-Bulletin-April-2021-Revised-2021.pdf?dl=1>
- AHI. 2021. Technical notes on calf milk replacers (CMR) for rearing dairy replacement heifer calves. CalfCare leaflet series. [www.AnimalHealthIreland.ie](http://www.AnimalHealthIreland.ie).
- Akins, M. S. 2016. Dairy heifer development and nutrition management. *Veterinary Clinics: Food Animal Practice* 32(2):303-317.
- Akins, M., M. Cavitt, M. Hagedorn, S. Mills-Lloyd, T. Kohlman, R. Sterry, L. Binversie, A. Bjurstrom, G. Blonde, and J. Clark. 2017. Economic Costs and Labour Efficiencies Associated with Raising Dairy Calves for Operations Using Individual or Automated Feeding. University of Wisconsin Extension: Madison, WI, USA 8.
- Albertí, P., B. Panea, C. Sañudo, J. Olleta, G. Ripoll, P. Ertbjerg, M. Christensen, S. Gigli, S. Failla, and S. Concetti. 2008. Live weight, body size and carcass characteristics of young bulls of fifteen European breeds. *Livestock Science* 114(1):19-30.
- Alvarez-Hess, P. S., M. L. Douglas, M. M. Wright, N. Norbu, K. Giri, W. J. Wales, J. L. Jacobs, and M. J. Auldist. 2021. Effects of herbage mass and herbage allowance on bite mass of grazing dairy cows. *Animal Feed Science and Technology* 278:115011.

- Anderson, K. L., T. G. Nagaraja, J. L. Morrill, T. B. Avery, S. J. Galitzer, and J. E. Boyer. 1987. Ruminant Microbial Development in Conventionally or Early-Weaned Calves. *Journal of Animal Science* 64(4):1215-1226.
- Appleby, M. C., D. M. Weary, and B. Chua. 2001. Performance and feeding behaviour of calves on ad libitum milk from artificial teats. *Applied Animal Behaviour Science* 74(3):191-201.
- Archbold, H., L. Shalloo, E. Kennedy, K. Pierce, and F. Buckley. 2012. Influence of age, body weight and body condition score before mating start date on the pubertal rate of maiden Holstein-Friesian heifers and implications for subsequent cow performance and profitability. *Animal: an International Journal of Animal Bioscience* 6(7):1143.
- Atashi, H., A. Asaadi, and M. Hostens. 2021. Association between age at first calving and lactation performance, lactation curve, calving interval, calf birth weight, and dystocia in Holstein dairy cows. *PloS one* 16(1):e0244825-e0244825.
- Atkins, N. E., E. C. Bleach, and L. A. Sinclair. 2018. Periparturient and early lactation performance and metabolism of replacement Holstein-Friesian heifers out-wintered on fodder beet or perennial ryegrass compared with winter housing. *Grass and Forage Science* 73(4):828-840.
- Atkins, N. E., K. Walley, and L. A. Sinclair. 2020. Commercial practice of out-wintering dairy heifers in Great Britain. *Journal of New Zealand Grasslands* 82.
- Bailey, T. L. and J. M. Murphy. 2009. Monitoring dairy heifer growth.
- Barnes, A. P., H. McCalman, S. Buckingham, and S. Thomson. 2013. Farmer decision-making and risk perceptions towards outwintering cattle. *Journal of Environmental Management* 129:9-17.
- Barrier, A. and M. Haskell. 2011. Calving difficulty in dairy cows has a longer effect on saleable milk yield than on estimated milk production. *Journal of dairy science* 94(4):1804-1812.

- Barry, J., E. A. Bokkers, D. Berry, I. J. de Boer, J. McClure, and E. Kennedy. 2019. Associations between colostrum management, passive immunity, calf-related hygiene practices, and rates of mortality in preweaning dairy calves. *Journal of dairy science* 102(11):10266-10276.
- Barry, J. 2020. Colostrum feeding and calf welfare assessment: the first steps to a better future. Thesis: Wageningen University. <https://edepot.wur.nl/509741>
- Bartlett, K., F. McKeith, M. VandeHaar, G. Dahl, and J. Drackley. 2006. Growth and body composition of dairy calves fed milk replacers containing different amounts of protein at two feeding rates. *Journal of Animal Science* 84(6):1454-1467.
- Baumwart, A. L. 1976. Absorption of immunoglobulins from colostrum by newborn calves. Oklahoma State University.
- Bazeley, K. J., D. C. Barrett, P. D. Williams, and K. K. Reyher. 2016. Measuring the growth rate of UK dairy heifers to improve future productivity. *Veterinary journal* 212:9-14.
- Beecher, M., F. Buckley, S. M. Waters, T. Boland, D. Enriquez-Hidalgo, M. Deighton, M. O'Donovan, and E. Lewis. 2014. Gastrointestinal tract size, total-tract digestibility, and rumen microflora in different dairy cow genotypes. *Journal of dairy science* 97(6):3906-3917.
- Beecher, M., D. Hennessy, T. Boland, M. McEvoy, M. O'Donovan, and E. Lewis. 2015. The variation in morphology of perennial ryegrass cultivars throughout the grazing season and effects on organic matter digestibility. *Grass and Forage Science* 70(1):19-29.
- Bell, J. 1958. Raising dairy calves without whole milk. *Canadian Journal of Animal Science* 38(2):103-108.
- Benetton, J., H. Neave, J. Costa, M. Von Keyserlingk, and D. Weary. 2019. Automatic weaning based on individual solid feed intake: Effects on behaviour and performance of dairy calves. *Journal of dairy science* 102(6):5475-5491.

- Berge, A., T. Besser, D. Moore, and W. Sisco. 2009. Evaluation of the effects of oral colostrum supplementation during the first fourteen days on the health and performance of preweaned calves. *Journal of Dairy Science* 92(1):286-295.
- Berry, D. P., F. Buckley, P. Dillon, R. D. Evans, M. Rath, and R. F. Veerkamp. 2003. Genetic Relationships among Body Condition Score, Body Weight, Milk Yield, and Fertility in Dairy Cows. *Journal of Dairy Science* 86(6):2193-2204.
- Berry, D., L. Shalloo, A. Cromie, V. Olori, and P. Amer. 2005. Economic breeding index for dairy cattle in Ireland. Irish Cattle Breeding Federation: Bandon, Cork.
- Berry, D. P., K. A. Macdonald, J. W. Penno, and J. R. Roche. 2006. Association between body condition score and live weight in pasture-based Holstein-Friesian dairy cows. *Journal of dairy research* 73(4):487-491.
- Berry, D., J. Lee, K. Macdonald, K. Stafford, L. Matthews, and J. Roche. 2007a. Associations among body condition score, body weight, somatic cell count, and clinical mastitis in seasonally calving dairy cattle. *Journal of dairy science* 90(2):637-648.
- Berry, D. P., F. Buckley, and P. Dillon. 2007b. Body condition score and live-weight effects on milk production in Irish Holstein-Friesian dairy cows. *Animal* 1(9):1351-1359.
- Berry, D., J. Lee, K. Macdonald, and J. Roche. 2007c. Body condition score and body weight effects on dystocia and stillbirths and consequent effects on post calving performance. *Journal of Dairy Science* 90(9):4201-4211.
- Berry, D. and A. Cromie. 2009. Associations between age at first calving and subsequent performance in Irish spring calving Holstein-Friesian dairy cows. *Livestock Science* 123(1):44-54.
- Berry, D. P., A. Cromie, F. Buckley, S. Butler, and S. Cummins. 2012. Breeding for fertility in Irish dairy cows. *Proc. Dairy Cow Fertility Reproductive performance for efficient pasture-based systems.*

- 
- Berry, D. P., M. P. Coffey, J. E. Pryce, Y. de Haas, P. Løvendahl, N. Krattenmacher, J. J. Crowley, Z. Wang, D. Spurlock, K. Weigel, K. Macdonald, and R. F. Veerkamp. 2014. International genetic evaluations for feed intake in dairy cattle through the collation of data from multiple sources. *Journal of Dairy Science* 97(6):3894-3905.
- Berry, D. P., F. Buckley, and S. T. Butler. 2015. Reducing replacement cost on Irish dairy farms. *Moorepark '15 Irish dairying sustainable expansion*. Accessed on 10 September 2021. Pages 23-30. [https://www.teagasc.ie/media/website/publications/2015/Irish\\_Dairying-Sustainable\\_Expansion\\_Moorepark15.pdf](https://www.teagasc.ie/media/website/publications/2015/Irish_Dairying-Sustainable_Expansion_Moorepark15.pdf)
- Berry, D. P. and F. Buckley. 2016. *Teagasc Dairy Manual: Dairy Cow Breeding*. Accessed on 10 September 2021. <https://www.teagasc.ie/media/website/publications/2016/Dairy-Manual-Section7.pdf>
- Berry, D., P. Amer, R. Evans, T. Byrne, A. Cromie, and F. Hely. 2019. A breeding index to rank beef bulls for use on dairy females to maximize profit. *Journal of dairy science* 102(11):10056-10072.
- Bertics, S. J., R. R. Grummer, C. Cadorniga-Valino, and E. E. Stoddard. 1992. Effect of prepartum dry matter intake on liver triglyceride concentration and early lactation. *Journal of dairy science* 75(7):1914-1922.
- Besser, T., A. Garmedia, T. McGuire, and C. Gay. 1985. Effect of colostral immunoglobulin G1 and immunoglobulin M concentrations on immunoglobulin absorption in calves. *Journal of Dairy Science* 68(8):2033-2037.
- Besser, T. E., C. Gay, and L. Pritchett. 1991. Comparison of three methods of feeding colostrum to dairy calves. *Journal of the American Veterinary Medical Association* 198(3):419-422.
- Bielmann, V., J. Gillan, N. R. Perkins, A. L. Skidmore, S. Godden, and K. E. Leslie. 2010. An evaluation of Brix refractometry instruments for measurement of colostrum quality in dairy cattle. *Journal of Dairy Science* 93(8):3713-3721.

- Bjorklund, E., B. J. Heins, and H. Chester-Jones. 2013. Whole-milk feeding duration, calf growth, and profitability of group-fed calves in an organic production system. *Journal of dairy science* 96(11):7363-7370.
- Blome, R., J. Drackley, F. McKeith, M. Hutjens, and G. McCoy. 2003. Growth, nutrient utilization, and body composition of dairy calves fed milk replacers containing different amounts of protein. *Journal of Animal Science* 81(6):1641-1655.
- Blum, J. W. and H. Hammon. 2000. Colostrum effects on the gastrointestinal tract, and on nutritional, endocrine and metabolic parameters in neonatal calves. *Livestock Production Science* 66(2):151-159.
- Boulton, A. C., J. Rushton, and D. C. Wathes. 2015. A study of dairy heifer rearing practices from birth to weaning and their associated costs on UK dairy farms. *Open Journal of Animal Sciences* 5:185-197.
- Boulton, A., J. Rushton, and D. Wathes. 2017. An empirical analysis of the cost of rearing dairy heifers from birth to first calving and the time taken to repay these costs. *Animal* 11(8):1372-1380.
- Brickell, J., M. McGowan, and D. Wathes. 2009a. Effect of management factors and blood metabolites during the rearing period on growth in dairy heifers on UK farms. *Domestic animal endocrinology* 36(2):67-81.
- Brickell, J. S., N. Bourne, M. M. McGowan, and D. C. Wathes. 2009b. Effect of growth and development during the rearing period on the subsequent fertility of nulliparous Holstein-Friesian heifers. *Theriogenology* 72(3):408-416.
- Britt, J. 1992. Influence of nutrition and weight loss on reproduction and early embryonic death in cattle. *Proc. American Association of Bovine Practitioners Conference proceedings (USA)*.
- Bruinjé, T. C., J. P. Rosadiuk, F. Moslemipur, J. E. Carrelli, M. A. Steele, and D. J. Ambrose. 2019. Carryover effects of pre- and post-weaning planes of nutrition on reproductive tract development and estrus cycle characteristics in Holstein heifers. *Journal of Dairy Science* 102(11):10514-10529.

- Buckley, F., K. O'Sullivan, J. F. Mee, R. D. Evans, and P. Dillon. 2003. Relationships among Milk Yield, Body Condition, Cow Weight, and Reproduction in Spring-Calved Holstein-Friesians. *Journal of Dairy Science* 86(7):2308-2319.
- Buckley, F., P. Dillon, S. Crosse, F. Flynn, and M. Rath. 2000. The performance of Holstein Friesian dairy cows of high and medium genetic merit for milk production on grass-based feeding systems. *Livestock Production Science* 64(2-3):107-119.
- Burke, J., G. Waghorn, and A. Chavez. 2002. Improving animal performance using forage-based diets. Pages 267-272 in *Proc. Proceedings- New Zealand society of animal production*. New Zealand Society of Animal Production; 1999.
- Burns, G., T. Gilliland, D. Grogan, S. Watson, and P. O'Kiely. 2013. Assessment of herbage yield and quality traits of perennial ryegrasses from a national variety evaluation scheme. *The Journal of Agricultural Science* 151(3):331-346.
- Bush, L. J. and T. E. Staley. 1980. Absorption of Colostral Immunoglobulins in Newborn Calves. *Journal of Dairy Science* 63(4):672-680.
- Butler, J. E. 1969. Bovine immunoglobulins: A review. *Journal of Dairy Science* 52(12):1895-1909.
- Butler, S. and M. Herlihy. 2012. Use of controlled breeding programmes in seasonal calving systems. in *Proc. Dairy Cow Fertility Reproductive performance for efficient pasture-based systems*, Rochestown Park Hotel and Teagasc, Moorepark Research Centre, Cork, Ireland. Accessed on 10 September 2021. Pages 95-99. [https://www.teagasc.ie/media/website/publications/2010/Dairy\\_Cow\\_Fertility\\_Proceedings\\_2012.pdf](https://www.teagasc.ie/media/website/publications/2010/Dairy_Cow_Fertility_Proceedings_2012.pdf)
- Butler, S., M. Herlihy, D. P. Berry, and M. G. Diskin. 2012. Use of synchronization in dairy cows to maximize submission rates. Accessed on 12 September 2021. [https://www.teagasc.ie/media/website/publications/2011/Use-of-AI\\_5672-B.pdf](https://www.teagasc.ie/media/website/publications/2011/Use-of-AI_5672-B.pdf)
- Butler, S. T. 2013. Genetic control of reproduction in dairy cows. *Reproduction, Fertility and Development* 26(1):1-11.
- Butler, W. 2005. Nutrition, negative energy balance and fertility in the postpartum dairy cow. *Cattle practice* 13:13-18.



- Butler, W. R. and R. D. Smith. 1989. Interrelationships between Energy Balance and Postpartum Reproductive Function in Dairy Cattle. *Journal of Dairy Science* 72(3):767-783.
- Byerley, D., R. Staigmiller, J. Berardinelli, and R. Short. 1987. Pregnancy rates of beef heifers bred either on puberal or third estrus. *Journal of animal science* 65(3):645-650.
- Byrne, C., S. Fair, A. English, D. Johnston, P. Lonergan, and D. Kenny. 2017. Effect of milk replacer and concentrate intake on growth rate, feeding behaviour and systemic metabolite concentrations of pre-weaned bull calves of two dairy breeds. *Animal* 11(9):1531-1538.
- Canadas, E. R., M. Herlihy, J. Kenneally, J. Grant, F. Kearney, P. Lonergan, and S. Butler. 2020. Associations between postpartum phenotypes, cow factors, genetic traits, and reproductive performance in seasonal-calving, pasture-based lactating dairy cows. *Journal of dairy science* 103(1):1016-1030.
- Carson, A., L. Dawson, M. McCoy, D. Kilpatrick, and F. Gordon. 2002. Effects of rearing regime on body size, reproductive performance and milk production during the first lactation in high genetic merit dairy herd replacements. *Animal Science* 74(3):553-565.
- Carty, C. I., C. G. McAloon, L. O'Grady, E. G. Ryan, and F. J. Mulligan. 2020. Relative effect of milk constituents on fertility performance of milk-recorded, spring-calving dairy cows in Ireland. *Journal of Dairy Science* 103(1):940-953.
- Castells, L., A. Bach, G. Araujo, C. Montoro, and M. Terré. 2012. Effect of different forage sources on performance and feeding behaviour of Holstein calves. *Journal of Dairy Science* 95(1):286-293.
- CBS. 2019. Again more cattle grazing. Accessed 7 September 2021 on <https://www.cbs.nl/en-gb/news/2019/48/again-more-cattle-grazing>.
- Chebel, R. C., F. A. Braga, and J. C. Dalton. 2007. Factors affecting reproductive performance of Holstein heifers. *Animal Reproduction Science* 101(3):208-224.

- Chelikani, P. K., J. D. Ambrose, and J. J. Kennelly. 2003. Effect of dietary energy and protein density on body composition, attainment of puberty, and ovarian follicular dynamics in dairy heifers. *Theriogenology* 60(4):707-725.
- Chigerwe, M., J. W. Tyler, M. K. Summers, J. R. Middleton, L. G. Schultz, and D. W. Nagy. 2009. Evaluation of factors affecting serum IgG concentrations in bottle-fed calves. *Journal of the American Veterinary Medical Association* 234(6):785-789.
- Claffey, A., L. Delaby, N. Galvin, T. Boland, and M. Egan. 2019. The effect of spring grass availability and grazing rotation length on the production and quality of herbage and milk in early spring. *The Journal of Agricultural Science* 157(5):434-448.
- Coffey, E. L., B. Horan, R. D. Evans, and D. P. Berry. 2016. Milk production and fertility performance of Holstein, Friesian, and Jersey purebred cows and their respective crosses in seasonal-calving commercial farms. *Journal of Dairy Science* 99(7):5681-5689.
- Coffey, E. L., L. Delaby, S. Fitzgerald, N. Galvin, K. M. Pierce, and B. Horan. 2017. Effect of stocking rate and animal genotype on dry matter intake, milk production, body weight, and body condition score in spring-calving, grass-fed dairy cows. *Journal of Dairy Science* 100(9):7556-7568.
- Cole, J. B. and D. J. Null. 2009. Genetic evaluation of lactation persistency for five breeds of dairy cattle. *Journal of Dairy Science* 92(5):2248-2258.
- Compton, C. W. R. 2018. The epidemiology of culling and mortality of New Zealand dairy cows: a thesis presented in partial fulfilment of the requirements for the degree of PhD in Veterinary Epidemiology at Massey University, Manawatu, New Zealand. Massey University.
- Conneely, M., D. P. Berry, R. Sayers, J. P. Murphy, I. Lorenz, M. L. Doherty, and E. Kennedy. 2013. Factors associated with the concentration of immunoglobulin G in the colostrum of dairy cows. *Animal* 7(11):1824-1832.
- Conneely, M., D. P. Berry, J. P. Murphy, I. Lorenz, M. L. Doherty, and E. Kennedy. 2014. Effect of feeding colostrum at different volumes and subsequent number of transition

- milk feeds on the serum immunoglobulin G concentration and health status of dairy calves. *Journal of Dairy Science* 97(11):6991-7000.
- Cooke, J. S., Z. Cheng, N. E. Bourne, and D. C. Wathes. 2013. Association between growth rates, age at first calving and subsequent fertility, milk production and survival in Holstein-Friesian heifers. *Open Journal of Animal Sciences* Vol.03No.01:12.
- Costa, A., C. Boselli, and M. De Marchi. 2021. Effect of Body Weight and Growth in Early Life on the Reproductive Performances of Holstein Heifers. *Agriculture* 11(2):159.
- Costigan, H., L. Delaby, S. Walsh, B. Lahart, and E. Kennedy. 2021. The development of equations to predict live-weight from linear body measurements of pasture-based Holstein-Friesian and Jersey dairy heifers. *Livestock Science*: 104693.
- Coverdale, J., H. Tyler, J. D. Quigley III, and J. Brumm. 2004. Effect of various levels of forage and form of diet on rumen development and growth in calves. *Journal of dairy science* 87(8):2554-2562.
- Cowles, K. E., R. A. White, N. L. Whitehouse, and P. S. Erickson. 2006. Growth Characteristics of Calves Fed an Intensified Milk Replacer Regimen with Additional Lactoferrin1. *Journal of Dairy Science* 89(12):4835-4845.
- Creighton, P., E. Kennedy, L. Shalloo, T. Boland, and M. O'Donovan. 2011. A survey analysis of grassland dairy farming in Ireland, investigating grassland management, technology adoption and sward renewal. *Grass and Forage Science* 66(2):251-264.
- Crosse, S. and P. Gleeson. 1986. Effects of pre-calving liveweight and level of concentrate feeding post-calving on the performance of first-lactation heifers. *Irish Journal of Agricultural Research*: 313-320.
- Cummins, C., D. P. Berry, R. Sayers, I. Lorenz, and E. Kennedy. 2016. Questionnaire identifying management practices surrounding calving on spring-calving dairy farms and their associations with herd size and herd expansion. *Animal* 10(5):868-877.

- Cummins, C., D. Berry, J. Murphy, I. Lorenz, and E. Kennedy. 2017. The effect of colostrum storage conditions on dairy heifer calf serum immunoglobulin G concentration and preweaning health and growth rate. *Journal of dairy science* 100(1):525-535.
- Curran, J., L. Delaby, E. Kennedy, J. Murphy, T. Boland, and M. O'Donovan. 2010. Sward characteristics, grass dry matter intake and milk production performance are affected by pre-grazing herbage mass and pasture allowance. *Livestock Science* 127(2-3):144-154.
- Curtis, G., C. McGregor Argo, D. Jones, and D. Grove-White. 2018. The impact of early life nutrition and housing on growth and reproduction in dairy cattle. *PloS one* 13(2):e0191687.
- DairyNZ (2015). "Estimating mature liveweight for groups of dairy heifers ". Retrieved 3 August, from <https://www.dairynz.co.nz/publications/farmfacts/animal-health-welfare-and-youngstock/>.
- Dallago, G. M., K. M. Wade, R. I. Cue, J. T. McClure, R. Lacroix, D. Pellerin, and E. Vasseur. 2021. Keeping Dairy Cows for Longer: A Critical Literature Review on Dairy Cow Longevity in High Milk-Producing Countries. *Animals* 11(3):808.
- Davis Rincker, L. E., M. J. VandeHaar, C. A. Wolf, J. S. Liesman, L. T. Chapin, and M. S. Weber Nielsen. 2011. Effect of intensified feeding of heifer calves on growth, pubertal age, calving age, milk yield, and economics. *Journal of Dairy Science* 94(7):3554–3567.
- Davis, C. L. and J. K. Drackley. 1998. *The development, nutrition, and management of the young calf*. Iowa State University Press.
- Davis, H. and I. Hathaway. 1956. Comparative measurements of Holstein, Ayrshire, Guernsey, and Jersey females from birth to seven years.
- Day, M. L. and G. P. Nogueira. 2013. Management of age at puberty in beef heifers to optimize efficiency of beef production. *Animal Frontiers* 3(4):6-11.

- de Passillé, A. M. and J. Rushen. 2016. Using automated feeders to wean calves fed large amounts of milk according to their ability to eat solid feed. *Journal of Dairy Science* 99(5):3578-3583.
- de Passillé, A. M., T. F. Borderas, and J. Rushen. 2011. Weaning age of calves fed a high milk allowance by automated feeders: effects on feed, water, and energy intake, behavioural signs of hunger, and weight gains. *J Dairy Sci* 94(3):1401-1408.
- De Vliegher, S., L. Fox, S. Piepers, S. McDougall, and H. Barkema. 2012. Invited review: Mastitis in dairy heifers: Nature of the disease, potential impact, prevention, and control. *Journal of dairy science* 95(3):1025-1040.
- De Vries, A. and M. Marcondes. 2020. Overview of factors affecting productive lifespan of dairy cows. *Animal* 14(S1):s155-s164.
- Deelen, S., T. Ollivett, D. Haines, and K. Leslie. 2014. Evaluation of a Brix refractometer to estimate serum immunoglobulin G concentration in neonatal dairy calves. *Journal of Dairy Science* 97(6):3838-3844.
- Delaby, L., J. A. Finn, G. Grange, and B. Horan. 2020. Pasture-based dairy systems in temperate lowlands: challenges and opportunities for the future. *Frontiers in Sustainable Food Systems* 4:278.
- Dematawena, C. and P. Berger. 1997. Effect of dystocia on yield, fertility, and cow losses and an economic evaluation of dystocia scores for Holsteins. *Journal of Dairy Science* 80(4):754-761.
- Deming, J., D. Gleeson, T. O'Dwyer, J. Kinsella, and B. O'Brien. 2018. Measuring labour input on pasture-based dairy farms using a smartphone. *Journal of Dairy Science* 101(10):9527-9543.
- Dennis, T., F. Suarez-Mena, W. Hu, T. Hill, J. Quigley, and R. Schlotterbeck. (2019). Effects of milk replacer feeding rate and long-term antibiotic inclusion in milk replacer on performance and nutrient digestibility of Holstein dairy calves up to 4 months of age. *Journal of dairy science* 102(3):2094-2102.

- Department of Agriculture, Food and the Marine 2020. Farm Animal Welfare Advisory Council Calf Welfare Guidelines. <http://www.fawac.ie/media/fawac/content/publications/animalwelfare/Calf%20Welfare%20Guidelines%20%20FAWAC.pdf>
- DeVries, T. and M. Von Keyserlingk. 2009. Competition for feed affects the feeding behaviour of growing dairy heifers. *Journal of dairy science* 92(8):3922-3929.
- Dhakal, K., C. Maltecca, J. Cassady, G. Baloché, C. Williams, and S. Washburn. 2013. Calf birth weight, gestation length, calving ease, and neonatal calf mortality in Holstein, Jersey, and crossbred cows in a pasture system. *Journal of Dairy Science* 96(1):690-698.
- Dias, J., M. I. Marcondes, M. F. Noronha, R. T. Resende, F. S. Machado, H. C. Mantovani, K. A. Dill-McFarland, and G. Suen. 2017. Effect of pre-weaning diet on the ruminal archaeal, bacterial, and fungal communities of dairy calves. *Frontiers in microbiology* 8:1553.
- Dillon, E., T. Hennessy, and J. Cullinan. 2015. Measuring the economic impact of improved control of sub-clinical mastitis in Irish dairy herds. *The Journal of Agricultural Science* 153(4):666-675.
- Dillon, P. and G. Stakelum. 1989. Herbage and dosed alkanes as a grass measurement technique for dairy cows. *Irish Journal of Agricultural Research* 28:104.
- Dillon, P., P. O'Connor, S. McCarthy, L. Shalloo, M. Linnane, D. P. Berry, F. Buckley, J. F. Mee, and B. Horan. 2006b. The effect of Holstein-Friesian genotype and feeding system on selected performance parameters of dairy cows on grass-based systems of milk production in Ireland. Teagasc.
- Dillon, P., S. Crosse, G. Stakelum, and F. Flynn. 1995. The effect of calving date and stocking rate on the performance of spring-calving dairy cows. *Grass and Forage Science* 50(3):286-299.
- Dillon, P., T. Hennessy, L. Shalloo, F. Thorne, and B. Horan. 2008. Future outlook for the Irish dairy industry: a study of international competitiveness, influence of

- international trade reform and requirement for change. *International Journal of Dairy Technology* 61(1):16-29.
- Dingwell, R. T., M. M. Wallace, C. J. McLaren, C. F. Leslie, and K. E. Leslie. 2006. An evaluation of two indirect methods of estimating body weight in Holstein calves and heifers. *J Dairy Sci* 89.
- Diskin, M. G. 2008. HeatWatch: a telemetric system for heat detection in cattle. *Veterinary Quarterly* 30:37-48.
- Diskin, M. G. and J. M. Sreenan. 2000. Expression and detection of estrus in cattle. *Reproduction Nutrition Development* 40(5):481-491.
- Do, C., N. Wasana, K. Cho, Y. Choi, T. Choi, B. Park, and D. Lee. 2013. The effect of age at first calving and calving interval on productive life and lifetime profit in Korean Holsteins. *Asian-Australasian journal of animal sciences* 26(11):1511-1517.
- Dobos, R., K. Nandra, K. Riley, W. Fulkerson, A. Alford, and I. Lean. 2004. Effects of age and liveweight of dairy heifers at first calving on multiple lactation production. *Australian Journal of Experimental Agriculture - AUST J EXP AGR* 44.
- Dobos, R., K. Nandra, K. Riley, W. Fulkerson, I. Lean, and R. Kellaway. 2001. Effects of age and liveweight at first calving on first lactation milk, protein and fat yield of Friesian heifers. *Australian Journal of Experimental Agriculture* 41(1):13-19.
- Donworth, J. and G. Ramsbottom. 2018. Dairy Heifer Rearing Agreement.
- Drackley, J. 2007. Accelerated Growth Programs for Milk-Fed Calves. Pages 87-96 in *High Plains Dairy Conference*. Albuquerque, NM.
- Drackley, J. K. 2008. Calf nutrition from birth to breeding. *Veterinary Clinics of North America: Food Animal Practice* 24(1):55-86.
- Drennan, M., A. Carson, and S. Crosse. 2005. Overview of animal production from pastures in Ireland. Pages 19-35 in *Proc. Utilization of grazed grass in temperate animal systems: proceedings of a satellite workshop of the XXth International Grassland Congress*, Cork, Ireland.

- Dukes, H. H., E. A. Hewitt, and G. W. McNutt. 1935. The physiology of domestic animals. The physiology of domestic animals. (Edn. 3).
- Dunn, A., A. Ashfield, B. Earley, M. Welsh, A. Gordon, and S. J. Morrison. 2017. Evaluation of factors associated with immunoglobulin G, fat, protein, and lactose concentrations in bovine colostrum and colostrum management practices in grassland-based dairy systems in Northern Ireland. *Journal of Dairy Science* 100(3):2068-2079.
- Eastham, N. T., A. Coates, P. Cripps, H. Richardson, R. Smith, and G. Oikonomou. 2018. Associations between age at first calving and subsequent lactation performance in UK Holstein and Holstein-Friesian dairy cows. *PloS one* 13(6):e0197764.
- Eckert, E., H. Brown, K. Leslie, T. DeVries, and M. Steele. 2015. Weaning age affects growth, feed intake, gastrointestinal development, and behaviour in Holstein calves fed an elevated plane of nutrition during the preweaning stage. *Journal of dairy science* 98(9):6315-6326.
- Edmonson, A., I. Lean, L. Weaver, T. Farver, and G. Webster. 1989. A body condition scoring chart for Holstein dairy cows. *Journal of dairy science* 72(1):68-78.
- Edwards, J. P., K. Mashlan, D. E. Dalley, and J. B. Pinxterhuis. 2017. A survey of dairy cow wintering practices in Canterbury, New Zealand. *Animal Production Science* 57(7):1323-1329.
- Elsohaby, I., J. McClure, L. Waite, M. Cameron, L. Heider, and G. Keefe. 2019. Using serum and plasma samples to assess failure of transfer of passive immunity in dairy calves. *Journal of dairy science* 102(1):567-577.
- Enevoldsen, C. and T. Kristensen. 1997. Estimation of body weight from body size measurements and body condition scores in dairy cows. *Journal of dairy science* 80(9):1988-1995.
- Erb, H. N., R. D. Smith, P. A. Oltenacu, C. L. Guard, R. B. Hillman, P. A. Powers, M. C. Smith, and M. E. White. 1985. Path model of reproductive disorders and



- performance, milk fever, mastitis, milk yield, and culling in Holstein cows. *J Dairy Sci* 68(12):3337-3349.
- Erickson, P. S. and K. F. Kalscheur. 2020. Nutrition and feeding of dairy cattle. *Animal Agriculture*: 157-180.
- Erickson, P. S., D. Schauff, and M. R. Murphy. 1989. Diet digestibility and growth of Holstein calves fed acidified milk replacers containing soy protein concentrate. *Journal of dairy science* 72(6):1528-1533.
- Esslemont, R., M. Kossaibati, and J. Allcock. 2001. Economics of fertility in dairy cows. *BSAP Occasional Publication* 26(1):19-29.
- Ettema, J. and J. Santos. 2004. Impact of age at calving on lactation, reproduction, health, and income in first-parity Holsteins on commercial farms. *Journal of dairy science* 87(8):2730-2742.
- Evans, R., F. Buckley, P. Dillon, and R. Veerkamp. 2002. Genetic parameters for production and fertility in spring-calving Irish dairy cattle. *Irish Journal of Agricultural and Food Research*: 43-54.
- Evans, R. D., M. Wallace, D. J. Garrick, P. Dillon, D. P. Berry, and V. Olori. 2006. Effects of calving age, breed fraction and month of calving on calving interval and survival across parities in Irish spring-calving dairy cows. *Livestock Science* 100(2):216-230.
- Evers, S., S. McParland, L. Delaby, K. Pierce, and B. Horan. 2021. Analysis of milk solids production and mid-lactation bodyweight to evaluate cow production efficiency on commercial dairy farms. *Livestock Science*: 104691.
- Faber, S., N. Faber, T. McCauley, and R. Ax. 2005. Case Study: Effects of Colostrum Ingestion on Lactational Performance 1. *The Professional Animal Scientist* 21(5):420-425.
- Ferrell, C. 1982. Effects of post weaning rate of gain on onset of puberty and productive performance of heifers of different breeds. *Journal of Animal Science* 55(6):1272-1283.

- Ferret, A., J. Plaixats, G. Caja, J. Gasa, and P. Prio. 1999. Using markers to estimate apparent dry matter digestibility, faecal output and dry matter intake in dairy ewes fed Italian ryegrass hay or alfalfa hay. *Small Ruminant Research* 33(2):145-152.
- Finneran, E., P. Crosson, P. O'Kiely, L. Shalloo, D. Forristal, and M. Wallace. 2010. Simulation modelling of the cost of producing and utilizing feeds for ruminants on Irish farms. *Journal of Farm Management* 14(2):95-116.
- Finneran, E., P. Crosson, P. O'Kiely, L. Shalloo, P. Forristal, and M. Wallace. 2012. Economic modelling of an integrated grazed and conserved perennial ryegrass forage production system. *Grass and Forage Science* 67(2):162-176.
- Fischer-Tlustos, A., K. Hertogs, J. Van Niekerk, M. Nagorske, D. Haines, and M. Steele. 2020. Oligosaccharide concentrations in colostrum, transition milk, and mature milk of primi- and multiparous Holstein cows during the first week of lactation. *Journal of dairy science* 103(4):3683-3695.
- Foley, J. and D. Otterby. 1978. Availability, storage, treatment, composition, and feeding value of surplus colostrum: a review. *Journal of Dairy Science* 61(8):1033-1060.
- Ford Jr, J. and C. Park. 2001. Nutritionally directed compensatory growth enhances heifer development and lactation potential. *Journal of Dairy Science* 84(7):1669-1678.
- Freer, M., H. Dove, and J. V. Nolan. 2007. Nutrient requirements of domesticated ruminants. CSIRO Publishing, Collingwood.
- French, P., E. O'Riordan, A. Moloney, P. O'Kiely, and P. Caffrey. 2001. Effects of concentrate level and grazing system on the performance of beef cattle grazing autumn herbage. *Irish Journal of Agricultural and Food Research*: 33-44.
- Froidmont, E., P. Mayeres, P. Picron, A. Turlot, V. Planchon, and D. Stilmant. 2013. Association between age at first calving, year and season of first calving and milk production in Holstein cows. *Animal* 7(4):665-672.
- Fulkerson, W. J., K. McKean, K. S. Nandra, and I. M. Barchia. 2005. Benefits of accurately allocating feed on a daily basis to dairy cows grazing pasture. *Australian Journal of Experimental Agriculture* 45(4):331-336.

- Gaafar, H. M. A., S. M. Shamiah, M. A. A. El-Hamd, A. A. Shitta, and M. A. T. El-Din. 2011. Dystocia in Friesian cows and its effects on postpartum reproductive performance and milk production. *Tropical Animal Health and Production* 43(1):229-234.
- Gabler, M. T., P. R. Tozer, and A. J. Heinrichs. 2000. Development of a Cost Analysis Spreadsheet for Calculating the Costs to Raise a Replacement Dairy Heifer. *Journal of Dairy Science* 83(5):1104–1109.
- Ganche, E., L. Delaby, M. O'Donovan, T. Boland, N. Galvin, and E. Kennedy. 2013. Post-grazing sward height imposed during the first 10 weeks of lactation: Influence on early and total lactation dairy cow production, and spring and annual sward characteristics. *Livestock Science* 157(1):299-311.
- Gardner, R., J. Schuh, and L. Vargus. 1977. Accelerated growth and early breeding of Holstein heifers. *Journal of dairy science* 60(12):1941-1948.
- Garrett, W. 1979. Relationships among Diet, Metabolizable Energy Utilization and Net Energy Values of Feedstuffs. *Journal of animal science* 49(5):1403-1409.
- Gavin, K., H. Neibergs, A. Hoffman, J. N. Kiser, M. A. Cornmesser, S. A. Haredasht, B. Martínez-López, J. R. Wenz, and D. A. Moore. 2018. Low colostrum yield in Jersey cattle and potential risk factors. *Journal of Dairy Science* 101(7):6388-6398.
- Geary, U., N. Lopez-Villalobos, N. Begley, F. McCoy, B. O'Brien, L. O'Grady, and L. Shalloo. 2012. Estimating the effect of mastitis on the profitability of Irish dairy farms. *Journal of Dairy Science* 95(7):3662-3673.
- Gill, G. and F. Allaire. 1976. Relationship of age at first calving, days open, days dry, and herd life to a profit function for dairy cattle. *Journal of Dairy Science* 59(6):1131-1139.
- Goddard, M. and C. Grainger. 2004. A review of the effects of dairy breed on feed conversion efficiency-an opportunity lost? *Science Access* 1(1):77-80.
- Godden, S. M., J. P. Fetrow, J. M. Feirtag, L. R. Green, and S. J. Wells. 2005. Economic analysis of feeding pasteurized nonsaleable milk versus conventional milk replacer

- to dairy calves. *Journal of the American Veterinary Medical Association* 226(9):1547-1554.
- Godden, S. 2008. Colostrum Management for Dairy Calves. *Veterinary Clinics of North America: Food Animal Practice* 24(1):19-39.
- Godden, S. M., J. E. Lombard, and A. R. Woolums. 2019. Colostrum Management for Dairy Calves. *Veterinary Clinics: Food Animal Practice* 35(3):535-556.
- González, L., I. Kyriazakis, and L. Tedeschi. 2018. Precision nutrition of ruminants: approaches, challenges and potential gains. *Animal* 12(s2):s246-s261.
- Gorrill, A. 1964a. Pasture rearing and milk-replacer feeding of dairy calves. *Canadian Journal of Animal Science* 44(2):235-247.
- Gorrill, A. 1964b. A comparison of weaning dairy calves by body weight versus age from whole milk or milk-replacer. *Canadian Journal of Animal Science* 44(3):327-333.
- Govil, K., D. Yadav, A. Patil, S. Nayak, R. Baghel, P. Yadav, C. Malapure, and D. Thakur. 2017. Feeding management for early rumen development in calves. *J. Entomol. Zool. Stud* 5(3):1132-1139.
- Gregorini, P., C. Clark, J. Jago, C. Glassey, K. McLeod, and A. Romera. 2009. Restricting time at pasture: Effects on dairy cow herbage intake, foraging behaviour, hunger-related hormones, and metabolite concentration during the first grazing session. *Journal of Dairy Science* 92(9):4572-4580.
- Grummer, R. R. 1995. Impact of changes in organic nutrient metabolism on feeding the transition dairy cow. *Journal of animal science* 73(9):2820-2833.
- Grummer, R. R., D. G. Mashek, and A. Hayirli. 2004. Dry matter intake and energy balance in the transition period. *Veterinary Clinics: Food Animal Practice* 20(3):447-470.
- Guy, M., T. McFadden, D. Cockrell, and T. Besser. 1994. Regulation of colostrum formation in beef and dairy cows. *Journal of dairy science* 77(10):3002-3007.

- Haisan, J., M. Oba, D. J. Ambrose, and M. A. Steele. 2018. Short communication: The effects of offering a high or low plane of milk preweaning on insulin-like growth factor and insulin-like growth factor binding proteins in dairy heifer calves. *Journal of Dairy Science* 101(12):11441-11446.
- Halachmi, I., Y. Edan, E. Maltz, U. Peiper, U. Moallem, and I. Brukental. 1998. A real-time control system for individual dairy cow food intake. *Computers and Electronics in Agriculture* 20(2):131-144.
- Hamann, J. and V. Krömker. 1997. Potential of specific milk composition variables for cow health management. *Livestock Production Science* 48(3):201-208.
- Handcock, R., T. Lopdell, and L. McNaughton. 2016. More dairy heifers are achieving liveweight targets. *New Zealand Society of Animal Production* 2016. Accessed on 7 September 2001. <https://www.nzsap.org/system/files/proceedings/%2326%20Rhiannon%20Handcock.pdf>.
- Handcock, R., N. Lopez-Villalobos, L. McNaughton, G. Edwards, and R. Hickson. 2018. Positive relationship between live weight at first calving and first lactation milk production. Page 126 in *Proc. Proceedings of the World Congress on Genetics Applied to Livestock Production*.
- Handcock, R. C., Lopez-Villalobos, N., McNaughton, L. R., Back, P. J., Edwards, G. R., & Hickson, R. E. 2019a. Live weight and growth of Holstein-Friesian, Jersey and crossbred dairy heifers in New Zealand. *New Zealand Journal of agricultural research*, 62(2), 173-183.
- Handcock, R., N. Lopez-Villalobos, L. McNaughton, P. Back, G. Edwards, and R. Hickson. 2019b. Stayability of dairy heifers as affected by live weight and growth prior to first calving. Live weight and growth of dairy heifers are important for subsequent milk production and reproductive performance: 123.
- Handcock, R., N. Lopez-Villalobos, L. McNaughton, P. Back, G. Edwards, and R. Hickson. 2019c. Positive relationships between body weight of dairy heifers and their

- first-lactation and accumulated three-parity lactation production. *Journal of dairy science* 102(5):4577-4589.
- Handcock, R. C., N. Lopez-Villalobos, L. R. McNaughton, P. J. Back, G. R. Edwards, and R. E. Hickson. 2020. Body weight of dairy heifers is positively associated with reproduction and stayability. *Journal of Dairy Science* 103(5):4466-4474.
- Handcock, R. C., C. M. Jenkinson, R. Laven, L. R. McNaughton, N. Lopez-Villalobos, P. J. Back and R. E. Hickson. 2021. Linear versus seasonal growth of dairy heifers decreased age at puberty but did not affect first lactation milk production. *New Zealand Journal of Agricultural Research* 64(1):83-100.
- Hanks, J. and M. Kossaibati. 2018. Key Performance Indicators for the UK national dairy herd. A study of herd performance in 500:1-26.
- Hanrahan, L., A. Geoghegan, M. O'Donovan, V. Griffith, E. Ruelle, M. Wallace, and L. Shalloo. 2017. PastureBase Ireland: A grassland decision support system and national database. *Computers and Electronics in Agriculture* 136:193-201.
- Hare, E., H. D. Norman, and J. R. Wright. 2006. Trends in Calving Ages and Calving Intervals for Dairy Cattle Breeds in the United States. *Journal of Dairy Science* 89(1):365-370.
- Hawkins, A., K. Burdine, D. Amaral-Phillips, and J. H. C. Costa. 2019. An Economic Analysis of the Costs Associated with Pre-Weaning Management Strategies for Dairy Heifers. *Animals* 9(7):471.
- Hawkins, A., K. H. Burdine, D. M. Amaral-Phillips, and J. H. C. Costa. 2020. Effects of Housing System on Dairy Heifer Replacement Cost From Birth to Calving: Evaluating Costs of Confinement, Dry-Lot, and Pasture-Based Systems and Their Impact on Total Rearing Investment. *Front Vet Sci* 7(625).
- Hayes, C. J., C. G. McAloon, C. I. Carty, E. G. Ryan, J. F. Mee, and L. O'Grady. 2019. The effect of growth rate on reproductive outcomes in replacement dairy heifers in seasonally calving, pasture-based systems. *Journal of dairy science* 102(6):5599-5611.

- Heinrichs, A., G. Rogers, and J. Cooper. 1992. Predicting body weight and wither height in Holstein heifers using body measurements. *Journal of dairy science* 75(12):3576-3581.
- Heinrichs, A. J. 1993. Raising dairy replacements to meet the needs of the 21st century. *Journal of dairy science* 76(10):3179-3187.
- Heinrichs, A. J. 1996. Nutrition and management of replacement cattle. *Animal Feed Science and Technology* 59(1):155-166.
- Heinrichs, J., C. Jones, and K. Bailey. 1997. Milk components: Understanding the causes and importance of milk fat and protein variation in your dairy herd. *Dairy Anim. Sci* 5:1e-8e.
- Heinrichs, A. J., B. S. Heinrichs, O. Harel, G. W. Rogers, and N. T. Place. 2005. A Prospective Study of Calf Factors Affecting Age, Body Size, and Body Condition Score at First Calving of Holstein Dairy Heifers. *Journal of Dairy Science* 88(8):2828-2835.
- Heinrichs, A. J. and B. S. Heinrichs. 2011. A prospective study of calf factors affecting first-lactation and lifetime milk production and age of cows when removed from the herd1. *Journal of Dairy Science* 94(1):336-341.
- Hengst, B., L. Nemeč, R. Rastani, and T. Gressley. 2012. Effect of conventional and intensified milk replacer feeding programs on performance, vaccination response, and neutrophil mRNA levels of Holstein calves. *Journal of dairy science* 95(9):5182-5193.
- Hennessy, D., M. O'Donovan, P. French, and A. Laidlaw. 2008. Factors influencing tissue turnover during winter in perennial ryegrass-dominated swards. *Grass and Forage Science* 63(2):202-211.
- Hennessy, D., L. Delaby, A. van den Pol-van Dasselaar, and L. Shalloo. 2020. Increasing grazing in dairy cow milk production systems in Europe. *Sustainability* 12(6):2443.

- Hepola, H. 2008. Rearing strategies of young dairy calves in relation to production, behaviour and welfare. <https://helda.helsinki.fi/bitstream/handle/10138/20754/rearing.pdf?sequence=2>
- Herlihy, M. M., D. P. Berry, M. A. Crowe, M. G. Diskin, and S. T. Butler. 2011. Evaluation of protocols to synchronize estrus and ovulation in seasonal calving pasture-based dairy production systems. *Journal of Dairy Science* 94(9):4488-4501.
- Herlihy, M., M. Crowe, D. Berry, M. Diskin, and S. Butler. 2013. Factors associated with fertility outcomes in cows treated with protocols to synchronize estrus and ovulation in seasonal-calving, pasture-based dairy production systems. *Journal of dairy science* 96(3):1485-1498.
- Hill, T. M., H. G. Bateman, J. M. Aldrich, and R. L. Schlotterbeck. 2008. Effects of the Amount of Chopped Hay or Cottonseed Hulls in a Textured Calf Starter on Young Calf Performance. *Journal of Dairy Science* 91(7):2684-2693.
- Hill, T., H. Bateman II, J. Aldrich, and R. Schlotterbeck. 2009. Effect of consistency of nutrient intake from milk and milk replacer on dairy calf performance. *The Professional Animal Scientist* 25(1):85-92.
- Hoffman, P. and D. A. Funk. 1992. Applied Dynamics of Dairy Replacement Growth and Management1. *Journal of Dairy Science* 75(9):2504-2516.
- Hoffman, P. 1997. Optimum body size of Holstein replacement heifers. *Journal of Animal Science* 75(3):836-845.
- Hoffman, P., K. Weigel, and R. Wernberg. 2008a. Evaluation of equations to predict dry matter intake of dairy heifers. *Journal of dairy science* 91(9):3699-3709.
- Hoffman, P. C., K. A. Weigel, and R. M. Wernberg. 2008b. Evaluation of Equations to Predict Dry Matter Intake of Dairy Heifers. *Journal of Dairy Science* 91(9):3699-3709.
- Hoffman, P. and K. Kester. 2013. Estimating dry matter intake of dairy heifers. *Forage Focus* December. Accessed on 7 September 2021. <http://www.midwestforage.org/pdf/819.pdf.pdf>



- Hopkins, B. and J. Quigley III. 1997. Effects of method of colostrum feeding and colostrum supplementation on concentrations of immunoglobulin G in the serum of neonatal calves. *Journal of dairy science* 80(5):979-983.
- Horan, B., J. Mee, M. Rath, P. O'connor, and P. Dillon. 2004. The effect of strain of Holstein-Friesian cow and feeding system on reproductive performance in seasonal-calving milk production systems. *Animal Science* 79(3):453-467.
- Horan, B., J. F. Mee, P. O'Connor, M. Rath, and P. Dillon. 2005. The effect of strain of Holstein-Friesian cow and feeding system on postpartum ovarian function, animal production and conception rate to first service. *Theriogenology* 63(3):950-971.
- Horan, B., P. Faverdin, L. Delaby, M. Rath, and P. Dillon. 2006. The effect of strain of Holstein-Friesian dairy cow and pasture-based system on grass intake and milk production. *Animal Science* 82(4):435-444.
- Hudson, G. and L. D. Van Vleck. 1981. Relationship between production and stayability in Holstein cattle. *Journal of Dairy Science* 64(11):2246-2250.
- Humphreys, J., I. Casey, and A. Laidlaw. 2009. Comparison of milk production from clover-based and fertilizer-N-based grassland on a clay-loam soil under moist temperate climatic conditions. *Irish Journal of Agricultural and Food Research*: 189-207.
- Hutchison, J., P. VanRaden, D. Null, J. Cole, and D. Bickhart. 2017. Genomic evaluation of age at first calving. *Journal of Dairy Science* 100(8):6853-6861.
- ICBF. 2018. HerdPlus Dairy Calving Statistics. Accessed on 12 September 2021. <https://www.icbf.com/wp-content/uploads/2018/09/Dairy-Calving-Stats-2018-1.pdf>.
- ICBF. 2019. What is the Optimum Age at First Calving in Dairy Heifers? Accessed 10 September 2021. <https://www.icbf.com/wp-content/uploads/2019/11/Optimum-age-at-first-calving.pdf>

- ICBF. 2020a. Dairy Calving Statistics 2020. Accessed on 12 September 2021. <https://www.icbf.com/wp-content/uploads/2020/10/Dairy-Calving-Statistics-pdf-02.10.20.pdf>
- ICBF. 2020b. Number of recorded Dairy Inseminations recorded on Dairy Cows Jan - Jun 2019, Jan - Jun 2020. <https://www.icbf.com/?p=16056>.
- INRA. 2010. Alimentation des bovins, ovins et caprins, Quae ed. p. 311.
- James, B. and C. Scott. 2016. Using the Calf Milk Pasteurization Evaluator Spreadsheet. <https://www.extension.iastate.edu/dairyteam/files/page/files/Copy%20of%20pasteurizer%20evaluator%20tool-penn%20state.xls>
- Jasper, J. and D. M. Weary. 2002. Effects of Ad Libitum Milk Intake on Dairy Calves. *Journal of Dairy Science* 85(11):3054-3058.
- Jaster, E. 2005. Evaluation of quality, quantity, and timing of colostrum feeding on immunoglobulin G1 absorption in Jersey calves. *Journal of dairy science* 88(1):296-302.
- Johnson, P., K. Olson, R. Gates, H. Patterson, M. Hubert, D. Landblom, J. Kincheloe, H. Richter, and A. Grove. 2015. Early Weaning Reduces Rangeland Herbage Disappearance. *Crop, Forage and Turfgrass Management* 1.
- Johnson, K., N. Chancellor, C. Burn, and D. Wathes. 2017. Analysis of pre-weaning feeding policies and other risk factors influencing growth rates in calves on 11 commercial dairy farms. *Animal*: 1-11.
- Kavanagh, S. 2016. Feeding the Dairy Cow. Teagasc Dairy Manual. Accessed on 7 September 2021. <https://www.teagasc.ie/media/website/publications/2016/Dairy-Manual-Section6.pdf>.
- Keady, T., C. Mayne, D. Kilpatrick, and M. McCoy. 2005. Effect of level and source of nutrients in late gestation on subsequent milk yield and composition and fertility of dairy cows. *Livestock Production Science* 94(3):237-248.

- 
- Kehoe, S., C. Dechow, and A. Heinrichs. 2007. Effects of weaning age and milk feeding frequency on dairy calf growth, health and rumen parameters. *Livestock Science* 110(3):267-272.
- Kennedy, E., M. O'Donovan, J. Murphy, F. O'Mara, and L. Delaby. 2006. The effect of initial spring grazing date and subsequent stocking rate on the grazing management, grass dry matter intake and milk production of dairy cows in summer. *Grass and Forage Science* 61(4):375-384.
- Kennedy, E., M. O'Donovan, J. Murphy, L. Delaby, and F. O'Meara. 2007. Effect of spring grazing date and stocking rate on sward characteristics and dairy cow production during midlactation. *Journal of Dairy Science* 90(4):2035-2046.
- Kennedy, E., M. O'Donovan, L. Delaby, and F. P. O'Mara. 2008. Effect of herbage allowance and concentrate supplementation on dry matter intake, milk production and energy balance of early lactating dairy cows. *Livestock Science* 117(2):275-286.
- Kennedy, E., M. McEvoy, J. Murphy, and M. O'Donovan. 2009. Effect of restricted access time to pasture on dairy cow milk production, grazing behaviour, and dry matter intake. *Journal of Dairy Science* 92(1):168-176.
- Kennedy, E., J. Curran, B. Mayes, M. McEvoy, J. Murphy, and M. O'Donovan. 2011. Restricting dairy cow access time to pasture in early lactation: the effects on milk production, grazing behaviour and dry matter intake. *Animal* 5(11):1805-1813.
- Kennedy, E., L. Shalloo, F. Buckley, and S. Butler. 2012. Replacement heifer management. *Proc. Dairy Cow Fertility Reproductive performance for efficient pasture-based systems.*
- Kennedy, E., J. P. Murphy, F. Coughlan, and S. Fitzgerald. 2013. Effects of diet during the first winter on replacement heifer weight gain and body condition score during the subsequent grazing season. Pages 553-554 in *Proc. The XXII International Grassland Congress: Revitalizing Grasslands to Sustain Our Communities*, Sydney, Australia.

- Kennedy, E. a. M., J.P. 2017. Replacement heifers: Achieving target weight. Moorepark 2017 Irish dairying- resilient technologies: 156-157.
- Kennedy, J., P. Dillon, L. Delaby, P. Faverdin, G. Stakelum, and M. Rath. 2003. Effect of genetic merit and concentrate supplementation on grass intake and milk production with Holstein Friesian dairy cows. *Journal of dairy science* 86(2):610-621.
- Keogh, B., P. French, T. McGrath, T. Storey, and F. Mulligan. 2009. Comparison of the performance of dairy cows offered kale, swedes and perennial ryegrass herbage in situ and perennial ryegrass silage fed indoors in late pregnancy during winter in Ireland. *Grass and forage science* 64(1):49-56.
- Kertz, A., B. Barton, and L. F. Reutzel. 1998. Relative Efficiencies of Wither Height and Body Weight Increase from Birth until First Calving in Holstein Cattle. *Journal of dairy science* 81:1479-1482.
- Kertz, A., L. Prewitt, and J. Everett. 1979. An early weaning calf program: summarization and review. *Journal of Dairy Science* 62(11):1835-1843.
- Kertz, A., L. Reutzel, and J. Mahoney. 1984. Ad libitum water intake by neonatal calves and its relationship to calf starter intake, weight gain, faeces score, and season. *Journal of Dairy Science* 67(12):2964-2969.
- Khan, A., A. Bach, D. Weary, and M. Keyserlingk. 2015. Invited review: Transitioning from milk to solid feed in dairy heifers. *Journal of Dairy Science* 99:885–902.
- Khan, M. A., D. M. Weary, D. M. Veira, and M. A. G. von Keyserlingk. 2012. Post weaning performance of heifers fed starter with and without hay during the milk-feeding period. *Journal of Dairy Science* 95(7):3970-3976.
- Khan, M. A., H. J. Lee, W. S. Lee, H. S. Kim, S. B. Kim, K. S. Ki, J. K. Ha, H. G. Lee, and Y. J. Choi. 2007. Pre- and post-weaning performance of Holstein female calves fed milk through step-down and conventional methods. *J Dairy Sci* 90(2):876-885.
- Khan, M. A., H. J. Lee, W. S. Lee, H. S. Kim, S. B. Kim, S. B. Park, K. S. Baek, J. K. Ha, and Y. J. Choi. 2008. Starch Source Evaluation in Calf Starter: II. Ruminant

- Parameters, Rumen Development, Nutrient Digestibilities, and Nitrogen Utilization in Holstein Calves. *Journal of Dairy Science* 91(3):1140-1149.
- Khan, M., D. Weary, and M. Von Keyserlingk. 2011. Invited review: Effects of milk ration on solid feed intake, weaning, and performance in dairy heifers. *Journal of Dairy Science* 94(3):1071-1081.
- Kim, I. H. and J. K. Jeong. 2019. Risk factors limiting first service conception rate in dairy cows and their economic impact. *Asian-Australasian journal of animal sciences* 32(4):519-526.
- Klaus, G., A. Bennett, and E. Jones. 1969. A quantitative study of the transfer of colostral immunoglobulins to the newborn calf. *Immunology* 16(3):293.
- Kok, A., C. van Middelaar, B. Engel, A. van Knegsel, H. Hogeveen, B. Kemp, and I. de Boer. 2016. Effective lactation yield: A measure to compare milk yield between cows with different dry period lengths. *Journal of dairy science* 99(4):2956-2966.
- Kuhi, H. D., N. G. Hossein-Zadeh, S. López, S. Falahi, and J. France. 2019. Sinusoidal function to describe the growth curve of dairy heifers. *Animal Production Science* 59(6):1039-1047.
- Kull, E., A. Sahin, S. Atasever, E. Ugurlutepe, and M. Soydaner. 2019. The effects of somatic cell count on milk yield and milk composition in Holstein cows.
- Lahart, B., S. McParland, E. Kennedy, T. M. Boland, T. Condon, M. Williams, N. Galvin, B. McCarthy, and F. Buckley. 2019. Predicting the dry matter intake of grazing dairy cows using infrared reflectance spectroscopy analysis. *Journal of Dairy Science* 102(10):8907-8918.
- Lammers, B., A. Heinrichs, and R. Kensinger. 1999. The effects of accelerated growth rates and oestrogen implants in prepubertal Holstein heifers on growth, feed efficiency, and blood parameters. *Journal of dairy science* 82(8):1746-1752.
- Lane, E. A., M. A. Crowe, M. E. Beltman, and S. J. More. 2013. The influence of cow and management factors on reproductive performance of Irish seasonal calving dairy cows. *Animal reproduction science* 141(1-2):34-41.

- 
- Läpple, D., T. Hennessy, and M. O'Donovan. 2012. Extended grazing: A detailed analysis of Irish dairy farms. *Journal of Dairy Science* 95(1):188-195.
- Larson, B., H. Heary, and J. Devery. 1980. Immunoglobulin production and transport by the mammary gland. *Journal of Dairy Science* 63(4):665-671.
- Lasdon, L., R. Fox, and M. Ratner. 1973. Nonlinear Optimization Using the Generalized Reduced Gradient Method. *Revue Française d'Automatique, Informatique, Recherche Opérationnelle. Série Verte* 8:63.
- Le Cozler, Y., V. Lollivier, P. Lacasse, and C. Disenhaus. 2008. Rearing strategy and optimizing first-calving targets in dairy heifers: a review. *Animal* 2(9):1393-1404.
- Le Cozler, Y., J. R. Peccatte, and L. Delaby. 2010. A comparative study of three growth profiles during rearing in dairy heifers: Effect of feeding intensity during two successive winters on performances and longevity. *Livestock Science* 127(2):238-247.
- Le Cozler, Y., C. Allain, A. Caillot, J. M. Delouard, L. Delattre, T. Luginbuhl, and P. Faverdin. 2019. High-precision scanning system for complete 3D cow body shape imaging and analysis of morphological traits. *Computers and Electronics in Agriculture* 157:447-453
- Leaver, J. 1973. Rearing of dairy cattle. 4. Effect of concentrate supplementation on the live-weight gain and feed intake of calves offered roughages ad libitum. *Animal Science* 17(1):43-52.
- Lee, J.Y., and I.H. Kim. 2006. Advancing parity is associated with high milk production at the cost of body condition and increased periparturient disorders in dairy herds. *J Vet Sci* 7(2):161-166.
- Lembeye, F., N. López-Villalobos, J. Burke, S. Davis, J. Richardson, N. Sneddon, and D. Donaghy. 2016. Comparative performance in Holstein-Friesian, Jersey and crossbred cows milked once daily under a pasture-based system in New Zealand. *New Zealand Journal of Agricultural Research* 59(4):351-362.

- Lesmeister, J., P. J. Burfening, and R. Blackwell. 1973. Date of first calving in beef cows and subsequent calf production. *Journal of Animal Science* 36(1):1-6.
- Litherland, A., S. Woodward, D. Stevens, D. McDougal, C. Boom, T. Knight, and M. Lambert. 2002. Seasonal variations in pasture quality on New Zealand sheep and beef farms. Pages 138-142 in *Proc. Proceedings-New Zealand society of animal production*. New Zealand Society of Animal Production; 1999.
- Little, W. and R. Kay. 1979. The effects of rapid rearing and early calving on the subsequent performance of dairy heifers. *Animal Science* 29(1):131-142.
- Lohakare, J., K.-H. Südekum and A. Pattanaik. 2012. Nutrition-induced changes of growth from birth to first calving and its impact on mammary development and first-lactation milk yield in dairy heifers: a review. *Asian-Australasian journal of animal sciences* 25(9):1338.
- Lorenz, I., J. F. Mee, B. Earley, and S. J. More. 2011. Calf health from birth to weaning. I. General aspects of disease prevention. *Irish veterinary journal* 64(1):1-8.
- Lukuyu, M. N., J. P. Gibson, D. B. Savage, A. J. Duncan, F. D. N. Mujibi, and A. M. Okeyo. 2016. Use of body linear measurements to estimate liveweight of crossbred dairy cattle in smallholder farms in Kenya. *SpringerPlus* 5(1):63.
- Macdonald, K., C. Glassey, J. Kay, and C. Wims. 2018. Effect of post-grazing residual pasture height in spring on pasture quality in summer and autumn. *Sustainable meat and milk production from grasslands*: 277.
- Macdonald, K., J. Penno, A. Bryant, and J. Roche. 2005. Effect of feeding level pre-and post-puberty and body weight at first calving on growth, milk production, and fertility in grazing dairy cows. *Journal of Dairy Science* 88(9):3363-3375.
- MacFarlane, J., D. Grove-White, M. Royal, and R. Smith. 2014. Use of plasma samples to assess passive transfer in calves using refractometry: comparison with serum and clinical cut-off point. *Veterinary Record* 174(12):303-303.
- MacMillan, J. 2012. Developing a breeding program for compact calving. *Dairy Cow Fertility*: 72.

- MacPherson, J., H. Berends, L. Leal, J. Cant, J. Martín-Tereso, and M. Steele. 2016. Effect of plane of milk replacer intake and age on glucose and insulin kinetics and abomasal emptying in female Holstein Friesian dairy calves fed twice daily. *Journal of dairy science* 99(10):8007-8017.
- Maher, J., G. Stakelum, and M. Rath. 2003. Effect of daily herbage allowance on the performance of spring-calving dairy cows. *Irish Journal of Agricultural and food research*: 229-241.
- Malmuthuge, N. and L. L. Guan. 2017. Understanding the gut microbiome of dairy calves: Opportunities to improve early-life gut health<sup>1</sup>. *Journal of Dairy Science* 100(7):5996-6005.
- Margerison, J. and N. Downey. 2005. Guidelines for optimal dairy heifer rearing and herd performance. Calf and heifer rearing: principles of rearing the modern dairy heifer from calf to calving. 60th University of Nottingham Easter School in Agricultural Science, Nottingham, UK. 23rd-24th March 2004:307-338.
- Marquez, D., M. Paulino, L. Rennó, F. Villadiego, R. Ortega, D. Moreno, L. Martins, D. De Almeida, M. Gionbelli, and M. Manso. 2017. Supplementation of grazing beef cows during gestation as a strategy to improve skeletal muscle development of the offspring. *Animal* 11(12):2184-2192.
- Martín, N. P., R. E. Hickson, R. P. de Clifford, W. Tulley, N. Lopez-Villalobos, and P. J. Back. 2020. Production benefits from meeting liveweight targets in dairy heifers. *New Zealand Journal of Agricultural Research* 63(2):220-232.
- Mayasari, N., G. de Vries Reilingh, M. Nieuwland, G. Remmelink, H. Parmentier, B. Kemp, and A. Van Knegsel. 2015. Effect of maternal dry period length on colostrum immunoglobulin content and on natural and specific antibody titres in calves. *Journal of Dairy Science* 98(6):3969-3979.
- Mayes, R., C. Lamb, and P. M. Colgrove. 1986. The use of dosed and herbage n-alkanes as markers for the determination of herbage intake. *The Journal of Agricultural Science* 107(1):161-170.



- Maynou, G., A. Bach, and M. Terré. 2017. The feeding of waste milk to Holstein calves affects antimicrobial resistance of *Escherichia coli* and *Pasteurella multocida* isolated from fecal and nasal swabs. *Journal of dairy science* 100(4):2682-2694.
- McAloon, C. G., Á. Macken-Walsh, L. Moran, P. Whyte, S. J. More, L. O'Grady, and M. L. Doherty. 2017. Johnes disease in the eyes of Irish cattle farmers: a qualitative narrative research approach to understanding implications for disease management. *Preventive veterinary medicine* 141:7-13.
- McCarthy, B., M. Dineen, C. Guy, F. Coughlan, and T. Gilliland. 2015. The effect of tetraploid and diploid perennial ryegrass swards sown with and without clover on milk and herbage production. *Grassland Science in Europe* 20:259-261.
- McCarthy, S., B. Horan, M. Rath, M. Linnane, P. O'Connor, and P. Dillon. 2007. The influence of strain of Holstein-Friesian dairy cow and pasture-based feeding system on grazing behaviour, intake and milk production. *Grass and Forage Science* 62(1):13-26.
- McDougall, S. 2006. Reproduction performance and management of dairy cattle. *Journal of Reproduction and Development* 52(1):185-194.
- McEvoy, M., E. Kennedy, J. Murphy, T. Boland, L. Delaby, and M. O'Donovan. 2008. The effect of herbage allowance and concentrate supplementation on milk production performance and dry matter intake of spring-calving dairy cows in early lactation. *Journal of Dairy Science* 91(3):1258-1269.
- McEvoy, M., M. O'Donovan, E. Kennedy, J. Murphy, L. Delaby, and T. Boland. 2009. Effect of pre-grazing herbage mass and pasture allowance on the lactation performance of Holstein-Friesian dairy cows. *Journal of Dairy Science* 92(1):414-422.
- McGee, M. 2015. Feed efficiency in beef finishing systems. Irish Grassland Association. *J.* 49:97-105.
- McGovern, F., B. Garry, P. Creighton, N. Galvin, D. Hennessy, E. Kennedy, N. McHugh, M. O'Donovan, and M. Beecher. 2021. Validating the n-alkane technique for

- determining herbage dry matter intake in sheep offered perennial ryegrass harvested at varying growth stages and seasons. *Animal Feed Science and Technology* 279:115025.
- McGuirk, B., R. Forsyth, and H. Dobson. 2007. Economic cost of difficult calvings in the United Kingdom dairy herd. *Veterinary Record* 161(20):685-687.
- McGuirk, S. M. and M. Collins. 2004. Managing the production, storage, and delivery of colostrum. *Veterinary Clinics of North America: Food Animal Practice* 20(3):593-603.
- McHugh, N., J. Kearney, and D. Berry. 2011. The effect of dystocia on subsequent performance in dairy cows. *Moorepark Res Rep* 2011:15.
- McKay, Z. C., M. B. Lynch, F. J. Mulligan, G. Rajauria, C. Miller, and K. M. Pierce. 2019. The effect of concentrate supplementation type on milk production, dry matter intake, rumen fermentation, and nitrogen excretion in late-lactation, Spring-calving grazing dairy cows. *Journal of Dairy Science* 102(6):5042-5053.
- McLean, D. and M. Freeman. 1996. Benefits from better-grown heifers. Pages 72-74 in *Proc. Proceedings-Australian society of animal production*. Australian society of animal production.
- McNamara, S., F. P. O'Mara, M. Rath, and J. J. Murphy. 2003. Effects of Different Transition Diets on Dry Matter Intake, Milk Production, and Milk Composition in Dairy Cows. *Journal of Dairy Science* 86(7):2397-2408.
- McNaughton, L. R., K. M. Sanders, J. E. Pryce, G. E. Bracefield, S. J. Harcourt, and R. J. Spelman. 2007. Phenotypic relationships between the interval from calving to first luteal activity and fertility in a seasonal dairy production system. *Animal Reproduction Science* 102(1):98-110.
- McNaughton, L. and T. Lopdell. 2012. Brief Communication: Are dairy heifers achieving live weight targets? Pages 120-122 in *Proc. Proceedings of the New Zealand Society of Animal Production*. Accessed on 7 September 2021. <http://www.nzsap.org/system/files/proceedings/2012/ab12026.pdf>

- 
- McNaughton, L., & Lopdell, T. 2013. Effect of heifer live weight on calving pattern and milk production. Proceedings of the New Zealand Society of Animal Production. Accessed on 7 September 2021. <http://www.nzsap.org/system/files/proceedings/ab13026.pdf>
- Meale, S., L. Leal, J. Martín-Tereso, and M. Steele. 2015. Delayed weaning of Holstein bull calves fed an elevated plane of nutrition impacts feed intake, growth and potential markers of gastrointestinal development. *Animal Feed Science and Technology* 209:268-273.
- Mee, J. F. 2008a. Newborn Dairy Calf Management. *Veterinary Clinics of North America: Food Animal Practice* 24(1):1-17.
- Mee, J. F. 2008b. Prevalence and risk factors for dystocia in dairy cattle: A review. *The Veterinary Journal* 176(1):93-101.
- Mee, J. F., D. P. Berry, and A. R. Cromie. 2011. Risk factors for calving assistance and dystocia in pasture-based Holstein–Friesian heifers and cows in Ireland. *The Veterinary Journal* 187(2):189-194.
- Miller-Cushon, E. K., R. Bergeron, K. E. Leslie, and T. J. DeVries. 2013. Effect of milk feeding level on development of feeding behaviour in dairy calves. *Journal of Dairy Science* 96(1):551-564.
- Moallem, U., D. Werner, H. Lehrer, M. Zachut, L. Livshitz, S. Yakoby, and A. Shamay. 2010. Long-term effects of ad libitum whole milk prior to weaning and prepubertal protein supplementation on skeletal growth rate and first-lactation milk production. *Journal of Dairy Science* 93(6):2639-2650.
- Moallem, U., D. Werner, H. Lehrer, M. Zachut, L. Livshitz, S. Yakoby, and A. Shamay. 2010. Long-term effects of ad libitum whole milk prior to weaning and prepubertal protein supplementation on skeletal growth rate and first-lactation milk production. *Journal of Dairy Science* 93(6):2639-2650.

- Mohd Nor, N., W. Steeneveld, T. van Werven, M. C. M. Mourits, and H. Hogeveen. 2013. First-calving age and first-lactation milk production on Dutch dairy farms. *Journal of Dairy Science* 96(2):981-992.
- Mohd Nor, N., W. Steeneveld, T. H. J. Derkman, M. D. Verbruggen, A. G. Evers, M. H. A. de Haan, and H. Hogeveen. 2015. The total cost of rearing a heifer on Dutch dairy farms: calculated versus perceived cost. *Irish Veterinary Journal* 68(1):29.
- Montoro, C., E. Miller-Cushon, T. DeVries, and A. Bach. 2013. Effect of physical form of forage on performance, feeding behaviour, and digestibility of Holstein calves. *Journal of dairy science* 96(2):1117-1124.
- Moore, D. A., J. Taylor, M. L. Hartman, and W. M. Sischo. 2009. Quality assessments of waste milk at a calf ranch. *Journal of Dairy Science* 92(7):3503-3509.
- Moore, M., J. W. Tyler, M. Chigerwe, M. E. Dawes, and J. R. Middleton. 2005. Effect of delayed colostrum collection on colostral IgG concentration in dairy cows. *Journal of the American Veterinary Medical Association* 226(8):1375-1377.
- Moran, j. 2012. Rearing young stock on tropical dairy farms in Asia. Csiro publishing.
- Moran, J. and P. Chamberlain. 2017. Blueprints for Tropical Dairy Farming: Increasing Domestic Milk Production in Developing Countries. Csiro publishing.
- Morin, D., G. McCoy, and W. Hurley. 1997. Effects of quality, quantity, and timing of colostrum feeding and addition of a dried colostrum supplement on immunoglobulin G1 absorption in Holstein bull calves. *Journal of dairy science* 80(4):747-753.
- Morin, D. E., S. V. Nelson, E. D. Reid, D. W. Nagy, G. E. Dahl, and P. D. Constable. 2010. Effect of colostral volume, interval between calving and first milking, and photoperiod on colostral IgG concentrations in dairy cows. *Journal of the American Veterinary Medical Association* 237(4):420-428.
- Morrill, K., E. Conrad, A. Lago, J. Campbell, J. Quigley, and H. Tyler. 2012. Nationwide evaluation of quality and composition of colostrum on dairy farms in the United States. *Journal of dairy science* 95(7):3997-4005.

- Morrison, S. J., H. Wicks, R. Fallon, J. Twigge, L. Dawson, A. Wylie, and A. Carson. 2009a. Effects of feeding level and protein content of milk replacer on the performance of dairy herd replacements. *Animal: an international journal of animal bioscience* 3(11):1570.
- Morrison, S., A. F. Carson, D. Matthews, and M. Mulholland. 2009b. An investigation of calf rearing practices on dairy farms in Northern Ireland. *Proceedings of the British Society of Animal Science* 2009:84-84.
- Morrison, S., H. Wicks, A. Carson, R. Fallon, J. Twigge, D. Kilpatrick, and S. Watson. 2012. The effect of calf nutrition on the performance of dairy herd replacements. *Animal* 6(6):909-919.
- Morton, J. M. 2010. Interrelationships between herd-level reproductive performance measures based on intervals from initiation of the breeding program in year-round and seasonal calving dairy herds. *Journal of Dairy Science* 93(3):901-910.
- Mossa, F., S. W. Walsh, S. T. Butler, D. P. Berry, F. Carter, P. Lonergan, G. W. Smith, J. J. Ireland, and A. C. O. Evans. 2012. Low numbers of ovarian follicles  $\geq 3$ mm in diameter are associated with low fertility in dairy cows. *Journal of Dairy Science* 95(5):2355-2361.
- Mousel, E., R. A. Cushman, G. Perry, and L. Kill. 2014. Effect of heifer calving date on longevity and lifetime productivity. <https://lib.dr.iastate.edu/cgi/viewcontent.cgi?article=1023&context=driftlessconference>.
- Muller, L. and D. Ellinger. 1981. Colostral immunoglobulin concentrations among breeds of dairy cattle. *Journal of Dairy Science* 64(8):1727-1730.
- Mulligan, F., L. O'Grady, D. Rice, and M. Doherty. 2006. A herd health approach to dairy cow nutrition and production diseases of the transition cow. *Animal Reproduction Science* 96(3-4):331-353.
- Murphy, J. 1999. Effect of dry period protein feeding on post-partum milk production and composition. *Livestock Production Science* 57(2):169-179.

- Neave, H. W., J. H. Costa, D. M. Weary, and M. A. von Keyserlingk. 2018. Personality is associated with feeding behaviour and performance in dairy calves. *Journal of dairy science* 101(8):7437-7449.
- Nejad, J. G., A. Hosseindoust, A. Shoaie, B. Ghorbani, B. H. Lee, E. Oskoueian, D. Hajilari, A. Amouzmehr, J. D. Lohakare, and K. I. Sung. 2013. Effects of feeding levels of starter on weaning age, performance, nutrient digestibility and health parameters in Holstein dairy calves. *Asian-Australasian journal of animal sciences* 26(6):827-830
- Nieuwhof, G., R. Powell, and H. Norman. 1989. Ages at calving and calving intervals for dairy cattle in the United States. *Journal of Dairy Science* 72(3):685-692.
- NRC. 2001. Nutrient requirements of dairy cattle. National Academy Press, Washington, DC.
- O'Callaghan, T. F., D. Mannion, D. Apopei, N. A. McCarthy, S. A. Hogan, K. N. Kilcawley, and M. Egan. 2019. Influence of supplemental feed choice for pasture-based cows on the fatty acid and volatile profile of milk. *Foods* 8(4):137.
- O'Callaghan, T. F., M. O'Donovan, J. P. Murphy, K. Sugrue, D. Mannion, W. P. McCarthy, M. Timlin, K. N. Kilcawley, R. M. Hickey, and J. T. Tobin. 2020. Evolution of the bovine milk fatty acid profile – From colostrum to milk five days post parturition. *International Dairy Journal* 104:104655.
- O'Connell, J. M., P. S. Giller, and W. J. Meaney. 1993. Weanling training and cubicle usage as heifers. *Applied Animal Behaviour Science* 37(3):185-195.
- O'Donovan, M. and L. Delaby. 2008. Sward characteristics, grass dry matter intake and milk production performance is affected by timing of spring grazing and subsequent stocking rate. *Livestock Science* 115(2-3):158-168.
- O'Donovan, M. and P. Dillon. 1999. Measurement of grassland management practice on commercial dairy farms. Teagasc.

- 
- O'Donovan, M., E. Lewis, and P. O'Kiely. 2011. Requirements of future grass-based ruminant production systems in Ireland. *Irish Journal of Agricultural and Food Research*: 1-21.
- O'Donovan, M., P. Dillon, M. Rath, and G. Stakelum. 2002. A comparison of four methods of herbage mass estimation. *Irish Journal of Agricultural and Food Research*: 17-27.
- O'Driscoll, K., L. Boyle, and A. Hanlon. 2009. The effect of breed and housing system on dairy cow feeding and lying behaviour. *Applied animal behaviour science* 116(2-4):156-162.
- O'Neill, B., E. Lewis, M. O'Donovan, L. Shalloo, N. Galvin, F. Mulligan, T. Boland, and R. Delagarde. 2013. Predicting grass dry matter intake, milk yield and milk fat and protein yield of spring calving grazing dairy cows during the grazing season. *Animal* 7(8):1379-1389.
- O'Sullivan, M., B. Horan, K. M. Pierce, S. McParland, K. O'Sullivan, and F. Buckley. 2019. Milk production of Holstein-Friesian cows of divergent Economic Breeding Index evaluated under seasonal pasture-based management. *Journal of Dairy Science* 102(3):2560-2577.
- Overton, M. and K. Dhuyvetter. 2017. Economic considerations regarding the raising of dairy replacement heifers. *Large Dairy Herd Management*. Champaign, IL: American Dairy Science Association: 457-474.
- Owens, D., M. McGee, and T. Boland. 2008. Effect of grass regrowth interval on intake, rumen digestion and nutrient flow to the omasum in beef cattle. *Animal feed science and technology* 146(1-2):21-41.
- Palmer, M. A., G. Olmos, L. A. Boyle, and J. F. Mee. 2010. Estrus detection and estrus characteristics in housed and pastured Holstein-Friesian cows. *Theriogenology* 74(2):255-264.

- Paputungan, U., L. Hakim, G. Ciptadi, and H. Lapian. 2015. Application of body volume formula for predicting live weight in Ongole crossbred cows. *International Journal of Livestock Production* 6(3):35-40.
- Park, C., R. Danielson, B. Kreft, S. Kim, Y. Moon, and W. Keller. 1998. Nutritionally directed compensatory growth and effects on lactation potential of developing heifers. *Journal of dairy science* 81(1):243-249.
- Patterson R., Morrison S., L. S., and T. K. 2018. The effect of pasture allowance on the performance of growing dairy heifers. *Grassland Science in Europe* 23. Accessed on 7 September 2021. <https://www.cabdirect.org/cabdirect/FullTextPDF/2018/20183254284.pdf>
- Patterson, D. J., R. C. Perry, G. H. Kiracofe, R. A. Bellows, R. B. Staigmiller, and L. R. Corah. 1992. Management considerations in heifer development and puberty. *Journal of animal science* 70(12):4018-4035.
- Patterson, D., L. Corah, G. Kiracofe, J. Stevenson, and J. Brethour. 1989. Conception rate in *Bos Taurus* and *Bos Indicus* crossbred heifers after postweaning energy manipulation and synchronization of estrus with melengestrol acetate and fenprostalene. *Journal of animal science* 67(5):1138-1147.
- Patterson, R. and S. Morrison. 2019. An investigation into precision supplementation of concentrates to grazing Holstein heifers. *Precision livestock farming'19*:753.
- Patton, D., K. Pierce, and B. Horan. 2016. Effect of stocking rate on milk and pasture productivity and supplementary feed use for spring calving pasture fed dairy systems. *Journal of dairy science* 99(7):5904-5915.
- Pereira, G. R., J. O. J. Barcellos, A. G. Sessim, J. U. Tarouco, F. D. Feijó, J. Braccini Neto, Ê. R. Prates, and M. E. A. Canozzi. 2017. Relationship of post-weaning growth and age at puberty in crossbred beef heifers. *Revista Brasileira de Zootecnia* 46:413-420.
- Pezeshki, A., A. Capuco, B. De Spiegeleer, L. Peelman, M. Stevens, R. Collier, and C. Burvenich. 2010. An integrated view on how the management of the dry period



- length of lactating cows could affect mammary biology and defence. *Journal of animal physiology and animal nutrition* 94(5):e7-e30.
- Phillips, C. J. C. 2004. The Effects of Forage Provision and Group Size on the Behaviour of Calves. *Journal of Dairy Science* 87(5):1380-1388.
- Pirlo, G., F. Miglior, and M. Speroni. 2000. Effect of age at first calving on production traits and on difference between milk yield returns and rearing costs in Italian Holsteins. *Journal of dairy science* 83(3):603-608.
- Pollock, J. G., A. W. Gordon, K. M. Huson, and D. A. McConnell. 2020. The Effect of Frequency of Fresh Pasture Allocation on Pasture Utilization and the Performance of High Yielding Dairy Cows. *Animals* 10(11):2176.
- Poncheki, J. K., M. L. S. Canha, S. L. Viechnieski, and R. d. Almeida. 2015. Analysis of daily body weight of dairy cows in early lactation and associations with productive and reproductive performance. *Revista Brasileira de Zootecnia* 44(5):187-192.
- Prendiville, R., K. Pierce, and F. Buckley. 2009. An evaluation of production efficiencies among lactating Holstein-Friesian, Jersey, and Jersey× Holstein-Friesian cows at pasture. *Journal of Dairy Science* 92(12):6176-6185.
- Prendiville, R., E. Lewis, K. M. Pierce, and F. Buckley. 2010. Comparative grazing behaviour of lactating Holstein-Friesian, Jersey, and Jersey × Holstein-Friesian dairy cows and its association with intake capacity and production efficiency. *Journal of Dairy Science* 93(2):764-774.
- Prendiville, R., K. Pierce, L. Delaby, and F. Buckley. 2011a. Animal performance and production efficiencies of Holstein-Friesian, Jersey and Jersey× Holstein-Friesian cows throughout lactation. *Livestock Science* 138(1-3):25-33.
- Prendiville, R., L. Shalloo, K. Pierce, and F. Buckley. 2011b. Comparative performance and economic appraisal of Holstein-Friesian, Jersey and Jersey x Holstein-Friesian cows under seasonal pasture-based management. *Irish Journal of Agricultural and Food Research*: 123-140.

- 
- Pritchard, T., M. Coffey, R. Mrode, and E. Wall. 2013. Genetic parameters for production, health, fertility and longevity traits in dairy cows. *Animal* 7(1):34-46.
- Pritchett, L. C., C. C. Gay, T. E. Besser, and D. D. Hancock. 1991. Management and production factors influencing immunoglobulin G1 concentration in colostrum from Holstein cows. *Journal of dairy science* 74(7):2336-2341.
- Pryce, J., M. Coffey, and G. Simm. 2001. The relationship between body condition score and reproductive performance. *Journal of Dairy Science* 84(6):1508-1515.
- Pyo, J., S. Pletts, J. Romao, Y. Inabu, Z. He, D. Haines, T. Sugino, L. Guan, and M. Steele. 2018. The effects of extended colostrum feeding on gastrointestinal tract growth of the neonatal dairy calf. *Journal of Animal Science* 96:170-171.
- Quigley, J. 1985. Development of equations to predict dry matter intake of dairy heifers. Virginia Polytechnic Institute and State University.
- Quigley, J., R. James, and M. McGilliard. 1986a. Dry matter intake in dairy heifers. 1. Factors affecting intake of heifers under intensive management. *Journal of Dairy Science* 69(11):2855-2862.
- Quigley, J., R. James, and M. McGilliard. 1986b. Dry matter intake in dairy heifers. 2. Equations to predict intake of heifers under intensive management. *Journal of Dairy Science* 69(11):2863-2867.
- Quigley, J., K. Martin, D. Bemis, L. Potgieter, C. Reinemeyer, B. Rohrbach, H. Dowlen, and K. Lamar. 1995. Effects of housing and colostrum feeding on serum immunoglobulins, growth, and fecal scores of Jersey calves. *Journal of Dairy Science* 78(4):893-901.
- Quigley, J. D., A. Lago, C. Chapman, P. Erickson, and J. Polo. 2013. Evaluation of the Brix refractometer to estimate immunoglobulin G concentration in bovine colostrum. *Journal of Dairy Science* 96(2):1148-1155.
- Quintana, E. D. L., A. Mendoza, C. Cajarville, O. Bentancur, and J. L. Repetto. 2018. Post-weaning feeding levels on feeding behaviour, growth and development in Holstein dairy heifers. *Ciência Rural* 48(3).

- Raeth-Knight, M., H. Chester-Jones, S. Hayes, J. Linn, R. Larson, D. Ziegler, B. Ziegler, and N. Broadwater. 2009. Impact of conventional or intensive milk replacer programs on Holstein heifer performance through six months of age and during first lactation. *Journal of Dairy Science* 92(2):799-809.
- Ramsbottom, G. 2020. Trends in genetic merit for dairy cow fertility. *Veterinary Ireland Journal* Volume 10 Number 8.
- Ramsbottom, G., B. Horan, D. P. Berry, and J. R. Roche. 2015. Factors associated with the financial performance of spring-calving, pasture-based dairy farms. *Journal of Dairy Science* 98(5):3526-3540.
- Rastani, R., R. Grummer, S. Bertics, A. Gümen, M. Wiltbank, D. Mashek, and M. Schwab. 2005. Reducing dry period length to simplify feeding transition cows: Milk production, energy balance, and metabolic profiles. *Journal of dairy science* 88(3):1004-1014.
- Reddy, P. R. K., J. Raju, A. Reddy, P. Reddy, and I. Hyder. 2016. Transition period and its successful management in dairy cows. *Indian J. Nat. Sci* 7(38):11691-11699.
- Reid, M., M. O'Donovan, J. Murphy, C. Fleming, E. Kennedy, and E. Lewis. 2015. The effect of high and low levels of supplementation on milk production, nitrogen utilization efficiency, and milk protein fractions in late-lactation dairy cows. *Journal of dairy science* 98(8):5529-5544.
- Reis, G. L., F. H. M. A. R. Albuquerque, B. D. Valente, G. A. Martins, R. L. Teodoro, M. B. D. Ferreira, J. B. N. Monteiro, M. d. A. Silva, and F. E. Madalena. 2008. Prediction of live weight based on body measurements in crossbred animals Holstein/Gir. *Ciência Rural* 38(3):778-783.
- Reschke, C., E. Schelling, A. Michel, F. Remy-Wohlfender, and M. Meylan. 2017. Factors associated with colostrum quality and effects on serum gamma globulin concentrations of calves in Swiss dairy herds. *Journal of veterinary internal medicine* 31(5):1563-1571.

- 
- Rincker, L. D., M. VandeHaar, C. Wolf, J. Liesman, L. Chapin, and M. W. Nielsen. 2011. Effect of intensified feeding of heifer calves on growth, pubertal age, calving age, milk yield, and economics. *Journal of Dairy Science* 94(7):3554-3567.
- Robinson, P., J. Moorby, and D. D. Gisi. 2009. Colostrum production by primiparous and multiparous Holstein dairy cows and its usefulness as an estimator of full lactation milk yield. *Livestock Science* 125:323–325.
- Robison, J. D., G. Stott, and S. DeNise. 1988. Effects of passive immunity on growth and survival in the dairy heifer. *Journal of dairy science* 71(5):1283-1287.
- Roche, J. R. 2007a. Milk production responses to pre-and post-calving dry matter intake in grazing dairy cows. *Livestock Science* 110(1-2):12-24.
- Roche, J. R., J. M. Lee, K. A. Macdonald, and D. P. Berry. 2007b. Relationships among Body Condition Score, Body Weight, and Milk Production Variables in Pasture-Based Dairy Cows. *Journal of Dairy Science* 90(8):3802-3815.
- Roche, J., K. Macdonald, C. Burke, J. Lee, and D. Berry. 2007c. Associations among body condition score, body weight, and reproductive performance in seasonal-calving dairy cattle. *Journal of Dairy Science* 90(1):376-391.
- Roche, J. R., N. C. Friggens, J. K. Kay, M. W. Fisher, K. J. Stafford, and D. P. Berry. 2009. Invited review: Body condition score and its association with dairy cow productivity, health, and welfare. *Journal of dairy science* 92(12):5769-5801.
- Roche, J., N. Dennis, K. Macdonald, C. Phyn, P. Amer, R. White, and J. Drackley. 2015. Growth targets and rearing strategies for replacement heifers in pasture-based systems: a review. *Animal Production Science* 55(7):902-915.
- Roche, S., D. Renaud, R. Genore, D. Shock, C. Bauman, S. Croyle, H. Barkema, J. Dubuc, G. Keefe, and D. Kelton. 2020. Canadian National Dairy Study: Describing Canadian dairy producer practices and perceptions surrounding cull cow management. *Journal of dairy science* 103(4):3414-3421.
- Rook, A. 2000. Principles of foraging and grazing behaviour. *Grass: its production and utilization*. A. Hopkins, ed. Blackwell Science: 229.

- Rosenberger, K., J. Costa, H. Neave, M. von Keyserlingk, and D. Weary. 2017. The effect of milk allowance on behaviour and weight gains in dairy calves. *Journal of dairy science* 100(1):504-512.
- Roth, B. A., N. M. Keil, L. Gygax, and E. Hillmann. 2009. Influence of weaning method on health status and rumen development in dairy calves. *J Dairy Sci* 92(2):645-656.
- Ruelle, E., D. Hennessy, and L. Delaby. 2018. Development of the Moorepark St Gilles grass growth model (MoSt GG model): A predictive model for grass growth for pasture based systems. *European Journal of Agronomy* 99:80-91.
- Ruelle, E., L. Delaby, and L. Shalloo. 2019. Linkage between predictive transmitting ability of a genetic index, potential milk production, and a dynamic model. *Journal of dairy science* 102(4):3512-3522.
- Sander, E., R. Warner, H. Harrison, and J. Loosli. 1959. The stimulatory effect of sodium butyrate and sodium propionate on the development of rumen mucosa in the young calf. *Journal of dairy science* 42(9):1600-1605.
- Sasaki, M., C. Davis, and B. Larson. 1976. Production and turnover of IgG1 and IgG2 immunoglobulins in the bovine around parturition. *Journal of Dairy Science* 59(12):2046-2055.
- Savian, J. V., T. C. M. Genro, A. B. Neto, C. Bremm, E. B. Azevedo, D. B. David, H. L. Gonda, and P. C. F. Carvalho. 2018. Comparison of faecal crude protein and n-alkanes techniques to estimate herbage intake by grazing sheep. *Animal Feed Science and Technology* 242:144-149.
- Sawa, A., K. Siatka, and S. Krężel-Czopek. 2019. Effect of age at first calving on first lactation milk yield, lifetime milk production and longevity of cows. *Annals of animal science* 19(1):189-200.
- Schäff, C. T., J. Gruse, J. Maciej, M. Mielenz, E. Wirthgen, A. Hoeflich, M. Schmicke, R. Pfuhl, P. Jawor, and T. Stefaniak. 2016. Effects of feeding milk replacer ad libitum or in restricted amounts for the first five weeks of life on the growth, metabolic adaptation, and immune status of newborn calves. *PloS one* 11(12):e0168974.

- Schütz, K., K. Clark, N. Cox, L. Matthews, and C. Tucker. 2010. Responses to short-term exposure to simulated rain and wind by dairy cattle: time budgets, shelter use, body temperature and feed intake. *Animal Welfare* 19(4):375.
- Sejrsen, K. 2005. Mammary development and milk yield potential. Calf and heifer rearing: principles of rearing the modern dairy heifer from calf to calving. 60th University of Nottingham Easter School in Agricultural Science, Nottingham, UK. 23rd-24th March 2004:237-251.
- Seymour, D. J., A. Cánovas, C. F. Baes, T. C. S. Chud, V. R. Osborne, J. P. Cant, L. F. Brito, B. Gredler-Grandl, R. Finocchiaro, R. F. Veerkamp, Y. de Haas, and F. Miglior. 2019. Invited review: Determination of large-scale individual dry matter intake phenotypes in dairy cattle. *Journal of Dairy Science* 102(9):7655-7663.
- Shalloo, L., A. Cromie, and N. McHugh. 2014. Effect of fertility on the economics of pasture-based dairy systems. *Animal* 8(s1):222-231.
- Shalloo, L., A. Ryan, and P. French. 2012. Getting ready for Expansion! Lessons from the Greenfield project. Page 9-23 Accessed on 7 September 2021 [https://www.teagasc.ie/media/website/publications/2012/National\\_Dairy\\_Conference\\_2012.pdf](https://www.teagasc.ie/media/website/publications/2012/National_Dairy_Conference_2012.pdf).
- Shalloo, L., S. O'Donnell, and B. Horan. 2007. Profitable dairying in an increased EU milk quota scenario. Pages 20-44 in Proc. National Dairy Conference, November 21 and 22 Kilkenny and Mayo, Teagasc, Ireland.
- Shamay, A., D. Werner, U. Moallem, H. Barash, and I. Bruckental. 2005. Effect of nursing management and skeletal size at weaning on puberty, skeletal growth rate, and milk production during first lactation of dairy heifers. *Journal of Dairy Science* 88(4):1460-1469.
- Shelley, A., D. Lau, A. Stone, and J. Bewley. 2016. Measuring feed volume and weight by machine vision. *Journal of dairy science* 99(1):386-391.

- Sherwin, V., C. Hudson, A. Henderson, and M. J. Green. 2016. The association between age at first calving and survival of first lactation heifers within dairy herds. *Animal* 10(11):1877-1882.
- Shrestha, H. K., T. Nakao, T. Higaki, T. Suzuki, and M. Akita. 2004. Resumption of postpartum ovarian cyclicity in high-producing Holstein cows. *Theriogenology* 61(4):637-649.
- Sieber, M., Freeman, A., & Kelley, D. (1989). Effects of body measurements and weight on calf size and calving difficulty of Holsteins. *Journal of Dairy Science*, 72(9), 2402-2410.
- Silva, A. L., T. J. DeVries, E. C. Fernandes, and M. I. Marcondes. 2021. Short communication: Development and evaluation of equations to predict growth of Holstein dairy heifers in a tropical climate. *Journal of Dairy Science* 104(1):525-531.
- Silva, L. G. T., R. F. Cooke, K. M. Schubach, A. P. Brandão, R. S. Marques, T. F. Schumacher, P. Moriel, and D. W. Bohnert. 2018. Supplementing a yeast-derived product to enhance productive and health responses of beef steers. *Animal* 12(8):1576-1583.
- Sinclair, K., P. Garnsworthy, G. Mann, and L. Sinclair. 2014. Reducing dietary protein in dairy cow diets: Implications for nitrogen utilization, milk production, welfare and fertility. *Animal* 8(2):262-274.
- Soberon, F., E. Raffrenato, R. W. Everett, and M. E. Van Amburgh. 2012a. Preweaning milk replacer intake and effects on long-term productivity of dairy calves. *Journal of Dairy Science* 92(2):783–793.
- Soberon, F., M. Van Amburgh, D. Lopez, J. Karszes, and R. Everett. 2012b. Early Life Nutrition and Management Impacts Long-Term Productivity of Calves. Accessed on 7 September 2021. [https://conservancy.umn.edu/bitstream/handle/11299/204310/SF95\\_M658a-73-2012\\_magr56303.pdf?sequence=1&isAllowed=y](https://conservancy.umn.edu/bitstream/handle/11299/204310/SF95_M658a-73-2012_magr56303.pdf?sequence=1&isAllowed=y).

- 
- Soberon, F. and M. E. Van Amburgh. 2013. LACTATION BIOLOGY SYMPOSIUM: The effect of nutrient intake from milk or milk replacer of preweaned dairy calves on lactation milk yield as adults: A meta-analysis of current data<sup>1</sup>. *Journal of Animal Science* 91(2):706-712.
- Soberon, F. and M. E. Van Amburgh. 2017. Effects of preweaning nutrient intake in the developing mammary parenchymal tissue. *Journal of Dairy Science* 100(6):4996-5004.
- Sprott, L. R. and B. B. Carpenter. 2007. Synchronizing estrus in cattle. Texas FARMER Collection.
- Stakelum, G. and J. Connolly. 1987. Effect of Body Size and Milk Yield on Intake of Fresh Herbage by Lactating Dairy Cows Indoors. *Irish Journal of Agricultural Research* 26(1):9-22.
- Stallings, C. C., G. Kroll, J. C. Kelley, and M. L. McGilliard. 1985. A Computer Ration Evaluation Program for Heifers, Dry Cows, and Lactating Cows. *Journal of Dairy Science* 68(4):1015-1019.
- Steele, M. A., J. H. Doelman, L. N. Leal, F. Soberon, M. Carson, and J. A. Metcalf. 2017. Abrupt weaning reduces postweaning growth and is associated with alterations in gastrointestinal markers of development in dairy calves fed an elevated plane of nutrition during the preweaning period. *J Dairy Sci* 100(7):5390-5399.
- Stelwagen, K., E. Carpenter, B. Haigh, A. Hodgkinson, and T. Wheeler. 2009. Immune components of bovine colostrum and milk. *Journal of animal science* 87(suppl\_13):3-9.
- Stewart, S., S. Godden, R. Bey, P. Rapnicki, J. Fetrow, R. Farnsworth, M. Scanlon, Y. Arnold, L. Clow, and K. Mueller. 2005. Preventing bacterial contamination and proliferation during the harvest, storage, and feeding of fresh bovine colostrum. *Journal of Dairy Science* 88(7):2571-2578.



- Stobo, I., J. Roy, and H. J. Gaston. 1966. Rumen development in the calf: 2. The effect of diets containing different proportions of concentrates to hay on digestive efficiency. *British Journal of Nutrition* 20(2):189-215.
- Stott, G., D. Marx, B. Menefee, and G. Nightengale. 1979a. Colostral immunoglobulin transfer in calves I. Period of absorption. *Journal of dairy science* 62(10):1632-1638.
- Stott, G., D. Marx, B. Menefee, and G. Nightengale. 1979b. Colostral immunoglobulin transfer in calves II. The rate of absorption. *Journal of dairy science* 62(11):1766-1773.
- Stott, G., W. Fleenor, and W. Kleese. 1981. Colostral immunoglobulin concentration in two fractions of first milking postpartum and five additional milkings. *Journal of dairy science* 64(3):459-465.
- Swatland, H. J. 1994. *Structure and development of meat animals and poultry*. CRC Press.
- Sweeney, B. C., J. Rushen, D. M. Weary, and A. M. de Passillé. 2010. Duration of weaning, starter intake, and weight gain of dairy calves fed large amounts of milk. *J Dairy Sci* 93(1):148-152.
- Taylor, S. and H. Fitzhugh. 1971. Genetic relationships between mature weight and time taken to mature within a breed. *Journal of Animal Science* 33(4):726-731.
- Teagasc. 2015. *Moorepark'15 Irish Dairying – Sustainable Expansion*. Pages 15-18.
- Teagasc. 2016a. *Teagasc Beef Manual*. Accessed 7 September 2021. <https://www.teagasc.ie/media/website/publications/2016/Beef-Manual-Section8.pdf>.
- Teagasc. 2016b. *Teagasc Technology Foresight: Technology Transforming Irish Agri-Food and Bio-Economy*. Teagasc Agriculture and Food Development Authority: Carlow, Ireland.
- Teagasc. 2017. *Teagasc Calf Rearing Manual*. <https://www.teagasc.ie/media/website/publications/2017/Section3-Milk-feeding.pdf>

- Tebug, S. F., A. Missohou, S. Sourokou Sabi, J. Juga, E. J. Poole, M. Tapio, and K. Marshall. 2018. Using body measurements to estimate live weight of dairy cattle in low-input systems in Senegal. *Journal of Applied Animal Research* 46(1):87-93.
- Tekerli, M., Z. Akinci, I. Dogan, and A. Akcan. 2000. Factors affecting the shape of lactation curves of Holstein cows from the Balikesir province of Turkey. *Journal of Dairy Science* 83(6):1381-1386.
- Tenhagen, B. A., A. Helmbold, and W. Heuwieser. 2007. Effect of various degrees of dystocia in dairy cattle on calf viability, milk production, fertility and culling. *Journal of Veterinary Medicine Series A* 54(2):98-102.
- Terré, M., C. Tejero, and A. Bach. 2009. Long-term effects on heifer performance of an enhanced-growth feeding programme applied during the preweaning period. *Journal of Dairy Research* 76(3):331-339.
- Thompson, J., E. Pollak, and C. Pelissier. 1983. Interrelationships of parturition problems, production of subsequent lactation, reproduction, and age at first calving. *Journal of Dairy Science* 66(5):1119-1127.
- Tozer, P. and A. Heinrichs. 2001. What Affects the Costs of Raising Replacement Dairy Heifers: A Multiple-Component Analysis? *Journal of Dairy Science* 84(8):1836-1844.
- Trevaskis, L. M., W. J. Fulkerson, and K. S. Nandra. 2004. Effect of time of feeding carbohydrate supplements and pasture on production of dairy cows. *Livestock Production Science* 85(2):275-285.
- Troccon, J. L. 1993. Effects of winter-feeding during the rearing period on performance and longevity in dairy cattle. *Livestock Production Science* 36(2):157-176.
- Urie, N., J. Lombard, C. Shivley, C. Koprak, A. Adams, T. Earleywine, J. Olson, and F. Garry. 2018. Preweaned heifer management on US dairy operations: Part I. Descriptive characteristics of preweaned heifer raising practices. *Journal of dairy science* 101(10):9168-9184.

- USDA. 2011. Dairy Heifer Raiser, 2011. An overview of operations that specialize in dairy heifers. [https://www.aphis.usda.gov/animal\\_health/nahms/dairy/downloads/dairyheifer11/HeiferRaiser\\_1.pdf](https://www.aphis.usda.gov/animal_health/nahms/dairy/downloads/dairyheifer11/HeiferRaiser_1.pdf)
- USDA. 2014. Dairy Cattle Management Practices in the United States, 2014. Accessed 7 September 2021 [https://www.aphis.usda.gov/animal\\_health/nahms/dairy/downloads/dairy14/Dairy14\\_dr\\_PartI\\_1.pdf](https://www.aphis.usda.gov/animal_health/nahms/dairy/downloads/dairy14/Dairy14_dr_PartI_1.pdf)
- Van Amburgh, M. E., E. A. Collao-Saenz, R. J. Higgs, D. A. Ross, E. B. Recktenwald, E. Raffrenato, L. E. Chase, T. R. Overton, J. K. Mills, and A. Foskolos. 2015. The Cornell Net Carbohydrate and Protein System: Updates to the model and evaluation of version 6.5. *Journal of Dairy Science* 98(9):6361-6380.
- Van Amburgh, M., D. Galton, D. Bauman, R. Everett, D. Fox, L. Chase, and H. Erb. 1998. Effects of three prepubertal body growth rates on performance of Holstein heifers during first lactation. *Journal of Dairy Science* 81(2):527-538.
- Van Amburgh, M., F. Soberon, J. Karszes, and R. Everett. 2014. Early life nutrition and management impacts long-term productivity of calves. Accessed on 7 September 2021. <https://ecommons.cornell.edu/bitstream/handle/1813/36500/1.VanAmburgh.Manuscript.pdf;sequence=1>.
- Van Amburgh, M., T. Overton, L. Chase, D. Ross, and E. Recktenwald. 2009. The Cornell Net Carbohydrate and Protein System: Current and future approaches for balancing of amino acids. Pages 28-37 in Proc. Proceedings of Cornell Nutrition Conference for Feed Manufacturers, Syracuse, NY. New York State College of Agriculture & Life Sciences, Cornell University.
- Van Dyne, G., N. Brockington, Z. Szocs, J. Duek, and C. Ribic. 1980. Large herbivore subsystem. *Large herbivore subsystem*: 269-537.

- van Soest, B., F. Cullens, M. VandeHaar, and M. W. Nielsen. 2020. Effects of transition milk and milk replacer supplemented with colostrum replacer on growth and health of dairy calves. *Journal of Dairy Science* 103(12):12104-12108.
- Vance, E. R., C. P. Ferris, C. T. Elliott, H. M. Hartley, and D. J. Kilpatrick. 2013. Comparison of the performance of Holstein-Friesian and Jersey×Holstein-Friesian crossbred dairy cows within three contrasting grassland-based systems of milk production. *Livestock Science* 151(1):66-79.
- Vasseur, E., F. Borderas, R. I. Cue, D. Lefebvre, D. Pellerin, J. Rushen, K. M. Wade, and A. M. de Passillé. 2010. A survey of dairy calf management practices in Canada that affect animal welfare. *Journal of Dairy Science* 93(3):1307-1316.
- Veerkamp, R., P. Dillon, E. Kelly, A. Cromie, and A. Groen. 2002. Dairy cattle breeding objectives combining yield, survival, and calving interval for pasture-based systems in Ireland under different milk quota scenarios. *Livestock Production Science* 76(1-2):137-151.
- Vendramini, J., L. Sollenberger, J. Dubeux Jr, S. Interrante, R. Stewart Jr, and J. Arthington. 2007. Concentrate supplementation effects on the performance of early-weaned calves grazing Tifton 85 Bermuda grass. *Agronomy Journal* 99(2):399-404.
- Waage, S., H. Skei, J. Rise, T. Rogdo, S. Sviland, and S. Ødegaard. 2000. Outcome of clinical mastitis in dairy heifers assessed by re-examination of cases one month after treatment. *Journal of dairy science* 83(1):70-76.
- Wade, 1991. Factors affecting the availability of vegetative *lolium perenne* to grazing dairy cows with special reference to sward characteristics, stocking rate and grazing method. PhD thesis. University of Rennes, France.
- Waghorn, G. and D. Clark. 2004. Feeding value of pastures for ruminants. *New Zealand Veterinary Journal* 52(6):320-331.
- Walsh, S., F. Buckley, K. Pierce, N. Byrne, J. Patton, and P. Dillon. 2008. Effects of breed and feeding system on milk production, body weight, body condition score,

- reproductive performance, and postpartum ovarian function. *Journal of Dairy Science* 91(11):4401-4413.
- Washburn, S. P., S. L. White, J. T. Green, and G. A. Benson. 2002. Reproduction, Mastitis, and Body Condition of Seasonally Calved Holstein and Jersey Cows in Confinement or Pasture Systems. *Journal of Dairy Science* 85(1):105-111.
- Washburn, S., W. Silvia, C. Brown, B. McDaniel, and A. McAllister. 2002. Trends in reproductive performance in southeastern Holstein and Jersey DHI herds. *Journal of Dairy Science* 85(1):244-251.
- Wathes, D., G. Pollott, K. Johnson, H. Richardson, and J. Cooke. 2014. Heifer fertility and carry over consequences for lifetime production in dairy and beef cattle. *Animal* 8(s1):91-104.
- Wathes, D., J. Brickell, N. Bourne, A. Swali, and Z. Cheng. 2008. Factors influencing heifer survival and fertility on commercial dairy farms. *Animal* 2(8):1135-1143.
- Weaver, D. M., J. W. Tyler, D. C. VanMetre, D. E. Hostetler, and G. M. Barrington. 2000. Passive Transfer of Colostral Immunoglobulins in Calves. *Journal of Veterinary Internal Medicine* 14(6):569-577.
- Wickramasinghe, H. K. J. P., A. J. Kramer, and J. A. D. R. N. Appuhamy. 2019. Drinking water intake of newborn dairy calves and its effects on feed intake, growth performance, health status, and nutrient digestibility. *Journal of Dairy Science* 102(1):377-387.
- Wildman, E., G. Jones, P. Wagner, R. Boman, H. Troutt Jr, and T. Lesch. 1982. A dairy cow body condition scoring system and its relationship to selected production characteristics. *Journal of Dairy Science* 65(3):495-501.
- Wilmink, J. 1987. Adjustment of test-day milk, fat and protein yield for age, season and stage of lactation. *Livestock Production Science* 16(4):335-348.
- Wims, C. M., M. H. Deighton, E. Lewis, B. O'Loughlin, L. Delaby, T. M. Boland, and M. O'Donovan. 2010. Effect of pre-grazing herbage mass on methane production,

- dry matter intake, and milk production of grazing dairy cows during the mid-season period. *Journal of Dairy Science* 93(10):4976-4985.
- Wims, C., M. McEvoy, L. Delaby, T. Boland, and M. O'Donovan. 2013. Effect of perennial ryegrass (*Lolium perenne* L.) cultivars on the milk yield of grazing dairy cows. *Animal* 7(3):410-421.
- Wingler, A. and D. Hennessy. 2016. Limitation of Grassland Productivity by Low Temperature and Seasonality of Growth. *Frontiers in Plant Science* 7(1130).
- Wright, M., E. Lewis, B. Garry, N. Galvin, F. Dunshea, M. Hannah, M. J. Auldist, W. Wales, P. Dillon, and E. Kennedy. 2019. Evaluation of the n-alkane technique for estimating herbage dry matter intake of dairy cows offered herbage harvested at two different stages of growth in summer and autumn. *Animal Feed Science and Technology* 247:199-209.
- Zanton, G. I. and A. J. Heinrichs. 2007. The Effects of Controlled Feeding of a High-Forage or High-Concentrate Ration on Heifer Growth and First-Lactation Milk Production. *Journal of Dairy Science* 90(7):3388-3396.
- Zanton, G. and A. J. Heinrichs. 2008a. Rumen digestion and nutritional efficiency of dairy heifers limit-fed a high forage ration to four levels of dry matter intake. *Journal of dairy science* 91(9):3579-3588.
- Zanton, G. and J. Heinrichs. 2008b. Precision feeding dairy heifers: Strategies and recommendations. College of Agricultural Sciences, DAS: 08-130.

**Chapter 10: List of Outputs**

## 10.1 Papers Published in Peer-Reviewed Scientific Articles

Costigan, H., L. Delaby, S. Walsh, B. Lahart, and E. Kennedy. 2021. The development of equations to predict live-weight from linear body measurements of pasture-based Holstein-Friesian and Jersey dairy heifers. *Livestock Science*: 104693.

Livestock Science 253 (2021) 104693



Short communication

### The development of equations to predict live-weight from linear body measurements of pasture-based Holstein-Friesian and Jersey dairy heifers



H. Costigan<sup>a,b</sup>, L. Delaby<sup>c</sup>, S. Walsh<sup>b</sup>, B. Lahart<sup>a</sup>, E. Kennedy<sup>a,\*</sup>

<sup>a</sup> Teagasc, Animal and Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork, Ireland

<sup>b</sup> Waterford Institute of Technology, Cork Road, Waterford, Co. Waterford, Ireland

<sup>c</sup> INRAE, Agrocampus Ouest, UMR Physiologie, Environnement et Génétique pour l'Animal et les Systèmes d'Élevage, 35590 St-Gilles, France

#### HIGHLIGHTS

- In the absence of a weighing scales live-weight of Holstein-Friesian and Jersey heifers can be successfully predicted using body length, heart girth and withers height and their combinations.
- Regression equations of live-weight on heart girth, body volume and a polynomial of length, girth, and height equations, respectively, were accurate predictors of live-weight for pasture-based dairy heifers ( $R^2 > 0.92$  and  $RMSE < 19.1$  kg).
- Body volume of the heifer is recommended as the most suitable predictor of live-weight.

#### ARTICLE INFO

**Keywords**  
Pasture-based  
Dairy  
Heifers  
Live-weight  
Linear body measurements

#### ABSTRACT

Monitoring the live-weight of dairy heifers and thus meeting weight-for-age targets is regarded as one of the most important aspects of a heifer rearing enterprise as it optimizes future production. This is particularly important in pasture-based heifer rearing systems where growth is non-linear due to seasonal variation in grass growth and quality. Data were collected throughout the rearing period to estimate the live-weight of pasture-based Holstein-Friesian ( $n = 130$ ) and Jersey ( $n = 57$ ) dairy heifers using linear body measurements. Live-weight was regressed on heart girth, body volume and a polynomial of body length, heart girth, and withers height; all equations were validated within-herd. All three equations were accurate predictors of live-weight for pasture-based dairy heifers ( $R^2 > 0.92$  and  $RMSE < 19.1$  kg), therefore, in the absence of weighing scales, live-weight can be successfully predicted using linear body measurements. The equation which utilizes body volume of the heifer is proposed as the most suitable predictor of live-weight.

#### 1. Introduction

Live-weight has a greater effect on the attainment of puberty in pasture-based dairy heifers than that of age (Archbold et al., 2012). Therefore, achieving weight-for-age targets (Troccon, 1993) will ensure heifers have achieved puberty prior to breeding at 15 months, which is essential to maintain a compact calving pattern. Electronic scales are widely used for monitoring the growth of animal's worldwide (Lukuyu et al., 2016). However, the uptake of technology among Irish and New Zealand farmers is particularly low (Teagasc, 2016; McNaughton and Lopdell, 2012). In New Zealand, less than 5% of heifers had a live-weight recorded prior to calving (McNaughton and Lopdell, 2012); while in Ireland, there were no figures available. It is evident; therefore,

that the weighing of heifers is infrequent, and as such, farmers may be reluctant to invest in an electronic weighing scale.

In the absence of an electronic weighing scale, linear body measurements (LBM) such as heart girth (HG), withers height (WH), and body length (BL; Lukuyu et al., 2016) may be relatively accurate in their prediction of live-weight (Heinrichs et al., 1992) and are inexpensive to undertake. Previous research on the use of LBM to predict live-weight has been undertaken in confinement heifer rearing systems where the growth trajectory is linear (Heinrich et al., 1992). However, in pasture-based systems, such as Ireland, grass growth and quality are highly variable (Hennessy et al., 2020) and consequently, heifer growth is non-linear (Handcock et al., 2019). The relationship between LBM and live-weight varies with breed (Reis et al., 2008). Therefore, different

\* Corresponding author.

E-mail address: emer.kennedy@teagasc.ie (E. Kennedy).

<https://doi.org/10.1016/j.livsci.2021.104693>

Received 18 December 2020; Received in revised form 27 August 2021; Accepted 30 August 2021

Available online 2 September 2021

1871-1413/© 2021 Published by Elsevier B.V.



prediction equations may be required for pasture-based heifers of contrasting breed groups, such as Holstein-Friesian (HF) and Jersey (JE; Handcock et al., 2019). The objective of the present study therefore was to devise a series of equations to predict live-weight from LBM of different breed groups of pasture-based dairy heifers from birth to 15 months. This will be beneficial for pasture-based dairy farmers as it allows them to monitor the growth of heifers, in the absence of a weighing scale.

## 2. Materials and methods

The present data were collected from heifers reared on the Dairygold Research Farm at Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Kilworth, Co. Cork, Ireland (52°09'N 8°16'W) between February 2018 and September 2020. In brief, a 2 (weaning ages; eight or 12 weeks) × 2 (post-weaning planes of nutrition; high (H) or low (L)) factorial design was in place. There were 187 heifer calves born in 2018 (n = 62 HF heifers and n = 26 JE with mean birth live-weights of 34.4 ± 4.67 kg and 23.0 ± 2.38 kg, respectively) and 2019 (n = 68 HF and n = 31 JE heifers with mean birth live-weights of 35.2 ± 4.23 kg and 24.5 ± 2.88 kg, respectively) assigned to the study.

All calves received 3 L colostrum within two hours of birth, followed by five feeds of transition milk. Calves were then grouped by age until they reached their respective weaning ages. When grouped, they were offered 6 L/day 26% crude protein milk replacer, *ad-libitum* fresh clean drinking water, concentrates and straw.

Following weaning, calves were regrouped according to their post-weaning treatment (H or L) and rotationally grazed perennial ryegrass dominated swards until housing the following winter. During the first grazing season, the H heifers were offered 1.5 kg of concentrate/heifer/day; however, if grass quality and availability were poor, the quantity of concentrate offered increased to 2.5 kg concentrate/heifer/day. Similarly, the L heifers were offered 0.5 kg of concentrate/heifer/day; however, if grass quality and availability were poor, the concentrates offered were increased to 1.5 kg concentrate/heifer/day. A difference in concentrate offered was maintained between the H and L heifers at all times. Over-winter management was similar for treatments; from week one to three, and again during weeks nine to 15, heifers grazed a forage crop (Redstart) *in-situ*, in addition to *ad-libitum* hay and 1 kg concentrates/heifer/day. During weeks four to eight of the over-winter period, heifers were housed and offered grass silage and 1.5-2 kg concentrate/heifer/day, depending on silage quality. At turnout to grass for their second grazing season, heifers were re-grouped by post-weaning treatment (H or L) and offered an all-grass diet. Contrasting pasture allowances were offered to create differences between the treatments; post-grazing heights of 4.5 and 3.5 cm were targeted for H and L heifers, respectively. The live-weights, average daily gain (ADG) between weigh dates, and LBM throughout the experimental period are outlined in Table 1.

Live-weight (kg; TruTest XR 3000, Tru-test Limited, Auckland, New Zealand) and LBM (cm) data were recorded twice a month from birth until nine months and every three months thereafter until breeding at 15 months. A soft measuring tape was used to measure the BL (horizontal distance from the top of the withers to the ischium) and HG (circumference of the animal's body measured directly behind the front legs). A specialised measuring stick (Nasco, Fort Atkinson, WI) was used to measure the WH (vertical distance from the ground to the top of the withers).

### 2.1. Statistical analysis

Statistical analyses were conducted using SAS (version 9.4; SAS Institute Inc., Cary, NC). Regressions of live-weight on LBM were tested (PROC REG) across the entire dataset, and then for HF and JE separately. Stratifying the dataset by breed group was found to increase the accuracy of prediction, therefore verifying that separate comprehensive

**Table 1**  
Data available for regression analysis of HF and JE dairy heifers.

	HF (n = 130)		JE (n = 57)	
	$\mu$	SD	$\mu$	SD
<b>3 months</b>				
Weight	87.3	11.47	68.1	10.60
ADG birth to 3 months	0.63	0.133	0.53	0.124
Length	75.9	4.78	71.1	6.199
Girth	108.0	5.94	99.0	7.892
Height	89.8	3.39	83.7	4.37
<b>6 months</b>				
Weight	148.9	18.57	113.5	13.25
ADG 3 to 6 months	0.73	0.165	0.55	0.145
Length	84.8	3.48	80.8	4.50
Girth	127.4	7.99	118.5	8.08
Height	100.4	4.22	93.3	3.08
<b>9 months</b>				
Weight	215.7	25.29	168.1	18.83
ADG 6 to 9 months	0.80	0.182	0.65	0.194
Length	97.4	3.44	92.9	3.39
Girth	145.4	6.76	136.2	5.89
Height	109.6	4.05	105.0	3.00
<b>12 months</b>				
Weight	253.9	28.50	200.0	18.63
ADG 9 to 12 months	0.45	0.135	0.38	0.150
Length	105.4	3.59	102.5	3.08
Girth	156.5	7.47	148.2	6.73
Height	115.9	4.43	109.9	3.31
<b>15 months</b>				
Weight	304.4	28.76	238.8	20.71
ADG 12 to 15 months	0.60	0.130	0.46	0.127
Length	110.0	3.45	107.5	3.19
Girth	166.2	6.41	157.0	5.76
Height	120.1	4.33	114.5	3.09

<sup>1</sup>ADG = average daily gain.

equations were required for pasture-based HF and JE heifers as growth was non-linear (Table 1 and Fig. 1). Regressions of live-weight on HG, WH, BL and their combinations were tested (PROC REG) prior to cross-validation, which aimed to validate a series of the best parameters. Three equations were selected for cross-validation such that equations that utilized one, two and three LBM, respectively, were created. Within-herd validation involved stratifying the HF and JE datasets by birth year, pre- and post-weaning treatment. Numerical differences between the HF and JE datasets resulted in an average of 25% and 33%, respectively, of records from each stratum being removed for validation. The remaining records from each stratum were used to create the equations: heifers were not present in the calibration and validation data sets simultaneously. This process was repeated four and three times for HF and JE datasets, respectively, until all records had been tested using within-herd validation once. Regressions of live-weight on HG, WH, BL and their polynomial combinations were then performed. Body volume (BV) of the heifer was also regressed on live-weight whereby BV was calculated using the formula to calculate cylinder volume:

$$\text{Body volume} = \pi r^2 h$$

where  $\pi = 3.14$ ,  $r = (\text{HG}/2\pi)$  and  $h = \text{BL}$ . Both linear and non-linear relationships were tested. All regression equations then underwent within-herd validation. The association between predicted and actual live-weight was assessed using regression analysis.

The statistical methodology used to evaluate the accuracy of live-weight predicted by the model compared with actual live-weight on 25% and 33% of the data for the HF and JE heifers, respectively, was similar to that of Ruelle et al. (2019). In brief, the  $R^2$ , root mean square error (RMSE), slope of the line, mean square prediction error (MSPE), relative prediction error (RPE), and concordance correlation coefficient (CCC) were used to determine if the model accurately predicted live-weight. The MSPE is the sum of three components: mean bias ( $M_m - P_m$ )<sup>2</sup>, line variation  $S_p^2(1 - b)^2$ , and random variation about the line,  $S_m^2(1 - R^2)$ , whereby each is expressed as a proportion of the total MSPE:

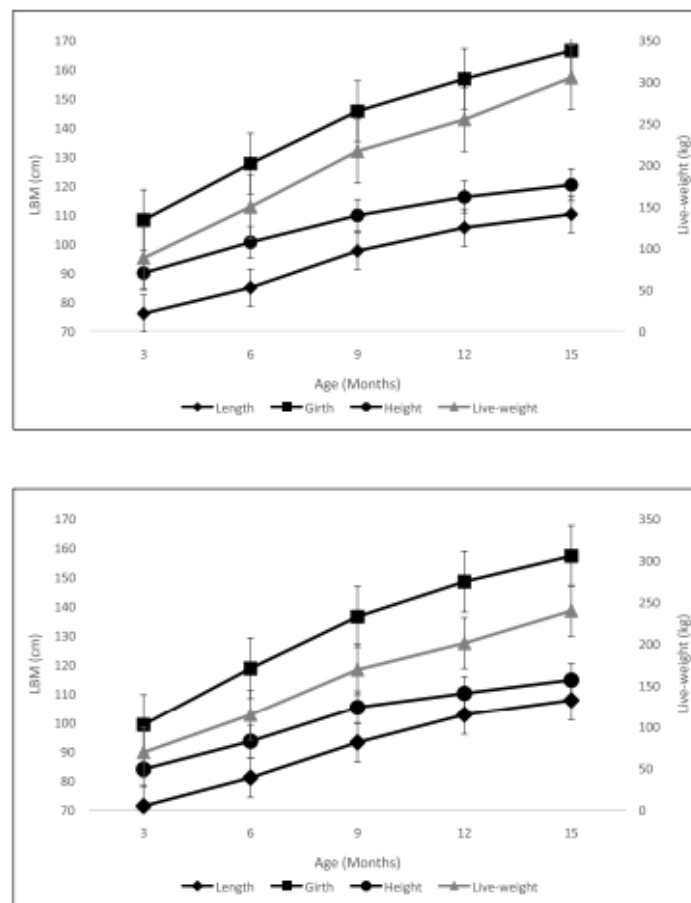


Fig. 1. Live-weights, lengths, girths and heights of Holstein-Friesian (HF) and Jersey (JE) heifers.

$$MSPE = \frac{\sum (M - P)^2}{n} = (M_m - P_m)^2 + S_m^2(1 - b)^2 + S_p^2(1 - R^2)$$

where  $n$  is number of records,  $M$  and  $P$  are measured and predicted live-weights, respectively,  $M_m$  and  $P_m$  are mean values of  $M$  and  $P$ , respectively,  $S_m^2$  and  $S_p^2$  are variances of  $M$  and  $P$ , respectively,  $b$  is the slope of the line of  $P$  regressed on  $M$ ; and  $R^2$  is the coefficient of determination of the line. The root mean square prediction error (RMSPE) is the root of the MSPE. The RPE is calculated as:

$$RPE = \left( \frac{RMSPE}{M_m} \right) \times 100$$

The CCC is comprised of two components:

$$CCC = p \times Cb$$

where  $p$  is the Pearson correlation coefficient and  $Cb$  is the bias correction factor:

$$Cb = \frac{2 \times \sigma_m \times \sigma_p}{\sigma_m^2 + \sigma_p^2 + (\mu_m - \mu_p)^2}$$

and  $\sigma_m$ ,  $\sigma_p$ ,  $\mu_m$  and  $\mu_p$  are the standard deviation and average of the

measured and predicted data, respectively. The CCC evaluates the correlation between the actual and predicted live-weights but also the deviation from the 45° line.

### 3. Results

The fitting statistics for the equations are outlined in Table 2 whereby values reported are the average of the four and three iterations for the HF and JE within-herd validations, respectively.

All three equations accurately predicted live-weight (Fig. 2) with RPE values of between 8.1 and 12.5%. In all equations, a high proportion of MSPE (>97.4%) was attributable to random variation. The equations to predict live-weight had average  $R^2$  and RMSE values of 0.95 (range 0.92 – 0.97) and 14.8 kg (range 11.8 – 19.1 kg), respectively. Although still an extremely good predictor of live-weight for HF and JE heifers (RPE 11.5 and 12.5, respectively), the equation that predicted live-weight using a single LBM, namely HG, resulted in inferior fitting statistics compared to the equation that utilized two and three LBM. Including all three LBM as a polynomial in the prediction equation improved RPE values by 3.4 and 3.6% for HF and JE heifers, respectively, compared to the equation that utilized one LBM. The equation that regressed live-weight on BV was also found to accurately predict

Table 2

Comparison between the actual and predicted live-weight (kg) of HF (A) and JE (B) heifers for the different simulations using within herd validation, respectively.

	Measured	Predicted	Slope	RMSPE	Proportion of the MSPE			RPE	CCC	C bias
					Mean	Line	Random			
<b>(A)</b>										
Girth	166.5	166.6	1.00	19.1	0.3	0.1	99.6	11.5	0.97	1.00
Body volume <sup>1</sup>	166.5	166.6	1.00	15.0	0.1	0.6	99.4	9.0	0.98	1.00
Length, Girth, Height, Length <sup>2</sup> , Girth <sup>2</sup> and Height <sup>2</sup>	166.4	166.4	1.00	13.5	0.5	0.5	99.0	8.1	0.98	1.00
<b>(B)</b>										
Girth	130.6	130.6	1.00	16.3	0.6	0.4	99.0	12.5	0.96	1.00
Body volume <sup>1</sup>	130.6	130.6	1.00	13.5	1.8	0.8	97.4	10.3	0.97	1.00
Length, Girth, Height, Length <sup>2</sup> , Girth <sup>2</sup> and Height <sup>2</sup>	130.6	130.5	1.00	11.7	0.2	0.1	99.8	8.9	0.98	1.00

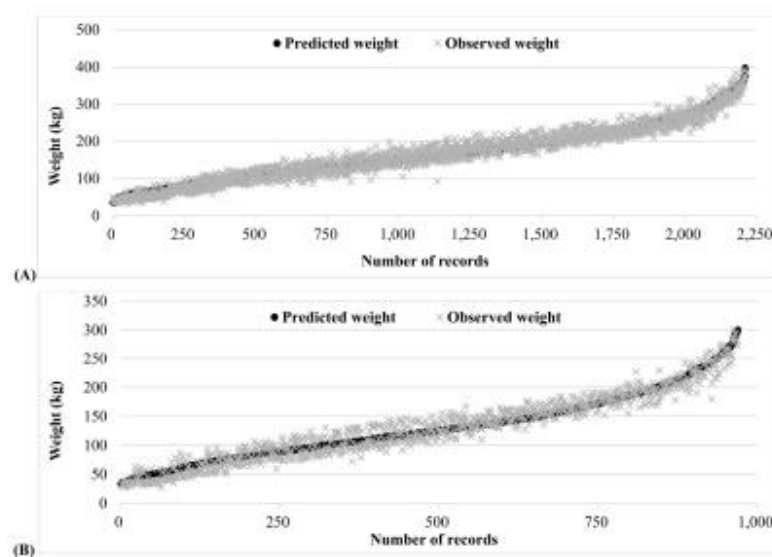
<sup>1</sup> Body volume was regressed on live-weight whereby the formula to calculate cylinder volume was utilized<sup>2</sup> RMSPE – root mean square prediction error; MSPE – mean square prediction error; RPE – relative predicted error; CCC – concordance correlation coefficient; C bias – bias of the concordance correlation coefficient

Fig. 2. Comparison between observed live-weight (x) and predicted live-weight (●) of Holstein-Friesian (A) and Jersey (B) heifers.

live-weight, with RPE values of 9.0 and 10.3% for HF and JE heifers, respectively. The regression equations used to predict live-weight for HF and JE heifers are presented in Table 3.

Table 3

Regression equations created using the lengths (L), girths (G), heights (H) and body volumes (BV) of HF (A) and JE (B) heifers, respectively.

	Equation	R <sup>2</sup>	RMSE
<b>(A)</b>			
Girth	-235.2 + 3.2 (G)	0.93	19.13
Body volume	8.3 + 0.0012 (BV)	0.96	15.06
Length, Girth, Height, Length <sup>2</sup> , Girth <sup>2</sup> and Height <sup>2</sup>	-89.2 - 3.3 (L) - 1.2 (G) + 4.3 (H) + 0.027 (L <sup>2</sup> ) + 0.010 (G <sup>2</sup> ) + 0.009 (H <sup>2</sup> )	0.97	13.23
<b>(B)</b>			
Girth	-198.6 + 2.7 (G)	0.92	16.31
Body volume	7.1 + 0.0011 (BV)	0.95	13.37
Length, Girth, Height, Length <sup>2</sup> , Girth <sup>2</sup> and Height <sup>2</sup>	-7.5 - 3.4 (L) + 0.1 (G) + 1.4 (H) + 0.0028 (L <sup>2</sup> ) + 0.004 (G <sup>2</sup> ) + 0.003 (H <sup>2</sup> )	0.96	11.79

<sup>1</sup>RMSE – root mean square error

#### 4. Discussion

The aim of the present study was to develop equations to predict live-weight of growing dairy heifers in a pasture-based system. Equations have been developed previously (Heinrichs et al., 1992), however, these animals were reared in confinement heifer rearing systems where precision nutrition ensures greater efficiency of nutrient utilization (Zanton and Heinrichs, 2008). In pasture-based heifer rearing systems, such as that in Ireland, heifers are offered a predominately grazed-grass diet, with concentrate supplementation when grass growth and quality are poor. Consequently, heifers reared in pasture-based systems follow a seasonal pattern of growth (Handcock et al., 2019). Similar to Heinrichs et al. (1992) HG was highly correlated ( $R^2 > 0.92$  and RPE 11.5 and 12.5% for HF and JE, respectively) with live-weight, and was therefore used to develop a simple equation for the prediction of live-weight. The use of a single LBM to predict live-weight may be useful for farmers who wish to monitor growth of their heifers but may not have time to measure several dimensions of skeletal growth. The inclusion of two or more LBM in the regression equation slightly improved live-weight prediction: the regression equation for BV utilized HG and BL and was found to predict HF and JE heifer live-weight to within 13.4 and 15.1 kg of

live-weight, respectively. Body volume was previously found to be highly correlated with live-weight of native Indonesian cows (Paputungan et al., 2015), however, to the best of the authors knowledge, BV has never been used to predict live-weight of pasture-based heifers. Similar to Reis et al. (2008), including three independent LBM in the equation increased prediction accuracy. Furthermore, polynomial regression of BL, HG and WH on live-weight improved the fit statistics further with an  $R^2$  of 0.97 and 0.96 and RMSE of 13.2 and 11.8 kg for HF and JE heifers, respectively. However, the polynomial regression equation was only marginally better than the BV equation, therefore, from a practicality perspective, the BV equation is more appropriate for a labor-intensive dairy farm.

## 5. Conclusion

The equations developed in this study are all highly effective in their prediction of live-weight of pasture-based HF and JE dairy heifers. The equation, which utilizes BV of the heifer, is proposed as the most suitable predictor of live-weight. Despite utilizing just two LBM, it displays a high accuracy of prediction and will enable dairy farmers to monitor the growth of their heifers in the absence of a weighing scale.

## Author Statement

All authors have seen and approved the final version of the manuscript being submitted. This article is the authors' original work, has not received prior publication and is not under consideration for publication elsewhere.

## Declaration of Competing Interest

The authors declare no conflict of interest.

## Acknowledgements

The authors would like to acknowledge the support of the


Department of Agriculture, Food, and the Marine for their funding (MultiRepro project (15/S/696)). We also thank the staff at the Dairygold Research Farm for their care of the animals and their help with data collection.

## References

- Archbold, H., Buckley, F., Pierce, K.M., Begley, N., Mee, J.F., 2012. Ultrasonography and progesterone concentration at a single time point for the detection of puberty in dairy heifers. *Reprod. Domest. Anim.* 47 (3), 407–411.
- Handrock, R.C., Lopez-Villalobos, N., McNaughton, L.R., Back, P.J., Edwards, G.R., Hickson, R.E., 2019. Live weight and growth of Holstein-Friesian, Jersey and crossbred dairy heifers in New Zealand. *N.Z. J. Agric. Res.* 62 (2), 173–183.
- Heinrichs, A. J., G. Rogers, and J. Cooper. 1992. Predicting body weight and wither height in Holstein heifers using body measurements. 75(12):3576-3581.
- Hennessy, D., Delaby, L., van den Pol-van Dassel, A., Shalloo, L., 2020. Increasing grazing in dairy cow milk production systems in Europe. *Sustainability* 12 (6), 2443.
- Lukuyu, M.N., Gibson, J.P., Savage, D.B., Duncan, A.J., Mujibi, F.D.N., Okero, A.M., 2016. Use of body linear measurements to estimate liveweight of crossbred dairy cattle in smallholder farms in Kenya. *SpringerPlus* 5 (1), 63.
- McNaughton, L., Lopdell, T., 2012. Brief communication: are dairy heifers achieving live weight targets?. In: *Proceedings of the New Zealand Society of Animal Production*, pp. 120–122.
- Paputungan, U., Hakim, L., Ciptadi, G., Lapsian, H.F.N., 2015. Application of body volume formula for predicting live weight in Ongole crossbred cows. *International Journal of Livestock Production* 6 (3), 35–40. In this issue.
- Reis, G.L., Albuquerque, F.H.M.A.R., Valente, B.D., Martins, G.A., Teodoro, R.L., Ferreira, M.B.D., Monteiro, J.B.N., Silva, M.d.A., Madalena, F.E., 2008. Prediction of live weight based on body measurements in crossbred animals Holstein/Gir. *Ciênc. Rural* 38 (3), 778–783.
- Ruelle, E., Delaby, L., Shalloo, L., 2019. Linkage between predictive transmitting ability of a genetic index, potential milk production, and a dynamic model. *J. Dairy Sci.* 102 (4), 3512–3522.
- Teagasc, 2016. Teagasc Technology Foresight: Technology Transforming Irish Agri-Food and Bio-Economy. Teagasc Agriculture and Food Development Authority, Carlow, Ireland.
- Trocen, J., 1993. Effects of winter feeding during the rearing period on performance and longevity in dairy cattle. *Livest. Prod. Sci.* 36 (2), 157–176.
- Zanton, G., Heinrichs, J., 2008. Precision feeding dairy heifers: strategies and recommendations. *College Agric. Sci., DAS:08-130*.


## 10.2 Conference Proceedings

Costigan, H., Walsh, S. and Kennedy, E. (2019). 'Effect of weaning age on growth performance of dairy heifer calves'. In *The British Society of Animal Science Conference* Edinburgh, Scotland



**Effect of weaning age on growth performance of dairy heifer calves**  
H. Costigan\*†, S. Walsh†, E. Kennedy\*

\*Animal and Grassland Research and Innovation Centre, Teagasc, Moorepark, Fermoy, Co. Cork, Ireland  
†Waterford Institute of Technology, Cork Road, Waterford City, Co. Waterford, Ireland



**Objective**




To determine if Holstein Friesian (HF) and Jersey (JE) dairy heifer calves weaned at 12 weeks are heavier than those weaned at 8 weeks

**Introduction**


An early transition from milk to solid feed is considered an important economic objective for dairy farmers, however increased milk consumption as a result of delayed weaning can also benefit the production potential of the calf

**Materials and Methods**

- 98 JE and HF heifer calves randomised for breed (61 HF and 37 JE), birth weight (30.2 ± 6.90 kg) and birth date (10 February; ± 13.2 days)
- Fed 3 litres of (>22% Brix) colostrum at birth and 6 litres/day of transition milk in individual pens for 3 days
- Grouped by age from 3 days old and fed 6 litres/day of 26% crude protein milk replacer
- Ad-libitum* fresh water, concentrate and straw offered in group pens

- Heifers were weighed twice a month (Tru-Test, Palmerston North, NZ)
- Weight gain calculated as the increase in live-weight between weigh dates
- Gradually weaned over 7 days at either 8 or 12 weeks old



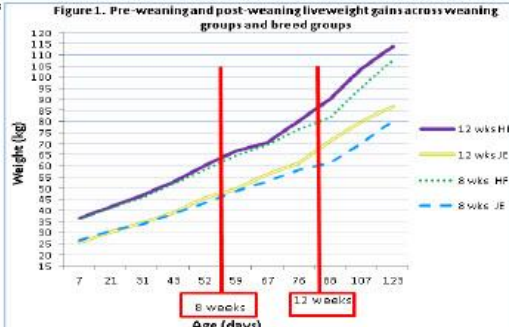
**Results**

- Weights were significantly different between late and early weaned calves in week 12; 8 week weaned calves were on average 71.6 kg and 12 week weaned calves were on average 80.6 kg
- Average daily gain for 8 and 12 week weaned calves in weeks 1-12 was 0.48 kg/day and 0.58 kg/day, respectively
- In week 13-16, 8 and 12 week weaned calves gained 0.50 and 0.47 kg/calf/day, respectively
- JE calves were consistently lighter than HF as a result of lower birth weights (JE 27.7 kg; HF 34.4 kg)

**Table 1. Pre-weaning and post-weaning liveweight gains across weaning groups and breed groups**

	WEIGHT				ADG				
	12 wks		8 wks		12 wks		8 wks		
	HF	JE	HF	JE	HF	JE	HF	JE	
Week 1-8	7	36.6	25.5	36.3	26.4	0.33	0.34	0.30	0.52
	21	41.7	30.2	41.2	30.9	0.36	0.35	0.36	0.37
	31	46.7	34.2	45.8	33.7	0.51	0.39	0.48	0.32
	43	53.0	39.0	52.1	38.4	0.51	0.41	0.46	0.39
	52	60.1	45.8	58.3	43.1	0.82	0.79	0.76	0.58
Weight 9-12	59	66.8	49.6	64.9	48.7	0.12	0.08	0.11	0.09
	67	70.3	56.1	69.6	53.2	0.77	0.84	0.58	0.47
	76	80.2	61.3	76.4	58.3	0.87	0.53	0.97	0.63
Week 13-16	88	90.2	71.1	81.9	61.4	1.23	1.19	0.78	0.55
	107	103.5	79.7	95.2	70.2	0.62	0.42	0.59	0.28
	123	113.6	86.9	107.4	80.0	0.55	0.31	0.66	0.48


**Figure 1. Pre-weaning and post-weaning liveweight gains across weaning groups and breed groups**




**Conclusion**

- No significant effect of treatment on liveweight up to week 8
- Additional milk replacer consumed by later weaned calves from week 8-12 resulted in a weight advantage
- In the post-weaning period (week 13-16) average daily gain was similar between treatments

**Acknowledgements:** This work was funded by the Irish Government through the Department of Agriculture Food and the Marine (15 S 696)





The Irish Agriculture and Food Development Authority

Costigan, H., Walsh, S. and Kennedy, E. (2019). ‘Effect of weaning age on body length, heart girth and withers height of dairy heifer calves’. In *The British Society of Animal Science Conference* Edinburgh, Scotland

**Effect of weaning age on body length, heart girth and withers height of dairy heifer calves**  
 H. Costigan\*†, S. Walsh†, E. Kennedy\*  
 \*Animal and Grassland Research and Innovation Centre, Teagasc, Moorepark, Fermoy, Co. Cork, Ireland  
 †Waterford Institute of Technology, Cork Road, Waterford City, Co. Waterford, Ireland



**Introduction**


Delayed weaning has been found to positively influence production potential of the calf. Heifer growth is commonly measured by weighing, however, body measurements can also effectively measure growth

**Objective**

To determine if Holstein Friesian (HF) and Jersey (JE) dairy heifer calves weaned at 12 weeks had greater body measurements compared to those weaned at 8 weeks

**Materials & Methods**

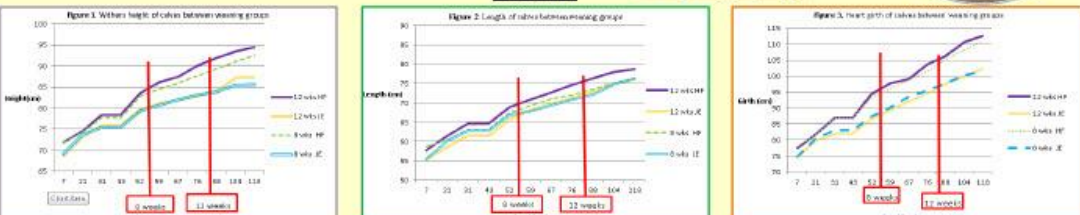
- 98 JE and HF heifer calves randomised for breed (61 HF and 37 JE), birth weight ( $30.2 \pm 6.9$  kg) and birth date (10th February  $\pm 13.2$  days)
- Fed 3 litres of colostrum (>22% Brix) at birth and 6 litres/day of transition milk in an individual pen for 3 days
- Grouped by age from 3 days old and offered 6 litres/day of 26% crude protein milk replacer
- Offered *ad-libitum* fresh water, concentrate and straw



- Linear body measurements taken twice per month
- Measurements taken by the same person to minimize variation
- Gradually weaned over 7 days at either 8 or 12 weeks

**Results**


**Body length (BL)**



- HF calves weaned at 8 weeks had shorter body lengths than those weaned at 12 weeks
- After 8 weeks, there was a significant WH difference between 12 and 8 week weaned HF, similarly after 12 weeks, there was a significant WH difference between 12 and 8 week weaned JE
- No effect of treatment on HG during the 16 week experimental period
- When the experiment concluded, HF calves had an average BL, HG, WH of 78.3, 112.5 and 94.1 cm respectively and JE calves had an average BL, HG, WH of 76.1, 103.5 and 87.2 cm, respectively

**Conclusion**

- BL and WH were greater in calves fed milk replacer for 4 extra weeks compared to those weaned at 8 weeks
- Throughout the experimental period JE calves were smaller in size than HF; reflecting the smaller body size of the mature JE cow





**Acknowledgements:** This work was funded by the Irish Government through the Department of Agriculture Food and the Marine (15 S 696)

Costigan, H., Walsh, S. and Kennedy, E. (2019). 'Effect of weaning age on growth performance of dairy heifer calves' in Rural Futures II: Towards Sustainable Solutions for Ruminant Pastoral Agricultural Systems in Scotland and Ireland Ashtown Food Research Centre, Dublin

## Effect of weaning age on growth performance of dairy heifer calves

H. Costigan\*†, S. Walsh†, E. Kennedy\*

\*Animal and Grassland Research and Innovation Centre, Teagasc, Moorepark, Fermoy, Co. Cork, Ireland  
 †Waterford Institute of Technology, Cork Road, Waterford City, Co. Waterford, Ireland

### Objective



The objective of the present research was to determine if weaning age had an effect on live-weight, body length (BL), heart girth (HG) and withers height (WH) of Holstein-Friesian (HF) and Jersey (JE) dairy heifer calves

### Introduction

An early transition from milk to solid feed is considered an important economic objective for dairy farmers, however increased milk consumption as a result of delayed weaning can also benefit the production potential of the heifer when she calves and starts producing milk

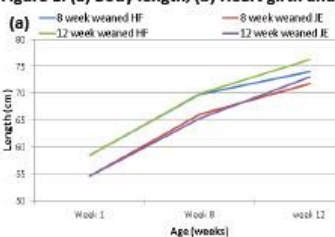
### Materials and Methods

- 98 heifer calves were balanced for breed (61 HF + 37 JE), birth-weight ( $30.2 \pm 6.90$  kg) and date of birth (10 February;  $\pm 13.2$  days)
- Fed 3 litres of colostrum at birth; 6 litres/day of transition milk in individual pen for 3 days
- Grouped by age from 3 days old and fed 6 litres/day of 26% crude protein milk replacer
- *Ad-libitum* fresh water, concentrate and straw offered
- Gradually weaned over 7 days at either 8 or 12 weeks old
- Heifers were weighed (Tru-Test, Palmerston North, NZ) and linear measurements were taken twice a month

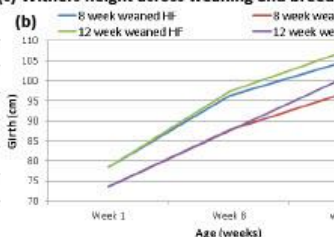



### Results

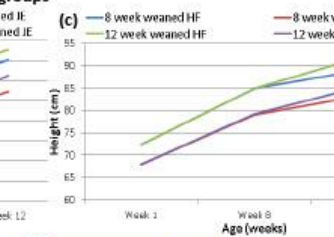
- Weights were significantly different between 8 and 12 weaned calves in week 12
- At 12 weeks of age the BL, HG and WH were significantly higher for the 12 week compared to 8 week weaned calves
- JE calves were consistently lighter and smaller than HF as a result of lower birth weights (JE 27.7 kg; HF 34.4 kg) and linear body measurements at birth



**(a) Body length**



**(b) Heart girth**




**(c) Withers height**

**Figure 1. (a) Body length, (b) Heart girth and (c) Withers height across weaning and breed groups**


	Group		P-value Treatment	Breed		P-value Breed	SE
	8 weeks	12 weeks		HF	JE		
<b>Weight (kg)</b>							
Week 8	56.7	57.8	0.8116	65.6	48.9	<0.0001	1.11
Week 12	72.7	79.3	0.0094	87	65	<0.0001	1.64
<b>Weight gain (kg/day)</b>							
birth-8wks	0.47	0.49	0.8445	0.52	0.44	0.0018	0.02
birth-12wks	0.51	0.59	0.0055	0.61	0.49	<0.0001	0.02
8-12weeks	0.62	0.81	<.0001	0.8	0.63	0.0001	0.03

### Conclusion

- No significant effect of treatment on liveweight up to week 8
- Additional milk replacer consumed by later weaned calves from week 8-12 resulted in a weight and size advantage
- Heifers will be monitored until they enter the milking herd at 24 months



**Acknowledgements:** This work was funded by the Irish Government through the Department of Agriculture Food and the Marine (15 S 696)



The Irish Agriculture and Food Development Authority

### 10.3 Technical Publications

Costigan, H., Fitzgerald, R., Hennessy, W., and Kennedy, E. (2019). ‘Do weaning age and post-weaning growth rate have an effect on replacement heifers achieving target weight?’ In *Irish dairying – growing sustainably*. Animal & Grassland Research and Innovation Centre, Teagasc, Moorepark, Fermoy, Co. Cork

IRISH DAIRYING | GROWING SUSTAINABLY

## Do weaning age and post-weaning growth rate have an effect on replacement heifers achieving target weight?

Hazel Costigan, Ricki Fitzgerald, William Hennessy and Emer Kennedy

Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork

#### Summary

- At 12 weeks, 12 week weaned calves were heavier than eight week weaned calves as a result of the additional milk replacer consumed.
- Data from year one of the study showed some compensatory growth when heifers were turned out for their second season at grass.

#### Introduction

Replacement heifers represent the future potential of the dairy herd. However, the cost of rearing a replacement heifer is high at €1,545; in addition calf rearing is one of the most labour-intensive tasks on a dairy farm so can also incur extra costs associated with additional labour. Weaning calves at an earlier age (e.g. 8-weeks) compared to delayed weaning (e.g. 12-weeks) and feeding a higher quantity of concentrate post-weaning could help overcome the demand for additional labour and contribute to reducing costs associated with rearing a replacement heifer. However, to ensure heifers realise their potential in the lactating herd they need to achieve target weights at specified time points in the first two years of life (Table 1).

Table 1. Bodyweight (Kg) targets for heifers at six months, breeding and pre-calving (HF = Holstein-Friesian, JE= Jersey)

	HF	JE	HF*JE
3 month old	115	80	100
10 month old	250	175	215
Pre-breeding	330	240	295
Pre-calving	550	405	490

#### Study

In spring 2018 a three-year study commenced at Teagasc Moorepark to investigate the effect of weaning calves at either eight or 12 weeks of age. At birth, 98 heifer calves were divided into four treatment groups making sure they were equal for breed, birth weight, and birth date. The four treatments were i) weaned at eight weeks and offered a high level of concentrate post-weaning; ii) weaned at eight weeks and offered a low level of concentrate post-weaning iii) weaned at 12 weeks and offered a high level of concentrate post-weaning and iv) weaned at 12 weeks and offered a low level of concentrate post-weaning. It was expected that when weaned at 12-weeks of age calves would be heavier than those weaned at eight weeks, but the experiment aimed to investigate if weaning earlier (e.g. 8-weeks) and offering greater concentrate in the post-weaning period would result in similar weights at key time-points, such as at breeding.

Colostrum and transition milk management were the same for all calves; within an hour of birth heifers were fed three litres of good quality colostrum. Heifers were then fed six litres/heifer/day of transition milk for three days in an individual pen. Heifers were grouped

Page 168



from three days and fed 26% crude protein milk replacer at a rate of six litres/heifer/day using an automatic feeder (reconstitution rate 15%) until they were gradually weaned (over a week) off milk replacer at eight or 12 weeks old. *Ad-libitum* water, concentrate and straw were offered from three days old.

After weaning, heifers were managed in groups of 50. Heifers had full time access to pasture and were supplemented with 2.5 or 1.5 kg concentrate/heifer/day depending on their post-weaning feeding rate (high and low concentrate, respectively). Heifers in both the high and low post-weaning growth rate groups were fed a common diet of silage and concentrates over winter. At turnout in March, heifers previously on high and low concentrate were grazed to 4.5 cm and 3.5 cm post-grazing sward heights, respectively. Heifers were weighed twice a month until housing and once a month thereafter.

In the pre-weaning period, eight and 12 week weaned calves consumed 50.4 kg/calf and 75.6 kg/calf of milk replacer, respectively. Weight gain was not different between weaning groups up to week eight as calves were fed identical diets. From week 8–12, 12 week weaned calves gained on average 0.79 kg/day and eight week weaned calves gained on average 0.62 kg/day. As a result there was a 6.1 ( $\pm 1.81$ ) kg weight difference between the eight and 12 week weaned calves at 12 weeks. This 6.1 kg weight difference remained until turnout in early February. However, by breeding at 15 months, 12 week weaned calves were only 3.2 kg heavier than eight week weaned calves (Figure 1).

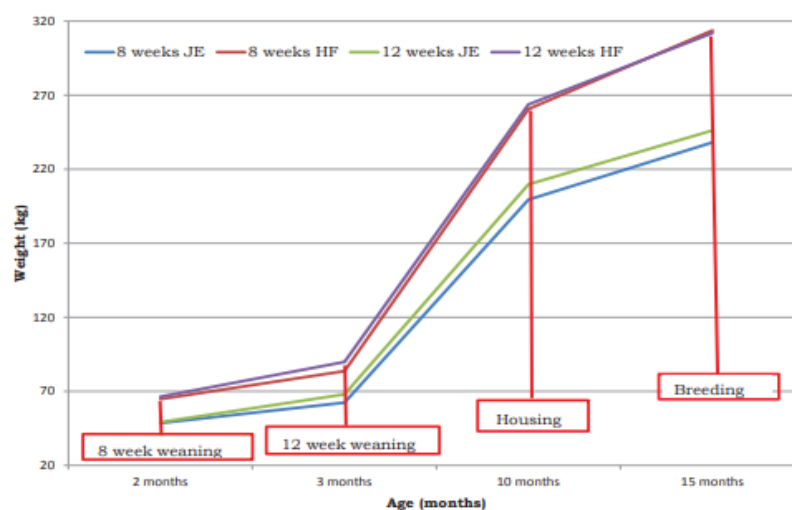


Figure 1. Liveweight across weaning and breed groups

### Conclusions

At 12 weeks the eight and 12 week weaned calves were on average 72.4 and 78.5 kg, respectively. The weight difference between the eight and 12 week weaning groups had reduced to 3.2 kg by breeding at 15 months. However, this is only data from the first year of the experiment and data from the next two years needs to be collected and analysed before definite conclusions can be drawn.

### Acknowledgements

This work was funded by the Irish Government through the Department of Agriculture Food and the Marine Research Stimulus Fund (15 S 696).

Costigan, H., Delaby, L., Fitzgerald, R., and Kennedy, E. (2021). 'The effect of different rearing strategies on heifer growth and the achievement of target weights' In *Irish dairying – delivering sustainability*. Animal & Grassland Research and Innovation Centre, Teagasc, Moorepark, Fermoy, Co. Cork

IRISH DAIRYING | DELIVERING SUSTAINABILITY

## The effect of different rearing strategies on heifer growth and the achievement of target weights

Hazel Costigan<sup>1</sup>, Luc Delaby<sup>2</sup>, Ricki Fitzgerald<sup>1</sup> and Emer Kennedy<sup>1</sup>

<sup>1</sup>Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork; <sup>2</sup>INRA, Physiologie, Environnement, Génétique pour l'Animal et les Systèmes d'Élevage, 35590 St. Gilles, France

### Summary

- Post-weaning feeding regime had a greater effect on body weight (BW) throughout the rearing period than weaning age
- At nine and 14 months, heifers should be approx. 40% and 50% of mature BW
- Meeting these targets will ensure heifers have achieved puberty prior to breeding when they should be approx. 60% of mature BW.

### Introduction

Increasing the length of the milk-feeding period takes advantage of high feed efficiency in early life; however, it may not be economically viable. Alternatively, different feeding strategies post-weaning can ensure that BW targets, which are important key performance indicators in heifer rearing systems, are achieved. If heifers are 30%, 60% and 90% of mature BW (approx. 575 kg) at six, 15 (breeding) and 24 (pre-calving) months, respectively, they will have improved milk production, reproduction and survivability. However, these targets assume a linear growth trajectory, which is difficult in pasture-based rearing systems due to seasonal variation in grass growth and quality. Creating additional BW targets would be beneficial for pasture-based farmers to optimize heifer growth prior to breeding.

### Study

A study took place at Teagasc Moorepark from February 2018 to November 2020. There were 177 Holstein-Friesian (mean birth BW of  $34.6 \pm 4.36$  kg) heifers in the study. Experimental treatments are outlined in Figure 1. Heifers were weighed twice a month from birth until housing for the first winter and monthly thereafter.



Figure 1. Schematic outline of the different weaning ages and post-weaning feeding regimes

## Results

The growth trajectories, from birth to calving, of the pasture-based heifers are outlined in Figure 2. The accelerating phase in early life corresponds to the high feed efficiency in the milk-feeding period. The curve then plateaus slightly during the first over-winter period. This lag is followed by exponential growth as the heifers are turned out to their second grazing season. All treatment groups achieved target BW at six months (30% of mature BW). However, with the exception of the group that received 12 weeks milk feeding and a high level of feeding post-weaning, all heifers were slightly behind target BW at 15 months. Irrespective of weaning age or post-weaning feeding regime, all heifers were ahead of target at 24 months (90% of mature BW). New weight-for-age targets, such as 40% of mature BW at approx. nine months of age, and 50% of mature BW at approx. 14 months of age, will help farmers better manage pasture-based heifer growth. With these targets, farmers can decide if concentrate supplementation is required during the over-winter period, or whether to allocate more grass to heifers after turnout.

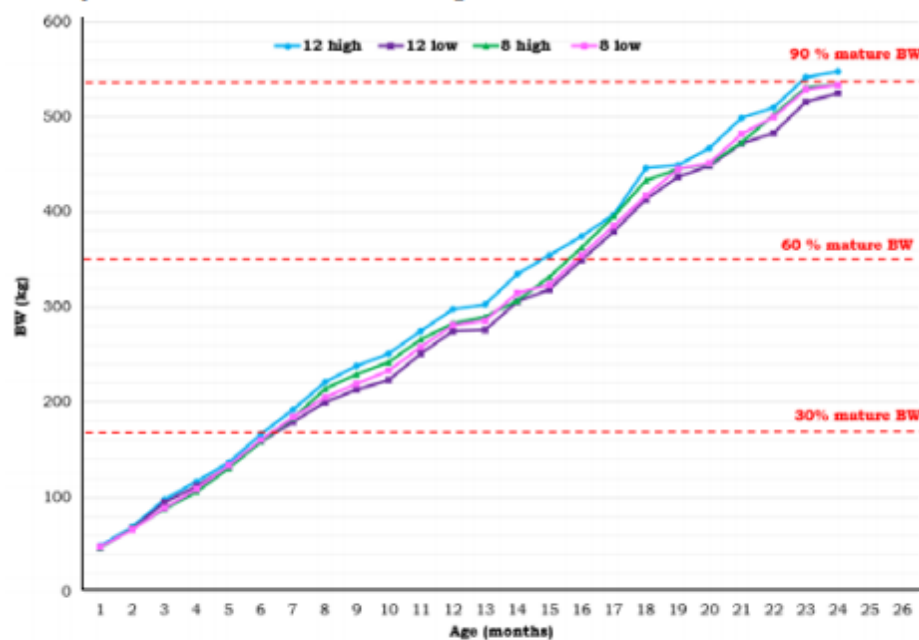


Figure 2. The effect of weaning age and post-weaning feeding regime on body weight (BW) from birth until 24 months

## Conclusion

Post-weaning feeding had a greater effect than weaning age on BW from birth to calving. Heifers should be approx. 40% and 50% of mature BW (approx. 575 kg) at nine and 14 months, respectively, so that they have gained the BW necessary to achieve puberty before the breeding season. Having heifers ahead of target at calving may increase the risk of calving difficulty, therefore over-winter feed management should be optimized.

## Acknowledgements

This work was funded by the Irish Government through the Department of Agriculture Food and the Marine Research Stimulus Fund (15 S 696).

Costigan, H., Galvin, N., Fitzgerald, R., and Kennedy, E. (2021). 'Heifer dry matter intake throughout the rearing period' In *Irish dairying – delivering sustainability*. Animal & Grassland Research and Innovation Centre, Teagasc, Moorepark, Fermoy, Co. Cork

IRISH DAIRYING | DELIVERING SUSTAINABILITY

## Heifer dry matter intake throughout the rearing period

Hazel Costigan, Norann Galvin, Ricki Fitzgerald and Emer Kennedy

Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork

### Summary

- Post-weaning feeding had a greater impact on dry matter intake (DMI) than weaning age
- DMI of pasture-based heifers was approximately 2.2% of body weight (BW) throughout the rearing period
- Jersey (JE) heifers had a higher intake as a percentage of BW compared to Holstein-Friesian (HF) heifers.

### Introduction

Heifer DMI provides the foundation for BW gain and so is an important part of heifer rearing. Commonly expressed as a percentage of BW, DMI ranges from 1.8–2.9% throughout the rearing period. Previous heifer DMI research was undertaken in confinement rearing systems where feed of consistently good quality was offered year round. In pasture-based systems, such as those in Ireland, grass growth and quality are variable, and this may influence DMI. The objective of this research was to quantify the DMI of pasture-based heifers; this would benefit heifer management and grass allocation.

### Study

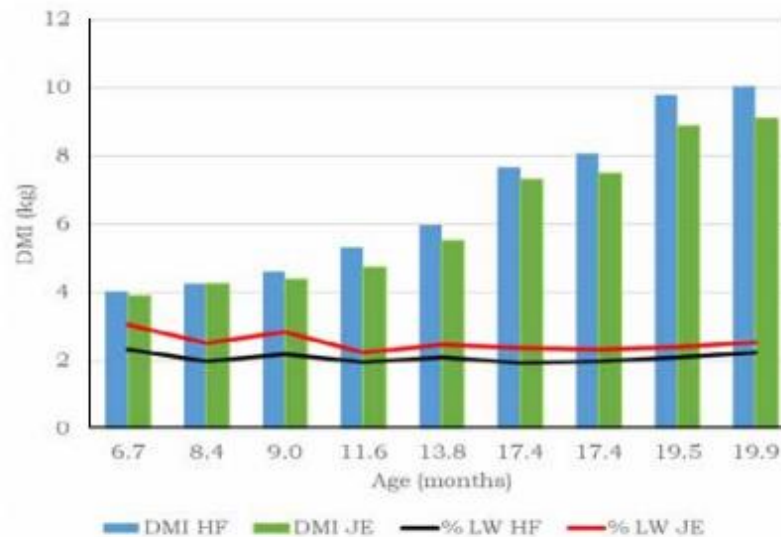
Holstein-Friesian and JE heifers were weaned at either eight or 12 weeks, and offered either high (H) or low (L) feeding regimes post-weaning. In the first grazing season, H and L heifers were offered the same herbage allowance (4.5 kg/day) but different levels of concentrate (1.7 and 0.6 kg, respectively). In the second grazing season, post-grazing heights (5.1 and 3.7 cm, for H and L heifers respectively) were used to create differences in daily herbage allowance. A common diet of silage and concentrates was fed over-winter. The DMI of 60 heifers was determined on nine occasions throughout the rearing period (Table 1). Heifer body weight (BW) was monitored during each DMI estimation period.

Table 1. Ages, weights and dry matter intakes (DMI) of pasture-based Holstein-Friesian (HF) and Jersey (JE) heifers

Age (months)	Weight (kg)		Feed offered	DMI (kg/heifer per day)	
	HF	JE		HF	JE
6.8	174	129	Grass and concentrate	4.0	3.9
8.3	214	167	Grass and concentrate	4.2	4.3
9.0	212	157	Grass and concentrate	4.6	4.4
11.6	274	215	Silage and concentrate	5.3	4.7
13.8	287	225	Grass	6.0	5.5
17.4	395	310	Grass	7.7	7.3
17.4	408	321	Grass	8.1	7.5
19.5	466	369	Grass	9.8	8.9
19.9	449	359	Grass	10.1	9.1

## Results

Heifer DMI is outlined in Table 1. Although almost all heifers achieved target BW at six and 24 months, the L heifers were slightly behind target at 15 months. Concentrate supplementation in the first grazing season had a greater effect on DMI than weaning age. Heifer DMI during the second grazing season was reduced from 8.3 kg to 7.7 kg when post-grazing height was reduced from 5.1–3.7 cm. Therefore, heifers behind target BW should not graze to low post-grazing heights, as it will slow their daily BW gain. Dry matter intake was similar for HF and JE in the first grazing season, in the second grazing season HF DMI was approximately 0.6 kg/day higher than JE (Figure 1). Although, DMI as a percent of BW decreased as BW increased, mean intake as a percentage of BW across the rearing period was 2.23% (2.53% and 2.09% for JE and HF, respectively).



**Figure 1.** The effect of breed on dry matter intake (DMI) and intake as a percentage of body weight (BW) of Holstein-Friesian (HF) and Jersey (JE) heifers

## Conclusion

Heifers weaned at 12 weeks and subsequently offered a high feeding regime had superior DMI, and therefore BW, throughout the rearing period. When DMI was expressed as a percentage of BW, JE had higher DMI than HF. High DMI from grass is essential to keep heifer rearing costs down. Lighter heifers should graze to approximately 5 cm post grazing sward heights so that live weight gain is not negatively impacted.

## Acknowledgements

This work was funded by the Irish Government through the Department of Agriculture Food and the Marine Research Stimulus Fund (15 S 696).

## 10.4 Magazines/Podcasts

Irish Farm Business Magazine (Summer 2020 Edition). Keeping your Replacement Heifers on Target this Rearing Cycle. Emer Kennedy and Hazel Costigan. Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork

### Heifer Management

## Keeping your Replacement Heifers on Target this Rearing Cycle

by Emer Kennedy and Hazel Costigan

Rearing replacement heifers is a substantial investment on any dairy farm. It costs €1,545 to rear one replacement heifer from birth to calving at 24 months of age, and it takes 1.63 lactations for the heifer to pay off the investment before she starts returning a profit. If a heifer calves later than 26 months of age this substantially increases the cost associated with rearing and the return on investment is delayed as a result. Thus, the aim of rearing replacement heifers is very clear: get the heifers to calve at 24-months of age and achieve weight targets throughout the first two years of their life to maximise their production potential when they calve down and join the lactating herd. However, recent ICBF statistics show that over the last three years only 68 – 70% of replacement dairy heifers are calving between 22 and 26 months of age. This indicates that there is room for improvement in heifer rearing systems and that costs associated with rearing can be reduced by getting them to calve at the correct age. Achieving this starts from the day the calf is born.

During the first two years of the replacement heifer's life there are a series of target weights which need to be achieved. This helps to ensure that growth rate is consistent and that heifers reach the correct weight at breeding and at calving.

The key target weights to achieve at different time points are:

- 30% mature BW @ 6 months of age
- 60% mature BW @ 15 months of age or mating start date

- 90% mature BW pre-calving (~24 months of age)

#### Identifying mature weight of the herd

The first thing to do is identify the mature weight of your herd. Target weights are specific to your herd as the composition of everyone's herd is slightly different so it is important that you know your herd's mature weight so that you can calculate target weights for your replacement heifers. The months of May and June are the ideal time to identify the mature weight of your spring-calving herd. At this time cows have recovered from their last pregnancy and if they are pregnant again, the foetus will not account for any additional weight at this stage. Identifying the mature weight of your herd is completed by weighting a sample of mature, well-grown cows from the herd. Cows which are in their 3rd or greater lactation should be used as they are fully grown. The cows that you weigh should also represent the future of your herd i.e. what you want your future herd to look like. For example: if you are changing cow type, e.g. moving to Holstein Friesian x Jersey cross, base your target weights/mature weight on Holstein Friesian x Jersey cross animals rather than Holstein-Friesians. Similarly, if you have animals which have had setbacks during the rearing period and as a result are not well-grown, do not use these animals to calculate your mature herd weight.





#### Importance of achieving target weight

Achieving target weights at each of the time points outlined above has previously been shown to maximise milk production potential and ensure longevity within the lactating herd. However, this comes with a word of caution. Replacement heifers which are ahead of target weight are at higher risk of having reduced longevity within the lactating herd. Teagasc Moorepark data has shown that heifers that were overweight at mating start date had a later calving date from second lactation onwards and a fewer number of total lactations than those heifers that were at target weight at mating start date. Having heifers ahead of target results in unnecessary expense as additional feed has been used to put the extra weight on the animals, and as the heifers do not remain in the herd for as long as those that achieved target weight it results in a higher replacement rate and a greater number of heifers need to be reared.

#### How to achieve target weight

At this stage of the year all replacement heifer calves should be weaned and grazing grass. At Teagasc Moorepark calves are offered pre-grazing yields of 1300 – 1400 kg DM/ha (similar to swards offered to lactating cows) and graze these swards to ~4cm post-grazing height. Fresh grass is offered every 2 – 3 days. Concentrate supplementation depends on grass availability and heifer weights. Calves are weighed regularly (every month) and are grazed in two

separate herds according to their weight. The calves within these herds constantly change as one herd is for lighter calves and the other herd is for heavier calves. The aim is to try and obtain as uniform a herd as possible – the target weights are individual animal targets, not a herd average as within an average there can be a large range and ideally the range should be minimised.

The herd which contains the lighter calves always has less calves so there is reduced competition within the group. These calves are given preferential treatment – they get higher quality grass and more concentrate if necessary. At each weighing a minimum weight is set, calves over this weight go into the larger group with the heavier calves and calves below the weight go into the smaller group. It often happens that calves only need a short time in the lighter group before they move back to the heavier group.

The next target which we are currently working towards with the calves is to achieve 30% of mature bodyweight at six months of age.

For example:

- 42 Holstein Friesian calves
- Mature weight of herd: 550 kg
- Weight on June 14th: 125 kg (range 105 – 145 kg)
- Target weight on Aug 5th (6 months old): 165 kg
- Need to gain 40 kg between June 14th and August 5th
- Daily weight gain: 52 days + 40 kg = 0.78 kg/day

## Heifer Management

Using the example above achieving a weight gain of 0.78 kg/day should be achievable from a high quality grass diet, however continuous monitoring of calf weight is required as concentrate supplementation may be required if grass quality declines. Similarly, climatic conditions could have an effect on weight gain. Regular weighing will determine if concentrate supplementation is required to achieve target weights.

This management strategy should be continued for the remainder of the first grazing season. In addition to monitoring weight gain, a dosing regimen, which does not contribute to anthelmintic resistance, needs to be devised with your vet and herd vaccination protocols should also be adhered to.

### Managing heifers during their second grazing season

Regardless of diet offered over the winter, weight gains achieved post-turnout are higher than those achieved during the winter. Heifers should be turned out to grass as soon as possible in spring, as they can gain up to 1 kg/day at grass compared to <0.70 kg/day while on their winter diet. Consequently heifers have a greater chance of attaining their target weight with early turnout.

During the main grazing season heifers should graze covers of 1400 – 1500 kg DM/ha and achieve a post-grazing height of 4cm, this will train them for efficient grazing when they join the lactating herd. While a number of people use leader follower systems, i.e. the younger calves graze ahead of the older heifers, which is beneficial for parasite control, caution should be exercised as both groups of animals are growing and require sufficient nutrients to attain their target weights. If the group of in-calf heifers are below target weight

they should not be grazed in a leader follower system.

An exercise similar to the one above should be completed when maiden heifer are turned out to grass for their second grazing. Knowing the number of days between turnout and breeding start date and the amount of weight heifers need to put on is critical to devise a management plan to ensure they achieve target weight.

### New research

Currently, there is a new study being undertaken at Teagasc Moorepark which is examining the effect of the length of the milk feeding period (8-weeks or 12-weeks) and offering either a high or a low plane of nutrition in the post weaning period on weight gain, fertility and subsequent milk production. Preliminary results show that post-weaning nutrition is having a greater effect on weight gain than pre-weaning nutrition which indicates that if heifers are behind target at weaning offering a high plane of nutrition during the first (higher concentrate and grazing high quality grass to 4 – 4.5cm) and second (grazing high quality grass to 4 – 4.5cm) grazing seasons can ensure high growth rates and the attainment of target weight. However, the study needs to be completed and the effects on milk production investigated as previous international research indicates that milk feeding strategy may have a positive effect on milk production potential when heifers join the lactating herd.

*Article by Emer Kennedy and Hazel Costigan of Teagasc, Animal and Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork, Ireland*





Today's farm magazine (July – August 2019). Rearing strategies for dairy heifers. Hazel Costigan. Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork

Today's farm



Alison Sinnott and Hazel Costigan.

### Addressing the labour shortages associated with calf rearing

To maintain a sustainable future for our dairy farms, finding solutions to overcome the labour shortage associated with calf rearing is critical. We are carrying out research to evaluate how calf management practices can be advanced and streamlined in a way that improves labour using LEAN efficiency principals, without negatively affecting the calf.

The project began in spring 2019, with an initial investigation into the effect of automated calf feeding systems on calf health, welfare and labour. Further research will take place over the next four years to develop a comprehensive training programme and guide to rearing calves in an efficient and sustainable way.

Alison Sinnott

### Rearing strategies for dairy heifers

Developing an optimum heifer-rearing strategy is becoming increasingly necessary; such a strategy must begin shortly after birth and continue until the heifer calves down.

In spring 2016, we began a three-year study at Teagasc Moorepark to investigate the effect of weaning age and post-weaning growth rate on growth performance, fertility parameters, age at first calving and first-lactation milk production of the maiden heifer.

Heifer calves were weaned at either eight or 12 weeks and subsequently offered either a high or low level of concentrates post-weaning. In the second year, grass was managed so that the heifers previously offered high and low levels of concentrates were grazed to 4.5 and 3.5 cm, respectively. To learn more visit us at Moorepark 2019.

Hazel Costigan

### Becoming an employer of choice

As well as technical topics there will be a huge amount to learn about people management at Moorepark 19.

Work by Thomas Lawton, Suzanne Groome, Martina Gormley, Pat Clarke and Marion Beecher have shown that:

- Good communication and training opportunities are the main characteristics employees seek from their employer
- 77% of farmers surveyed do not issue payslips to employees
- Improvements required regarding fair treatment and respect of employees, including employers compliance with employment law

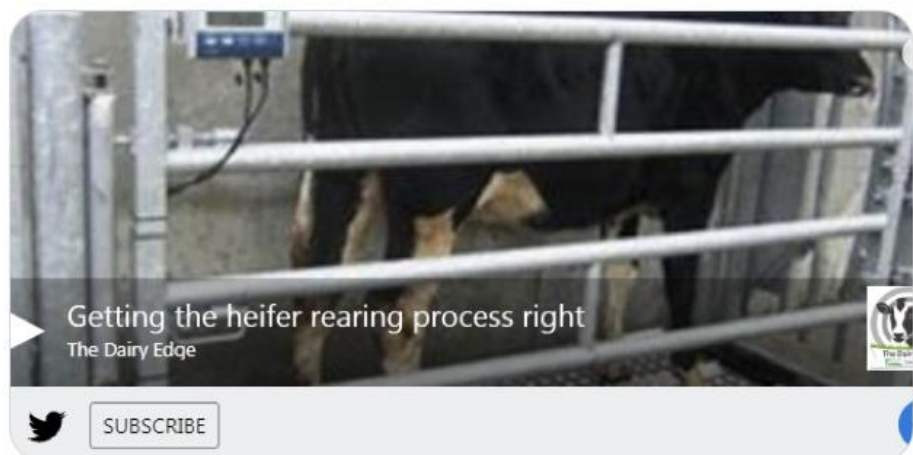
The Dairy Edge podcast (October 2019). Getting the heifer rearing process right. Emer Kennedy and Hazel Costigan. Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork



**Teagasc** @teagasc · 29/10/2019



In this week's [#TheDairyEdge](#) podcast researchers Emer Kennedy and Hazel Costigan join [@EmmaLouiseCoffe](#) to discuss the importance of getting the heifer rearing process right. Listen in here [ow.ly/BiFk50wWfkw](https://ow.ly/BiFk50wWfkw)



### 10.5 Open Days

AgriAware day 2018. Calf Rearing. Hazel Costigan. Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork.



AgriAware day 2019. Calf Rearing. Hazel Costigan. Teagasc, Animal & Grassland Research and Innovation Centre, Moorepark, Fermoy, Co. Cork.



Moorepark'19 *Irish dairying – growing sustainably*. Hazel Costigan. Animal & Grassland Research and Innovation Centre, Teagasc, Moorepark, Fermoy, Co. Cork.



Moorepark'21 *Irish dairying – delivering sustainability*. Hazel Costigan. Animal & Grassland Research and Innovation Centre, Teagasc, Moorepark, Fermoy, Co. Cork

